

TIME	EVENT	SYNOPSIS
	Thu, 01 Mar 2012 (Channel U)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	Cruel Temptation (R) (Eps 53 & 54) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	When the kind-hearted Encai realizes that she has been betrayed by her most trusted husband and best friend, she is determined to seek revenge by assuming a new identity of another woman.
	<妻子的诱惑> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	具恩才是一个善良和孝顺的家庭主妇。当她被最信任的丈夫和像亲姐妹一般的好朋友背叛之后，就下定决心要复仇。重生的恩才，会以另一个女人的身份，成功地诱惑她的丈夫，和让那些曾经深深伤害过她的人自食其果吗？
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
6:00 PM	Catch Me Now (R) (Ep 18) (English/Chinese Subtitles) (Hongkong Drama)	Cast: Damian Lau as Jack Ko, Joe Ma as Jiang Sir, Idy Chan as Bao Rongrong, Fala Chen as Minnie Hong
	<原来爱上贼> (港剧)(重) (中英文字幕)	刘松仁饰高哲，陈玉莲饰包蓉蓉，马德钟饰江扬，陈法拉饰康美莉
7:00 PM	Iron Daughters In Law (Ep 19) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Yingxin feels that Xinyu is taking her for a ride. Xinyu is furious as he thinks Yingxin is disregarding his feelings for her.
	<不屈的儿媳们(PG)> (韩剧)(双声道 - 华韩语) (中英文字幕)	英心觉得信宇是图新鲜而缠着她。信宇则觉得英心践踏他的真心而感到气愤。
8:00 PM	Stars For A Cause 3 (Info/Education)	In this series, we bring 8 artistes from Singapore and around the region to different parts of the world as part of voluntary corps.
	<明星志工队> (资讯节目)	新系列的《明星志工队》将到以下地区服务：菲律宾，中国，台湾，泰国等，服务的对象包括：有视力障碍的儿童，遭受硫酸袭击的受害者，患有自闭症的青年，不幸踩到地雷而前腿被炸残的大象等。
9:00 PM	Super Taste (Infotainment)	Fun and playful duo of 2moro, Anthony Guo and Angus Guo combs through every possible corner of Taiwan to enjoy delicacies with unimaginable fun that gets you craving for more!

	<食尚玩家> (娱乐资讯节目)	身为一个爱吃、爱旅游的时髦玩家，应该怎么玩才够酷？让两位年轻有活力又爱玩的主持人郭彦均和郭彦甫（2moro）告诉你，就是要"酱"（这样）玩！每一集的节目将带你到台湾各处吃喝玩乐，包你看完之后恨不得飞到台湾去玩！
10:00 PM	D.I.E. Again (Ep 24) (PG)(English/Chinese Subtitles) (Hongkong Drama)	Jing Jing falls into Zhen Xiang Hua's trap and ends up being held captive by him. Zilang takes a risk of losing the chance to return to his body in order to save Jing Jing.
	<古灵精探B (PG)> (港剧) (中英文字幕)	晶晶墮入甄向华的圈套，被甄绑架。子朗决定冒着失去返回身躯的机会去救晶晶。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:50 PM	TesTube (Live) (Variety)	
	<实验视 (现场直播)> (综艺节目)	
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7:00 PM	Iron Daughters In Law (Ep 20) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Shunting lies that she will be going on a two-day trip when she has actually arranged for an abortion. Shunting backs out of the operation eventually. Yanting says she will support Shunting's decision.
	<不屈的儿媳妇(PG)> (韩剧)(双声道 - 华韩语) (中英文字幕)	顺婷骗家人说自己要去旅行两天，但其实是安排到医院堕胎。顺婷到了医院后决定不堕胎。妍婷表示支持。
8:00 PM	LOHAS (Variety)	Join Paige Chua, Ya Hui, Ng Hui & Candyce Toh in defining the LOHAS way of life (Lifestyle of Health and Sustainable living), through environmental and health & fitness themes to discover unique food finds, crowd-drawing activities, fashionably fabulous grooming tips and bites of entertainment scenes in Shanghai and Singapore.

	<乐活好正点> (综艺节目)	由蔡琦慧、许雅慧、黄慧及杜惠娉联手主持，这个全新生活时尚资讯节目将介绍新加坡及上海两个城市里符合健康与环保概念的潮流新鲜事，包括美食、个性小店、美容时装、娱乐艺术等等，展现时下"乐活一族"所崇尚的生活方式。
9:00 PM	Variety Big Brother (Variety)	Jointly hosted by Zhang Fei, Huang Pinyuan and Hong Du La Si, this highly popular Taiwan variety show brings you excellent home entertainment provided by top-notch artistes from all over the world.
	<综艺大哥大> (综艺节目)	由张菲,黄品源与洪都拉斯联合主持，“综艺大哥大”带给您来自世界各地一流艺人所呈献的最佳家庭娱乐。
10:00 PM	D.I.E. Again (Ep 25) (PG)(English/Chinese Subtitles) (Hongkong Drama)	Zilang is held captive by Zhen Xiang Hua who puts Zilang and Jing Jing through a series of death games. Zilang manages to figure out which wire to cut to stop the bomb but his spirit is summoned back to his body, leaving Jing Jing and Zhengyi to face the danger...
	<古灵精探B (PG)> (港剧) (中英文字幕)	子朗和晶晶被甄向华关进密室，两人被迫完成死亡游戏。子朗必须在炸弹爆炸前剪对电线但正当他想出办法时，詹树邦在医院里成功将子朗的魂魄召回身躯，留下晶晶和正义两人解除炸弹。。。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:50 PM	BOSS (Ep 5) (PG)(Dual Sound - 2nd track in Japanese)(English Subtitles) (Japanese Drama)	Osawa Eriko is a beautiful career policewoman who has just returned from training in the U.S. and is appointed as the "boss" of the Special Crimes division which is made up of weirdos from different units of the police force. Initially, she encounters difficulties managing her subordinates but soon gains the respect of her colleagues with her intelligence.
	<Boss (PG)> (日剧)(双声道 - 华日语) (英文字幕)	从美国回来的大泽绘里子成为警视厅搜查一课的犯罪对策组的boss，但编派到她手下的组员却形态各异。这样一班乌合之众放在一起，着实让大泽头痛，搜查一课对她的部门从没寄予厚望，只需要她应对媒体公关。但大泽却不愿成为被人摆布的木偶，面对这样一班下属与不断发生的案件，她将以身作则，让部下发挥个人特长破获案件。

