

TIME	EVENT	SYNOPSIS
	Sun, 01 Jan 2012 (Channel U)	
6:00 AM	Home Shopping (Commercial)	
	<购物乐>	
10:00 AM	Million Singer (R) (Variety)	Each episode of Million Singer features different singers challenging for the top prize of NT 300,000. Contestant will have to overcome 10 different categories of songs and be able to complete the missing lyrics for all the songs in order to achieve the top prize.
	<百万大歌星> (综艺节目)(重)	唱歌可换现金! 不比音色, 也不比音准, 而是挑战参赛者的记忆和对歌词的认识。只要唱得出歌词就能轻松赢取高达新台币\$300,000的奖金!
12:00 PM	Shanghai Delicacies (Chinese Subtitles) (Variety)	Follow our hosts as they travel to the metropolitan city of Shanghai in search of traditional and fusion delicacies.
	<上海好味道> (综艺节目) (中文字幕)	请跟随黄丽梅与赵硕之远赴上海,一同游览名胜,探讨当地传统文化及寻找特色美食.
12:30 PM	On The Beat (R) (Local Variety)	This entertaining new season sees Vivian Lai, Apple Hong, Lee Teng, Jeremy Chan and Yuan Shuai voyage around Asia cities for more interesting finds! U're The Man winner, Kerson Giam joins the team, scouring the island for many more irresistible hotspots, unique hobbies and interesting lifestyle trends.
	<都是大发现> (本地综艺节目)(重)	U频道最长寿的综艺节目又回来啦! 这一系列除了继续发现都市里的大小新鲜事, 也会远征日本、台湾、韩国和中国, 发现当地所有好玩、好吃、好看的! 主持人包括李腾、田铭耀、赖怡伶、洪乙心、袁帅, 还有《花样型男》冠军严铭德!
1:00 PM	Hot Shot (R) (Eps 19 & 20) (English/Chinese Subtitles) (Taiwan Drama)	In a school where academic reigns supreme and sports are relegated to a dusty corner of the campus, Li Yings vows to revive the basketball team by volunteering to be the head coach. Her first member is Yuan Daying, a country boy who is passionate for basketball but has no skill. Their recruitment goes into high gear when Dong Fangxiang, a legendary player, transfers to their school. Their encounter just rewrite the school's basketball history.
	<篮球火> (台湾剧)(重) (中英文字幕)	曾在NBA教练团任职首席顾问的李赢, 为向父亲证明自己的能力, 毅然决定成为霹雳大学篮球队指导教练。对篮球爱好而没有打篮球的技能的元大鹰成了李赢的第一名社员。再加上拿手(亢龙不悔旋風式灌籃)招式的东方翔与三名社员, 李赢最后把声败无名的霹雳大学篮球队打响起来。。。

3:00 PM	Here Comes Ajuma (R) (Ep 45) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Luo Wulin is an ajuma who slogs very hard to look after her family. One day, when she found out that her husband is having an affair with his ex-lover, she decides to transform herself into an elegant lady, and make use of her wonderful culinary skills to launch a new career as a TV celebrity chef.
	<欧巴桑, 向前冲! > (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	"欧巴桑向前冲"是2007年韩国收视表现最亮眼的家庭喜剧。剧情描述一个全心让老公成为大学教授, 自己却拚了老命在市场开店赚钱的罗武林, 一天发现老公和以前的初恋情人搞外遇之后, 便决定参加电视台所举办的烹饪频道女主播比赛, 要以成功变身来复仇!
4:00 PM	Mooncake (Japanese with Mandarin)(English Subtitles) (Movie)	An inaugural joint production by Singapore and Japan demonstrates love, friendship and kinship in this heartwarming special drama. Starring Qi Yuwu, Priscelia Chan and Shinobu Otsuka.
	<朋友> (电影) (英文字幕)	新传媒与日本TBS首度跨国合作的特备单元剧, 主要演员包括戚玉武、曾诗梅、以及日本的大塚忍。全剧在本地实地取景, 男女主角邂逅的温馨浪漫故事除了展现跨国界的友情和爱情, 同时也强调了亲情的可贵。
5:00 PM	Stars For A Cause (R) (English Subtitles) (Local Variety)	This heart-warming programme touches on critical issues such as ecological conservation, environmental protection and public welfare. Through these selfless star volunteers, the programme seeks to re-ignite one's compassion and appreciation the simple joy.
	<明星志工队> (本地综艺节目)(重) (英文字幕)	今年《明星志工队》再次制作8集的节目, 每一集同样由明星志工参与各国不同志愿旅行组织的行动, 身体力行去关心弱势社群, 参与建桥建图书馆等志愿行动, 让自己在认识世界的同时, 也散播爱心。
6:00 PM	Street Food Culture: The Soy Story (Debut)(Dual Sound - 2nd track in English) (Info/Education)	
	<街头小吃文化:黄豆的故事 (首播)> (资讯节目)(双声道 - 华英语)	
7:00 PM	World This Week (Local Info-Ed)	Every week all around the world, there are lots of queer and amusing happenings. Check them out on World This Week and be amazed without leaving your comfortable couch!
	<世界一周> (本地资讯节目)	每一个星期在世界的不同角落都会发生不同有趣或惊奇的事物。《世界一周》带你去探个究竟, 让你不出家门也可以增广见闻。
7:30 PM	Legend of the Demigods (Ep 7) (English/Chinese Subtitles) (Hongkong Drama)	Tianzun turns Ji Shen into a pig in front of the villagers and abducts Wangyou, leaving Caizhi in panic. Jiang Qian suddenly accuses Caizhi as a demon and coaxes them to capture her. Caizhi escapes with the help of the vine deity. Yanxi returns to town and finds out that the Ji family has had a misfortune. He searches everywhere for Caizhi.

	<搜神传> (港剧) (中英文字幕)	天尊施法令蓟申于村民面前当众变成猪，更将忘忧连树根掳走，遗下慌惶的彩芝；蒋倩突然直指彩芝是妖女，起哄村民将彩芝捉拿，彩芝不敌只好以仙藤脱险。晏喜返回镇上得知蓟申一家经历大劫，遂到处寻彩芝下落。
8:30 PM	Legend of the Demigods (Ep 8) (English/Chinese Subtitles) (Hongkong Drama)	Caizhi thinks it's strange that Yanxi gets tired easily when he's back at his ancestral home. After investigations, she realizes that his sleepiness is related to the grudge between the Yan and Lai family.
	<搜神传> (港剧) (中英文字幕)	彩芝见于晏喜回到他的祖屋内比平常更容易疲累渴睡，感到十分奇怪。经过查探后,彩芝发现晏喜的渴睡症原来涉及晏家与赖家之恩怨...
9:15 PM	Material Queen (Ep 7) (English/Chinese Subtitles) (Taiwan Drama)	Kaiming chooses Chuman as his girlfriend. However, he asks her to move out from Chaonan Market away from the people in the slums. In the meantime, Chuman bumps into her biological mother, but the latter refuses to acknowledge her.
	<拜金女王> (台湾剧) (中英文字幕)	凯铭认定楚曼是他的女友，但要求楚曼马上搬出朝南市场，远离贫民区的人与事。其间，楚曼重遇亲生母亲，但对方坚决不肯与她相认。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	Money Week (R) (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)(重)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。
12:00 AM	The Chef (R) (Dual Sound - 2nd track in Korean)(English Subtitles) (Variety)	Three young and passionate chefs have a mission to travel to different parts of the Korea Peninsular to gather food ingredients for new dishes. The challenge is to work with interesting ingredients found along the way, which are new and unfamiliar to these chefs.
	<厨师三剑客> (综艺节目)(重)(双声道华韩语) (英文字幕)	三位年轻的厨师有个任务 - 到韩国各地寻找材料，目的是为了创造新的菜肴。
12:30 AM	Adventure Clicks (R) (Local Info-Ed)	"Adventure Clicks" is an all new interactive travel program that goes to places where VIEWERS wish to explore. Viewers can dictate not only the countries, but also a particular street, alley, shop, restaurant or even a hill and river. Our U-travellers (Uæ,,å@ç) will do their very best to fulfill the requests. Viewers can even interact with the U-travellers as they travel, through their blog. It's interactive!

	<代你看世界> (本地资讯节目)(重)	《代你看世界》，一个结合了互动元素的全新旅游节目，让观众朋友自行决定他们最想游览的国家。观众不只可以决定U游客的目的地，还可以推荐必访名胜、特色小店，甚至要求他们去探访特殊街道、特别餐馆等等。U游客们将竭尽所能，在异国完成观众的愿望。更棒的是在U游者的旅途中，观众可以透过他们的部落格和他们互动，并且和他们一起完成旅程！
1:30 AM	Food Old Days (R) (Local Info-Ed)	Singapore is heralded as the Food Paradise and Singaporeans' favourite pastime includes searching out for the best hawker and local cuisines in every corner on the island. However, many traditional food fares are now on the brink of vanishing. Many of these stall owners are either old or retiring and found no ones to succeed their businesses- even though they may be thriving.
	<寻找原之味> (本地资讯节目)(重)	新加坡号称美食天堂，新加坡人最喜爱的休闲活动之一就是全岛搜寻最好吃的熟食档、到全岛各角落品尝本地美食。然而，随着时代进步、空间变迁，许多传统美食因为后继无人而渐渐消失，许多传统做法因为科技而渐渐失传... ...
2:00 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Mon, 02 Jan 2012 (Channel U)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	Money Week (R) (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)(重)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。
3:30 PM	My World My Blog (R) (Local Info-Ed)	Love, school work, gangs, dreams ... Youths aged between 13 and 21. What are in their world? What are their thoughts? With the objective of giving the youths in Singapore an avenue to voice and represent themselves in their most naked truth, "My World My Blog" sets out to portray true youth's stories through untainted glasses for a real life representation in the virtual world of television broadcasting. "My World My Blog" journeys with you into the world of these teenagers to understand their behavior, their thinking, their emotions, their needs and their wants.

	<青涩部落格> (本地资讯节目)(重)	爱情、学业、帮派、梦想。。。新加坡年轻人对生命有什么体会？他们年少轻狂？不顾后果？我行我素？年轻人的爱情只是一场儿戏？他们为什么对性蠢蠢欲动？为什么沉迷于虚拟的电脑世界？为什么伤害自己？年轻人的世界你了解多少？“青涩部落格”制作队与青少年促膝长谈，不带批判地倾心聆听他们叙述自己的真实故事，然后通过戏剧纪录片的方式，带你走进年轻人的内心世界。
4:00 PM	Food Apprentice With Ben Yeo (R) (Local Variety)	Let's join celebrity Ben Yeo's tour to Asia to enjoy the delicacies and learn cooking skills and immerse in the region's culture.
	<我的食习日记> (本地综艺节目)(重)	跟随着杨志龙到亚洲各地品尝当地出名的小吃，并有机会学习烹煮，了解每道食品背后蕴含的故事和精神。
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飚歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
6:00 PM	Addicted To Love (Ep 7) (Drama)	This 20-episode drama series depicts the marriages and the careers of four modern ladies, each of whom have different personalities and unique love stories. Main Cast: Guo Feili, Wang Ailing, Ah-Du
	<都市恋人的追逐> (连续剧)	这部长达二十集的时装剧描述四个现代女性的婚姻和事业。她们各有不同性格和爱情故事，充分反映都市生活的真实面貌。 主演：郭妃丽,王爱玲,阿杜
7:00 PM	The Great Queen Seon Deok (Ep 60) (PG-Fighting Scenes)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Chil Sook snatches the royal seal away from Soh Wa and passes it to Mishil. Milshil then uses the seal to issue an edict that orders for the capture of Deok Man.
	<善德女王 (PG-打斗场面)> (韩剧)(双声道 - 华韩语) (中英文字幕)	柒宿强行将昭火身上的玉玺拿走，交给美室。美室用玉玺下令，要花郎们追捕德曼。

8:00 PM	Guess (Variety)	Tune in as funny man Jacky Wu and pretty host Patty Hou pair up to entertain you. Be prepared to laugh till you drop!
	<你猜你猜你猜猜猜猜> (综艺节目)	搞笑天王吴宗宪搭配美女主播侯佩岑将连一连串的好节目带给大家。惹笑的内容保证令您笑破肚皮！
9:30 PM	Daddy 101 (Local Info-Ed)	With a reality approach to feature four celebrity daddies, this light-hearted educational programme highlights the different learning points and the highs and lows of an active fatherhood, delivering useful tips while keeping the audience engaged with some of the reality drama. Bite size information will be highlighted for would be parents to take note.
	<爸爸秘笈> (本地资讯节目)	全新实况节目系列，每一集穿插四个明星爸爸（苏智诚、黄炯耀、林明伦、王智国）在育婴和照顾孩子方面所碰到的真实问题，凸显出问题所带来的困扰的麻烦。每一集也会帮助其中一名爸爸解决难题，邀请专家分享秘笈，又或者让爸爸们分享他们如何用自己的方法去解决和处理。
10:00 PM	A Great Way to Care (Ep 3) (PG)(English/Chinese Subtitles) (Hongkong Drama)	Gao Li Ren and Mandy discover that someone has posted videos of the slashing attacks online. The police find out that Chen Weicong is behind the attacks but Chen manages to evade arrest and goes on a slashing spree, brazenly hurting passersby.
	<仁心解码 (PG)> (港剧) (中英文字幕)	高立仁和莫敏儿发现有人将伤人的影片上载到网上。警方查出伤人事件的罪魁祸首是陈伟聪但伟聪及时脱逃并开始街上明目张胆乱伤人。。。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
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02:30	End of Transmission	
TIME	EVENT	SYNOPSIS
	Tue, 03 Jan 2012 (Channel U)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	City Footprints (R) (Local Info-Ed)	City Footprints is a social documentary series that tells the heartwarming stories of individuals or communities in our city- stories that mirror and reflect how individuals and community responds and reacts to paradigm shifts as a result of rapid social urbanization.
	<城市.生命线> (本地资讯节目)(重)	人们总希望从手掌的生命线看出寿命的长短，但生命线能告诉人们的何止如此？每一条生命线诉说的是不同的人生故事。
3:30 PM	Guess (R) (Variety)	A refreshing combination of hosts -Harlem Yu and Selina will entertain viewers in this rip-roaring Taiwanese variety show with all-new amusing segments guaranteed to tickle your funny bone.
	<我猜我猜我猜猜猜> (综艺节目)(重)	由哈林庾澄庆和Selina接棒主持，全新改版之后的内容继续秉承"猜"的主题，新增设的单元包括备有"魔鬼道具"惩罚的"假面猜猜猜"，以及陈汉典、纳豆等参与演出的搞笑短剧"没问题剧场"，绝对更加精彩。
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7:00 PM	The Great Queen Seon Deok (Ep 61) (PG-Some Violence)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	A prophecy caused Princess Deok Man to be separated from the royal family shortly after she was born. Despite numerous challenges and struggles, Deok Man overcomes all difficulties to become a queen eventually.
	<善德女王 (PG-些许暴力画面)> (韩剧)(双声道 - 华韩语) (中英文字幕)	讲述了从小因为不祥的预言而被抛弃的德曼公主经过不懈的努力和宫内的权力斗争，成长为新罗第一位女王——善德女王的故事。 李瑶媛饰演德曼公主；高贤廷饰演美室；金有贞饰演天明公主
8:00 PM	China's Got Talent (Variety)	Contestants from all over China will go on stage to display what they are capable of. Expect the unexpected as the contestants work hard to impress the audience and the three judges.
	<中国达人秀> (综艺节目)	来自全中国各省份的达人们将一一上台施展他们的浑身解数。且看他们的表演是否能夺得观众及三位评审的认可。
9:00 PM	Food Nation (Dual Sound - 2nd track in English) (Info/Education)	This is a programme that brings out around the world to search for delectable cuisines belonging to different ethnic groups.
	<美食国度> (资讯节目)(双声道 - 华英语)	本节目带您到不同国家，找寻属于不同族群的美食。
10:00 PM	A Great Way to Care (Ep 4) (English/Chinese Subtitles)(PG) (Hongkong Drama)	Sam suspects his secret admirer is mentally disturbed after he receives tons of messages on his mobile phone and begins to worry that his admirer would appear and hurt his family.
	<仁心解码 (PG)> (港剧) (中英文字幕)	连志森见仰慕者不停发送手机短信，怀疑仰慕者是痴恋狂，开始担心仰慕者会突然出现并伤害他家人。

11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	China's Got Talent (R) (Variety)	Contestants from all over China will go on stage to display what they are capable of. Expect the unexpected as the contestants work hard to impress the audience and the three judges.
	<中国达人秀> (综艺节目)(重)	来自全中国各省份的达人们将一一上台施展他们的浑身解数。且看他们的表演是否能夺得观众及三位评审的认可。
12:30 AM	Food Nation (R) (Info/Education)	This is a programme that brings out around the world to search for delectable cuisines belonging to different ethnic groups.
	<美食国度> (资讯节目)(重)	本节目带您到不同国家，找寻属于不同族群的美食。
1:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
02:30	End of Transmission	
TIME	EVENT	SYNOPSIS
	Wed, 04 Jan 2012 (Channel U)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	World This Week (R) (Local Info-Ed)	Every week all around the world, there are lots of queer and amusing happenings. Check them out on World This Week and be amazed without leaving your comfortable couch!
	<世界一周> (本地资讯节目)(重)	每一个星期在世界的不同角落都会发生不同有趣或惊奇的事物。《世界一周》带你去探个究竟，让你不出家门也可以增广见闻。

3:30 PM	Variety Big Brother (R) (Variety)	Jointly hosted by Zhang Fei, Huang Pinyuan and Hong Du La Si, this highly popular Taiwan variety show brings you excellent home entertainment provided by top-notch artistes from all over the world.
	<综艺大哥大> (综艺节目)(重)	由张菲,黄品源与洪都拉斯联合主持,“综艺大哥大”带给您来自世界各地一流艺人所呈献的最佳家庭娱乐。
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息,掌握偶像歌手最贴身的秘密,看艺人亲身上阵现场飆歌,百分百粉听会、艺能发表会等单元,让你做个百分百的标准粉丝。
6:00 PM	Addicted To Love (Ep 9) (Drama)	This 20-episode drama series depicts the marriages and the careers of four modern ladies, each of whom have different personalities and unique love stories. Main Cast: Guo Feili, Wang Ailing, Ah-Du
	<都市恋人的追逐> (连续剧)	这部长达二十集的时装剧描述四个现代女性的婚姻和事业。她们各有不同性格和爱情故事,充分反映都市生活的真实面貌。 主演:郭妃丽,王爱玲,阿杜
7:00 PM	The Great Queen Seon Deok (Ep 62) (PG-Some Fighting Scenes)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	A prophecy caused Princess Deok Man to be separated from the royal family shortly after she was born. Despite numerous challenges and struggles, Deok Man overcomes all difficulties to become a queen eventually.
	<善德女王 (PG-些许暴力画面)> (韩剧)(双声道 - 华韩语) (中英文字幕)	讲述了从小因为不祥的预言而被抛弃的德曼公主经过不懈的努力和宫内的权力斗争,成长为新罗第一位女王——善德女王的故事。 李瑶媛饰演德曼公主;高贤廷饰演美室;金有贞饰演天明公主
8:00 PM	Super IQ (Debut)(English Subtitles) (Variety)	Host Lee Teng challenges contestants, viewers and even celebrities including Jeremy Chan, Jeffrey Xu, Sora Ma, Kate Pang, Julie Tan and Rachel Chua with mind-boggling questions in this Channel U's first IQ game show.
	<IQ超人 (首播)> (综艺节目) (英文字幕)	U频道首创全新智力游戏节目,考验参赛者及观众的空间概念、逻辑推理、算术以及记忆力。除了节目主持人“IQ先生”李腾,每集也将有6到8名年轻艺人参与,包括田铭耀、徐鸣杰、马艺暄、庞蕾馨、陈欣淇、蔡艾珈等等,一起解答IQ难题。

9:00 PM	Fire Starters (Debut)(English Subtitles) (Variety)	
	<薪火之旅 (首播)> (综艺节目) (英文字幕)	
10:00 PM	A Great Way to Care (Ep 5) (PG)(English/Chinese Subtitles) (Hongkong Drama)	Li Zi En fails to survive the accident and asks to see Nelson only before her death. Gao Li Ren suspects that there is something amiss with Zi En's dad and tells Mandy about it. The police discover that Zi En's parents had lied about their whereabouts on the day of the accident.
	<仁心解码 (PG)> (港剧) (中英文字幕)	李芷恩去世前只要求见余钧纬。高立仁觉得芷恩的父亲有古怪并将此事告诉莫敏儿。警方发现芷恩父母做假口供，隐瞒案发当晚的行踪。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	Super IQ (R) (English Subtitles) (Variety)	Host Lee Teng challenges contestants, viewers and even celebrities including Jeremy Chan, Jeffrey Xu, Sora Ma, Kate Pang, Julie Tan and Rachel Chua with mind-boggling questions in this Channel U's first IQ game show.
	<IQ超人> (综艺节目)(重) (英文字幕)	U频道首创全新智力游戏节目，考验参赛者及观众的空间概念、逻辑推理、算术以及记忆力。除了节目主持人“IQ先生”李腾，每集也将有6到8名年轻艺人参与，包括田铭耀、徐鸣杰、马艺暄、庞蕾馨、陈欣淇、蔡艾珈等等，一起解答IQ难题。
12:30 AM	Fire Starters (R) (English Subtitles) (Variety)	
	<薪火之旅> (综艺节目)(重) (英文字幕)	
1:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。

02:30	End of Transmission	
TIME	EVENT	SYNOPSIS
	Thu, 05 Jan 2012 (Channel U)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	Cruel Temptation (R) (Eps 21 & 22) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	When the kind-hearted Encai realizes that she has been betrayed by her most trusted husband and best friend, she is determined to seek revenge by assuming a new identity of another woman.
	<妻子的诱惑> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	具恩才是一个善良和孝顺的家庭主妇。当她被最信任的丈夫和像亲姐妹一般的好朋友背叛之后，就下定决心要复仇。重生的恩才，会以另一个女人的身份，成功地诱惑她的丈夫，和让那些曾经深深伤害过她的人自食其果吗？
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飚歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
6:00 PM	Addicted To Love (Ep 10) (Drama)	This 20-episode drama series depicts the marriages and the careers of four modern ladies, each of whom have different personalities and unique love stories. Main Cast: Guo Feili, Wang Ailing, Ah-Du
	<都市恋人的追逐> (连续剧)	这部长达二十集的时装剧描述四个现代女性的婚姻和事业。她们各有不同性格和爱情故事，充分反映都市生活的真实面貌。 主演：郭妃丽,王爱玲,阿杜
7:00 PM	The Great Queen Seon Deok (Ep 63) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	A prophecy caused Princess Deok Man to be separated from the royal family shortly after she was born. Despite numerous challenges and struggles, Deok Man overcomes all difficulties to become a queen eventually.
	<善德女王> (韩剧)(双声道 - 华韩语) (中英文字幕)	讲述了从小因为不祥的预言而被抛弃的德曼公主经过不懈的努力和宫内的权力斗争，成长为新罗第一位女王——善德女王的故事。 李瑶媛饰演德曼公主；高贤廷饰演美室；金有贞饰演天明公主

8:00 PM	Dining With Death (Dual Sound - 2nd track in English)(PG-Some Disturbing Scene) (Info/Education)	Different communities in the world have different eating habits. But, there are some food products that can do more harm than good to our bodies. Tune in to see what risks we are taking by putting those products into our mouths.
	<与死神共餐 (PG-部分画面令人不安)> (资讯节目)(双声道 - 华英语)	世界上不同族群的饮食习惯千百种，但有些族群吃的食品却有可能致人于死地。观看本节目，了解不同食品对人体的影响。
9:00 PM	Super Taste (Infotainment)	Fun and playful duo of 2moro, Anthony Guo and Angus Guo combs through every possible corner of Taiwan to enjoy delicacies with unimaginable fun that gets you craving for more!
	<食尚玩家-就要酱玩> (娱乐资讯节目)	身为一个爱吃、爱旅游的时髦玩家，应该怎么玩才够酷？让两位年轻有活力又爱玩的主持人郭彦均和郭彦甫（2moro）告诉你，就是要"酱"（这样）玩！每一集的节日将带你到台湾各处吃喝玩乐，包你看完之后恨不得飞到台湾去玩！
9:55 PM	Happy Q Family (Ep 2) (Local Drama)	
	<权家福> (本地连续剧)	
10:00 PM	A Great Way to Care (Ep 6) (PG)(English/Chinese Subtitles) (Hongkong Drama)	Sun Jia Bi decides to pull herself together and aims to lose weight in order not to let Li Ying Chun down. Sam and his wife discover that Ying Chun's girlfriend is seeing someone else and are unsure whether to tell Ying Chun.
	<仁心解码 (PG)> (港剧) (中英文字幕)	孙家碧为了不辜负李应春，下定决心要减肥。连志森和妻子无意中见到应春的女友与一名男子态度亲热，不知是否该告诉应春。。。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	Dining With Death (R) (Dual Sound - 2nd track in English) (Info/Education)	Different communities in the world have different eating habits. But, there are some food products that can do more harm than good to our bodies. Tune in to see what risks we are taking by putting those products into our mouths.
	<与死神共餐 (PG-部分画面令人不安)> (资讯节目)(重)(双声道 - 华英语)	世界上不同族群的饮食习惯千百种，但有些族群吃的食品却有可能致人于死地。观看本节目，了解不同食品对人体的影响。

12:30 AM	Super Taste (R) (Infotainment)	Fun and playful duo of 2moro, Anthony Guo and Angus Guo combs through every possible corner of Taiwan to enjoy delicacies with unimaginable fun that gets you craving for more!
	<食尚玩家-就要酱玩> (娱乐资讯节目)(重)	身为一个爱吃、爱旅游的时髦玩家，应该怎么玩才够酷？让两位年轻有活力又爱玩的主持人郭彦均和郭彦甫（2moro）告诉你，就是要"酱"（这样）玩！每一集的节目将带你到台湾各处吃喝玩乐，包你看完之后恨不得飞到台湾去玩！
1:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
02:30	End of Transmission	
TIME	EVENT	SYNOPSIS
	Fri, 06 Jan 2012 (Channel U)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	Cruel Temptation (R) (Eps 23 & 24) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	When the kind-hearted Encai realizes that she has been betrayed by her most trusted husband and best friend, she is determined to seek revenge by assuming a new identity of another woman.
	<妻子的诱惑> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	具恩才是一个善良和孝顺的家庭主妇。当她被最信任的丈夫和像亲姐妹一般的好朋友背叛之后，就下定决心要复仇。重生的恩才，会以另一个女人的身份，成功地诱惑她的丈夫，和让那些曾经深深伤害过她的人自食其果吗？
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。

6:00 PM	Addicted To Love (Ep 11) (Drama)	This 20-episode drama series depicts the marriages and the careers of four modern ladies, each of whom have different personalities and unique love stories. Main Cast: Guo Feili, Wang Ailing, Ah-Du
	<都市恋人的追逐> (连续剧)	这部长达二十集的时装剧描述四个现代女性的婚姻和事业。她们各有不同性格和爱情故事，充分反映都市生活的真实面貌。 主演：郭妃丽, 王爱玲, 阿杜
7:00 PM	The Great Queen Seon Deok (Ep 64) (PG-Some Violence)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	A prophecy caused Princess Deok Man to be separated from the royal family shortly after she was born. Despite numerous challenges and struggles, Deok Man overcomes all difficulties to become a queen eventually.
	<善德女王 (PG-些许暴力画面)> (韩剧)(双声道 - 华韩语) (中英文字幕)	讲述了从小因为不祥的预言而被抛弃的德曼公主经过不懈的努力和宫内的权力斗争，成长为新罗第一位女王——善德女王的故事。 李瑶媛饰演德曼公主；高贤廷饰演美室；金有贞饰演天明公主
8:00 PM	LOHAS (Debut) (Variety)	Join Paige Chua, Ya Hui, Ng Hui & Candyce Toh in defining the LOHAS way of life (Lifestyle of Health and Sustainable living), through environmental and health & fitness themes to discover unique food finds, crowd-drawing activities, fashionably fabulous grooming tips and bites of entertainment scenes in Shanghai and Singapore.
	<乐活好正点 (首播)> (综艺节目)	由蔡琦慧、许雅慧、黄慧及杜惠娉联手主持，这个全新生活时尚资讯节目将介绍新加坡及上海两个城市里符合健康与环保概念的潮流新鲜事，包括美食、个性小店、美容时装、娱乐艺术等等，展现时下"乐活一族"所崇尚的生活方式。
9:00 PM	Taxi to Asia (Info/Education)	Taxi to Asia takes you on a journey to learn the history and culture of different Asian cities by following the local taxi drivers who also share with us their lives and aspirations.
	<亚洲德士之旅> (资讯节目)	《亚洲德士之旅》带观众到多个亚洲城市，透过当地德士司机的生活，不仅探索各国的历史和文化，也让我们更深一层了解各国德士司机的生活和梦想。
10:00 PM	A Great Way to Care (Ep 7) (PG)(English/Chinese Subtitles) (Hongkong Drama)	Nelson and Leo suspect that Ling Xin Hui is a cult after sneaking into one of its gatherings. Daisy advises Brian not to go to the cult anymore.
	<仁心解码 (PG)> (港剧) (中英文字幕)	余钧纬和方荣俊偷偷混进灵心会，怀疑灵心会是邪教。麦佩珊劝陈光亮别再去参加灵心会。

11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	Negotiator (Ep 5) (PG)(Dual Sound - 2nd track in Japanese) (Japanese Drama)	The Special Investigation Team (SIT) consists of officers trained to carry out negotiations in kidnappings, hostage situations, corporate blackmail and other crimes. Reiko Usagi is the first female officer to join SIT. At first, she encounters difficulties in the male-dominated department, but soon gains the respect of her fellow colleagues with her analytical skills and ability to stay calm in the most heated situations.
	<交涉人 (PG)> (日剧)(双声道 - 华日语)	警视厅搜查一课特殊班，简称SIT，要和绑架和进行恐吓的凶恶罪犯们现场进行谈判，目的是阻止罪案发生。宇佐木玲子主动请缨调到SIT成为女交涉人，在只有男人的SIT里被彻底孤立，所以她不仅要和犯罪分子作斗争还要和自己的同事抗争。
12:30 AM	LOHAS (R) (Variety)	Join Paige Chua, Ya Hui, Ng Hui & Candyce Toh in defining the LOHAS way of life (Lifestyle of Health and Sustainable living), through environmental and health & fitness themes to discover unique food finds, crowd-drawing activities, fashionably fabulous grooming tips and bites of entertainment scenes in Shanghai and Singapore.
	<乐活好正点> (综艺节目)(重)	由蔡琦慧、许雅慧、黄慧及杜惠娉联手主持，这个全新生活时尚资讯节目将介绍新加坡及上海两个城市里符合健康与环保概念的潮流新鲜事，包括美食、个性小店、美容时装、娱乐艺术等等，展现时下"乐活一族"所崇尚的生活方式。
1:30 AM	Legend Of The Condor Heroes (R) (Eps 2 & 3) (English/Chinese Subtitles) (Chinese Drama)	Guo Jing and Yang Kang who are destined to shoulder the difficult task of righting the wrongs that have been done to their families.
	<射雕英雄传> (中国剧)(重) (中英文字幕)	郭啸天与杨铁心两家惨遭横祸，家破人亡。全真教道长丘处机与江南七怪互相约定，分头寻找郭杨两家的后代，并授于武功。十八年后，杨康与郭靖长大成人，各自担负起坎坷艰难的复仇。
3:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.

	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
04:30	End of Transmission	
TIME	EVENT	SYNOPSIS
	Sat, 07 Jan 2012 (Channel U)	
6:00 AM	Home Shopping (Commercial)	
	<购物乐>	
10:00 AM	Guess (R) (Variety)	Funnyman Jacky Wu returns to Guess after eight months! Apart from Wu's usual wackiness, you can also look forward to his new co-host, Petty Hou. Don't miss out on the fun and laughter in the revamped Guess!
	<你猜你猜你猜猜猜> (综艺节目)(重)	经过了8个月的等待，综艺天王吴宗宪又再次回到《我猜》的怀抱了！这次，节目改名为《你猜你猜你猜猜猜》，还请来了即将嫁人的美女主播侯佩岑来与吴宗宪搭档。全新的组合，全新的节目内容，您一定要锁定节目！
11:30 AM	Daddy 101 (R) (Local Info-Ed)	With a reality approach to feature four celebrity daddies, this light-hearted educational programme highlights the different learning points and the highs and lows of an active fatherhood, delivering useful tips while keeping the audience engaged with some of the reality drama. Bite size information will be highlighted for would be parents to take note.
	<爸爸秘笈> (本地资讯节目)(重)	全新实况节目系列，每一集穿插四个明星爸爸（苏智诚、黄炯耀、林明伦、王智国）在育婴和照顾孩子方面所碰到的真实问题，凸显出问题所带来的困扰的麻烦。每一集也会帮助其中一名爸爸解决难题，邀请专家分享秘笈，又或者让爸爸们分享他们如何用自己的方法去解决和处理。
12:00 PM	Evolution (R) (Local Info-Ed)	Men has taken million of years to evolve to our present state. However, that is not the case for many technological products and even some trades. These products are a necessity now. But not long ago, they are basically unheard of or in the form that young viewers would not recognize. Let "EVOLUTION" reveal how these products have evolved.
	<一起看过去> (本地资讯节目)(重)	物种会依据生存所需,在漫长历史中自然发展出必需的能力及特色。如果此理论套用在我们日常再熟悉不过的用品上，哪会是什么样的晋阶过程？让我们"一起看过去"，探索我们熟悉之物品发展的全过程。从物品的发明，到物品经过了时代更迭，不断地顺应时代，改良发展及未来将会出现的新类型等等。

12:30 PM	Food Notes (R) (Local Info-Ed)	This programme let you into some of the closely-guarded trade secrets and the stories of many unsung heroes behind great taste. Besides tracking the creation of the cuisine and their ingredient source, we will pay homage to the workshop specializing in traditional cooking wares that are still being handcrafted as they were in the olden days.
	<上食堂> (本地资讯节目)(重)	节目让观众大快朵颐之际，也深入了解这些美食背后各个幕后英雄是如何让眼前的美食发扬光大。除了介绍各个厨师、馆子是如何使出十八般武艺烹煮美食外，节目也会将镜头转向养殖场、捕捞过程及相关行业，让观众更全面和深入的了解，这些美食的过去、现在甚至将来！
1:00 PM	Ladies' Nite (R) (Local Variety)	Ladies' Nite brings you the trendiest tips on beauty, fashion, health, fitness and cooking. Join sassy hosts Michelle Chong & Vivian Lai in this unprecedented 90-min weekly magazine talk-show as they meet dazzling celebrity guests and experts from various fields to share personal experiences and demonstrate handy tips.
	<女人聚乐部> (本地综艺节目)(重)	由庄米雪和赖怡伶主持的时尚谈话性节目里，将会分享女人都关心的生活话题，包括时尚潮流、化妆护肤、运动养生、简易烹饪法等等。在每集90分钟的节目里也会邀请明星嘉宾与专题达人和大家分享并示范实用的常识和资讯小贴士。
2:30 PM	Dynamic Chef (R) (Dual Sound - 2nd track in Japanese)(Chinese Subtitles) (Variety)	This cooking programme "Dynamic Chef", hosted by Hisamoto Masami, Jun Tamura and Ryo Tamura invites famous chefs to introduce and cook their famous dishes for the invited artistes to sample.
	<花的料理人> (综艺节目)(重)(双声道 - 华日语) (中文字幕)	在每一集的《花的料理人》里，三位主持人久本雅美，田村淳和田村亮将会邀请艺人上节目，和他们一起品尝不同料理的名厨所烹煮的美食。
3:00 PM	Here Comes Ajuma (R) (Eps 46 & 47) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Luo Wulin is an ajuma who slogs very hard to look after her family. One day, when she found out that her husband is having an affair with his ex-lover, she decides to transform herself into an elegant lady, and make use of her wonderful culinary skills to launch a new career as a TV celebrity chef.
	<欧巴桑，向前冲！> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	"欧巴桑向前冲"是2007年韩国收视表现最亮眼的家庭喜剧。剧情描述一个全心让老公成为大学教授，自己却拚了老命在市场开店赚钱的罗武林，一天发现老公和以前的初恋情人搞外遇之后，便决定参加电视台所举办的烹饪频道女主播比赛，要以成功变身来复仇！

5:00 PM	Nothing Is Bigger Than Eat (Variety)	An infotainment programme hosted by Liang Hequn in which two artistes display their culinary skills in front of a panel of judges. In addition, there is a segment where an experienced chef cooks the desired dish upon audience request.
	<吃饭皇帝大> (综艺节目)	由梁赫群主持的美食节目。幸福料理铁人蒋伟文与阳光热血主厨陈德烈在一组评判面前展出他们烹饪才艺。另外，台湾名厨刘仁华会在"你点菜我上菜"单元里教大家煮观众想要学的菜肴。
6:00 PM	Subak The Three Causes of Happiness (Dual Sound - 2nd track in English)(Debut) (Info/Education)	
	<苏巴克幸福的三个原因 (首播)> (资讯节目)(双声道 - 华英语)	
7:00 PM	Money Week (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。
7:30 PM	Legend of the Demigods (Ep 9) (English/Chinese Subtitles) (Hongkong Drama)	Caizhi finds out that Yuhengzi seems to be able to foresee everything and thus asks for his help to rescue her mother. Yuhengzi hints that as long as she joins forces with Gandang and Yanxi, they can rescue her mother. Yanxi is very happy when Caizhi gives him the sword she made. However, Yanxi gets disheartened when Ganjiang tells Yanxi that it was him who wield off the demon that Caizhi admires.
	<搜神传> (港剧) (中英文字幕)	彩芝发现玉衡子似能预知一切，遂求她帮忙拯救母亲忘忧；玉衡子出提示，要她敢当和晏喜三人同心协力，就一定能救出忘忧。彩芝把亲手做的剑带送予晏喜，令晏喜高兴不已；干将坦言彩芝仰慕的人是持赤炼剑伏妖降魔的自己而非晏喜，使他感到灰心...
8:30 PM	Legend of the Demigods (Ep 10) (English/Chinese Subtitles) (Hongkong Drama)	Gandang tries to chase Yanxi away and bring Caizhi to Tianzun when he's under control of the evil spell. Caizhi rushes to stop Gandang when she discovers that he wants to hand Liu Yi over to the River God.
	<搜神传> (港剧) (中英文字幕)	敢当魔神咒发作，为了要捉彩芝去见天尊，欲使计将晏喜赶走。当彩芝知道敢当要把柳毅交给河伯以换取破迷阵之法后，便立刻赶去阻止敢当而与他起争执。

9:30 PM	He's Beautiful (Ep 4) (Dual Sound - 2nd track in Korean)(English Subtitles) (Korean Drama)	This drama is about a fictitious boy band A.N.Jell and the relationship between its members after a female, posing as her twin brother, joins the group.
	<原来是美男> (韩剧)(双声道 - 华韩语) (英文字幕)	实习修女高美女代替手术中的双胞胎哥哥高美男，闯入韩国人气偶像团体A.N.Jell成为其中一员，女扮男装的她在团队裡发生一连串的趣事。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	Million Singer (Variety)	Each episode of Million Singer features different singers challenging for the top prize of NT 300,000. Contestant will have to overcome 10 different categories of songs and be able to complete the missing lyrics for all the songs in order to achieve the top prize.
	<百万大歌星> (综艺节目)	唱歌可换现金! 不比音色, 也不比音准, 而是挑战参赛者的记忆和对歌词的认识。只要唱得出歌词就能轻松赢取高达新台币\$300,000的奖金!
1:00 AM	ToGetHer (R) (Ep 9) (Chinese Subtitles) (Taiwan Drama)	This is a love story beyond imagination. When an agoraphobic girl meets a rinky-dink celebrity, their lives turn topsy-turvy.
	<爱就宅一起> (台湾剧)(重) (中文字幕)	这是个超幻想的恋爱故事。当一个“宅女”遇上了态度傲慢的过气明星，他们的生活就变得乱七八糟，永无宁日。。。
02:30	End of Transmission	
TIME	EVENT	SYNOPSIS
	Sun, 08 Jan 2012 (Channel U)	
6:00 AM	Home Shopping (Commercial)	
	<购物乐>	
10:00 AM	Million Singer (R) (Variety)	Each episode of Million Singer features different singers challenging for the top prize of NT 300,000. Contestant will have to overcome 10 different categories of songs and be able to complete the missing lyrics for all the songs in order to achieve the top prize.
	<百万大歌星> (综艺节目)(重)	唱歌可换现金! 不比音色, 也不比音准, 而是挑战参赛者的记忆和对歌词的认识。只要唱得出歌词就能轻松赢取高达新台币\$300,000的奖金!