12:50 AM	LOHAS (R) (Variety)	Join Paige Chua, Ya Hui, Ng Hui & Candyce Toh in defining the LOHAS way of life (Lifestyle of Health and Sustainable living), through environmental and health & fitness themes to discover unique food finds, crowd-drawing activities, fashionably fabulous grooming tips and bites of entertainment scenes in Shanghai and Singapore.
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1:50 AM	Legend Of The Condor Heroes (R) (Eps 18 & 19) (English/Chinese Subtitles) (Chinese Drama)	Guo Jing and Yang Kang who are destined to shoulder the difficult task of righting the wrongs that have been done to their families.
	<射雕英雄传> (中国剧)(重) (中英文字幕)	郭啸天与杨铁心两家惨遭横祸，家破人亡。全真道长丘处机与江南七怪互相约定，分头寻找郭杨两家的后代，并授于武功。十八年后，杨康与郭靖长大成人，各自担负起坎坷艰难的复仇。
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4:50 AM	End of Transmission	
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	Sat, 03 Mar 2012 (Channel U)	
6:00 AM	Home Shopping (Commercial)	
	<购物乐>	
10:00 AM	Guess (R) (Variety)	Funnyman Jacky Wu returns to Guess after eight months! Apart from Wu's usual wackiness, you can also look forward to his new co-host, Petty Hou. Don't miss out on the fun and laughter in the revamped Guess!
	<你猜你猜你猜猜猜> (综艺节目)(重)	经过了8个月的等待，综艺天王吴宗宪又再次回到《我猜》的怀抱了！这次，节目改名为《你猜你猜你猜猜猜》，还请来了即将嫁人的美女主播侯佩岑来与吴宗宪搭档。全新的组合，全新的节目内容，您一定要锁定节目！

11:30 AM	Artistic Journeys (R) (Info/Education)	A meaningful arts program show casing the arts that is in the region. Let's track down eight traditional art forms surrounding us from its influence to how it has evolved to what it is today in Singapore.
	<艺术无国界> (资讯节目)(重)	这是一部揭晓本区域与艺术相关的节目。我们时常以为对艺术的了解很深厚，希望通过此片，我们会发觉我们对文化艺术的认识是有限，尽量学习和交流，使艺术发展更上一层楼。
12:00 PM	Evolution (R) (Local Info-Ed)	Men has taken million of years to evolve to our present state. However, that is not the case for many technological products and even some trades. These products are a necessity now. But not long ago, they are basically unheard of or in the form that young viewers would not recognize. Let "EVOLUTION" reveal how these products have evolved.
	<一起看过去> (本地资讯节目)(重)	物种会依据生存所需,在漫长历史中自然发展出必需的能力及特色。如果此理论套用在我们日常再熟悉不过的用品上,哪会是什么样的晋阶过程?让我们"一起看过去",探索我们熟悉之物品发展的全过程。从物品的发明,到物品经过了时代更迭,不断地顺应时代,改良发展及未来将会出现的新类型等等。
12:30 PM	Food Notes (R) (Local Info-Ed)	This programme let you into some of the closely-guarded trade secrets and the stories of many unsung heroes behind great taste. Besides tracking the creation of the cuisine and their ingredient source, we will pay homage to the workshop specializing in traditional cooking wares that are still being handcrafted as they were in the olden days.
	<上食堂> (本地资讯节目)(重)	节目让观众大快朵颐之际,也深入了解这些美食背后各个幕后英雄是如何让眼前的美食发扬光大。除了介绍各个厨师、馆子是如何使出十八般武艺烹煮美食外,节目也会将镜头转向养殖场、捕捞过程及相关行业,让观众更全面和深入的了解,这些美食的过去、现在甚至将来!
1:00 PM	Who is the No. 1 (R) (Variety)	The three esteemed judges will each select 4 contestants to form a team. The 2 unselected contestants will sadly be eliminated from the show.
	<金牌魔术团> (综艺节目)(重)	在本期节目中,三位魔术评审将从14位参赛者中各自选定四名向自己学习。未被选中的两名参赛者将被淘汰。
2:30 PM	Dynamic Chef (R) (Dual Sound - 2nd track in Japanese)(Chinese Subtitles) (Variety)	This cooking programme "Dynamic Chef", hosted by Hisamoto Masami, Jun Tamura and Ryo Tamura invites famous chefs to introduce and cook their famous dishes for the invited artistes to sample.
	<花的料理人> (综艺节目)(重)(双声道-华日语)(中文字幕)	在每一集的《花的料理人》里,三位主持人久本雅美,田村淳和田村亮将会邀请艺人上节目,和他们一起品尝不同料理的名厨所烹煮的美食。

3:00 PM	Here Comes Ajuma (R) (Eps 74 & 75) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Luo Wulin is an ajuma who slogs very hard to look after her family. One day, when she found out that her husband is having an affair with his ex-lover, she decides to transform herself into an elegant lady, and make use of her wonderful culinary skills to launch a new career as a TV celebrity chef.
	<欧巴桑，向前冲！> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	"欧巴桑向前冲"是2007年韩国收视表现最亮眼的家庭喜剧。剧情描述一个全心让老公成为大学教授，自己却拚了老命在市场开店赚钱的罗武林，一天发现老公和以前的初恋情人搞外遇之后，便决定参加电视台所举办的烹饪频道女主播比赛，要以成功变身来复仇！
5:00 PM	Going Home (R) (English Subtitles) (Local Variety)	Quite a few Singapore celebrities come from across the globe. They left their native homes, packing along with them their dreams and passion to thrive in our local industries. Some of them have already taken roots and settled in, while others are just getting started. Despite being in Singapore, these celebrities still have their homeland in mind, for that is where their families are and a place of their first aspirations. Hosted by Lin Cuifang, who follows some of our local celebrities and personalities in their voyage of "Going Home". What is the uniqueness of their native land? What sort of local good food and delights did they grow up with? All of these will be unveiled when the show returns.
	<回家走走> (本地综艺节目)(重) (英文字幕)	艺人与名人当中有许多过江龙，他们怀抱理想，离乡背井来到新加坡发展事业，在本地发光发热。他们有的已经在此扎根，有的则刚起步，但他们仍心系故乡，因为那里有他们最亲的人和最初的梦。主持人林翠芳将随艺人和名人“回家走走”，看他们成长的地方，和他们的家人会面，沿着他们的成长轨迹，带着观众窥探他们记忆中的点点滴滴。名人的家乡有什么特色？哪些美食是他们从小吃到大的？这些都将在电视上曝光。
6:00 PM	The Mummy Thief (Debut)(PG)(Dual Sound - 2nd track in English) (Info/Education)	
	<木乃伊盗贼 (PG)> (资讯节目)(双声道 - 华英语)	
7:00 PM	Money Week (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。