12:00 PM	Shanghai Delicacies (Last Episode)(Chinese Subtitles) (Variety)	Follow our hosts as they travel to the metropolitan city of Shanghai in search of traditional and fusion delicacies.
	<上海好味道 (最后一集)> (综艺节目) (中文字幕)	请跟随黄丽梅与赵硕之远赴上海,一同游览名胜,探讨当地传统文化及寻找特色美食.
12:30 PM	On The Beat (R) (Local Variety)	This entertaining new season sees Vivian Lai, Apple Hong, Lee Teng, Jeremy Chan and Yuan Shuai voyage around Asia cities for more interesting finds! U're The Man winner, Kerson Giam joins the team, scouring the island for many more irresistible hotspots, unique hobbies and interesting lifestyle trends.
	<都是大发现> (本地综艺节目)(重)	U频道最长寿的综艺节目又回来啦!这一系列除了继续发现都市里的大小新鲜事,也会远征日本、台湾、韩国和中国,发现当地所有好玩、好吃、好看的!主持人包括李腾、田铭耀、赖怡伶、洪乙心、袁帅,还有《花样型男》冠军严铭德!
1:00 PM	Hot Shot (R) (Eps 21 & 22) (English/Chinese Subtitles) (Taiwan Drama)	In a school where academic reigns supreme and sports are relegated to a dusty corner of the campus, Li Yings vows to revive the basketball team by volunteering to be the head coach. Her first member is Yuan Daying,a country boy who is passionate for basketball but has no skill.Their recruitment goes into high gear when Dong Fangxiang,a legendary player,transfers to their school. Their encounter just rewrite the school's basketball history.
	<篮球火> (台湾剧)(重) (中英文字幕)	曾在NBA教练团任职首席顾问的李赢,为向父亲证明自己的能力,毅然决定成为霹雳大学篮球队指导教练。对篮球爱好而没有打篮球的技能的元大鹰成了李赢的第一名社员。再加上拿手(亢龙不悔旋风式灌篮)招式的东方翔与三名社员,李赢最后把声败无名的霹雳大学篮球队打响起来。。。
3:00 PM	Here Comes Ajuma (R) (Eps 48 & 49) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Luo Wulin is an ajuma who slogs very hard to look after her family. One day, when she found out that her husband is having an affair with his ex-lover, she decides to transform herself into an elegant lady, and make use of her wonderful culinary skills to launch a new career as a TV celebrity chef.
	<欧巴桑,向前冲!> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	"欧巴桑向前冲"是2007年韩国收视表现最亮眼的家庭喜剧。剧情描述一个全心让老公成为大学教授,自己却拚了老命在市场开店赚钱的罗武林,一天发现老公和以前的初恋情人搞外遇之后,便决定参加电视台所举办的烹饪频道女主播比赛,要以成功变身来复仇!

5:00 PM	Stars For A Cause (R) (English Subtitles) (Local Variety)	This heart-warming programme touches on critical issues such as ecological conservation, environmental protection and public welfare. Through these selfless star volunteers, the programme seeks to re-ignite one's compassion and appreciation the simple joy.
	<明星志工队2> (本地综艺节目)(重)(英文字幕)	今年《明星志工队》再次制作8集的节目，每一集同样由明星志工参与各国不同志愿旅行组织的行动，身体力行去关心弱势社群，参与建桥建图书馆等志愿行动，让自己在认识世界的同时，也散播爱心。
6:00 PM	The Royal Feasts of Asia: India (Debut)(Dual Sound - 2nd track in English) (Info/Education)	
	<亚洲皇宴:印度 (首播)> (资讯节目)(双声道 - 华英语)	
7:00 PM	World This Week (Local Info-Ed)	Every week all around the world, there are lots of queer and amusing happenings. Check them out on World This Week and be amazed without leaving your comfortable couch!
	<世界一周> (本地资讯节目)	每一个星期在世界的不同角落都会发生不同有趣或惊奇的事物。《世界一周》带你去探个究竟，让你不出家门也可以增广见闻。
7:30 PM	Legend of the Demigods (Ep 11) (English/Chinese Subtitles) (Hongkong Drama)	The Dragon King appreciates Liu Yi's gallant act and wants to marry his daughter to him. Caizhi and gang stops Qielouluo from snatching human souls.
	<搜神传> (港剧) (中英文字幕)	龙王欣赏柳毅见义勇为，亦有感龙女对柳毅有情，遂执意将龙女许配予柳毅。彩芝等人在回三星镇的途中，见到迦楼罗到处抽走凡人的魂魄时，立刻出手阻止她行凶。
8:30 PM	Legend of the Demigods (Ep 12) (English/Chinese Subtitles) (Hongkong Drama)	Ganjiang mistakes a lady for Moxie and starts to doubt Qielouluo's identity. Caizhi and gang decides to let the birds bring the injured Qielouluo away.
	<搜神传> (港剧) (中英文字幕)	干将外出散步，突然听到一女子在哼歌，误以为是莫邪；他不禁怀疑迦楼罗的身分。众人为了放迦楼罗的事起争执，最终还是决定让飞鸟把伤重的迦楼罗接走。
9:15 PM	Material Queen (Ep 8) (English/Chinese Subtitles) (Taiwan Drama)	On Chuman's birthday, Kaiming has an urgent business appointment and leaves Chuman alone. Jiahao brings Chuman to the seaside where they scuba dive together. Kaiming feels jealous. Meanwhile, Yixian returns to Taiwan and pays a visit to Jiahao's house.
	<拜金女王> (台湾剧) (中英文字幕)	在楚曼生日那天，凯铭因为有临时生意应酬而掉下楚曼独处，家豪趁机把她带去潜水。另一方面，家豪的青梅竹马女友伊娴回来台湾，并马上走访蔡家。

11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	Money Week (R) (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)(重)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。
12:00 AM	The Chef (R) (Dual Sound - 2nd track in Korean)(English Subtitles) (Variety)	Three young and passionate chefs have a mission to travel to different parts of the Korea Peninsular to gather food ingredients for new dishes. The challenge is to work with interesting ingredients found along the way, which are new and unfamiliar to these chefs.
	<厨师三剑客> (综艺节目)(重)(双声道 - 华韩语) (英文字幕)	三位年轻的厨师有个任务 - 到韩国各地寻找材料，目的是为了创造新的菜肴。
12:30 AM	Adventure Clicks (R) (Local Info-Ed)	"Adventure Clicks" is an all new interactive travel program that goes to places where VIEWERS wish to explore. Viewers can dictate not only the countries, but also a particular street, alley, shop, restaurant or even a hill and river. Our U-travellers (Uæ,ã@ç) will do their very best to fulfill the requests. Viewers can even interact with the U-travellers as they travel, through their blog. It's interactive!
	<代你看世界> (本地资讯节目)(重)	《代你看世界》，一个结合了互动元素的全新旅游节目，让观众朋友自行决定他们最想游览的国家。观众不只会决定U游客的目的地，还可以推荐必访名胜、特色小店，甚至要求他们去探访特殊街道、特别餐馆等等。U游客们将竭尽所能，在异国完成观众的愿望。更棒的是在U游者的旅途中，观众可以透过他们的部落格和他们互动，并且和他们一起完成旅程！
1:30 AM	Food Old Days (R) (Local Info-Ed)	Singapore is heralded as the Food Paradise and Singaporeans' favourite pastime includes searching out for the best hawker and local cuisines in every corner on the island. However, many traditional food fares are now on the brink of vanishing. Many of these stall owners are either old or retiring and found no ones to succeed their businesses- even though they may be thriving.

	<寻找原之味> (本地资讯节目)(重)	新加坡号称美食天堂，新加坡人最喜爱的休闲活动之一就是全岛搜寻最好吃的熟食档、到全岛各角落品尝本地美食。然而，随着时代进步、空间变迁，许多传统美食因为后继无人而渐渐消失，许多传统做法因为科技而渐渐失传... ...
2:00 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Mon, 09 Jan 2012 (Channel U)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	Money Week (R) (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)(重)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。
3:30 PM	My World My Blog (R) (Last Episode) (Local Info-Ed)	Love, school work, gangs, dreams ... Youths aged between 13 and 21. What are in their world? What are their thoughts? With the objective of giving the youths in Singapore an avenue to voice and represent themselves in their most naked truth, "My World My Blog" sets out to portray true youth's stories through untainted glasses for a real life representation in the virtual world of television broadcasting. "My World My Blog" journeys with you into the world of these teenagers to understand their behavior, their thinking, their emotions, their needs and their wants.
	<青涩部落格 (最后一集)> (本地资讯节目)(重)	爱情、学业、帮派、梦想。。。新加坡年轻人对生命有什么体会？他们年少轻狂？不顾后果？我行我素？年轻人的爱情只是一场儿戏？他们为什么对性蠢蠢欲动？为什么沉迷于虚拟的电脑世界？为什么伤害自己？年轻人的世界你了解多少？“青涩部落格”制作队与青少年促膝长谈，不带批判地倾心聆听他们叙述自己的真实故事，然后通过戏剧纪录片的方式，带你走进年轻人的内心世界。
4:00 PM	Food Apprentice With Ben Yeo (R) (Local Variety)	Let's join celebrity Ben Yeo's tour to Asia to enjoy the delicacies and learn cooking skills and immerse in the region's culture.
	<我的食习日记> (本地综艺节目)(重)	跟随着杨志龙到亚洲各地品尝当地出名的小吃，并有机会学习烹煮，了解每道食品背后蕴含的故事和精神。

5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
6:00 PM	Addicted To Love (Ep 12) (Drama)	This 20-episode drama series depicts the marriages and the careers of four modern ladies, each of whom have different personalities and unique love stories. Main Cast: Guo Feili, Wang Ailing, Ah-Du
	<都市恋人的追逐> (连续剧)	这部长达二十集的时装剧描述四个现代女性的婚姻和事业。她们各有不同性格和爱情故事，充分反映都市生活的真实面貌。 主演：郭妃丽, 王爱玲, 阿杜
7:00 PM	The Great Queen Seon Deok (Ep 65) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Milshil escapes from the palace successfully and seeks refuge at Daeya Seong. Deok Man knows Milshil has sufficient food and weapons to withstand any military attacks and thus orders for Daeya Seong to be isolated.
	<善德女王> (韩剧)(双声道 - 华韩语) (中英文字幕)	美室成功冲破和平门，并到大耶城落脚。美室有足够的粮食和兵器对抗德曼。德曼于是下令孤立大耶城，让美室无从获得任何外在信息。
8:00 PM	Guess (Variety)	Funnyman Jacky Wu returns to Guess after eight months! Apart from Wu's usual wackiness, you can also look forward to his new co-host, Petty Hou. Don't miss out on the fun and laughter in the revamped Guess!
	<你猜你猜你猜猜猜> (综艺节目)	经过了8个月的等待，综艺天王吴宗宪又再次回到《我猜》的怀抱了！这次，节目改名为《你猜你猜你猜猜猜》，还请来了即将嫁人的美女主播侯佩岑来与吴宗宪搭档。全新的组合，全新的节目内容，您一定要锁定节目！
9:30 PM	Daddy 101 (Local Info-Ed)	With a reality approach to feature four celebrity daddies, this light-hearted educational programme highlights the different learning points and the highs and lows of an active fatherhood, delivering useful tips while keeping the audience engaged with some of the reality drama. Bite size information will be highlighted for would be parents to take note.

	<爸爸秘笈> (本地资讯节目)	全新实况节目系列，每一集穿插四个明星爸爸（苏智诚、黄炯耀、林明伦、王智国）在育婴和照顾孩子方面所碰到的真实问题，凸显出问题所带来的困扰的麻烦。每一集也会帮助其中一名爸爸解决难题，邀请专家分享秘笈，又或者让爸爸们分享他们如何用自己的方法去解决和处理。
10:00 PM	A Great Way to Care (Ep 8) (PG)(English/Chinese Subtitles) (Hongkong Drama)	The police start to investigate Ling Xin Hui after several of its members committed suicide. Brian suspects that the members have been drinking drugged water.
	<仁心解码 (PG)> (港剧) (中英文字幕)	灵心会的信徒突然做出种种反常行为，更有信徒自杀，使警方开始调查灵心会。陈光亮怀疑信徒所喝的圣水被下药。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:35 PM	Guess (R) (Variety)	Tune in as funny man Jacky Wu and pretty host Patty Hou pair up to entertain you. Be prepared to laugh till you drop!
	<你猜你猜你猜猜猜> (综艺节目)(重)	搞笑天王吴宗宪搭配美女主播侯佩岑将连一连串的好节目带给大家。惹笑的内容保证令您笑破肚皮！
1:00 AM	Daddy 101 (R) (Local Info-Ed)	With a reality approach to feature four celebrity daddies, this light-hearted educational programme highlights the different learning points and the highs and lows of an active fatherhood, delivering useful tips while keeping the audience engaged with some of the reality drama. Bite size information will be highlighted for would be parents to take note.
	<爸爸秘笈> (本地资讯节目)(重)	全新实况节目系列，每一集穿插四个明星爸爸（苏智诚、黄炯耀、林明伦、王智国）在育婴和照顾孩子方面所碰到的真实问题，凸显出问题所带来的困扰的麻烦。每一集也会帮助其中一名爸爸解决难题，邀请专家分享秘笈，又或者让爸爸们分享他们如何用自己的方法去解决和处理。
1:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.

	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
02:30	End of Transmission	
TIME	EVENT	SYNOPSIS
	Tue, 10 Jan 2012 (Channel U)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	City Footprints (R) (Local Info-Ed)	City Footprints is a social documentary series that tells the heartwarming stories of individuals or communities in our city- stories that mirror and reflect how individuals and community responds and reacts to paradigm shifts as a result of rapid social urbanization.
	<城市.生命线> (本地资讯节目)(重)	人们总希望从手掌的生命线看出寿命的长短，但生命线能告诉人们的何止如此？每一条生命线诉说的是不同的人生故事。
3:30 PM	Guess (R) (Variety)	A refreshing combination of hosts -Harlem Yu and Selina will entertain viewers in this rip-roaring Taiwanese variety show with all-new amusing segments guaranteed to tickle your funny bone.
	<我猜我猜我猜猜猜> (综艺节目)(重)	由哈林庾澄庆和Selina接棒主持，全新改版之后的内容继续秉承"猜"的主题，新增设的单元包括备有"魔鬼道具"惩罚的"假面猜猜猜"，以及陈汉典、纳豆等参与演出的搞笑短剧"没问题剧场"，绝对更加精彩。
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
6:00 PM	Addicted To Love (Ep 13) (Drama)	This 20-episode drama series depicts the marriages and the careers of four modern ladies, each of whom have different personalities and unique love stories.Main Cast: Guo Feili, Wang Ailing, Ah-Du
	<都市恋人的追逐> (连续剧)	这部长达二十集的时装剧描述四个现代女性的婚姻和事业。她们各有不同性格和爱情故事，充分反映都市生活的真实面貌。 主演：郭妃丽,王爱玲,阿杜

7:00 PM	The Great Queen Seon Deok (Ep 66) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Deok Man thinks Milshil is highly talented, and hence suggests an alliance with her. However, Milshil wants the throne to herself. Deok Man announces a civil war.
	<善德女王> (韩剧)(双声道 - 华韩语) (中英文字幕)	德曼将美室视为人才，所以与她会面，商量合纵，但美室却不愿协商。德曼宣布进入内战状态。
8:00 PM	China's Got Talent (Variety)	Contestants from all over China will go on stage to display what they are capable of. Expect the unexpected as the contestants work hard to impress the audience and the three judges.
	<中国达人秀> (综艺节目)	来自全中国各省份的达人们将一一上台施展他们的浑身解数。且看他们的表演是否能夺得观众及三位评审的认可。
9:00 PM	Food Nation (Dual Sound - 2nd track in English) (Info/Education)	This is a programme that brings out around the world to search for delectable cuisines belonging to different ethnic groups.
	<美食国度> (资讯节目)(双声道 - 华英语)	本节目带您到不同国家，找寻属于不同族群的美食。
10:00 PM	A Great Way to Care (Ep 9) (PG)(English/Chinese Subtitles) (Hongkong Drama)	The police suspect that the leader of Ling Xin Hui, Ruan Wen Hao, is the murderer of Shi and his wife but is unable to gather concrete evidence against Ruan. Gao Li Ren discovers that one of the patients, Jiao, is the mother of Ruan and decides to talk to Ruan to make him confess his crimes.
	<仁心解码 (PG)> (港剧) (中英文字幕)	警方怀疑灵心会的教主，阮文浩，是杀死石议员与妻子的凶手但无法找到证据。高立仁发现医院其中一名病人娇婢就是阮文浩的母亲，决定单独与阮文浩谈话以令他认罪。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:35 PM	China's Got Talent (R) (Variety)	Contestants from all over China will go on stage to display what they are capable of. Expect the unexpected as the contestants work hard to impress the audience and the three judges.
	<中国达人秀> (综艺节目)(重)	来自全中国各省份的达人们将一一上台施展他们的浑身解数。且看他们的表演是否能夺得观众及三位评审的认可。

12:30 AM	Food Nation (R) (Dual Sound - 2nd track in English) (Info/Education)	This is a programme that brings out around the world to search for delectable cuisines belonging to different ethnic groups.
	<美食国度> (资讯节目)(重)(双声道 - 华英语)	本节目带您到不同国家，找寻属于不同族群的美食。
1:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
2:30 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Wed, 11 Jan 2012 (Channel U)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	World This Week (R) (Local Info-Ed)	Every week all around the world, there are lots of queer and amusing happenings. Check them out on World This Week and be amazed without leaving your comfortable couch!
	<世界一周> (本地资讯节目)(重)	每一个星期在世界的不同角落都会发生不同有趣或惊奇的事物。《世界一周》带你去探个究竟，让你不出家门也可以增广见闻。
3:30 PM	Variety Big Brother (R) (Variety)	Jointly hosted by Zhang Fei, Huang Pinyuan and Hong Du La Si, this highly popular Taiwan variety show brings you excellent home entertainment provided by top-notch artistes from all over the world.
	<综艺大哥大> (综艺节目)(重)	由张菲,黄品源与洪都拉斯联合主持，“综艺大哥大”带给您来自世界各地一流艺人所呈献的最佳家庭娱乐。
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.

	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
6:00 PM	Addicted To Love (Ep 14) (Drama)	This 20-episode drama series depicts the marriages and the careers of four modern ladies, each of whom have different personalities and unique love stories. Main Cast: Guo Feili, Wang Ailing, Ah-Du
	<都市恋人的追逐> (连续剧)	这部长达二十集的时装剧描述四个现代女性的婚姻和事业。她们各有不同性格和爱情故事，充分反映都市生活的真实面貌。 主演：郭妃丽,王爱玲,阿杜
7:00 PM	The Great Queen Seon Deok (Ep 67) (PG-Some Violence)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Milshil decides to give up her fight with Deok Man for the sake of her supporters. She orders for her soldiers to surrender before she kills herself.
	<善德女王 (PG-些许暴力画面)> (韩剧)(双声道 - 华韩语) (中英文字幕)	美室为了让追随她的人能够活命于是决定放弃与德曼的对立。她命令所有兵士投降，自己则自尽。
8:00 PM	Super IQ (English Subtitles) (Variety)	Host Lee Teng challenges contestants, viewers and even celebrities including Jeremy Chan, Jeffrey Xu, Sora Ma, Kate Pang, Julie Tan and Rachel Chua with mind-boggling questions in this Channel U's first IQ game show.
	<IQ超人> (综艺节目) (英文字幕)	U频道首创全新智力游戏节目，考验参赛者及观众的空间概念、逻辑推理、算术以及记忆力。除了节目主持人“IQ先生”李腾，每集也将有6到8名年轻艺人参与，包括田铭耀、徐鸣杰、马艺暄、庞蕾馨、陈欣淇、蔡艾珈等等，一起解答IQ难题。
9:00 PM	Fire Starters (English Subtitles) (Variety)	
	<薪火之旅> (综艺节目) (英文字幕)	
10:00 PM	A Great Way to Care (Ep 10) (PG)(English/Chinese Subtitles) (Hongkong Drama)	A girl is found locked up in a flat and Mandy suspects that the girl's father, Zhang Zi Dong, has delusions of being an undercover cop. Mandy tracks down Zhang who opens fire at her.
	<仁心解码 (PG)> (港剧) (中英文字幕)	一名小女孩被发现关在屋里数日。莫敏儿怀疑女孩的父亲张梓栋患有妄想症，认为自己是卧底。敏儿找到梓栋但没想到梓栋竟用真枪向自己开枪。。。

11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	Super IQ (R) (English Subtitles) (Variety)	Host Lee Teng challenges contestants, viewers and even celebrities including Jeremy Chan, Jeffrey Xu, Sora Ma, Kate Pang, Julie Tan and Rachel Chua with mind-boggling questions in this Channel U's first IQ game show.
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12:30 AM	Fire Starters (R) (English Subtitles) (Variety)	
	<薪火之旅> (综艺节目)(重) (英文字幕)	
1:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飚歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
2:30 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Thu, 12 Jan 2012 (Channel U)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	Cruel Temptation (R) (Eps 25 & 26) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	When the kind-hearted Encai realizes that she has been betrayed by her most trusted husband and best friend, she is determined to seek revenge by assuming a new identity of another woman.
	<妻子的诱惑> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	具恩才是一个善良和孝顺的家庭主妇。当她被最信任的丈夫和像亲姐妹一般的好朋友背叛之后，就下定决心要复仇。重生的恩才，会以另一个女人的身份，成功地诱惑她的丈夫，和让那些曾经深深伤害过她的人自食其果吗？

5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
6:00 PM	Addicted To Love: Episode 15 (0015) (Drama)	This 20-episode drama series depicts the marriages and the careers of four modern ladies, each of whom have different personalities and unique love stories. Main Cast: Guo Feili, Wang Ailing, Ah-Du
	<都市恋人的追逐> (连续剧)	这部长达二十集的时装剧描述四个现代女性的婚姻和事业。她们各有不同性格和爱情故事，充分反映都市生活的真实面貌。 主演：郭妃丽, 王爱玲, 阿杜
7:00 PM	The Great Queen Seon Deok (Ep 68) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Instead of executing Milshil's followers, Deok Man appoints Seol Won, Bo Jong and Ha Jong to a newly set-up Investigation Board.
	<善德女王> (韩剧)(双声道 - 华韩语) (中英文字幕)	德曼本应将美室的家族成员及追随者处决，但她不但没有这么做，反而委任薛原、宝宗和夏宗担任要职。
8:00 PM	Dining With Death (Dual Sound - 2nd track in English) (Info/Education)	Many plants contain toxic substances and can do adverse harm to our bodies upon consumption. Tune in to see which are the plants that you should avoid.
	<与死神共餐> (资讯节目)(双声道 - 华英语)	您可知道数以千计的植物含毒素，所以吃蔬菜未必是件好事。收看今天的节目，了解哪些植物对人体有害。
9:00 PM	Super Taste (Infotainment)	Fun and playful duo of 2moro, Anthony Guo and Angus Guo combs through every possible corner of Taiwan to enjoy delicacies with unimaginable fun that gets you craving for more!
	<食尚玩家-就要酱玩> (娱乐资讯节目)	身为一个爱吃、爱旅游的时髦玩家，应该怎么玩才够酷？让两位年轻有活力又爱玩的主持人郭彦均和郭彦甫（2moro）告诉你，就是要“酱”（这样）玩！每一集的节目将带你到台湾各处吃喝玩乐，包你看完之后恨不得飞到台湾去玩！
9:55 PM	Happy Q Family (Ep 3) (Local Drama)	
	<权家福> (本地连续剧)	

10:00 PM	A Great Way to Care (Ep 11) (PG)(English/Chinese Subtitles) (Hongkong Drama)	Gao Li Ren is furious when he learns that his daughter, Bell, is pregnant. Xiu Hui tells Sam that she is not able to live with his mother after Sam's mum announces that she plans to stay on in Hong Kong.
	<仁心解码 (PG)> (港剧) (中英文字幕)	高立仁发现女儿可岚已怀孕后，难掩激动情绪。志森母亲决定留在香港，秀惠向志森直言无法与他母亲共处一室。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	Dining With Death (R) (Dual Sound - 2nd track in English) (Info/Education)	Many plants contain toxic substances and can do adverse harm to our bodies upon consumption. Tune in to see which are the plants that you should avoid.
	<与死神共餐> (资讯节目)(重)(双声道华英语)	您可知道数以千计的植物含毒素，所以吃蔬菜未必是件好事。收看今天的节目，了解哪些植物对人体有害。
12:30 AM	Super Taste (R) (Infotainment)	Fun and playful duo of 2moro, Anthony Guo and Angus Guo combs through every possible corner of Taiwan to enjoy delicacies with unimaginable fun that gets you craving for more!
	<食尚玩家-就要酱玩> (娱乐资讯节目)(重)	身为一个爱吃、爱旅游的时髦玩家，应该怎么玩才够酷？让两位年轻有活力又爱玩的主持人郭彦均和郭彦甫（2moro）告诉你，就是要“酱”（这样）玩！每一集的节目将带你到台湾各处吃喝玩乐，包你看完之后恨不得飞到台湾去玩！
1:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飚歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
2:30 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Fri, 13 Jan 2012 (Channel U)	
11:00 AM	Home Shopping (Commercial)	

	<购物乐>	
3:00 PM	Cruel Temptation (R) (Eps 27 & 28) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	When the kind-hearted Encai realizes that she has been betrayed by her most trusted husband and best friend, she is determined to seek revenge by assuming a new identity of another woman.
	<妻子的诱惑> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	具恩才是一个善良和孝顺的家庭主妇。当她被最信任的丈夫和像亲姐妹一般的好朋友背叛之后，就下定决心要复仇。重生的恩才，会以另一个女人的身份，成功地诱惑她的丈夫，和让那些曾经深深伤害过她的人自食其果吗？
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
6:00 PM	Addicted To Love (Ep 16) (Drama)	This 20-episode drama series depicts the marriages and the careers of four modern ladies, each of whom have different personalities and unique love stories. Main Cast: Guo Feili, Wang Ailing, Ah-Du
	<都市恋人的追逐> (连续剧)	这部长达二十集的时装剧描述四个现代女性的婚姻和事业。她们各有不同性格和爱情故事，充分反映都市生活的真实面貌。 主演：郭妃丽,王爱玲,阿杜
7:00 PM	The Great Queen Seon Deok (Ep 69) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	The Investigation Board captures a horde of people, including Wyol Ya. Deok Man receives news that the Bo Gya Hoe is planning a revolt and wants Yoo Shin to give up on Wyol Ya and the Gaya people.
	<善德女王> (韩剧)(双声道 - 华韩语) (中英文字幕)	司量部频频捉人，甚至连月夜也被捉。德曼获知复偈会依然在行动，所以要庾信放弃月夜和伽偈。
8:00 PM	LOHAS (Variety)	Join Paige Chua, Ya Hui, Ng Hui & Candyce Toh in defining the LOHAS way of life (Lifestyle of Health and Sustainable living), through environmental and health & fitness themes to discover unique food finds, crowd-drawing activities, fashionably fabulous grooming tips and bites of entertainment scenes in Shanghai and Singapore.

	<乐活好正点> (综艺节目)	由蔡琦慧、许雅慧、黄慧及杜惠娉联手主持，这个全新生活时尚资讯节目将介绍新加坡及上海两个城市里符合健康与环保概念的潮流新鲜事，包括美食、个性小店、美容时装、娱乐艺术等等，展现时下"乐活一族"所崇尚的生活方式。
9:00 PM	Taxi to Asia (Last Episode)(Dhaka vs Malacca) (Info/Education)	Taxi to Asia takes you on a journey to learn the history and culture of different Asian cities by following the local taxi drivers who also share with us their lives and aspirations.
	<亚洲德士之旅 (最后一集)> (资讯节目)	《亚洲德士之旅》带观众到多个亚洲城市，透过当地德士司机的生活，不仅探索各国的历史和文化，也让我们更深一层了解各国德士司机的生活和梦想。
10:00 PM	A Great Way to Care (Ep 12) (PG)(English/Chinese Subtitles) (Hongkong Drama)	Zhong Sir realizes that Zhang Zi Dong is trying to inform him about the whereabouts of the real murderer. Xiu Hui is furious when Sam's mum accuses her of stealing her jade bangle.
	<仁心解码 (PG)> (港剧) (中英文字幕)	钟国彬发现张梓栋试图通知他关于真正凶手的下落。志森母亲诬赖秀惠偷了她的玉镯，令秀惠大感委屈。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	Negotiator (Ep 6) (PG)(Dual Sound - 2nd track in Japanese) (Japanese Drama)	The Special Investigation Team (SIT) consists of officers trained to carry out negotiations in kidnappings, hostage situations, corporate blackmail and other crimes. Reiko Usagi is the first female officer to join SIT. At first, she encounters difficulties in the male-dominated department, but soon gains the respect of her fellow colleagues with her analytical skills and ability to stay calm in the most heated situations.
	<交涉人 (PG)> (日剧)(双声道 - 华日语)	警视厅搜查一课特殊班，简称SIT，要和绑架和进行恐吓的凶恶罪犯们现场进行谈判，目的是阻止罪案发生。宇佐木玲子主动请缨调到SIT成为女交涉人，在只有男人的SIT里被彻底孤立，所以她不仅要和犯罪分子作斗争还要和自己的同事抗争。

12:30 AM	LOHAS (R) (Variety)	Join Paige Chua, Ya Hui, Ng Hui & Candyce Toh in defining the LOHAS way of life (Lifestyle of Health and Sustainable living), through environmental and health & fitness themes to discover unique food finds, crowd-drawing activities, fashionably fabulous grooming tips and bites of entertainment scenes in Shanghai and Singapore.
	<乐活好正点> (综艺节目)(重)	由蔡琦慧、许雅慧、黄慧及杜惠娉联手主持，这个全新生活时尚资讯节目将介绍新加坡及上海两个城市里符合健康与环保概念的潮流新鲜事，包括美食、个性小店、美容时装、娱乐艺术等等，展现时下"乐活一族"所崇尚的生活方式。
1:30 AM	Legend Of The Condor Heroes (R) (Eps 4 & 5) (English/Chinese Subtitles) (Chinese Drama)	Guo Jing and Yang Kang who are destined to shoulder the difficult task of righting the wrongs that have been done to their families.
	<射雕英雄传> (中国剧)(重) (中英文字幕)	郭啸天与杨铁心两家惨遭横祸，家破人亡。全真教道长丘处机与江南七怪互相约定，分头寻找郭杨两家的后代，并授于武功。十八年后，杨康与郭靖长大成人，各自担负起坎坷艰难的复仇。
3:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飚歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
4:30 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Sat, 14 Jan 2012 (Channel U)	
6:00 AM	Home Shopping (Commercial)	
	<购物乐>	
10:00 AM	Guess (R) (Variety)	Funnyman Jacky Wu returns to Guess after eight months! Apart from Wu's usual wackiness, you can also look forward to his new co-host, Petty Hou. Don't miss out on the fun and laughter in the revamped Guess!
	<你猜你猜你猜猜猜> (综艺节目)(重)	经过了8个月的等待，综艺天王吴宗宪又再次回到《我猜》的怀抱了！这次，节目改名为《你猜你猜你猜猜猜》，还请来了即将嫁人的美女主播侯佩岑来与吴宗宪搭档。全新的组合，全新的节目内容，您一定要锁定节目！

11:30 AM	Daddy 101 (R) (Local Info-Ed)	With a reality approach to feature four celebrity daddies, this light-hearted educational programme highlights the different learning points and the highs and lows of an active fatherhood, delivering useful tips while keeping the audience engaged with some of the reality drama. Bite size information will be highlighted for would be parents to take note.
	<爸爸秘笈> (本地资讯节目)(重)	全新实况节目系列，每一集穿插四个明星爸爸（苏智诚、黄炯耀、林明伦、王智国）在育婴和照顾孩子方面所碰到的真实问题，凸显出问题所带来的困扰的麻烦。每一集也会帮助其中一名爸爸解决难题，邀请专家分享秘笈，又或者让爸爸们分享他们如何用自己的方法去解决和处理。
12:00 PM	Evolution (R) (Local Info-Ed)	Men has taken million of years to evolve to our present state. However, that is not the case for many technological products and even some trades. These products are a necessity now. But not long ago, they are basically unheard of or in the form that young viewers would not recognize. Let "EVOLUTION" reveal how these products have evolved.
	<一起看过去> (本地资讯节目)(重)	物种会依据生存所需,在漫长历史中自然发展出必需的能力及特色。如果此理论套用在我们日常再熟悉不过的用品上,哪会是什么样的晋阶过程?让我们"一起看过去",探索我们熟悉之物品发展的全过程。从物品的发明,到物品经过了时代更迭,不断地顺应时代,改良发展及未来将会出现的新类型等等。
12:30 PM	Food Notes (R) (Local Info-Ed)	This programme let you into some of the closely-guarded trade secrets and the stories of many unsung heroes behind great taste. Besides tracking the creation of the cuisine and their ingredient source, we will pay homage to the workshop specializing in traditional cooking wares that are still being handcrafted as they were in the olden days.
	<上食堂> (本地资讯节目)(重)	节目让观众大快朵颐之际,也深入了解这些美食背后各个幕后英雄是如何让眼前的美食发扬光大。除了介绍各个厨师、馆子是如何使出十八般武艺烹煮美食外,节目也会将镜头转向养殖场、捕捞过程及相关行业,让观众更全面和深入的了解,这些美食的过去、现在甚至将来!
1:00 PM	Ladies' Nite (R) (Local Variety)	Ladies' Nite brings you the trendiest tips on beauty, fashion, health, fitness and cooking. Join sassy hosts Michelle Chong & Vivian Lai in this unprecedented 90-min weekly magazine talk-show as they meet dazzling celebrity guests and experts from various fields to share personal experiences and demonstrate handy tips.

	<女人聚乐部> (本地综艺节目)(重)	由庄米雪和赖怡伶主持的时尚谈话性节目里，将会分享女人都关心的生活话题，包括时尚潮流、化妆护肤、运动养生、简易烹饪法等等。在每集90分钟的节目里也会邀请明星嘉宾与专题达人和大家分享并示范实用的常识和资讯小贴士。
2:30 PM	Dynamic Chef (R) (Dual Sound - 2nd track in Japanese)(Chinese Subtitles) (Variety)	This cooking programme "Dynamic Chef", hosted by Hisamoto Masami, Jun Tamura and Ryo Tamura invites famous chefs to introduce and cook their famous dishes for the invited artistes to sample.
	<花的料理人> (综艺节目)(重)(双声道 - 华日语) (中文字幕)	在每一集的《花的料理人》里，三位主持人久本雅美，田村淳和田村亮将会邀请艺人上节目，和他们一起品尝不同料理的名厨所烹煮的美食。
3:00 PM	Here Comes Ajuma (R) (Eps 50 & 51) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Luo Wulin is an ajuma who slogs very hard to look after her family. One day, when she found out that her husband is having an affair with his ex-lover, she decides to transform herself into an elegant lady, and make use of her wonderful culinary skills to launch a new career as a TV celebrity chef.
	<欧巴桑，向前冲！> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	"欧巴桑向前冲"是2007年韩国收视表现最亮眼的家庭喜剧。剧情描述一个全心让老公成为大学教授，自己却拚了老命在市场开店赚钱的罗武林，一天发现老公和以前的初恋情人搞外遇之后，便决定参加电视台所举办的烹饪频道女主播比赛，要以成功变身来复仇！
5:00 PM	Nothing Is Bigger Than Eat (Variety)	An infotainment programme hosted by Liang Hequn in which two artistes display their culinary skills in front of a panel of judges. In addition, there is a segment where an experienced chef cooks the desired dish upon audience request.
	<吃饭皇帝大> (综艺节目)	由梁赫群主持的美食节目。幸福料理铁人蒋伟文与阳光热血主厨陈德烈在一组评判面前展出他们烹饪才艺。另外，台湾名厨刘仁华会在"你点菜我上菜"单元里教大家煮观众想要学的菜肴。
6:00 PM	Women, Water & 10,000 miles (Dual Sound - 2nd track in English)(Debut) (Info/Education)	
	<女性，水和一万哩(首播)> (资讯节目)(双声道 - 华英语)	
7:00 PM	Money Week (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。

7:30 PM	Legend of the Demigods (Ep 13) (English/Chinese Subtitles) (Hongkong Drama)	Caizhi is shocked to see light flashing at Gandang's neck. She realizes that the light is actually the scale of the Dragon Princess. The Dragon Princess proposes to extend Gandang's life with the scale so that she can fulfill everyone's wishes and marry happily. Caizhi asks her aunt, Ningbi, to bring her to the hell to borrow the book of life and death.
	<搜神传> (港剧) (中英文字幕)	彩芝惊见敢言后颈闪出灵光，细看之下发现竟是龙女的鳞片，龙女向她道出用鳞片为敢言续命，让她顺利圆众人之愿，开开心心出嫁。彩芝为了救敢言，请求阿姨凝碧带她到地府借生死册。
8:30 PM	Legend of the Demigods (Ep 14) (English/Chinese Subtitles) (Hongkong Drama)	Qielouluo brings Ganjiang to see Tianzun. Ganjiang queries the whereabouts of Moxie. Tianzun tells Ganjiang that he has turned Moxie into a puppet. Yanxi is worried when he knows that Ganjiang has been brought to Tianjun's palace. Caizhi suggests to ask Yuhengzi for help to rescue Ganjiang.
	<搜神传> (港剧) (中英文字幕)	迦楼罗把干将带往见天尊，干将追问莫邪身在何处，天尊终于把对莫邪施法变成傀儡的事告诉干将。当晏喜知道干将已被迦楼罗带返天尊宫后，担心不已。彩芝提议去找玉衡子帮忙救干将。
9:30 PM	He's Beautiful (Ep 5) (Dual Sound - 2nd track in Korean)(English Subtitles) (Korean Drama)	This drama is about a fictitious boy band A.N.Jell and the relationship between its members after a female, posing as her twin brother, joins the group.
	<原来是美男> (韩剧)(双声道 - 华韩语) (英文字幕)	实习修女高美女代替手术中的双胞胎哥哥高美男，闯入韩国人气偶像团体A.N.Jell成为其中一员，女扮男装的她在团队裡发生一连串的趣事。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	Million Singer (R) (Variety)	Each episode of Million Singer features different singers challenging for the top prize of NT 300,000. Contestant will have to overcome 10 different categories of songs and be able to complete the missing lyrics for all the songs in order to achieve the top prize.
	<百万大歌星> (综艺节目)(重)	唱歌可换现金! 不比音色, 也不比音准, 而是挑战参赛者的记忆和对歌词的认识。只要唱得出歌词就能轻松赢取高达新台币\$300,000的奖金!

1:00 AM	ToGetHer (R) (Ep 10) (Chinese Subtitles) (Taiwan Drama)	This is a love story beyond imagination. When an agoraphobic girl meets a rinky-dink celebrity, their lives turn topsy-turvy.
	<爱就宅一起> (台湾剧)(重) (中文字幕)	这是个超幻想的恋爱故事。当一个“宅女”遇上了态度傲慢的过气明星，他们的生活就变得乱七八糟，永无宁日。。。
2:30 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Sun, 15 Jan 2012 (Channel U)	
6:00 AM	Home Shopping (Commercial)	
	<购物乐>	
10:00 AM	Million Singer (R) (Variety)	Each episode of Million Singer features different singers challenging for the top prize of NT 300,000. Contestant will have to overcome 10 different categories of songs and be able to complete the missing lyrics for all the songs in order to achieve the top prize.
	<百万大歌星> (综艺节目)(重)	唱歌可换现金! 不比音色, 也不比音准, 而是挑战参赛者的记忆和对歌词的认识。只要唱得出歌词就能轻松赢取高达新台币\$300,000的奖金!
12:00 PM	Korea Delicacies (Debut) (Info/Education)	
	<韩国好味道 (首播)> (资讯节目)	
12:30 PM	On The Beat (R) (Local Variety)	This entertaining new season sees Vivian Lai, Apple Hong, Lee Teng, Jeremy Chan and Yuan Shuai voyage around Asia cities for more interesting finds! U're The Man winner, Kerson Giam joins the team, scouring the island for many more irresistible hotspots, unique hobbies and interesting lifestyle trends.
	<都是大发现> (本地综艺节目)(重)	U频道最长寿的综艺节目又回来啦! 这一系列除了继续发现都市里的大小新鲜事, 也会远征日本、台湾、韩国和中国, 发现当地所有好玩、好吃、好看的! 主持人包括李腾、田铭耀、赖怡伶、洪乙心、袁帅, 还有《花样型男》冠军严铭德!
1:00 PM	Hot Shot (R) (Eps 23 & 24) (English/Chinese Subtitles) (Taiwan Drama)	In a school where academic reigns supreme and sports are relegated to a dusty corner of the campus, Li Yings vows to revive the basketball team by volunteering to be the head coach. Her first member is Yuan Daying, a country boy who is passionate for basketball but has no skill. Their recruitment goes into high gear when Dong Fangxiang, a legendary player, transfers to their school. Their encounter just rewrite the school's basketball history.

	<篮球火> (台湾剧)(重) (中英文字幕)	曾在NBA教练团任职首席顾问的李赢，为向父亲证明自己的能力，毅然决定成为霹雳大学篮球队指导教练。对篮球爱好而没有打篮球的技能的元大鹰成了李赢的第一名社员。再加上拿手(亢龍不悔旋風式灌籃)招式的东方翔与三名社员，李赢最后把声败无名的霹雳大学篮球队打响起来。。。
3:00 PM	Here Comes Ajuma (R) (Eps 52 & 53) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Luo Wulin is an ajuma who slogs very hard to look after her family. One day, when she found out that her husband is having an affair with his ex-lover, she decides to transform herself into an elegant lady, and make use of her wonderful culinary skills to launch a new career as a TV celebrity chef.
	<欧巴桑，向前冲！> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	"欧巴桑向前冲"是2007年韩国收视表现最亮眼的家庭喜剧。剧情描述一个全心让老公成为大学教授，自己却拚了老命在市场开店赚钱的罗武林，一天发现老公和以前的初恋情人搞外遇之后，便决定参加电视台所举办的烹饪频道女主播比赛，要以成功变身来复仇！
5:00 PM	Stars For A Cause (R) (English Subtitles) (Local Variety)	This heart-warming programme touches on critical issues such as ecological conservation, environmental protection and public welfare. Through these selfless star volunteers, the programme seeks to re-ignite one's compassion and appreciation the simple joy.
	<明星志工队2> (本地综艺节目)(重) (英文字幕)	今年《明星志工队》再次制作8集的节目，每一集同样由明星志工参与各国不同志愿旅行组织的行动，身体力行去关心弱势社群，参与建桥建图书馆等志愿行动，让自己在认识世界的同时，也散播爱心。
6:00 PM	The Royal Feasts of Asia: Indonesia (Debut) (Info/Education)	
	<亚洲皇宴: 印度尼西亚 (首播)> (资讯节目)	
7:00 PM	World This Week (Local Info-Ed)	Every week all around the world, there are lots of queer and amusing happenings. Check them out on World This Week and be amazed without leaving your comfortable couch!
	<世界一周> (本地资讯节目)	每一个星期在世界的不同角落都会发生不同有趣或惊奇的事物。《世界一周》带你去探个究竟，让你不出家门也可以增广见闻。
7:30 PM	Legend of the Demigods (Ep 15) (English/Chinese Subtitles) (Hongkong Drama)	Caizhi and Ningbi guard the lake and prohibit villagers from nearing the lake in a bid to stop Dusan from victimizing the innocents to replace him as water monster. Qielouluo forces Gandang and Yanxi to bring her to see Yuhengzi so as to clarify her identity and relationship with Ganjiang.