7:30 PM	Sweetness In The Salt (Ep 15) (English/Chinese Subtitles) (Hongkong Drama)	Tingbi appears on Zian's wedding day. She attacks Zian with a scissor but Zian is saved by Dongping, Shouzheng's adviser. Zhiyuan and Shengxue find something fishy about Fang Sheng's death. They request the coroner to redo the autopsy but cannot make any discovery.
	<碧血盐梟> (港剧) (中英文字幕)	在子安大婚那天, 亭碧突然出现, 更用剪刀袭击子安, 幸好被守正的师爷东平所救。致远与胜雪觉得房升之死有可疑, 特意请仵作再次验尸, 可惜却无发现。
8:30 PM	Sweetness In The Salt (Ep 16) (English/Chinese Subtitles) (Hongkong Drama)	Shouzheng hurts himself while trying to stop Tingbi from jumping into the well. In order to pay the debt of gratitude, Shengxue agrees to marry Tingxuan, help him to secure the Hu family and manage the salt trading house.
	<碧血盐梟> (港剧) (中英文字幕)	守正为了阻止亭碧跳井, 自己反而堕入井中弄伤了腰。胜雪为了报恩, 答应嫁给亭轩, 帮他保住胡家和管理盐栈。
9:30 PM	He's Beautiful (Ep 12) (Dual Sound - 2nd track in Korean)(English Subtitles) (Korean Drama)	Taiqing realizes that Meinan has feeling for him. On the other hand, Huini discovers Xinyu has a crush on Meinan secretly ; she plots to stir things up.
	<原来是美男> (韩剧)(双声道 - 华韩语) (英文字幕)	泰庆发觉美男对他有爱意, 便向她告白。另一面, 惠妮得知信禹也喜欢美男, 便开始盘算着计划对付美男。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》, 在半小时里除深入报道本地与国际要闻, 还有详尽的财经新闻和体坛动态。世界局势与经济动脉, 让大家轻松掌握。
11:30 PM	Million Singer (Variety)	Each episode of Million Singer features different singers challenging for the top prize of NT 300,000. Contestant will have to overcome 10 different categories of songs and be able to complete the missing lyrics for all the songs in order to achieve the top prize.
	<百万大歌星> (综艺节目)	唱歌可换现金! 不比音色, 也不比音准, 而是挑战参赛者的记忆和对歌词的认识。只要唱得出歌词就能轻松赢取高达新台币\$300,000的奖金!
1:00 AM	Hooping Dulcinea (R) (Eps 7 & 8) (English/Chinese Subtitles) (Taiwan Drama)	
	<斗牛, 要不要> (台湾剧)(重) (中英文字幕)	

3:00 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
Sun, 04 Mar 2012 (Channel U)		
6:00 AM	Home Shopping (Commercial)	
	<购物乐>	
10:00 AM	Million Singer (R) (Variety)	Each episode of Million Singer features different singers challenging for the top prize of NT 300,000. Contestant will have to overcome 10 different categories of songs and be able to complete the missing lyrics for all the songs in order to achieve the top prize.
	<百万大歌星> (综艺节目)(重)	唱歌可换现金! 不比音色, 也不比音准, 而是挑战参赛者的记忆和对歌词的认识。只要唱得出歌词就能轻松赢取高达新台币\$300,000的奖金!
11:05 AM	Let's Talk (R) (Infotainment)	Hosted by Lee Teng and Lin Peifen, Let's Talk is back with a new season with more exciting topics! Last season's panel of youths will also visit the campus to check out views from other fellow peers.
	<你在冏什么?!> (娱乐资讯节目)(重)	探讨青少年切身话题的谈话性节目《你在冏什么》再次开班了! 同样由李腾和林佩芬搭档主持, 除了更多精彩的话题, 这次还将有第一系列的冏一班学生担当特派记者, 走入校园收集更多年轻人的心声。
12:00 PM	Korea Delicacies (Info/Education)	
	<韩国好味道> (资讯节目)	
12:30 PM	On The Beat (R) (Local Variety)	This entertaining new season sees Vivian Lai, Apple Hong, Lee Teng, Jeremy Chan and Yuan Shuai voyage around Asia cities for more interesting finds! U're The Man winner, Kerson Giam joins the team, scouring the island for many more irresistible hotspots, unique hobbies and interesting lifestyle trends.
	<都是大发现> (本地综艺节目)(重)	U频道最长寿的综艺节目又回来啦! 这一系列除了继续发现都市里的大小新鲜事, 也会远征日本、台湾、韩国和中国, 发现当地所有好玩、好吃、好看的! 主持人包括李腾、田铭耀、赖怡伶、洪乙心、袁帅, 还有《花样型男》冠军严铭德!
1:00 PM	The Money-Maker Recipe (R) (Eps 11 & 12) (English/Chinese Subtitles) (Hongkong Drama)	Ruzhu takes up several odd jobs in order to pay off her debts and only wishes for her family to stay together but Zicong is adamant about getting a divorce.
	<师奶股神> (港剧)(重) (中英文字幕)	如珠身兼数职努力还债, 只希望能与子聪和好如初, 但子聪坚持与如珠离婚。

3:00 PM	Here Comes Ajuma (R) (Eps 76 & 77) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Luo Wulin is an ajuma who slogs very hard to look after her family. One day, when she found out that her husband is having an affair with his ex-lover, she decides to transform herself into an elegant lady, and make use of her wonderful culinary skills to launch a new career as a TV celebrity chef.
	<欧巴桑, 向前冲! > (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	"欧巴桑向前冲"是2007年韩国收视表现最亮眼的家庭喜剧。剧情描述一个全心让老公成为大学教授, 自己却拚了老命在市场开店赚钱的罗武林, 一天发现老公和以前的初恋情人搞外遇之后, 便决定参加电视台所举办的烹饪频道女主播比赛, 要以成功变身来复仇!
5:00 PM	Diamond Club (R) (Variety)	The highest-rated Taiwan variety programme, hosted by the famous Regine, is now on Channel U! Judged by a panel of "Shrewd tongue" guest artistes, the programme showcase unique talents from all walks of life - magic show, street dance, dog talent performance.
	<钻石夜总会> (综艺节目)(重)	由台湾名嘴利菁主持, 《钻石夜总会》汇集了全台最独特、最叫人惊喜连连的表演节目。从魔术, 杂耍, 舞蹈至狗狗特技表演等, 样样让观众看得目不暇给!
7:00 PM	World This Week (Local Info-Ed)	Every week all around the world, there are lots of queer and amusing happenings. Check them out on World This Week and be amazed without leaving your comfortable couch!
	<世界一周> (本地资讯节目)	每一个星期在世界的不同角落都会发生不同有趣或惊奇的事物。《世界一周》带你去探个究竟, 让你不出家门也可以增广见闻。
7:30 PM	Sweetness In The Salt (Ep 17) (English/Chinese Subtitles) (Hongkong Drama)	Zhiyuan asks Shengxue to elope with him when he finds out that she loves him. Shengxue refuses. Shengxue decides to chase Caidie out of Hu resident as she sows discord there. Shengxue asks for Zhiyuan's help to trade black market salt.
	<碧血盐枭> (港剧) (中英文字幕)	当致远知道胜雪喜欢他后, 便潜入亭轩的新房去找胜雪, 要带她私奔, 却被她拒绝。因彩蝶在胡府搬弄是非, 胜雪决意将她赶出胡府。胜雪找致远, 请他协助自己贩卖私盐。
8:30 PM	Sweetness In The Salt (Ep 18) (English/Chinese Subtitles) (Hongkong Drama)	Zhiyuan is tormented on whether to accept Shengxue's request when he runs into the dejected Tinghui. Zhiyuan advises him to go home. Shouzheng brings Tingbi out and tries to help her face the reality of being dumped by Zian. Tingbi refuses to accept and escapes into a brothel...