	<搜神传> (港剧) (中英文字幕)	为了阻止杜三在日落前找到人当水鬼替身，彩芝和凝碧守在湖边，严禁村民游湖。迦楼罗渴望弄清楚自己的身世和干将的关系，遂迫敢当和晏喜带她去见玉衡子。
8:30 PM	Legend of the Demigods (Ep 16) (English/Chinese Subtitles) (Hongkong Drama)	The immortals try to save Caizhi's deity vine, but worsen its injuries instead. Yanxi decides to venture into Tianjun's palace to rescue Ganjiang and bring Qielouluo back to the right path.
	<搜神传> (港剧) (中英文字幕)	众仙不忍心见彩芝为了拯救她的仙藤而苦恼，先后采用法宝来抢救，却反而把仙藤弄得更伤。为了救干将及使迦楼罗回归正道，晏喜决定去闯天尊宫禁地。
9:15 PM	Material Queen (Ep 9) (English/Chinese Subtitles) (Taiwan Drama)	Lin Chuman is a fashion model who does not discriminate against a man for being short, fat, ugly or old, as long as he is rich. So when she discovers that her perfect man, Cai Jiahao, is only the stand-in for the real billionaire, William Norman, she immediately dumps him.
	<拜金女王> (台湾剧) (中英文字幕)	时装模特儿林楚曼是个典型的拜金主义者，终日盼望嫁给有钱人，不管肥矮老丑，只要家财万贯，她都会主动去亲近。她在巴黎工作时邂逅心仪的帅气青年蔡家豪，却发现他只是亿万富豪威廉诺曼的替身，即马上要跟他分手。。。。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	Money Week (R) (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)(重)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。
12:00 AM	The Chef (R) (Dual Sound - 2nd track in Korean)(English Subtitles) (Variety)	Three young and passionate chefs have a mission to travel to different parts of the Korea Peninsular to gather food ingredients for new dishes. The challenge is to work with interesting ingredients found along the way, which are new and unfamiliar to these chefs.
	<厨师三剑客> (综艺节目)(重)(双声道 - 华韩语) (英文字幕)	三位年轻的厨师有个任务 - 到韩国各地寻找材料，目的是为了创造新的菜肴。

12:30 AM	Adventure Clicks (R) (Local Info-Ed)	"Adventure Clicks" is an all new interactive travel program that goes to places where VIEWERS wish to explore. Viewers can dictate not only the countries, but also a particular street, alley, shop, restaurant or even a hill and river. Our U-travellers (Uæ,,å@ç) will do their very best to fulfill the requests. Viewers can even interact with the U-travellers as they travel, through their blog. It's interactive!
	<代你看世界> (本地资讯节目)(重)	《代你看世界》，一个结合了互动元素的全新旅游节目，让观众朋友自行决定他们最想游览的国家。观众不只可以决定U游客的目的地，还可以推荐必访名胜、特色小店，甚至要求他们去探访特殊街道、特别餐馆等等。U游客们将竭尽所能，在异国完成观众的愿望。更棒的是在U游者的旅途中，观众可以透过他们的部落格和他们互动，并且和他们一起完成旅程！
1:30 AM	Food Old Days (R) (Local Info-Ed)	Singapore is heralded as the Food Paradise and Singaporeans' favourite pastime includes searching out for the best hawker and local cuisines in every corner on the island. However, many traditional food fares are now on the brink of vanishing. Many of these stall owners are either old or retiring and found no ones to succeed their businesses- even though they may be thriving.
	<寻找原之味> (本地资讯节目)(重)	新加坡号称美食天堂，新加坡人最喜爱的休闲活动之一就是全岛搜寻最好吃的熟食档、到全岛各角落品尝本地美食。然而，随着时代进步、空间变迁，许多传统美食因为后继无人而渐渐消失，许多传统做法因为科技而渐渐失传... ...
02:00	End of Transmission	
TIME	EVENT	SYNOPSIS
Mon, 16 Jan 2012 (Channel U)		
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	Money Week (R) (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)(重)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。
3:30 PM	Funtastic (R) (Local Variety)	Let your hair down and hop on to Channel U's Funtastic ride to the Land of Smiles! Hosts Lee Teng, Julian Hee, Fiona Xie and Ling Lee will show you the true way of fun and adventure as they uncover the exciting hidden gems in Thailand.

	<太自游> (本地综艺节目)(重)	非一般的旅行，绝对刺激的新体验！李腾，许立桦，谢宛谕和李玲带你探索泰国鲜为人知的旅游宝地，教你如何尽情享受自由旅行之乐，成为一个真正的泰国自游达人！
4:00 PM	Food Apprentice With Ben Yeo (R) (Local Variety)	Let's join celebrity Ben Yeo's tour to Asia to enjoy the delicacies and learn cooking skills and immerse in the region's culture.
	<我的食习日记> (本地综艺节目)(重)	跟随着杨志龙到亚洲各地品尝当地出名的小吃，并有机会学习烹煮，了解每道食品背后蕴含的故事和精神。
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
6:00 PM	Addicted To Love (Ep 17) (Drama)	This 20-episode drama series depicts the marriages and the careers of four modern ladies, each of whom have different personalities and unique love stories. Main Cast: Guo Feili, Wang Ailing, Ah-Du
	<都市恋人的追逐> (连续剧)	这部长达二十集的时装剧描述四个现代女性的婚姻和事业。她们各有不同性格和爱情故事，充分反映都市生活的真实面貌。 主演：郭妃丽,王爱玲,阿杜
7:00 PM	The Great Queen Seon Deok (Ep 70) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Deok Man is enraged when Wyol Ya and Seol Ji escaped from prison. She gives approval for Yoo Shin to be captured and questioned. Bi Dam deliberately lets Yoo Shin loose, thereby causing Yoo Shin to be labeled as a traitor.
	<善德女王> (韩剧)(双声道 - 华韩语) (中英文字幕)	月夜和雪地越狱。德曼大怒，允许捉拿庾信进行问话。毗昙故意让庾信逃走，让他顿时成为逆贼。
8:00 PM	Guess (Variety)	Tune in as funny man Jacky Wu and pretty host Patty Hou pair up to entertain you. Be prepared to laugh till you drop!
	<你猜你猜你猜猜猜> (综艺节目)	搞笑天王吴宗宪搭配美女主播侯佩岑将连一连串的好节目带给大家。惹笑的内容保证令您笑破肚皮！

9:30 PM	Daddy 101 (Local Info-Ed)	With a reality approach to feature four celebrity daddies, this light-hearted educational programme highlights the different learning points and the highs and lows of an active fatherhood, delivering useful tips while keeping the audience engaged with some of the reality drama. Bite size information will be highlighted for would be parents to take note.
	<爸爸秘笈> (本地资讯节目)	全新实况节目系列，每一集穿插四个明星爸爸（苏智诚、黄炯耀、林明伦、王智国）在育婴和照顾孩子方面所碰到的真实问题，凸显出问题所带来的困扰的麻烦。每一集也会帮助其中一名爸爸解决难题，邀请专家分享秘笈，又或者让爸爸们分享他们如何用自己的方法去解决和处理。
10:00 PM	A Great Way to Care (Ep 13) (PG)(English/Chinese Subtitles) (Hongkong Drama)	Gao Li Ren is against the idea of Bell raising the baby but his decision faces opposition from the rest of the family. Gao Shou Yi loses hope in Zhao Yu Fen after she steals money to gamble.
	<仁心解码 (PG)> (港剧) (中英文字幕)	高立仁认为可岚没能力养孩子但家人都支持可岚独立抚养孩子。高守义见赵玉芬偷钱去赌博，对她彻底失望。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:35 PM	Guess (R) (Variety)	Tune in as funny man Jacky Wu and pretty host Patty Hou pair up to entertain you. Be prepared to laugh till you drop!
	<你猜你猜你猜猜猜> (综艺节目)(重)	搞笑天王吴宗宪搭配美女主播侯佩岑将连一连串的好节目带给大家。惹笑的内容保证令您笑破肚皮！
1:00 AM	Daddy 101 (R) (Local Info-Ed)	With a reality approach to feature four celebrity daddies, this light-hearted educational programme highlights the different learning points and the highs and lows of an active fatherhood, delivering useful tips while keeping the audience engaged with some of the reality drama. Bite size information will be highlighted for would be parents to take note.
	<爸爸秘笈> (本地资讯节目)(重)	全新实况节目系列，每一集穿插四个明星爸爸（苏智诚、黄炯耀、林明伦、王智国）在育婴和照顾孩子方面所碰到的真实问题，凸显出问题所带来的困扰的麻烦。每一集也会帮助其中一名爸爸解决难题，邀请专家分享秘笈，又或者让爸爸们分享他们如何用自己的方法去解决和处理。

1:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
2:30 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
Tue, 17 Jan 2012 (Channel U)		
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	City Footprints (R) (Local Info-Ed)	City Footprints is a social documentary series that tells the heartwarming stories of individuals or communities in our city- stories that mirror and reflect how individuals and community responds and reacts to paradigm shifts as a result of rapid social urbanization.
	<城市.生命线> (本地资讯节目)(重)	人们总希望从手掌的生命线看出寿命的长短，但生命线能告诉人们的何止如此？每一条生命线诉说的是不同的人生故事。
3:30 PM	Guess (R) (Variety)	A refreshing combination of hosts -Harlem Yu and Selina will entertain viewers in this rip-roaring Taiwanese variety show with all-new amusing segments guaranteed to tickle your funny bone.
	<我猜我猜我猜猜猜> (综艺节目)(重)	由哈林庾澄庆和Selina接棒主持，全新改版之后的内容继续秉承"猜"的主题，新增设的单元包括备有"魔鬼道具"惩罚的"假面猜猜猜"，以及陈汉典、纳豆等参与演出的搞笑短剧"没问题剧场"，绝对更加精彩。
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。

6:00 PM	Addicted To Love (Ep 18) (Drama)	This 20-episode drama series depicts the marriages and the careers of four modern ladies, each of whom have different personalities and unique love stories. Main Cast: Guo Feili, Wang Ailing, Ah-Du
	<都市恋人的追逐> (连续剧)	这部长达二十集的时装剧描述四个现代女性的婚姻和事业。她们各有不同性格和爱情故事，充分反映都市生活的真实面貌。 主演：郭妃丽, 王爱玲, 阿杜
7:00 PM	The Great Queen Seon Deok (Ep 71) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Yoo Shin returns to the palace willingly to receive punishments. Deok Man strips Yoo Shin of his titles and orders for him to be exiled to Usan Guk. Bi Dam assumes he will gain more power after Yoo Shin's exile, but Deok Man wants him to report to Chun Chu and Yong Chun instead.
	<善德女王> (韩剧)(双声道 - 华韩语)(中英文字幕)	庾信主动回宫接受惩处。德曼决定将庾信罢职，并流配至山国。毗昙以为德曼会从此重用他，德曼却要他向龙春和春秋禀报所有事项。
8:00 PM	China's Got Talent (Variety)	Contestants from all over China will go on stage to display what they are capable of. Expect the unexpected as the contestants work hard to impress the audience and the three judges.
	<中国达人秀> (综艺节目)	来自全中国各省份的达人们将一一上台施展他们的浑身解数。且看他们的表演是否能夺得观众及三位评审的认可。
9:00 PM	Food Nation (Dual Sound - 2nd track in English) (Info/Education)	This is a programme that brings out around the world to search for delectable cuisines belonging to different ethnic groups.
	<美食国度> (资讯节目)(双声道 - 华英语)	本节目带您到不同国家，找寻属于不同族群的美食。
10:00 PM	A Great Way to Care (Ep 14) (PG)(English/Chinese Subtitles) (Hongkong Drama)	Martha's brother, Zheng Xin Jie, is adamant to undergo a sex change but Gao Li Ren and Martha suspects that Xin Jie has unspoken problems and is trying to escape being a male.
	<仁心解码 (PG)> (港剧) (中英文字幕)	郑心柔的弟弟心杰坚持要变性。高立仁和心柔认为心杰是因某些问题逃避他男性的身份。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。

11:30 PM	China's Got Talent (R) (Variety)	Contestants from all over China will go on stage to display what they are capable of. Expect the unexpected as the contestants work hard to impress the audience and the three judges.
	<中国达人秀> (综艺节目)(重)	来自全中国各省份的达人们将一一上台施展他们的浑身解数。且看他们的表演是否能夺得观众及三位评审的认可。
12:30 AM	Food Nation (R) (Dual Sound - 2nd track in English) (Info/Education)	This is a programme that brings out around the world to search for delectable cuisines belonging to different ethnic groups.
	<美食国度> (资讯节目)(重)(双声道 - 华英语)	本节目带您到不同国家，找寻属于不同族群的美食。
1:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
2:25 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Wed, 18 Jan 2012 (Channel U)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	World This Week (R) (Local Info-Ed)	Every week all around the world, there are lots of queer and amusing happenings. Check them out on World This Week and be amazed without leaving your comfortable couch!
	<世界一周> (本地资讯节目)(重)	每一个星期在世界的不同角落都会发生不同有趣或惊奇的事物。《世界一周》带你去探个究竟，让你不出家门也可以增广见闻。
3:30 PM	Variety Big Brother (R) (Variety)	Jointly hosted by Zhang Fei, Huang Pinyuan and Hong Du La Si, this highly popular Taiwan variety show brings you excellent home entertainment provided by top-notch artistes from all over the world.
	<综艺大哥大> (综艺节目)(重)	由张菲,黄品源与洪都拉斯联合主持,“综艺大哥大”带给您来自世界各地一流艺人所呈献的最佳家庭娱乐。

5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
6:00 PM	Addicted To Love (Ep 19) (Drama)	This 20-episode drama series depicts the marriages and the careers of four modern ladies, each of whom have different personalities and unique love stories. Main Cast: Guo Feili, Wang Ailing, Ah-Du
	<都市恋人的追逐> (连续剧)	这部长达二十集的时装剧描述四个现代女性的婚姻和事业。她们各有不同性格和爱情故事，充分反映都市生活的真实面貌。 主演：郭妃丽, 王爱玲, 阿杜
7:00 PM	The Great Queen Seon Deok (Ep 72) (Dual Sound - 2nd track in Korean)(PG-Some Fighting Scenes)(English/Chinese Subtitles) (Korean Drama)	Deok Man sends Yoo Shin to Baekje to spy on the enemy's military tactics. Yoo Shin blows his cover accidentally and is attacked by the Baekje soldiers. Wyo! Ya and Seol ji come to his rescue.
	<善德女王 (PG-些许打斗场面)> (韩剧)(双声道 - 华韩语) (中英文字幕)	德曼派庾信到百济探查军情，庾信却不小心败露身份。庾信被百济军围攻，所幸月夜和雪地前来搭救。
8:00 PM	Super IQ (English Subtitles) (Variety)	Host Lee Teng challenges contestants, viewers and even celebrities including Jeremy Chan, Jeffrey Xu, Sora Ma, Kate Pang, Julie Tan and Rachel Chua with mind-boggling questions in this Channel U's first IQ game show.
	<IQ超人> (综艺节目) (英文字幕)	U频道首创全新智力游戏节目，考验参赛者及观众的空间概念、逻辑推理、算术以及记忆力。除了节目主持人“IQ先生”李腾，每集也将有6到8名年轻艺人参与，包括田铭耀、徐鸣杰、马艺暄、庞蕾馨、陈欣淇、蔡艾珈等等，一起解答IQ难题。
9:00 PM	Fire Starters (English Subtitles) (Variety)	
	<薪火之旅> (综艺节目) (英文字幕)	

10:00 PM	A Great Way to Care (Ep 15) (PG)(English/Chinese Subtitles) (Hongkong Drama)	Zheng Xin Jie is discharged from the hospital after changing his mind about becoming a woman but is later arrested for a murder. Li Ying Chun meets a lady at his friend's wedding who assumes to be his primary school classmate.
	<仁心解码 (PG)> (港剧) (中英文字幕)	郑心杰控制了情绪并改变变性的主意，终于能出院但不久被警方拘捕，涉嫌谋杀案。李应春在朋友的婚礼上碰见一名自认是自己小学同学的女生。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	Super IQ (R) (English Subtitles) (Variety)	Host Lee Teng challenges contestants, viewers and even celebrities including Jeremy Chan, Jeffrey Xu, Sora Ma, Kate Pang, Julie Tan and Rachel Chua with mind-boggling questions in this Channel U's first IQ game show.
	<IQ超人> (综艺节目)(重) (英文字幕)	U频道首创全新智力游戏节目，考验参赛者及观众的空间概念、逻辑推理、算术以及记忆力。除了节目主持人“IQ先生”李腾，每集也将有6到8名年轻艺人参与，包括田铭耀、徐鸣杰、马艺暄、庞蕾馨、陈欣淇、蔡艾珈等等，一起解答IQ难题。
12:30 AM	Fire Starters (R) (English Subtitles) (Variety)	
	<薪火之旅> (综艺节目)(重) (英文字幕)	
1:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飚歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
2:30 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Thu, 19 Jan 2012 (Channel U)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	

3:00 PM	Cruel Temptation (R) (Eps 29 & 30) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	When the kind-hearted Encai realizes that she has been betrayed by her most trusted husband and best friend, she is determined to seek revenge by assuming a new identity of another woman.
	<妻子的诱惑> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	具恩才是一个善良和孝顺的家庭主妇。当她被最信任的丈夫和像亲姐妹一般的好朋友背叛之后，就下定决心要复仇。重生的恩才，会以另一个女人的身份，成功地诱惑她的丈夫，和让那些曾经深深伤害过她的人自食其果吗？
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
6:00 PM	Addicted To Love (Ep 20) (Drama)	This 20-episode drama series depicts the marriages and the careers of four modern ladies, each of whom have different personalities and unique love stories. Main Cast: Guo Feili, Wang Ailing, Ah-Du
	<都市恋人的追逐> (连续剧)	这部长达二十集的时装剧描述四个现代女性的婚姻和事业。她们各有不同性格和爱情故事，充分反映都市生活的真实面貌。 主演：郭妃丽,王爱玲,阿杜
7:00 PM	The Great Queen Seon Deok (Ep 73) (PG-Battle Scenes)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Officials from the royal court think Yoo Shin is trying to complicate things on purpose when they cannot find the spy that he mentioned. Based on that and suspicion of treason, the officials call for Yoo Shin to be executed.
	<善德女王 (PG - 战争场面)> (韩剧)(双声道 - 华韩语) (中英文字幕)	大耶城内找不到名字有"黑"字开头的兵士，大臣们觉得庾信扰乱军事，该重罚。毗县在此时说庾信在流配期间曾和月夜和雪地在一起，可能是复郿会的奸细。大臣们于是提议将庾信斩首。
8:00 PM	Dining With Death (PG - Some Disturbing Scenes) (Dual Sound - 2nd track in English) (Info/Education)	Different communities in the world have different eating habits. But, there are some food products that can do more harm than good to our bodies. Tune in to see what risks we are taking by putting those products into our mouths.
	<与死神共餐 (PG - 部分画面令人不安)> (资讯节目)(双声道 - 华英语)	世界上不同族群的饮食习惯千百种，但有些族群吃的食品却有可能致人于死地。观看本节目，了解不同食品对人体的影响。