	<碧血盐梟> (港剧) (中英文字幕)	致远正苦恼是否要接受胜雪的请求时，却遇上潦倒不堪的亭辉，致远劝他回胡府与家人见面。守正带亭碧出街，欲协助她面对遭子安抛弃的现实，但亭碧不肯接受，并嫌他烦，后来更逃进妓院内...
9:15 PM	Material Queen (Ep 14) (English/Chinese Subtitles) (Taiwan Drama)	Deji agrees to let Chuman stay beside him. However, Chuman has to forget her past, including Jiahao. In the meantime, Chuman's biological mother suffers from a bad liver condition and slips into coma. Chuman decides to donate part of her liver to save her mother.
	<拜金女王> (台湾剧) (中英文字幕)	德基答应让楚曼陪伴左右，但楚曼要忘掉家豪及过去的一切，楚曼同意。另一方面，楚曼的生母因肝病发作昏迷，楚曼决定捐肝救母。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	Money Week (R) (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)(重)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。
12:00 AM	Life's Perfectionists (R) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Info/Education)	There will always be an expert even in the simplest form of jobs. Featuring 3 "experts" in every episode, this Korean infotainment programme presents people of different fields who exceed expectations of their profession.
	<生活达人> (资讯节目)(重)(双声道 - 华韩语) (中英文字幕)	这是一个轻松有趣的韩国资讯娱乐节目，每集介绍3个忠于自己的工作，以致练就了非凡的奇技，到了"达人"境界的平凡百姓。
12:30 AM	Adventure Clicks (R) (Last Episode) (Local Info-Ed)	"Adventure Clicks" is an all new interactive travel program that goes to places where VIEWERS wish to explore. Viewers can dictate not only the countries, but also a particular street, alley, shop, restaurant or even a hill and river. Our U-travellers (Uæ, å@ç) will do their very best to fulfill the requests. Viewers can even interact with the U-travellers as they travel, through their blog. It's interactive!

	<代你看世界 (最后一集)> (本地资讯节目)(重)	《代你看世界》，一个结合了互动元素的全新旅游节目，让观众朋友自行决定他们最想游览的国家。 观众不只可以决定U游客的目的地，还可以推荐必访名胜、特色小店，甚至要求他们去探访特殊街道、特别餐馆等等。 U游客们将竭尽所能，在异国完成观众的愿望。更棒的是在U游者的旅途中，观众可以透过他们的部落格和他们互动，并且和他们一起完成旅程！
1:30 AM	Food Old Days (R) (Local Info-Ed)	Singapore is heralded as the Food Paradise and Singaporeans' favourite pastime includes searching out for the best hawker and local cuisines in every corner on the island. However, many traditional food fares are now on the brink of vanishing. Many of these stall owners are either old or retiring and found no ones to succeed their businesses- even though they may be thriving.
	<寻找原之味> (本地资讯节目)(重)	新加坡号称美食天堂，新加坡人最喜爱的休闲活动之一就是全岛搜寻最好吃的熟食档、到全岛各角落品尝本地美食。然而，随着时代进步、空间变迁，许多传统美食因为后继无人而渐渐消失，许多传统做法因为科技而渐渐失传... ...
2:00 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Mon, 05 Mar 2012 (CHU)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	Money Week (R) (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)(重)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。
3:30 PM	Funtastic (R) (Local Variety)	Let your hair down and hop on to Channel U's Funtastic ride to the Land of Smiles! Hosts Lee Teng, Julian Hee, Fiona Xie and Ling Lee will show you the true way of fun and adventure as they uncover the exciting hidden gems in Thailand.
	<太自游> (本地综艺节目)(重)	非一般的旅行，绝对刺激的新体验！李腾，许立桦，谢宛谕和李玲带你探索泰国鲜为人知的旅游宝地，教你如何尽情享受自由旅行之乐，成为一个真正的泰国自游达人！

4:00 PM	Food Apprentice With Ben Yeo (R) (Local Variety)	Let's join celebrity Ben Yeo's tour to Asia to enjoy the delicacies and learn cooking skills and immerse in the region's culture.
	<我的食习日记> (本地综艺节目)(重)	跟随着杨志龙到亚洲各地品尝当地出名的小吃，并有机会学习烹煮，了解每道食品背后蕴含的故事和精神。
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
6:00 PM	Catch Me Now (R) (Ep 20) (Last Episode)(English/Chinese Subtitles) (Hongkong Drama)	Cast: Damian Lau as Jack Ko, Joe Ma as Jiang Sir, Idy Chan as Bao Rongrong, Fala Chen as Minnie Hong
	<原来爱上贼 (大结局)> (港剧)(重) (中英文字幕)	刘松仁饰高哲，陈玉莲饰包蓉蓉，马德钟饰江扬，陈法拉饰康美莉
7:00 PM	Iron Daughters In Law (Ep 21) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	
	<不屈的儿媳们 (PG)> (韩剧)(双声道 - 华韩语) (中英文字幕)	
8:00 PM	Guess (Variety)	Tune in as funny man Jacky Wu and pretty host Patty Hou pair up to entertain you. Be prepared to laugh till you drop!
	<你猜你猜你猜猜猜> (综艺节目)	搞笑天王吴宗宪搭配美女主播侯佩岑将连一连串的好节目带给大家。惹笑的内容保证令您笑破肚皮！
9:30 PM	Artistic Journeys (Info/Education)	A meaningful arts program show casing the arts that is in the region. Let's track down eight traditional art forms surrounding us from its influence to how it has evolved to what it is today in Singapore.
	<艺术无国界> (资讯节目)	这是一部揭晓本区域与艺术相关的节目。我们时常以为对艺术的了解很深厚，希望通过此片，我们会发觉我们对文化艺术的认识是有限，尽量学习和交流，使艺术发展更上一层楼。

10:00 PM	Show Hand (Ep 1) (Debut)(English Subtitles)(PG-Some Disturbing Scenes) (Local Drama)	
	<注定(首播)(PG-部分画面令人不安)>(本地连续剧)(英文字幕)	
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻>(新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	Guess (Variety)	Tune in as funny man Jacky Wu and pretty host Patty Hou pair up to entertain you. Be prepared to laugh till you drop!
	<你猜你猜你猜猜猜>(综艺节目)	搞笑天王吴宗宪搭配美女主播侯佩岑将连一连串的好节目带给大家。惹笑的内容保证令您笑破肚皮！
1:00 AM	Artistic Journeys (R) (Info/Education)	A meaningful arts program show casing the arts that is in the region. Let's track down eight traditional art forms surrounding us from its influence to how it has evolved to what it is today in Singapore.
	<艺术无国界>(资讯节目)(重)	这是一部揭晓本区域与艺术相关的节目。我们时常以为对艺术的了解很深厚，希望通过此片，我们会发觉我们对文化艺术的认识是有限，尽量学习和交流，使艺术发展更上一层楼。
1:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百>(综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
2:30 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Tue, 06 Mar 2012 (CHU)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	

3:00 PM	GIFTS (R) (Info/Education)	GIFTS, invites outstanding figures well-known to Singaporeans to share about their treasured gifts. Physical objects, or even something as intangible as a piece of earnest instruction, a golden opportunity or a certain personal influence might have played an important part in their lives too.
	<礼物> (资讯节目)(重)	每集邀请一位或两位本地名人，和观众分享他所得到的最好的礼物。礼物可以是有形或无形的；数量以3件为限。
3:30 PM	Guess (R) (Variety)	A refreshing combination of hosts -Harlem Yu and Selina will entertain viewers in this rip-roaring Taiwanese variety show with all-new amusing segments guaranteed to tickle your funny bone.
	<我猜我猜我猜猜猜> (综艺节目)(重)	由哈林庾澄庆和Selina接棒主持，全新改版之后的内容继续秉承"猜"的主题，新增设的单元包括备有"魔鬼道具"惩罚的"假面猜猜猜"，以及陈汉典、纳豆等参与演出的搞笑短剧"没问题剧场"，绝对更加精彩。
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飚歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
6:00 PM	Love Exchange (R) (Ep 1) (English/Chinese Subtitles) (Hongkong Drama)	Cast: Michael Miu as Rao Li Tian, Anita Yuen as Zita Xue Ziyao, Power Chan as Anson Xu, Crystal Tin as Jackie Cheng
	<疑情别恋> (港剧)(重) (中英文字幕)	演出有： 袁咏仪饰薛子瑶，苗侨伟饰饶立天，陈国邦饰徐若愚，田蕊妮饰程傲儿
7:00 PM	Iron Daughters In Law (Ep 22) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	
	<不屈的儿媳们 (PG)> (韩剧)(双声道 - 华韩语) (中英文字幕)	
8:00 PM	The Banquet (Info/Education)	This 8-episode series feature eight different events; eight big feasts all lined up for eight big celebrations!