9:00 PM	Super Taste (Infotainment)	Fun and playful duo of 2moro, Anthony Guo and Angus Guo combs through every possible corner of Taiwan to enjoy delicacies with unimaginable fun that gets you craving for more!
	<食尚玩家-就要酱玩> (娱乐资讯节目)	身为一个爱吃、爱旅游的时髦玩家，应该怎么玩才够酷？让两位年轻有活力又爱玩的主持人郭彦均和郭彦甫（2moro）告诉你，就是要"酱"（这样）玩！每一集的节目将带你到台湾各处吃喝玩乐，包你看完之后恨不得飞到台湾去玩！
9:55 PM	Happy Q Family (Ep 4) (Last Episode) (Local Drama)	
	<权家福 (大结局)> (本地连续剧)	
10:00 PM	A Great Way to Care (Ep 16) (PG)(English/Chinese Subtitles) (Hongkong Drama)	Gao Li Ren and Sam discover Sun Jia Bi's identity and promise to help her find out if Ying Chun is serious about her. Mandy disobeys order not to follow the suspect, Lin Wei Chen, on her own and gets captured by Lin.
	<仁心解码 (PG)> (港剧) (中英文字幕)	高立仁和连志森发现孙家碧的身份并答应帮她试探李应春是否对她有意。莫敏儿不听钟国彬的指示私自跟踪疑犯林威臣，结果被威臣绑架。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	Dining With Death (R) (Dual Sound - 2nd track in English) (PG - Some Disturbing Scenes) (Info/Education)	Different communities in the world have different eating habits. But, there are some food products that can do more harm than good to our bodies. Tune in to see what risks we are taking by putting those products into our mouths.
	<与死神共餐 (PG - 部分画面令人不安)> (资讯节目)(重)(双声道 - 华英语)	世界上不同族群的饮食习惯千百种，但有些族群吃的食品却有可能致人于死地。观看本节目，了解不同食品对人体的影响。
12:30 AM	Super Taste (R) (Infotainment)	Fun and playful duo of 2moro, Anthony Guo and Angus Guo combs through every possible corner of Taiwan to enjoy delicacies with unimaginable fun that gets you craving for more!
	<食尚玩家-就要酱玩> (娱乐资讯节目)(重)	身为一个爱吃、爱旅游的时髦玩家，应该怎么玩才够酷？让两位年轻有活力又爱玩的主持人郭彦均和郭彦甫（2moro）告诉你，就是要"酱"（这样）玩！每一集的节目将带你到台湾各处吃喝玩乐，包你看完之后恨不得飞到台湾去玩！

1:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飚歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
2:30 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Fri, 20 Jan 2012 (Channel U)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	Cruel Temptation (R) (Eps 31 & 32) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	When the kind-hearted Encai realizes that she has been betrayed by her most trusted husband and best friend, she is determined to seek revenge by assuming a new identity of another woman.
	<妻子的诱惑> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	具恩才是一个善良和孝顺的家庭主妇。当她被最信任的丈夫和像亲姐妹一般的好朋友背叛之后，就下定决心要复仇。重生的恩才，会以另一个女人的身份，成功地诱惑她的丈夫，和让那些曾经深深伤害过她的人自食其果吗？
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6:00 PM	Addicted To Love (Ep 21) (Drama)	This 20-episode drama series depicts the marriages and the careers of four modern ladies, each of whom have different personalities and unique love stories. Main Cast: Guo Feili, Wang Ailing, Ah-Du
	<都市恋人的追逐> (连续剧)	这部长达二十集的时装剧描述四个现代女性的婚姻和事业。她们各有不同性格和爱情故事，充分反映都市生活的真实面貌。 主演：郭妃丽,王爱玲,阿杜

7:00 PM	The Great Queen Seon Deok (Ep 74) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Seol Won is critically injured when he brings a troop out to attack the Baekje soldiers. He asks Bi Dam to act according to Mishil's last wishes before he passes away.
	<善德女王> (韩剧)(双声道 - 华韩语) (中英文字幕)	薛原带领军队对抗百济兵，结果败北。薛原重伤身亡，临终前嘱咐毗昙遵从美室的遗言。
8:00 PM	LOHAS (Variety)	Join Paige Chua, Ya Hui, Ng Hui & Candyce Toh in defining the LOHAS way of life (Lifestyle of Health and Sustainable living), through environmental and health & fitness themes to discover unique food finds, crowd-drawing activities, fashionably fabulous grooming tips and bites of entertainment scenes in Shanghai and Singapore.
	<乐活好正点> (综艺节目)	由蔡琦慧、许雅慧、黄慧及杜惠娉联手主持，这个全新生活时尚资讯节目将介绍新加坡及上海两个城市里符合健康与环保概念的潮流新鲜事，包括美食、个性小店、美容时装、娱乐艺术等等，展现时下"乐活一族"所崇尚的生活方式。
9:00 PM	Tokyo Walker (Variety)	A travelogue programme hosted by Helen Du where she checks out the Tokyo fashion scenes and interesting trendy spots for viewers.
	<流行东京> (综艺节目)	一个崭新形式旅游节目，由年轻主持人杜如风带大家游逛东京，发掘东京最好奇又好玩的吃喝玩乐及购物的流行情报。
9:30 PM	The Making of Dance Dance Dragon (Variety)	
	<《龙众舞》制作特辑之我要拍电影> (综艺节目)	
10:00 PM	A Great Way to Care (Ep 17) (PG)(English/Chinese Subtitles) (Hongkong Drama)	The police capture Lin Wei Chen but are unable to find Mandy. Lin refuses to reveal the hiding place of Mandy unless the police release him. Ying Chun finally discovers Jia Bi's identity and is undecided whether to move to Singapore to be with her.
	<仁心解码 (PG)> (港剧) (中英文字幕)	警方成功拘捕林威臣但无法找到莫敏儿。威臣拒绝透露敏儿的藏身处除非警方让他完成计划。李应春发现孙家碧早已回到身边，两人终于走在一起但应春不知是否与家碧定居在新加坡。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。

11:30 PM	Negotiator (Ep 7) (PG)(Dual Sound - 2nd track in Japanese) (Japanese Drama)	The Special Investigation Team (SIT) consists of officers trained to carry out negotiations in kidnappings, hostage situations, corporate blackmail and other crimes. Reiko Usagi is the first female officer to join SIT. At first, she encounters difficulties in the male-dominated department, but soon gains the respect of her fellow colleagues with her analytical skills and ability to stay calm in the most heated situations.
	<交渉人 (PG)> (日剧)(双声道 - 华日语)	警视厅搜查一课特殊班，简称SIT，要和绑架和进行恐吓的凶恶罪犯们现场进行谈判，目的是阻止罪案发生。宇佐木玲子主动请缨调到SIT成为女交涉人，在只有男人的SIT里被彻底孤立，所以她不仅要和犯罪分子作斗争还要和自己的同事抗争。
12:30 AM	LOHAS (R) (Variety)	Join Paige Chua, Ya Hui, Ng Hui & Candyce Toh in defining the LOHAS way of life (Lifestyle of Health and Sustainable living), through environmental and health & fitness themes to discover unique food finds, crowd-drawing activities, fashionably fabulous grooming tips and bites of entertainment scenes in Shanghai and Singapore.
	<乐活好正点> (综艺节目)(重)	由蔡琦慧、许雅慧、黄慧及杜惠娉联手主持，这个全新生活时尚资讯节目将介绍新加坡及上海两个城市里符合健康与环保概念的潮流新鲜事，包括美食、个性小店、美容时装、娱乐艺术等等，展现时下"乐活一族"所崇尚的生活方式。
1:30 AM	Legend Of The Condor Heroes (R) (Eps 6 & 7) (English/Chinese Subtitles) (Chinese Drama)	Guo Jing and Yang Kang who are destined to shoulder the difficult task of righting the wrongs that have been done to their families.
	<射雕英雄传> (中国剧)(重) (中英文字幕)	郭啸天与杨铁心两家惨遭横祸，家破人亡。全真教道长丘处机与江南七怪互相约定，分头寻找郭杨两家的后代，并授于武功。十八年后，杨康与郭靖长大成人，各自担负起坎坷艰难的复仇。
3:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飚歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
4:30 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Sat, 21 Jan 2012 (Channel U)	
6:00 AM	Home Shopping (Commercial)	

	<购物乐> ()	
10:00 AM	Guess (R) (Variety)	Funnyman Jacky Wu returns to Guess after eight months! Apart from Wu's usual wackiness, you can also look forward to his new co-host, Petty Hou. Don't miss out on the fun and laughter in the revamped Guess!
	<你猜你猜你猜猜猜> (综艺节目)(重)	经过了8个月的等待，综艺天王吴宗宪又再次回到《我猜》的怀抱了！这次，节目改名为《你猜你猜你猜猜猜》，还请来了即将嫁人的美女主播侯佩岑来与吴宗宪搭档。全新的组合，全新的节目内容，您一定要锁定节目！
11:30 AM	Daddy 101 (R) (Local Info-Ed)	With a reality approach to feature four celebrity daddies, this light-hearted educational programme highlights the different learning points and the highs and lows of an active fatherhood, delivering useful tips while keeping the audience engaged with some of the reality drama. Bite size information will be highlighted for would be parents to take note.
	<爸爸秘笈> (本地资讯节目)(重)	全新实况节目系列，每一集穿插四个明星爸爸（苏智诚、黄炯耀、林明伦、王智国）在育婴和照顾孩子方面所碰到的真实问题，凸显出问题所带来的困扰的麻烦。每一集也会帮助其中一名爸爸解决难题，邀请专家分享秘笈，又或者让爸爸们分享他们如何用自己的方法去解决和处理。
12:00 PM	Evolution (R) (Local Info-Ed)	Men has taken million of years to evolve to our present state. However, that is not the case for many technological products and even some trades. These products are a necessity now. But not long ago, they are basically unheard of or in the form that young viewers would not recognize. Let "EVOLUTION" reveal how these products have evolved.
	<一起看过去> (本地资讯节目)(重)	物种会依据生存所需,在漫长历史中自然发展出必需的能力及特色。如果此理论套用在我们日常再熟悉不过的用品上，哪会是什么样的晋阶过程？让我们"一起看过去"，探索我们熟悉之物品发展的全过程。从物品的发明，到物品经过了时代更迭，不断地顺应时代，改良发展及未来将会出现的新类型等等。
12:30 PM	Food Notes (R) (Local Info-Ed)	This programme let you into some of the closely-guarded trade secrets and the stories of many unsung heroes behind great taste. Besides tracking the creation of the cuisine and their ingredient source, we will pay homage to the workshop specializing in traditional cooking wares that are still being handcrafted as they were in the olden days.

	<上食堂> (本地资讯节目)(重)	节目让观众大快朵颐之际，也深入了解这些美食背后各个幕后英雄是如何让眼前的美食发扬光大。除了介绍各个厨师、馆子是如何使出十八般武艺烹煮美食外，节目也会将镜头转向养殖场、捕捞过程及相关行业，让观众更全面和深入的了解，这些美食的过去、现在甚至将来！
1:00 PM	Ladies' Nite (R) (Local Variety)	Ladies' Nite brings you the trendiest tips on beauty, fashion, health, fitness and cooking. Join sassy hosts Michelle Chong & Vivian Lai in this unprecedented 90-min weekly magazine talk-show as they meet dazzling celebrity guests and experts from various fields to share personal experiences and demonstrate handy tips.
	<女人聚乐部> (本地综艺节目)(重)	由庄米雪和赖怡伶主持的时尚谈话性节目里，将会分享女人都关心的生活话题，包括时尚潮流、化妆护肤、运动养生、简易烹饪法等等。在每集90分钟的节目里也会邀请明星嘉宾与专题达人和大家分享并示范实用的常识和资讯小贴士。
2:30 PM	Dynamic Chef (R) (Dual Sound - 2nd track in Japanese)(Chinese Subtitles) (Variety)	This cooking programme "Dynamic Chef", hosted by Hisamoto Masami, Jun Tamura and Ryo Tamura invites famous chefs to introduce and cook their famous dishes for the invited artistes to sample.
	<花的料理人> (综艺节目)(重)(双声道 - 华日语) (中文字幕)	在每一集的《花的料理人》里，三位主持人久本雅美，田村淳和田村亮将会邀请艺人上节目，和他们一起品尝不同料理的名厨所烹煮的美食。
3:00 PM	Here Comes Ajuma (R) (Eps 54 & 55) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Luo Wulin is an ajuma who slogs very hard to look after her family. One day, when she found out that her husband is having an affair with his ex-lover, she decides to transform herself into an elegant lady, and make use of her wonderful culinary skills to launch a new career as a TV celebrity chef.
	<欧巴桑，向前冲！> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	"欧巴桑向前冲"是2007年韩国收视表现最亮眼的家庭喜剧。剧情描述一个全心让老公成为大学教授，自己却拚了老命在市场开店赚钱的罗武林，一天发现老公和以前的初恋情人搞外遇之后，便决定参加电视台所举办的烹饪频道女主播比赛，要以成功变身来复仇！
5:00 PM	Nothing Is Bigger Than Eat (Variety)	An infotainment programme hosted by Liang Hequn in which two artistes display their culinary skills in front of a panel of judges. In addition, there is a segment where an experienced chef cooks the desired dish upon audience request.
	<吃饭皇帝大> (综艺节目)	由梁赫群主持的美食节目。幸福料理铁人蒋伟文与阳光热血主厨陈德烈在一组评判面前展出他们烹饪才艺。另外，台湾名厨刘仁华会在"你点菜我上菜"单元里教大家煮观众想要学的菜肴。

6:00 PM	Why Icarus Can't Fly (Debut)(Dual Sound - 2nd track in English) (Info/Education)	
	<伊卡拉斯为何不能飞?(首播)> (资讯节目)(双声道 - 华英语)	
7:00 PM	Money Week (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。
7:30 PM	Legend of the Demigods (Ep 17) (English/Chinese Subtitles) (Hongkong Drama)	Qielouluo has no choice but stay loyal to Tianjun in order to take care of Ganjiang who has lost his soul. Yanxi uses a plan to get Caizhi and Gandang into Tianjun's palace. Meanwhile, he lures Ganjiang to the bottom of a cliff for a deal.
	<搜神传> (港剧) (中英文字幕)	迦楼罗为了照顾已失去灵魂的干将，只好留在天尊宫继续效忠天尊。晏喜以调虎离山计帮彩芝和敢当去天尊宫救忘忧，而他自己则引领干将到断崖下对战。
8:30 PM	Legend of the Demigods (Ep 18) (English/Chinese Subtitles) (Hongkong Drama)	Caizhi rescues Wangyou using her magical vine but gets discovered by Tianjun. Tianjun swallows Wangyou to force Caizhi to help her out of Tianjun's palace and guard her. Gandang and Yanxi look for Yuhengzi to find out where Caizhi and Wangyou are.
	<搜神传> (港剧) (中英文字幕)	彩芝利用仙藤救出忘忧，却被行动不便的天尊发现；她把忘忧吞下，迫彩芝救她离开天尊宫，守护在她身旁。晏喜、敢当去找玉衡子，向他打听彩芝与忘忧的下落。
9:30 PM	He's Beautiful (Ep 6) (Dual Sound - 2nd track in Korean)(English Subtitles) (Korean Drama)	This drama is about a fictitious boy band A.N.Jell and the relationship between its members after a female, posing as her twin brother, joins the group.
	<原来是美男> (韩剧)(双声道 - 华韩语) (英文字幕)	实习修女高美女代替手术中的双胞胎哥哥高美男，闯入韩国人气偶像团体A.N.Jell成为其中一员，女扮男装的她在团队裡发生一连串的趣事。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。

11:30 PM	Million Singer (R) (Variety)	Each episode of Million Singer features different singers challenging for the top prize of NT 300,000. Contestant will have to overcome 10 different categories of songs and be able to complete the missing lyrics for all the songs in order to achieve the top prize.
	<百万大歌星> (综艺节目)(重)	唱歌可换现金! 不比音色, 也不比音准, 而是挑战参赛者的记忆和对歌词的认识。只要唱得出歌词就能轻松赢取高达新台币\$300,000的奖金!
1:00 AM	ToGetHer (R) (Ep 11) (Chinese Subtitles) (Taiwan Drama)	This is a love story beyond imagination. When an agoraphobic girl meets a rinky-dink celebrity, their lives turn topsy-turvy.
	<爱就宅一起> (台湾剧)(重) (中文字幕)	这是个超幻想的恋爱故事。当一个“宅女”遇上了态度傲慢的过气明星, 他们的生活就变得乱七八糟, 永无宁日。。。
02:30	End of Transmission	
TIME	EVENT	SYNOPSIS
	Sun, 22 Jan 2012 (Channel U)	
6:00 AM	Home Shopping (Commercial)	
	<购物乐> ()	
10:00 AM	Million Singer (R) (Variety)	Each episode of Million Singer features different singers challenging for the top prize of NT 300,000. Contestant will have to overcome 10 different categories of songs and be able to complete the missing lyrics for all the songs in order to achieve the top prize.
	<百万大歌星> (综艺节目)(重)	唱歌可换现金! 不比音色, 也不比音准, 而是挑战参赛者的记忆和对歌词的认识。只要唱得出歌词就能轻松赢取高达新台币\$300,000的奖金!
12:00 PM	2012 DRAGONTV New Year Countdown (Variety)	
	<2012梦圆东方跨年晚会> (综艺节目)	
3:00 PM	Stylish Man - The Chef 2011 LNY Special 1 (Variety)	In this episode, the hosts and the famous chefs introduce Lunar New Year specialties to the artistes and audience.
	<型男大主厨> (综艺节目)	在这一集里, 主持人与艺人们一边玩游戏, 一边品尝四大名厨为他们烹煮的新年佳肴。
4:00 PM	LNy EVE 2011 MOVIE: Rob-B-Hood (PG) (Movie)	Rob-B-Hood tells the story of a kidnapping gone wrong in Hong Kong; a gang of burglars consisting of Thongs, Octopus and the Landlord kidnap a baby from a wealthy family on behalf of triads.

	<宝贝计划 (PG)> (电影)	剧中成龙扮演的人字拖和古天乐扮演的百达通为了三百万而卷入了针对一个小宝宝的绑架案，结果弄出了一出啼笑皆非，但又富含人生哲理的故事。
6:30 PM	World This Week (Local Info-Ed)	Every week all around the world, there are lots of queer and amusing happenings. Check them out on World This Week and be amazed without leaving your comfortable couch!
	<世界一周> (本地资讯节目)	每一个星期在世界的不同角落都会发生不同有趣或惊奇的事物。《世界一周》带你去探个究竟，让你不出家门也可以增广见闻。
7:00 PM	LNY EVE 2012 MOVIE: Rush Hour 3 (Dual Sound - 2nd track in English)(PG) (Movie)	Three years after the events of Rush Hour 2, James Carter is no longer a detective, but a traffic cop on the streets of Los Angeles. Lee is now the bodyguard for his friend Ambassador (formerly Consul) Han.
	<火拼时速 3 (PG)> (电影)(双声道 - 华英语)	洛杉矶警察卡特活泼贫嘴，中国警察李严肃机警，这一对本来八竿子打不到一块、性格反差如此巨大的人走到一块，当然会捅出无数次篓子、制造数不清的麻烦。好在两人有如天助，最终总能圆满地解决一切归他们管、不归他们管的案子。
8:45 PM	LNY EVE 2012 MOVIE: Ip Man (PG-Fighting Scenes) (Movie)	Ip Man is adapted from the life story of Ip Man, the grand master of the martial art Wing Chun and teacher of legendary martial arts superstar Bruce Lee. Be enthralled by his fierce strikes and lightning speed moves.
	<叶问(PG- Fighting Scenes打斗场面)> (电影)	改变自咏春一代宗师，武术巨星李小龙的师傅，叶问的生平故事。看叶问他身处战乱时，如何面对和走过时代巨变。由甄子丹，任達華，熊黛林主演，洪金寶动作导演。荣获第28届香港电影金像奖，最佳电影和最佳动作指导。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	2012 CTV Countdown Concert (Variety)	
	<义起守住欢乐2012 跨年晚会> (综艺节目)	

3:30 AM	LNy 2012 EVE MOVIE :: Drink Drank Drunk (PG) (Movie)	A romantic comedy, the film is about Siu Min, a Budweiser girl who takes pity on Michael, an ethnic Chinese restaurateur from France drinking away his misfortune because his food is too sophisticated for the working class neighborhood in which both work.
	<千杯不醉 (PG)> (电影)	小敏是一个乐天豁达、千杯不醉的啤酒女郎，她于每晚的工作环境之中，见尽了酩酊大醉后的男人百态，吹牛、哭闹、求婚，分手，这些陋习令她对男人起了戒心，自觉女人还是要靠自己，早已决定买间姑婆屋以作退休之用。
5:30 AM	Taiwan Delicacies II (R) (Variety)	Sexy and sultry model-actress-host Coco Chiang takes you off the beaten tracks to uncover the culinary treasures in Taiwan. Experience the unique and colorful food culture from night markets' street snacks to the most authentic and exquisite local delicacies.
	<台湾好味道> (综艺节目)(重)	主持人蒋怡以活泼生动的主持风格，带观众深入台湾各地，搜寻鲜为人知的独门料理，体验台湾独有的风土民情，为喜爱美食及旅游的观众，精心规划了一系列的台湾美食大攻略。
6:00 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Tue, 24 Jan 2012 (Channel U)	
6:00 AM	Home Shopping (Commercial)	
	<购物乐>	
10:00 AM	26 Hours/Day Series 2 (Dual Sound - 2nd track in Japanese) (Variety)	For modern people leading busy lives with not enough hours in the day, this is the show for you! Time is money and this programme will show you time-saving techniques for everything from cooking to getting your kids up and ready for school in record breaking time. After watching this programme, you may gain an additional 2 hours a day!
	<超省时生活> (综艺节目)(双声道 - 华日语)	现代人生活忙碌，总觉得时间不够用。所谓时间就是金钱，这个日本制作的资讯节目，为你介绍各式各样的节省时间方法，观看后肯定获益良多。
11:00 AM	Stylish Man - The Chef 2012 LNy Special (Debut) (Variety)	In this episode, the hosts and the famous chefs introduce Lunar New Year specialties to the artistes and audience.
	<型男大主厨-三国鼎立贺新春 (首播)> (综艺节目)	在这一集里，主持人一边玩游戏，一边品尝四大名厨为他们烹煮的新年佳肴。
1:00 PM	LNy 2012 DAY 2 MOVIE: Storm Riders: Clash of Evils (PG-Some Fighting Scenes)(Debut) (Movie)	The film is a spinoff of the original story and the two protagonists Wind and Cloud. The residents of Sword-Worshipping Manor, which houses the best sword-smiths in the world, are brutally massacred after they are alleged to be plotting a rebellion against the government.

	<风云决 (PG-些许打斗场面)(首播)> (电影)	故事截取了步惊云失忆之后、风、云阻止傲决野心，引发武林风云剧变的精彩片段，把原着独特的武术招式、侠义情怀及漫画的刚劲画风、艺术意念，以动画形式全面提升，展现于大银幕之上。
3:00 PM	Shenzhen 2012 Count Down Show (Variety)	"Shenzhen 2012 Count Down Show" features performances by top artistes in the Chinese entertainment scene such as Sammi Cheng, Andy Hui, Khalil Fong, Annie Yi, Zhang Ziyi and Huang Xiaoming. World famous pianist, Lang Lang, also joins in the celebration to welcome the arrival of the new year.
	<2012深圳美好年华跨年音乐季> (综艺节目)	"2012深圳美好年华跨年音乐季"会聚乐坛巨星郑秀文、许志安、方大同、伊能静、章子怡、黄晓明等。众星除了演唱劲歌名曲之外，知名钢琴家郎郎也到场演奏，是个不容错过的跨年秀。
6:45 PM	LNy 2012 DAY 2 MOVIE: My Girlfriend Is An Agent (Debut)(PG)(Dual Sound - 2nd track in Korean) (Movie)	Show wisdom (Kim Ha Neul decoration) is a veteran of the national intelligence officer, the identity can not be exposed her whereabouts remain a mystery, for her boyfriend talent (to Huan decorated ginger) regular pack of lies, did not say goodbye cause talent to leave the show wisdom.
	<我的特務女友 (PG)(首播)> (电影)(双声道 - 华韩语)	秀智（金荷娜饰）是资深的国家情报员，不能曝光的身分让她行踪成谜，对男友才俊（姜至奂饰）经常谎话连篇，导致才俊没出声再见就离开了秀智。
9:00 PM	LNy 2012 DAY 2 MOVIE: The Forbidden Kingdom (PG-Fighting scenes)(Debut) (Movie)	Jason find a chance in the antique shops, back through time and space in ancient China, and met two Kung Fu masters Lu rock and the silent monk escorted adventure, and finally defeat the forces of evil.
	<功夫之王 (PG-打斗场面)(首播)> (电影)	影片主要讲述了醉心功夫的美国小子杰森偶然在古董店找到一支如意金箍棒，穿越时空返回古代中国，并在两大功夫高手吕岩和默僧护送下历险，最后战胜邪恶势力。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:35 PM	LNy 2012 DAY 2 MOVIE: The Storm Warriors (Debut) (PG - Some Violence) (Movie)	Wind and Cloud, who this time find themselves up against Lord Godless, a ruthless Japanese warlord bent on invading China.
	<风云II (PG -些许暴力画面)(首播)> (电影)	绝无神为夺中土皇权，擒下一众武林人士逼其臣服。为保江湖，聂风不惜以身犯险修炼魔功，步惊云如何能除掉聂风身上的魔性？

1:45 AM	Shenzhen 2012 Count Down Show (R) (Variety)	"Shenzhen 2012 Count Down Show" features performances by top artistes in the Chinese entertainment scene such as Sammi Cheng, Andy Hui, Khalil Fong, Annie Yi, Zhang Ziyi and Huang Xiaoming. World famous pianist, Lang Lang, also joins in the celebration to welcome the arrival of the new year.
	<2012深圳美好年华跨年音乐季> (综艺节目)(重)	"2012深圳美好年华跨年音乐季"会聚乐坛巨星郑秀文、许志安、方大同、伊能静、章子怡、黄晓明等。众星除了演唱劲歌名曲之外，知名钢琴家郎郎也到场演奏，是个不容错过的跨年秀。
5:15 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
Wed, 25 Jan 2012 (Channel U)		
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	World This Week (R) (Local Info-Ed)	Every week all around the world, there are lots of queer and amusing happenings. Check them out on World This Week and be amazed without leaving your comfortable couch!
	<世界一周> (本地资讯节目)(重)	每一个星期在世界的不同角落都会发生不同有趣或惊奇的事物。《世界一周》带你去探个究竟，让你不出家门也可以增广见闻。
3:30 PM	Variety Big Brother (R) (Variety)	Jointly hosted by Zhang Fei, Huang Pinyuan and Hong Du La Si, this highly popular Taiwan variety show brings you excellent home entertainment provided by top-notch artistes from all over the world.
	<综艺大哥大> (综艺节目)(重)	由张菲,黄品源与洪都拉斯联合主持,“综艺大哥大”带给您来自世界各地一流艺人所呈献的最佳家庭娱乐。
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。

6:00 PM	Addicted To Love (Ep 22) (Drama)	This 20-episode drama series depicts the marriages and the careers of four modern ladies, each of whom have different personalities and unique love stories. Main Cast: Guo Feili, Wang Ailing, Ah-Du
	<都市恋人的追逐> (连续剧)	这部长达二十集的时装剧描述四个现代女性的婚姻和事业。她们各有不同性格和爱情故事，充分反映都市生活的真实面貌。 主演：郭妃丽, 王爱玲, 阿杜
7:00 PM	The Great Queen Seon Deok (Ep 75) (PG-Battle Scenes)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Wyo! Ya and his followers from Bo Gya Hoe pledge allegiance to Deok Man and Chun Chu, thereby allowing Yoo Shin to be released. Bi Dam asks Deok Man to consider leaving Serabol for her own safety when the Baekje troops draws close to Serabol.
	<善德女王 (PG-战争场面)> (韩剧)(双声道 - 华韩语) (中英文字幕)	月夜带着复讬会的军队向德曼和春秋立下效忠的承诺。庾信因此获释。百济军队日渐逼近，毗昙要德曼考虑播迁。
8:00 PM	Super IQ (English Subtitles) (Variety)	Host Lee Teng challenges contestants, viewers and even celebrities including Jeremy Chan, Jeffrey Xu, Sora Ma, Kate Pang, Julie Tan and Rachel Chua with mind-boggling questions in this Channel U's first IQ game show.
	<IQ超人> (综艺节目) (英文字幕)	U频道首创全新智力游戏节目，考验参赛者及观众的空间概念、逻辑推理、算术以及记忆力。除了节目主持人“IQ先生”李腾，每集也将有6到8名年轻艺人参与，包括田铭耀、徐鸣杰、马艺暄、庞蕾馨、陈欣淇、蔡艾珈等等，一起解答IQ难题。
9:00 PM	Fire Starters (English Subtitles) (Variety)	
	<薪火之旅> (综艺节目) (英文字幕)	
10:00 PM	A Great Way to Care (Ep 18) (English/Chinese Subtitles)(PG) (Hongkong Drama)	Mandy realises she has been sleepwalking and is shocked to find herself covered in blood with a dead man lying next to her.
	<仁心解码 (PG)> (港剧) (中英文字幕)	莫敏儿发现自己有梦游问题，但一直不向任何人提起，直到有一天醒来时惊讶发现自己满身血迹，身旁躺着一具男尸。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。

11:30 PM	Super IQ (R) (English Subtitles) (Variety)	Host Lee Teng challenges contestants, viewers and even celebrities including Jeremy Chan, Jeffrey Xu, Sora Ma, Kate Pang, Julie Tan and Rachel Chua with mind-boggling questions in this Channel U's first IQ game show.
	<IQ超人> (综艺节目)(重) (英文字幕)	U频道首创全新智力游戏节目，考验参赛者及观众的空间概念、逻辑推理、算术以及记忆力。除了节目主持人“IQ先生”李腾，每集也将有6到8名年轻艺人参与，包括田铭耀、徐鸣杰、马艺暄、庞蕾馨、陈欣淇、蔡艾珈等等，一起解答IQ难题。
12:30 AM	Fire Starters (R) (English Subtitles) (Variety)	
	<薪火之旅> (综艺节目)(重) (英文字幕)	
1:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
2:30 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Thu, 26 Jan 2012 (Channel U)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	Cruel Temptation (R) (Eps 33 & 34) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	When the kind-hearted Encai realizes that she has been betrayed by her most trusted husband and best friend, she is determined to seek revenge by assuming a new identity of another woman.
	<妻子的诱惑> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	具恩才是一个善良和孝顺的家庭主妇。当她被最信任的丈夫和像亲姐妹一般的好朋友背叛之后，就下定决心要复仇。重生的恩才，会以另一个女人的身份，成功地诱惑她的丈夫，和让那些曾经深深伤害过她的人自食其果吗？
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.

	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
6:00 PM	Addicted To Love (Ep 23) (Drama)	This 20-episode drama series depicts the marriages and the careers of four modern ladies, each of whom have different personalities and unique love stories. Main Cast: Guo Feili, Wang Ailing, Ah-Du
	<都市恋人的追逐> (连续剧)	这部长达二十集的时装剧描述四个现代女性的婚姻和事业。她们各有不同性格和爱情故事，充分反映都市生活的真实面貌。 主演：郭妃丽,王爱玲,阿杜
7:00 PM	The Great Queen Seon Deok (Ep 76) (PG-Battle Scenes)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Yoo Shin uncovers the secret behind Baekje's fast-moving troops. He defeats the troops one-by-one and starts to recover lost ground.
	<善德女王 (PG-战争场面)> (韩剧)(双声道 - 华韩语) (中英文字幕)	庾信揭开百济兵日距90里的秘密。原来百济兵成立双胞胎游军，以此扰乱敌军的视线。庾信成功打败百济兵，开始收复国土。
8:00 PM	Dining With Death (Dual Sound - 2nd track in English)(PG-Some Disturbing Scenes) (Info/Education)	Some communities in the world eat reptiles like monitor lizards, hawksbill turtle and crocodiles for survival purpose. However, some of these reptiles could do harm to the consumers if not handled properly. Tune in to find out more.
	<与死神共餐 (PG-部分画面令人不安)> (资讯节目)(双声道 - 华英语)	世界上的某些族群盛行吃巨蜥、玳瑁龟、鳄鱼等爬行动物，但这些动物有些攻击性强，有些则含有有害化学物质。收看节目，了解详情。
9:00 PM	Super Taste (Infotainment)	Fun and playful duo of 2moro, Anthony Guo and Angus Guo combs through every possible corner of Taiwan to enjoy delicacies with unimaginable fun that gets you craving for more!
	<食尚玩家-就要酱玩> (娱乐资讯节目)	身为一个爱吃、爱旅游的时髦玩家，应该怎么玩才够酷？让两位年轻有活力又爱玩的主持人郭彦均和郭彦甫（2moro）告诉你，就是要"酱"（这样）玩！每一集的节目将带你到台湾各处吃喝玩乐，包你看完之后恨不得飞到台湾去玩！
10:00 PM	A Great Way to Care (Ep 19) (PG)(English/Chinese Subtitles) (Hongkong Drama)	Zhong Guo Bin suspects that Mandy not only killed Hu Jin Quan but may have also caused Coco's death. Gao Shou Yi suspects that Liu Bao Jie is linked to Quan's murder but gets knocked down by a vehicle before he gets to inform Guo Bin.

	<仁心解码 (PG)> (港剧) (中英文字幕)	钟国彬怀疑莫敏儿不只杀害了胡锦涛也错手害死谢思雅。高守义怀疑义工刘洁宝与胡锦涛的死有关，打算通知国彬但不幸被车撞得重伤。。。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	Dining With Death (R) (Dual Sound - 2nd track in English)(PG-Some Disturbing Scenes) (Info/Education)	Some communities in the world eat reptiles like monitor lizards, hawksbill turtle and crocodiles for survival purpose. However, some of these reptiles could do harm to the consumers if not handled properly. Tune in to find out more.
	<与死神共餐 (PG-部分画面令人不安)> (资讯节目)(重)(双声道 - 华英语)	世界上的某些族群盛行吃巨蜥、玳瑁龟、鳄鱼等爬行动物，但这些动物有些攻击性强，有些则含有有害化学物质。收看节目，了解详情。
12:30 AM	Super Taste (R) (Infotainment)	Fun and playful duo of 2moro, Anthony Guo and Angus Guo combs through every possible corner of Taiwan to enjoy delicacies with unimaginable fun that gets you craving for more!
	<食尚玩家-就要酱玩> (娱乐资讯节目)(重)	身为一个爱吃、爱旅游的时髦玩家，应该怎么玩才够酷？让两位年轻有活力又爱玩的主持人郭彦均和郭彦甫（2moro）告诉你，就是要"酱"（这样）玩！每一集的节目将带你到台湾各处吃喝玩乐，包你看完之后恨不得飞到台湾去玩！
1:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
2:30 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Fri, 27 Jan 2012 (Channel U)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	

3:00 PM	Cruel Temptation (R) (Eps 35 & 36) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	When the kind-hearted Encai realizes that she has been betrayed by her most trusted husband and best friend, she is determined to seek revenge by assuming a new identity of another woman.
	<妻子的诱惑> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	具恩才是一个善良和孝顺的家庭主妇。当她被最信任的丈夫和像亲姐妹一般的好朋友背叛之后，就下定决心要复仇。重生的恩才，会以另一个女人的身份，成功地诱惑她的丈夫，和让那些曾经深深伤害过她的人自食其果吗？
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
6:00 PM	Addicted To Love (Ep 24) (Drama)	This 20-episode drama series depicts the marriages and the careers of four modern ladies, each of whom have different personalities and unique love stories. Main Cast: Guo Feili, Wang Ailing, Ah-Du
	<都市恋人的追逐> (连续剧)	这部长达二十集的时装剧描述四个现代女性的婚姻和事业。她们各有不同性格和爱情故事，充分反映都市生活的真实面貌。 主演：郭妃丽,王爱玲,阿杜
7:00 PM	The Great Queen Seon Deok (Ep 77) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Yeom Jong discovers the agreement between Deok Man and Bi Dam. He reveals the agreement to Mi Saeng and his followers who agree that the agreement is to their disadvantage. Mi Saeng thus decides to think of a way to lure Bi Dam to betray Deok Man.
	<善德女王> (韩剧)(双声道 - 华韩语) (中英文字幕)	廉宗发现毗昙给德曼的盟约书，于是告知美生与众大臣。众人觉得盟约将间接扩大德曼的实力，美生于是想办法让毗昙背叛德曼，与他们站在同一阵线。
8:00 PM	LOHAS (Variety)	Join Paige Chua, Ya Hui, Ng Hui & Candyce Toh in defining the LOHAS way of life (Lifestyle of Health and Sustainable living), through environmental and health & fitness themes to discover unique food finds, crowd-drawing activities, fashionably fabulous grooming tips and bites of entertainment scenes in Shanghai and Singapore.

	<乐活好正点> (综艺节目)	由蔡琦慧、许雅慧、黄慧及杜惠娉联手主持，这个全新生活时尚资讯节目将介绍新加坡及上海两个城市里符合健康与环保概念的潮流新鲜事，包括美食、个性小店、美容时装、娱乐艺术等等，展现时下"乐活一族"所崇尚的生活方式。
9:00 PM	Variety Big Brother (Variety)	Jointly hosted by Zhang Fei, Huang Pinyuan and Hong Du La Si, this highly popular Taiwan variety show brings you excellent home entertainment provided by top-notch artistes from all over the world.
	<综艺大哥大> (综艺节目)	由张菲,黄品源与洪都拉斯联合主持，“综艺大哥大”带给您来自世界各地一流艺人所呈献的最佳家庭娱乐。
10:00 PM	A Great Way to Care (Ep 20) (English/Chinese Subtitles)(PG)(Last Episode) (Hongkong Drama)	Gao Li Ren suspects Luo Guo Hong suffers from multiple personality disorder and is the real murderer. Guo Hong decides to take revenge on Gao Shou Yi and threatens to kill him.
	<仁心解码 (PG)(大结局)> (港剧) (中英文字幕)	高立仁怀疑罗国洪患有人格分裂症，并是杀死胡锦涛和谢思雅的真凶。国洪再次人格分裂，决定向高守义报仇。。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	Negotiator (Ep 8) (Last Episode)(PG)(Dual Sound - 2nd track in Japanese) (Japanese Drama)	The Special Investigation Team (SIT) consists of officers trained to carry out negotiations in kidnappings, hostage situations, corporate blackmail and other crimes. Reiko Usagi is the first female officer to join SIT. At first, she encounters difficulties in the male-dominated department, but soon gains the respect of her fellow colleagues with her analytical skills and ability to stay calm in the most heated situations.
	<交涉人 (PG)(大结局)> (日剧)(双声道 - 华日语)	警视厅搜查一课特殊班，简称SIT，要和绑架和进行恐吓的凶恶罪犯们现场进行谈判，目的是阻止罪案发生。宇佐木玲子主动请缨调到SIT成为女交涉人，在只有男人的SIT里被彻底孤立，所以她不仅要和犯罪分子作斗争还要和自己的同事抗争。
12:30 AM	LOHAS (R) (Variety)	Join Paige Chua, Ya Hui, Ng Hui & Candyce Toh in defining the LOHAS way of life (Lifestyle of Health and Sustainable living), through environmental and health & fitness themes to discover unique food finds, crowd-drawing activities, fashionably fabulous grooming tips and bites of entertainment scenes in Shanghai and Singapore.

	<乐活好正点> (综艺节目)(重)	由蔡琦慧、许雅慧、黄慧及杜惠娉联手主持，这个全新生活时尚资讯节目将介绍新加坡及上海两个城市里符合健康与环保概念的潮流新鲜事，包括美食、个性小店、美容时装、娱乐艺术等等，展现时下"乐活一族"所崇尚的生活方式。
1:30 AM	Legend Of The Condor Heroes (R) (Eps 8 & 9) (English/Chinese Subtitles) (Chinese Drama)	Guo Jing and Yang Kang who are destined to shoulder the difficult task of righting the wrongs that have been done to their families.
	<射雕英雄传> (中国剧)(重) (中英文字幕)	郭啸天与杨铁心两家惨遭横祸，家破人亡。全真教道长丘处机与江南七怪互相约定，分头寻找郭杨两家的后代，并授于武功。十八年后，杨康与郭靖长大成人，各自担负起坎坷艰难的复仇
3:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
4:30 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Sat, 28 Jan 2012 (Channel U)	
6:00 AM	Home Shopping (Commercial)	
	<购物乐>	
10:00 AM	Guess (R) (Variety)	Funnyman Jacky Wu returns to Guess after eight months! Apart from Wu's usual wackiness, you can also look forward to his new co-host, Petty Hou. Don't miss out on the fun and laughter in the revamped Guess!
	<你猜你猜你猜猜> (综艺节目)(重)	经过了8个月的等待，综艺天王吴宗宪又再次回到《我猜》的怀抱了！这次，节目改名为《你猜你猜你猜猜》，还请来了即将嫁人的美女主播侯佩岑来与吴宗宪搭档。全新的组合，全新的节目内容，您一定要锁定节目！
11:30 AM	Life's Perfectionists (R) (Dual Sound - 2nd track in Korean)(Chinese Subtitles) (Info/Education)	There will always be an expert even in the simplest form of jobs. Featuring 3 "experts" in every episode, this Korean infotainment programme presents people of different fields who exceed expectations of their profession.