	<大飨宴> (资讯节目)	《大飨宴》共8集，每一集呈现不一样的节庆或食会 -- 全部8个海外地点的8大飨宴。节目将从整个设宴地点和宴会背景说起，进而聚焦各个人物以及宴会上的特别菜肴。
8:30 PM	Dietary Errors (Info/Education)	A healthy diet is increasingly sought after by the general public that is pursuing a continuous improvement in the standard of living. Find out the dietary misconceptions celebrities hold and how it can be corrected.
	<饮食误区> (资讯节目)	节目在每期里锁定一个健康饮食主题，采用轻松有趣的提问访谈与互动，运用综艺娱乐化的包装为各个年龄阶层的观众，传送丰富实用的饮食信息。
9:00 PM	Extraordinary Asian (Info/Education)	
	<梦捕手> (资讯节目)	
10:00 PM	Show Hand (Ep 2) (PG)(English Subtitles) (Local Drama)	
	<注定 (PG)> (本地连续剧) (英文字幕)	
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	The Banquet (R) (Info/Education)	This 8-episode series feature eight different events; eight big feasts all lined up for eight big celebrations!
	<大飨宴> (资讯节目)(重)	《大飨宴》共8集，每一集呈现不一样的节庆或食会 -- 全部8个海外地点的8大飨宴。节目将从整个设宴地点和宴会背景说起，进而聚焦各个人物以及宴会上的特别菜肴。
12:00 AM	Dietary Errors (R) (Info/Education)	A healthy diet is increasingly sought after by the general public that is pursuing a continuous improvement in the standard of living. Find out the dietary misconceptions celebrities hold and how it can be corrected.
	<饮食误区> (资讯节目)(重)	节目在每期里锁定一个健康饮食主题，采用轻松有趣的提问访谈与互动，运用综艺娱乐化的包装为各个年龄阶层的观众，传送丰富实用的饮食信息。

12:30 AM	Extraordinary Asian (R) (Info/Education)	
	<梦捕手> (资讯节目)(重)	
1:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
2:30 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Wed, 07 Mar 2012 (CHU)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	World This Week (R) (Local Info-Ed)	Every week all around the world, there are lots of queer and amusing happenings. Check them out on World This Week and be amazed without leaving your comfortable couch!
	<世界一周> (本地资讯节目)(重)	每一个星期在世界的不同角落都会发生不同有趣或惊奇的事物。《世界一周》带你去探个究竟，让你不出家门也可以增广见闻。
3:30 PM	Variety Big Brother (R) (Variety)	Jointly hosted by Zhang Fei, Huang Pinyuan and Hong Du La Si, this highly popular Taiwan variety show brings you excellent home entertainment provided by top-notch artistes from all over the world.
	<综艺大哥大> (综艺节目)(重)	由张菲,黄品源与洪都拉斯联合主持,“综艺大哥大”带给您来自世界各地一流艺人所呈献的最佳家庭娱乐。
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。

6:00 PM	Love Exchange (R) (Ep 2) (English/Chinese Subtitles) (Hongkong Drama)	Cast: Michael Miu as Rao Li Tian, Anita Yuen as Zita Xue Ziyao, Power Chan as Anson Xu, Crystal Tin as Jackie Cheng
	<疑情别恋> (港剧)(重) (中英文字幕)	演出有： 袁咏仪饰薛子瑶，苗侨伟饰饶立天，陈国邦饰徐若愚，田蕊妮饰程傲儿
7:00 PM	Iron Daughters In Law (Ep 23) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	
	<不屈的儿媳们 (PG)> (韩剧)(双声道 - 华韩语) (中英文字幕)	
8:00 PM	Super IQ (English Subtitles) (Variety)	Host Lee Teng challenges contestants, viewers and even celebrities including Jeremy Chan, Jeffrey Xu, Sora Ma, Kate Pang, Julie Tan and Rachel Chua with mind-boggling questions in this Channel U's first IQ game show.
	<IQ超人> (综艺节目) (英文字幕)	U频道首创全新智力游戏节目，考验参赛者及观众的空间概念、逻辑推理、算术以及记忆力。除了节目主持人“IQ先生”李腾，每集也将有6到8名年轻艺人参与，包括田铭耀、徐鸣杰、马艺暄、庞蕾馨、陈欣淇、蔡艾珈等等，一起解答IQ难题。
9:00 PM	The Era of Rising to Fame (Debut) (Info/Education)	
	<快红时代 (首播)> (资讯节目)	
9:30 PM	Untamed and Uncut (PG-Some Disturbing Scenes)(Dual Sound - 2nd track in English)(Chinese Subtitles) (Documentary)	Untamed and Uncut brings you the most incredible animal attack encounters ever caught on tape wild, uncensored, raw! Groundbreaking computer graphics will show you exactly what happened.
	<野生动物惊险攻击 (观看指引- 本节目些许画面令人不安)> (纪录片)(双声道 - 华英语) (中文字幕)	野性不剪的镜头前纪录了惊人的动物攻击意外。并透过电脑绘图技术，分解事发的引爆点，还原每个意外的原貌。
9:55 PM	Style Report (Variety)	In this new series we will review the 2012 Spring/Summer collections from all the major fashion brands in the world. Check out what will be the hottest trends in fashion for 2012 and how fashionable Singaporeans can apply it to their daily style.
	<时尚风> (综艺节目)	在这新系列中，我们将会呈现给你2012年世界著名品牌的春夏时装。跟进最热门的时尚趋势。看看时髦的新加坡人如何把这时尚趋势融入自己的个人风格和品味。

10:00 PM	Show Hand (Ep 3) (PG)(English Subtitles) (Local Drama)	
	<注定 (PG)> (本地连续剧) (英文字幕)	
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	Super IQ (R) (English Subtitles) (Variety)	Host Lee Teng challenges contestants, viewers and even celebrities including Jeremy Chan, Jeffrey Xu, Sora Ma, Kate Pang, Julie Tan and Rachel Chua with mind-boggling questions in this Channel U's first IQ game show.
	<IQ超人> (综艺节目)(重) (英文字幕)	U频道首创全新智力游戏节目，考验参赛者及观众的空间概念、逻辑推理、算术以及记忆力。除了节目主持人“IQ先生”李腾，每集也将有6到8名年轻艺人参与，包括田铭耀、徐鸣杰、马艺暄、庞蕾馨、陈欣淇、蔡艾珈等等，一起解答IQ难题。
12:30 AM	The Era of Rising to Fame (R) (Info/Education)	
	<快红时代> (资讯节目)(重)	
1:00 AM	Untamed and Uncut (R) (PG-Some Disturbing Scenes)(Dual Sound - 2nd track in English)(Chinese Subtitles) (Documentary)	Untamed and Uncut brings you the most incredible animal attack encounters ever caught on tape wild, uncensored, raw! Groundbreaking computer graphics will show you exactly what happened.
	<野生动物惊险攻击 (观看指引-本节目些许画面令人不安)> (纪录片)(重)(双声道 - 华英语)(中文字幕)	野性不剪的镜头前纪录了惊人的动物攻击意外。并透过电脑绘图技术，分解事发的引爆点，还原每个意外的原貌。
1:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飚歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
2:30 AM	End of Transmission	
TIME	EVENT	SYNOPSIS

Thu, 08 Mar 2012 (Channel U)		
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	Cruel Temptation (R) (Eps 57 & 58) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	When the kind-hearted Encai realizes that she has been betrayed by her most trusted husband and best friend, she is determined to seek revenge by assuming a new identity of another woman.
	<妻子的诱惑> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	具恩才是一个善良和孝顺的家庭主妇。当她被最信任的丈夫和像亲姐妹一般的好朋友背叛之后，就下定决心要复仇。重生的恩才，会以另一个女人的身份，成功地诱惑她的丈夫，和让那些曾经深深伤害过她的人自食其果吗？
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
6:00 PM	Love Exchange (R) (Ep 3) (English/Chinese Subtitles) (Hongkong Drama)	Cast: Michael Miu as Rao Li Tian, Anita Yuen as Zita Xue Ziyao, Power Chan as Anson Xu, Crystal Tin as Jackie Cheng
	<疑情别恋> (港剧)(重) (中英文字幕)	演出有： 袁咏仪饰薛子瑶，苗侨伟饰饶立天，陈国邦饰徐若愚，田蕊妮饰程傲儿
7:00 PM	Iron Daughters In Law (Ep 24) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Yingxin is angry at Xinyu for not disclosing his identity to her earlier. Xinyu explains that he was worried that Yingxin will keep a distance from him if she knows the truth.
	<不屈的儿媳> (PG) (韩剧)(双声道 - 华韩语) (中英文字幕)	英心气信宇没有跟她坦白身份。信宇解释是因为害怕英心会因为他的身份而跟他保持距离，所以故意隐瞒。
8:00 PM	Stars For A Cause 3 (Info/Education)	In this series, we bring 8 artistes from Singapore and around the region to different parts of the world as part of voluntary corps.
	<明星志工队> (资讯节目)	新系列的《明星志工队》将到以下地区服务：菲律宾，中国，台湾，泰国等，服务的对象包括：有视力障碍的儿童，遭受硫酸袭击的受害者，患有自闭症的青年，不幸踩到地雷而前腿被炸残的大象等。

9:00 PM	Super Taste (Infotainment)	Fun and playful duo of 2moro, Anthony Guo and Angus Guo combs through every possible corner of Taiwan to enjoy delicacies with unimaginable fun that gets you craving for more!
	<食尚玩家-就要酱玩> (娱乐资讯节目)	身为一个爱吃、爱旅游的时髦玩家，应该怎么玩才够酷？让两位年轻有活力又爱玩的主持人郭彦均和郭彦甫（2moro）告诉你，就是要“酱”（这样）玩！每一集的节目将带你到台湾各处吃喝玩乐，包你看完之后恨不得飞到台湾去玩！
10:00 PM	Show Hand (Ep 4) (PG)(English Subtitles) (Local Drama)	
	<注定 (PG)> (本地连续剧) (英文字幕)	
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:50 PM	Stars For A Cause 3 (R) (Info/Education)	In this series, we bring 8 artistes from Singapore and around the region to different parts of the world as part of voluntary corps.
	<明星志工队> (资讯节目)(重)	新系列的《明星志工队》将到以下地区服务：菲律宾，中国，台湾，泰国等，服务的对象包括：有视力障碍的儿童，遭受硫酸袭击的受害者，患有自闭症的青年，不幸踩到地雷而前腿被炸残的大象等。
12:50 AM	Super Taste (R) (Infotainment)	Fun and playful duo of 2moro, Anthony Guo and Angus Guo combs through every possible corner of Taiwan to enjoy delicacies with unimaginable fun that gets you craving for more!
	<食尚玩家-就要酱玩> (娱乐资讯节目)(重)	身为一个爱吃、爱旅游的时髦玩家，应该怎么玩才够酷？让两位年轻有活力又爱玩的主持人郭彦均和郭彦甫（2moro）告诉你，就是要“酱”（这样）玩！每一集的节目将带你到台湾各处吃喝玩乐，包你看完之后恨不得飞到台湾去玩！
1:50 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.

	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飚歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
2:50 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Fri, 09 Mar 2012 (CHU)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	Cruel Temptation (R) (Eps 59 & 60) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	When the kind-hearted Encai realizes that she has been betrayed by her most trusted husband and best friend, she is determined to seek revenge by assuming a new identity of another woman.
	<妻子的诱惑> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	具恩才是一个善良和孝顺的家庭主妇。当她被最信任的丈夫和像亲姐妹一般的好朋友背叛之后，就下定决心要复仇。重生的恩才，会以另一个女人的身份，成功地诱惑她的丈夫，和让那些曾经深深伤害过她的人自食其果吗？
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飚歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
6:00 PM	Love Exchange (R) (Ep 4) (English/Chinese Subtitles) (Hongkong Drama)	Cast: Michael Miu as Rao Li Tian, Anita Yuen as Zita Xue Ziyao, Power Chan as Anson Xu, Crystal Tin as Jackie Cheng
	<疑情别恋> (港剧)(重) (中英文字幕)	演出有： 袁咏仪饰薛子瑤，苗侨伟饰饶立天，陈国邦饰徐若愚，田蕊妮饰程傲儿
7:00 PM	Iron Daughters In Law (Ep 25) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	
	<不屈的儿媳们 (PG)> (韩剧)(双声道 - 华韩语) (中英文字幕)	