	<生活达人> (资讯节目)(重)(双声道 - 华韩语) (中文字幕)	这是一个轻松有趣的韩国资讯娱乐节目，每集介绍3个忠于自己的工作，以致练就了非凡的奇技，到了"达人"境界的平凡百姓。
12:00 PM	Evolution (R) (Local Info-Ed)	Men has taken million of years to evolve to our present state. However, that is not the case for many technological products and even some trades. These products are a necessity now. But not long ago, they are basically unheard of or in the form that young viewers would not recognize. Let "EVOLUTION" reveal how these products have evolved.
	<一起看过去> (本地资讯节目)(重)	物种会依据生存所需,在漫长历史中自然发展出必需的能力及特色。如果此理论套用在我们日常再熟悉不过的用品上,哪会是什么样的晋阶过程?让我们"一起看过去",探索我们熟悉之物品发展的全过程。从物品的发明,到物品经过了时代更迭,不断地顺应时代,改良发展及未来将会出现的新类型等等。
12:30 PM	Food Notes (R) (Local Info-Ed)	This programme let you into some of the closely-guarded trade secrets and the stories of many unsung heroes behind great taste. Besides tracking the creation of the cuisine and their ingredient source, we will pay homage to the workshop specializing in traditional cooking wares that are still being handcrafted as they were in the olden days.
	<上食堂> (本地资讯节目)(重)	节目让观众大快朵颐之际,也深入了解这些美食背后各个幕后英雄是如何让眼前的美食发扬光大。除了介绍各个厨师、馆子是如何使出十八般武艺烹煮美食外,节目也会将镜头转向养殖场、捕捞过程及相关行业,让观众更全面和深入的了解,这些美食的过去、现在甚至将来!
1:00 PM	Ladies' Nite (R) (Local Variety)	Ladies' Nite brings you the trendiest tips on beauty, fashion, health, fitness and cooking. Join sassy hosts Michelle Chong & Vivian Lai in this unprecedented 90-min weekly magazine talk-show as they meet dazzling celebrity guests and experts from various fields to share personal experiences and demonstrate handy tips.
	<女人聚乐部> (本地综艺节目)(重)	由庄米雪和赖怡伶主持的时尚谈话性节目里,将会分享女人都关心的生活话题,包括时尚潮流、化妆护肤、运动养生、简易烹饪法等等。在每集90分钟的节目里也会邀请明星嘉宾与专题达人和大家分享并示范实用的常识和资讯小贴士。
2:30 PM	Dynamic Chef (Dual Sound - 2nd track in Japanese)(Chinese Subtitles) (Variety)	This cooking programme "Dynamic Chef", hosted by Hisamoto Masami, Jun Tamura and Ryo Tamura invites famous chefs to introduce and cook their famous dishes for the invited artistes to sample.
	<花的料理人> (综艺节目)(双声道 - 华日语) (中文字幕)	在每一集的《花的料理人》里,三位主持人久本雅美,田村淳和田村亮将会邀请艺人上节目,和他们一起品尝不同料理的名厨所烹煮的美食。

3:00 PM	Here Comes Ajuma (R) (Eps 56 & 57) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Luo Wulin is an ajuma who slogs very hard to look after her family. One day, when she found out that her husband is having an affair with his ex-lover, she decides to transform herself into an elegant lady, and make use of her wonderful culinary skills to launch a new career as a TV celebrity chef.
	<欧巴桑, 向前冲! > (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	"欧巴桑向前冲"是2007年韩国收视表现最亮眼的家庭喜剧。剧情描述一个全心让老公成为大学教授, 自己却拚了老命在市场开店赚钱的罗武林, 一天发现老公和以前的初恋情人搞外遇之后, 便决定参加电视台所举办的烹饪频道女主播比赛, 要以成功变身来复仇!
5:00 PM	Nothing Is Bigger Than Eat LNY special (Debut) (Variety) <吃饭皇帝大 (首播)> (综艺节目)	
6:00 PM	Four Winged Dinosaur (Info/Education) <四翼恐龙> (资讯节目)	
7:00 PM	Money Week (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态, 让观众能更好地掌握市场走势和投资情报。
7:30 PM	Legend of the Demigods (Ep 19) (English/Chinese Subtitles) (Hongkong Drama)	When Liu Yi realizes that the Dragon Princess has failed to reveal the death of Gandang to his mother-in-law, he is outraged at her dishonesty and chases her away. Tianjun offers to let Caizhi meet Wangyou if she can help her to rein in her four guardians.
	<搜神传> (港剧) (中英文字幕)	当柳毅发现龙女三娘没对婿母坦言敢言已死之事时, 对她再一次说谎感到十分生气, 便将她赶走。天尊对彩芝开出条件, 只要彩芝能帮她收服四名护法, 便让与忘忧相见。
8:30 PM	Legend of the Demigods (Ep 20) (English/Chinese Subtitles) (Hongkong Drama)	Gandang and Yanxi go to the extent of becoming Tianjun's disciples in order to save Caizhi. Tianjun sees that both of them are fond of Caizhi. Caizhi is disappointed with Gandang when she discovers his betrayal of Yuhengzi.
	<搜神传> (港剧) (中英文字幕)	敢当和晏喜为了救彩芝, 不惜拜天尊为师, 甘愿接受任何考验。天尊看出二人喜欢彩芝。彩芝发现敢当出卖玉衡子时, 对他十分失望..

9:30 PM	He's Beautiful (Ep 7) (Dual Sound - 2nd track in Korean)(English Subtitles) (Korean Drama)	Taiqing feels that Meinan falls for Xinyu, he urges her to confide her identity to Xinyu. Meinan meets her brother's best friend while shooting her music video; Taiqing gets jealous when he sees them happily together.
	<原来是美男> (韩剧)(双声道 - 华韩语) (英文字幕)	泰庆以为美男喜欢信禹，劝美男向信禹坦白自己的性别。为了拍摄美男专辑，安社长请泰庆和惠妮一起拍摄，在拍摄时美男遇到自己哥哥的高中好友，两人亲密的样子让泰庆吃醋却又一次次帮美男解决麻烦。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	Million Singer (Variety)	Each episode of Million Singer features different singers challenging for the top prize of NT 300,000. Contestant will have to overcome 10 different categories of songs and be able to complete the missing lyrics for all the songs in order to achieve the top prize.
	<百万大歌星> (综艺节目)	唱歌可换现金! 不比音色, 也不比音准, 而是挑战参赛者的记忆和对歌词的认识。只要唱得出歌词就能轻松赢取高达新台币\$300,000的奖金!
1:00 AM	ToGetHer (R) (Ep 12) (Chinese Subtitles) (Taiwan Drama)	This is a love story beyond imagination. When an agoraphobic girl meets a rinky-dink celebrity, their lives turn topsy-turvy.
	<爱就宅一起> (台湾剧)(重) (中文字幕)	这是个超幻想的恋爱故事。当一个“宅女”遇上了态度傲慢的过气明星，他们的生活就变得乱七八糟，永无宁日。。。
2:30 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Sun, 29 Jan 2012 (Channel U)	
6:00 AM	Home Shopping (Commercial)	
	<购物乐>	
10:00 AM	Million Singer (R) (Variety)	Each episode of Million Singer features different singers challenging for the top prize of NT 300,000. Contestant will have to overcome 10 different categories of songs and be able to complete the missing lyrics for all the songs in order to achieve the top prize.
	<百万大歌星> (综艺节目)(重)	唱歌可换现金! 不比音色, 也不比音准, 而是挑战参赛者的记忆和对歌词的认识。只要唱得出歌词就能轻松赢取高达新台币\$300,000的奖金!

12:00 PM	Making of Dance Dance Dragon (Variety)	
	<《龙众舞》制作特辑之我要拍电影> (综艺节目)	
12:30 PM	On The Beat 5 (R) (Local Variety)	This entertaining new season sees Vivian Lai, Apple Hong, Lee Teng, Jeremy Chan and Yuan Shuai voyage around Asia cities for more interesting finds! U're The Man winner, Kerson Giam joins the team, scouring the island for many more irresistible hotspots, unique hobbies and interesting lifestyle trends.
	<都是大发现> (本地综艺节目)(重)	U频道最长寿的综艺节目又回来啦！这一系列除了继续发现都市里的大小新鲜事，也会远征日本、台湾、韩国和中国，发现当地所有好玩、好吃、好看的！主持人包括李腾、田铭耀、赖怡伶、洪乙心、袁帅，还有《花样型男》冠军严铭德！
1:00 PM	The Money-Maker Recipe (Eps 1 & 2) (English/Chinese Subtitles) (Hongkong Drama)	Jiang Ruzhu is a capable housewife who knows the best bargains in town. Her husband, Huang Zicong is a stockbroker who is afraid to take risks. The gullible couple divulges their neighbours' stock buying habits to Zicong's old flame who is actually a manager at the rival company.
	<师奶股神> (港剧) (中英文字幕)	蒋如珠是一位精明能干的师奶，是富德村众师奶的领袖。蒋的丈夫黄子聪是个杞人忧天的股票经纪。夫妻俩被子聪的前女友顾家珍利用，无意中向新开的敌对证券公司透露富德村居民的投资习性和能力。
3:00 PM	Here Comes Ajuma (R) (Eps 58 & 59) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Luo Wulin is an ajuma who slogs very hard to look after her family. One day, when she found out that her husband is having an affair with his ex-lover, she decides to transform herself into an elegant lady, and make use of her wonderful culinary skills to launch a new career as a TV celebrity chef.
	<欧巴桑，向前冲！> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	"欧巴桑向前冲"是2007年韩国收视表现最亮眼的家庭喜剧。剧情描述一个全心让老公成为大学教授，自己却拚了老命在市场开店赚钱的罗武林，一天发现老公和以前的初恋情人搞外遇之后，便决定参加电视台所举办的烹饪频道女主播比赛，要以成功变身来复仇！
5:00 PM	Stars For A Cause (R) (English Subtitles) (Local Variety)	This heart-warming programme touches on critical issues such as ecological conservation, environmental protection and public welfare. Through these selfless star volunteers, the programme seeks to re-ignite one's compassion and appreciation the simple joy.
	<明星志工队2> (本地综艺节目)(重) (英文字幕)	今年《明星志工队》再次制作8集的节目，每一集同样由明星志工参与各国不同志愿旅行组织的行动，身体力行去关心弱势社群，参与建桥建图书馆等志愿行动，让自己在认识世界的同时，也散播爱心。

6:00 PM	Women Barefoot Solar Engineers (Dual Sound - 2nd Track in English)(Debut) (Info/Education)	
	<赤脚女太阳能工程师 (首播)> (资讯节目)	
7:00 PM	World This Week (Local Info-Ed)	Every week all around the world, there are lots of queer and amusing happenings. Check them out on World This Week and be amazed without leaving your comfortable couch!
	<世界一周> (本地资讯节目)	每一个星期在世界的不同角落都会发生不同有趣或惊奇的事物。《世界一周》带你去探个究竟，让你不出家门也可以增广见闻。
7:30 PM	Legend of the Demigods (Ep 21) (English/Chinese Subtitles) (Hongkong Drama)	Tianjun finds out that Yuhengzi is still alive. She is outraged that Gandang and Yanxi have tricked her and vows to kill them. Gandang gets himself drunk as he misses Caizhi badly. He forbids the villagers from getting married and forces them to hold mourning for Caizhi for three years.
	<搜神传> (港剧) (中英文字幕)	天尊发现她中了敢当和晏喜的计,玉衡子还活着时,十分生气。她誓言要取众人的命。敢当因为思念彩芝而借酒浇愁,更禁止村民成亲,迫令三星镇的村民都为彩芝守孝三年。
8:30 PM	Legend of the Demigods (Ep 22) (Last Episode)(English/Chinese Subtitles) (Hongkong Drama)	Tianjun reveals to Gandang and Yanxi that Caizhi is still alive. She wants both of them to forgo their conscience in exchange for Caizhi's freedom. Caizhi expresses to Wangyou her wish of marrying Yanxi when she knows that she is dying soon.
	<搜神传 (大结局)> (港剧) (中英文字幕)	天尊对敢当、晏喜坦言彩芝仍然生存活着,要他们放弃自己的良知,换取彩芝的自由作为条件。彩芝自知死期已近,向忘忧表示希望嫁予晏喜。
9:15 PM	Material Queen (Ep 10) (English/Chinese Subtitles) (Taiwan Drama)	Chuman bumps into Jiahao at the park but she is not aware that Jiahao is a famous violinist. After learning that Jiahao will produce a MV and Shaxia is the supporting artiste, Chuman offers to be Shaxia's assistant as she wants to approach Jiahao.
	<拜金女王> (台湾剧) (中英文字幕)	楚曼在公园重遇家豪,却不知道家豪已是个世界知名小提琴家。后来楚曼得知家豪将拍摄音乐录像专辑,即自荐当女角莎夏的私人助理,以接近家豪。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.

	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	Money Week (R) (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)(重)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。
12:00 AM	The Making of Viral Factor (Variety)	
	<电影《逆战》制作特辑> (综艺节目)	
12:30 AM	Adventure Clicks (R) (Local Info-Ed)	"Adventure Clicks" is an all new interactive travel program that goes to places where VIEWERS wish to explore. Viewers can dictate not only the countries, but also a particular street, alley, shop, restaurant or even a hill and river. Our U-travellers (Uæ,,â@ç) will do their very best to fulfill the requests. Viewers can even interact with the U-travellers as they travel, through their blog. It's interactive!
	<代你看世界> (本地资讯节目)(重)	《代你看世界》，一个结合了互动元素的全新旅游节目，让观众朋友自行决定他们最想游览的国家。观众不只可以决定U游客的目的地，还可以推荐必访名胜、特色小店，甚至要求他们去探访特殊街道、特别餐馆等等。U游客们将竭尽所能，在异国完成观众的愿望。更棒的是在U游者的旅途中，观众可以透过他们的部落格和他们互动，并且和他们一起完成旅程！
1:30 AM	Food Old Days (R) (Local Info-Ed)	Singapore is heralded as the Food Paradise and Singaporeans' favourite pastime includes searching out for the best hawker and local cuisines in every corner on the island. However, many traditional food fares are now on the brink of vanishing. Many of these stall owners are either old or retiring and found no ones to succeed their businesses- even though they may be thriving.
	<寻找原之味> (本地资讯节目)(重)	新加坡号称美食天堂，新加坡人最喜爱的休闲活动之一就是全岛搜寻最好吃的熟食档、到全岛各角落品尝本地美食。然而，随着时代进步、空间变迁，许多传统美食因为后继无人而渐渐消失，许多传统做法因为科技而渐渐失传... ...
02:00	End of Transmission	
TIME	EVENT	SYNOPSIS

Mon, 30 Jan 2012 (Channel U)		
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	Money Week (R) (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)(重)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。
3:30 PM	Funtastic (R) (Local Variety)	Let your hair down and hop on to Channel U's Funtastic ride to the Land of Smiles! Hosts Lee Teng, Julian Hee, Fiona Xie and Ling Lee will show you the true way of fun and adventure as they uncover the exciting hidden gems in Thailand.
	<太自游> (本地综艺节目)(重)	非一般的旅行，绝对刺激的新体验！李腾，许立桦，谢宛谕和李玲带你探索泰国鲜为人知的旅游宝地，教你如何尽情享受自由旅行之乐，成为一个真正的泰国自游达人！
4:00 PM	Food Apprentice With Ben Yeo (R) (Local Variety)	Let's join celebrity Ben Yeo's tour to Asia to enjoy the delicacies and learn cooking skills and immerse in the region's culture.
	<我的食习日记> (本地综艺节目)(重)	跟随着杨志龙到亚洲各地品尝当地出名的小吃，并有机会学习烹煮，了解每道食品背后蕴含的故事和精神。
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飚歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
6:00 PM	Addicted To Love (Ep 25) (Drama)	This 20-episode drama series depicts the marriages and the careers of four modern ladies, each of whom have different personalities and unique love stories. Main Cast: Guo Feili, Wang Ailing, Ah-Du

	<都市恋人的追逐> (连续剧)	这部长达二十集的时装剧描述四个现代女性的婚姻和事业。她们各有不同性格和爱情故事，充分反映都市生活的真实面貌。 主演：郭妃丽,王爱玲,阿杜
7:00 PM	The Great Queen Seon Deok (Ep 78) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Mi Saeng enters into a secret agreement with a Tang envoy. Bi Dam is worried that Deok Man would think that he's behind the agreement, but Deok Man claims to have trust in him.
	<善德女王> (韩剧)(双声道 - 华韩语) (中英文字幕)	美生以毗县的名义与唐国使臣达成密约。毗县担心德曼误会他，于是急忙向德曼解释。德曼声称相信毗县。
8:00 PM	Guess (Variety)	Tune in as funny man Jacky Wu and pretty host Patty Hou pair up to entertain you. Be prepared to laugh till you drop!
	<你猜你猜你猜猜猜> (综艺节目)	搞笑天王吴宗宪搭配美女主播侯佩岑将连一连串的好节目带给大家。惹笑的内容保证令您笑破肚皮！
9:30 PM	Daddy 101 (Local Info-Ed)	With a reality approach to feature four celebrity daddies, this light-hearted educational programme highlights the different learning points and the highs and lows of an active fatherhood, delivering useful tips while keeping the audience engaged with some of the reality drama. Bite size information will be highlighted for would be parents to take note.
	<爸爸秘笈> (本地资讯节目)	全新实况节目系列，每一集穿插四个明星爸爸（苏智诚、黄炯耀、林明伦、王智国）在育婴和照顾孩子方面所碰到的真实问题，凸显出问题所带来的困扰的麻烦。每一集也会帮助其中一名爸爸解决难题，邀请专家分享秘笈，又或者让爸爸们分享他们如何用自己的方法去解决和处理。
10:00 PM	D.I.E. Again (Ep 1) (Debut)(English/Chinese Subtitles) (PG) (Hongkong Drama)	Yu Zilang reunites with his former colleagues when the senior management decides to reinstate D.I.E. Zilang and Jing Jing are now parents of a baby boy but Jing Jing is bored with being a full-time mum and gets involved in a walking corpse case.
	<古灵精探B (PG) (首播)> (港剧) (中英文字幕)	警队高层决定重组D.I.E.，于子朗、彭美云、谢小凤、张正义再次聚集。子朗和晶晶已有半岁宝宝但晶晶不甘成天在家照顾孩子，两人后来卷入一起尸变案件。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。

11:30 PM	Guess (R) (Variety)	Tune in as funny man Jacky Wu and pretty host Patty Hou pair up to entertain you. Be prepared to laugh till you drop!
	<你猜你猜你猜猜猜> (综艺节目)(重)	搞笑天王吴宗宪搭配美女主播侯佩岑将连一连串的好节目带给大家。惹笑的内容保证令您笑破肚皮！
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	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
2:30 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Tue, 31 Jan 2012 (Channel U)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	City Footprints (R) (Local Info-Ed)	City Footprints is a social documentary series that tells the heartwarming stories of individuals or communities in our city- stories that mirror and reflect how individuals and community responds and reacts to paradigm shifts as a result of rapid social urbanization.
	<城市.生命线> (本地资讯节目)(重)	人们总希望从手掌的生命线看出寿命的长短，但生命线能告诉人们的何止如此？每一条生命线诉说的是不同的人生故事。

3:30 PM	Guess (R) (Variety)	A refreshing combination of hosts -Harlem Yu and Selina will entertain viewers in this rip-roaring Taiwanese variety show with all-new amusing segments guaranteed to tickle your funny bone.
	<我猜我猜我猜猜猜猜> (综艺节目)(重)	由哈林庾澄庆和Selina接棒主持, 全新改版之后的内容继续秉承"猜"的主题, 新增设的单元包括备有"魔鬼道具"惩罚的"假面猜猜猜", 以及陈汉典、纳豆等参与演出的搞笑短剧"没问题剧场", 绝对更加精彩。
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
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7:00 PM	The Great Queen Seon Deok (Ep 79) (PG-Some Violence)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	A boat carries a mysterious chest into Seorabol. The chest has a letter that hints that Bi Dam will be the future king. Chun Chu is assassinated when he leads a troop to search for the origins of the letter.
	<善德女王 (PG-些许暴力画面)> (韩剧)(双声道 - 华韩语) (中英文字幕)	一艘船载着一个箱子抵达徐罗伐, 箱内的信暗示毗昙将成为神国的君王。春秋率领军队前去侦查信的来源, 却遭人暗算, 中箭受伤。
8:00 PM	China's Got Talent (Variety)	Contestants from all over China will go on stage to display what they are capable of. Expect the unexpected as the contestants work hard to impress the audience and the three judges.
	<中国达人秀> (综艺节目)	来自全中国各省份的达人们将一一上台施展他们的浑身解数。且看他们的表演是否能夺得观众及三位评审的认可。
9:00 PM	Food Nation (Last Episode)(Dual Sound - 2nd track in English) (Info/Education)	

	<美食国度 (最后一集)> (资讯节目)(双声道 - 华英语)	
10:00 PM	D.I.E. Again (Ep 2) (PG)(English/Chinese Subtitles) (Hongkong Drama)	Zilang suspects someone had moved the corpse of Zhong Lei and later learns that Zhong Lei's boyfriend, Xiao Qiang, had been strangled to death and had his intestines dug out by an unknown intruder inside the morgue.
	<古灵精探B (PG)> (港剧) (中英文字幕)	子朗认为有人将钟蕾的尸体移去电表房，后来得知其男友萧强被勒死并遭人在停尸房挖出内脏。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
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12:30 AM	Food Nation (R) (Last Episode)(Dual Sound - 2nd track in English) (Info/Education)	
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