8:00 PM	LOHAS (Variety)	Join Paige Chua, Ya Hui, Ng Hui & Candyce Toh in defining the LOHAS way of life (Lifestyle of Health and Sustainable living), through environmental and health & fitness themes to discover unique food finds, crowd-drawing activities, fashionably fabulous grooming tips and bites of entertainment scenes in Shanghai and Singapore.
	<乐活好正点> (综艺节目)	由蔡琦慧、许雅慧、黄慧及杜惠娉联手主持，这个全新生活时尚资讯节目将介绍新加坡及上海两个城市里符合健康与环保概念的潮流新鲜事，包括美食、个性小店、美容时装、娱乐艺术等等，展现时下"乐活一族"所崇尚的生活方式。
9:00 PM	Variety Big Brother (Variety)	Jointly hosted by Zhang Fei, Huang Pinyuan and Hong Du La Si, this highly popular Taiwan variety show brings you excellent home entertainment provided by top-notch artistes from all over the world.
	<综艺大哥大> (综艺节目)	由张菲,黄品源与洪都拉斯联合主持,“综艺大哥大”带给您来自世界各地一流艺人所呈献的最佳家庭娱乐。
10:00 PM	Show Hand (Ep 5) (PG)(English Subtitles) (Local Drama)	
	<注定 (PG)> (本地连续剧) (英文字幕)	
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	BOSS (Ep 6) (PG)(Dual Sound - 2nd track in Japanese)(English Subtitles) (Japanese Drama)	Osawa Eriko is a beautiful career policewoman who has just returned from training in the U.S. and is appointed as the "boss" of the Special Crimes division which is made up of weirdos from different units of the police force. Initially, she encounters difficulties managing her subordinates but soon gains the respect of her colleagues with her intelligence.
	<Boss (PG)> (日剧)(双声道 - 华日语) (英文字幕)	从美国回来的大泽绘里子成为警视厅搜查一课的犯罪对策组的boss, 但编派到她手下的组员却形态各异。这样一班乌合之众放在一起, 着实让大泽头痛, 搜查一课对她的部门从没寄予厚望, 只需要她应对媒体公关。但大泽却不愿成为被人摆布的木偶, 面对这样一班下属与不断发生的案件, 她将以身作则, 让部下发挥个人特长破获案件。

12:30 AM	LOHAS (R) (Variety)	Join Paige Chua, Ya Hui, Ng Hui & Candyce Toh in defining the LOHAS way of life (Lifestyle of Health and Sustainable living), through environmental and health & fitness themes to discover unique food finds, crowd-drawing activities, fashionably fabulous grooming tips and bites of entertainment scenes in Shanghai and Singapore.
	<乐活好正点> (综艺节目)(重)	由蔡琦慧、许雅慧、黄慧及杜惠娉联手主持，这个全新生活时尚资讯节目将介绍新加坡及上海两个城市里符合健康与环保概念的潮流新鲜事，包括美食、个性小店、美容时装、娱乐艺术等等，展现时下"乐活一族"所崇尚的生活方式。
1:30 AM	Legend Of The Condor Heroes (R) (Eps 20 & 21) (English/Chinese Subtitles) (Chinese Drama)	Guo Jing and Yang Kang who are destined to shoulder the difficult task of righting the wrongs that have been done to their families.
	<射雕英雄传> (中国剧)(重) (中英文字幕)	郭啸天与杨铁心两家惨遭横祸，家破人亡。全真道长丘处机与江南七怪互相约定，分头寻找郭杨两家的后代，并授于武功。十八年后，杨康与郭靖长大成人，各自担负起坎坷艰难的复仇。
3:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飚歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
4:30 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Sat, 10 Mar 2012 (CHU)	
6:00 AM	Home Shopping (Commercial)	
	<购物乐>	
10:00 AM	Guess (R) (Variety)	Funnyman Jacky Wu returns to Guess after eight months! Apart from Wu's usual wackiness, you can also look forward to his new co-host, Petty Hou. Don't miss out on the fun and laughter in the revamped Guess!
	<你猜你猜你猜猜猜> (综艺节目)(重)	经过了8个月的等待，综艺天王吴宗宪又再次回到《我猜》的怀抱了！这次，节目改名为《你猜你猜你猜猜猜》，还请来了即将嫁人的美女主播侯佩岑来与吴宗宪搭档。全新的组合，全新的节目内容，您一定要锁定节目！

11:30 AM	Artistic Journeys (R) (Info/Education)	A meaningful arts program show casing the arts that is in the region. Let's track down eight traditional art forms surrounding us from its influence to how it has evolved to what it is today in Singapore.
	<艺术无国界> (资讯节目)(重)	这是一部揭晓本区域与艺术相关的节目。我们时常以为对艺术的了解很深厚，希望通过此片，我们会发觉我们对文化艺术的认识是有限，尽量学习和交流，使艺术发展更上一层楼。
12:00 PM	Evolution (R) (Last Episode) (Local Info-Ed)	Men has taken million of years to evolve to our present state. However, that is not the case for many technological products and even some trades. These products are a necessity now. But not long ago, they are basically unheard of or in the form that young viewers would not recognize. Let "EVOLUTION" reveal how these products have evolved.
	<一起看过去 (最后一集)> (本地资讯节目)(重)	物种会依据生存所需,在漫长历史中自然发展出必需的能力及特色。如果此理论套用在我们日常再熟悉不过的用品上,哪会是什么样的晋阶过程?让我们"一起看过去",探索我们熟悉之物品发展的全过程。从物品的发明,到物品经过了时代更迭,不断地顺应时代,改良发展及未来将会出现的新类型等等。
12:30 PM	Food Notes (R) (Last Episode) (Local Info-Ed)	This programme let you into some of the closely-guarded trade secrets and the stories of many unsung heroes behind great taste. Besides tracking the creation of the cuisine and their ingredient source, we will pay homage to the workshop specializing in traditional cooking wares that are still being handcrafted as they were in the olden days.
	<上食堂 (最后一集)> (本地资讯节目)(重)	节目让观众大快朵颐之际,也深入了解这些美食背后各个幕后英雄是如何让眼前的美食发扬光大。除了介绍各个厨师、馆子是如何使出十八般武艺烹煮美食外,节目也会将镜头转向养殖场、捕捞过程及相关行业,让观众更全面和深入的了解,这些美食的过去、现在甚至将来!
1:00 PM	Who is the No. 1 (R) (Variety)	The three esteemed judges will each select 4 contestants to form a team. The 2 unselected contestants will sadly be eliminated from the show.
	<金牌魔术团> (综艺节目)(重)	在本期节目中,三位魔术评审将从14位参赛者中各自选定四名向自己学习。未被选中的两名参赛者将被淘汰。
2:30 PM	Dynamic Chef (R) (Dual Sound - 2nd track in Japanese)(Chinese Subtitles) (Variety)	This cooking programme "Dynamic Chef", hosted by Hisamoto Masami, Jun Tamura and Ryo Tamura invites famous chefs to introduce and cook their famous dishes for the invited artistes to sample.
	<花的料理人> (综艺节目)(重)(双声道-华日语)(中文字幕)	在每一集的《花的料理人》里,三位主持人久本雅美,田村淳和田村亮将会邀请艺人上节目,和他们一起品尝不同料理的名厨所烹煮的美食。

3:00 PM	Here Comes Ajuma (R) (Eps 78 & 79) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Luo Wulin is an ajuma who slogs very hard to look after her family. One day, when she found out that her husband is having an affair with his ex-lover, she decides to transform herself into an elegant lady, and make use of her wonderful culinary skills to launch a new career as a TV celebrity chef.
	<欧巴桑, 向前冲! > (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	"欧巴桑向前冲"是2007年韩国收视表现最亮眼的家庭喜剧。剧情描述一个全心让老公成为大学教授, 自己却拚了老命在市场开店赚钱的罗武林, 一天发现老公和以前的初恋情人搞外遇之后, 便决定参加电视台所举办的烹饪频道女主播比赛, 要以成功变身来复仇!
5:00 PM	Going Home (R) (Local Variety)	Quite a few Singapore celebrities come from across the globe. They left their native homes, packing along with them their dreams and passion to thrive in our local industries. Some of them have already taken roots and settled in, while others are just getting started. Despite being in Singapore, these celebrities still have their homeland in mind, for that is where their families are and a place of their first aspirations. Hosted by Lin Cuifang, who follows some of our local celebrities and personalities in their voyage of "Going Home". What is the uniqueness of their native land? What sort of local good food and delights did they grow up with? All of these will be unveiled when the show returns.
	<回家走走> (本地综艺节目)(重)	艺人与名人当中有许多过江龙, 他们怀抱理想, 离乡背井来到新加坡发展事业, 在本地发光发热。他们有的已经在此扎根, 有的则刚起步, 但他们仍心系故乡, 因为那里有他们最亲的人和最初的梦。主持人林翠芳将随艺人和名人“回家走走”, 看他们成长的地方, 和他们的家人会面, 沿着他们的成长轨迹, 带着观众窥探他们记忆中的点点滴滴。名人的家乡有什么特色? 哪些美食是他们从小吃到大的? 这些都将在电视上曝光。
6:00 PM	The Icemen : Angadias of India □ (Dual Sound - 2nd track in English)(Debut) (Info/Education)	
	<冰人: 印度的安各迪亚斯(首播)> (资讯节目)(双声道 - 华英语)	
7:00 PM	Money Week (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态, 让观众能更好地掌握市场走势和投资情报。

7:30 PM	Sweetness In The Salt (Ep 19) (English/Chinese Subtitles) (Hongkong Drama) <碧血盐梟> (港剧) (中英文字幕)	
8:30 PM	Sweetness In The Salt (Ep 20) (English/Chinese Subtitles) (Hongkong Drama) <碧血盐梟> (港剧) (中英文字幕)	
9:30 PM	He's Beautiful (Ep 13) (Dual Sound - 2nd track in Korean)(English Subtitles) (Korean Drama) <原来是美男> (韩剧)(双声道 - 华韩语) (英文字幕)	
11:00 PM	News Tonight (News) <晚间新闻> (新闻)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day. U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	Million Singer (Variety) <百万大歌星> (综艺节目)	Each episode of Million Singer features different singers challenging for the top prize of NT 300,000. Contestant will have to overcome 10 different categories of songs and be able to complete the missing lyrics for all the songs in order to achieve the top prize. 唱歌可换现金! 不比音色, 也不比音准, 而是挑战参赛者的记忆和对歌词的认识。只要唱得出歌词就能轻松赢取高达新台币\$300,000的奖金!
1:00 AM	Hooping Dulcinea (R) (Eps 9 & 10) (English/Chinese Subtitles) (Taiwan Drama) <斗牛,要不要> (台湾剧)(重) (中英文字幕)	
3:00 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Sun, 11 Mar 2012 (CHU)	
6:00 AM	Home Shopping (Commercial) <购物乐>	

10:00 AM	Million Singer (R) (Variety)	Each episode of Million Singer features different singers challenging for the top prize of NT 300,000. Contestant will have to overcome 10 different categories of songs and be able to complete the missing lyrics for all the songs in order to achieve the top prize.
	<百万大歌星> (综艺节目)(重)	唱歌可换现金! 不比音色, 也不比音准, 而是挑战参赛者的记忆和对歌词的认识。只要唱得出歌词就能轻松赢取高达新台币\$300,000的奖金!
11:00 AM	Mooncake - Qi Yu Wu's Tohoku Encounters (R) (Info/Education)	
	<朋友 - 玉武探访日本东北> (资讯节目)(重)	
11:30 AM	Mooncake (Drama)	
	<朋友> (连续剧)	
12:30 PM	On The Beat (R) (Local Variety)	This entertaining new season sees Vivian Lai, Apple Hong, Lee Teng, Jeremy Chan and Yuan Shuai voyage around Asia cities for more interesting finds! U're The Man winner, Kerson Giam joins the team, scouring the island for many more irresistible hotspots, unique hobbies and interesting lifestyle trends.
	<都是大发现> (本地综艺节目)(重)	U频道最长寿的综艺节目又回来啦! 这一系列除了继续发现都市里的大小新鲜事, 也会远征日本、台湾、韩国和中国, 发现当地所有好玩、好吃、好看的! 主持人包括李腾、田铭耀、赖怡伶、洪乙心、袁帅, 还有《花样型男》冠军严铭德!
1:00 PM	The Money-Maker Recipe (R) (Eps 13 & 14) (English/Chinese Subtitles) (Hongkong Drama)	
	<师奶股神> (港剧)(重) (中英文字幕)	
3:00 PM	Here Comes Ajuma (R) (Eps 80 & 81) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Luo Wulin is an ajuma who slogs very hard to look after her family. One day, when she found out that her husband is having an affair with his ex-lover, she decides to transform herself into an elegant lady, and make use of her wonderful culinary skills to launch a new career as a TV celebrity chef.
	<欧巴桑, 向前冲! > (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	"欧巴桑向前冲"是2007年韩国收视表现最亮眼的家庭喜剧。剧情描述一个全心让老公成为大学教授, 自己却拚了老命在市场开店赚钱的罗武林, 一天发现老公和以前的初恋情人搞外遇之后, 便决定参加电视台所举办的烹饪频道女主播比赛, 要以成功变身来复仇!

5:00 PM	Diamond Club (R) (Variety)	The highest-rated Taiwan variety programme, hosted by the famous Regine, is now on Channel U! Judged by a panel of "Shrewd tongue" guest artistes, the programme showcase unique talents from all walks of life - magic show, street dance, dog talent performance.
	<钻石夜总会> (综艺节目)(重)	由台湾名嘴利菁主持,《钻石夜总会》汇集了全台最独特、最叫人惊喜连连的表演节目。从魔术,杂耍,舞蹈至狗狗特技表演等,样样让观众看得目不暇给!
7:00 PM	World This Week (Local Info-Ed)	Every week all around the world, there are lots of queer and amusing happenings. Check them out on World This Week and be amazed without leaving your comfortable couch!
	<世界一周> (本地资讯节目)	每一个星期在世界的不同角落都会发生不同有趣或惊奇的事物。《世界一周》带你去探个究竟,让你不出家门也可以增广见闻。
7:30 PM	Sweetness In The Salt (Ep 21) (English/Chinese Subtitles) (Hongkong Drama)	
	<碧血盐梟> (港剧) (中英文字幕)	
8:30 PM	Sweetness In The Salt (Ep 22) (English/Chinese Subtitles) (Hongkong Drama)	
	<碧血盐梟> (港剧) (中英文字幕)	
9:15 PM	Material Queen (Ep 15) (English/Chinese Subtitles) (Taiwan Drama)	
	<拜金女王> (台湾剧) (中英文字幕)	
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》,在半小时里除深入报道本地与国际要闻,还有详尽的财经新闻和体坛动态。世界局势与经济动脉,让大家轻松掌握。
11:30 PM	Money Week (R) (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)(重)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态,让观众能更好地掌握市场走势和投资情报。

12:00 AM	Life's Perfectionists (R) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Info/Education)	There will always be an expert even in the simplest form of jobs. Featuring 3 "experts" in every episode, this Korean infotainment programme presents people of different fields who exceed expectations of their profession.
	<生活达人> (资讯节目)(重)(双声道 - 华韩语) (中英文字幕)	这是一个轻松有趣的韩国资讯娱乐节目，每集介绍3个忠于自己的工作，以致练就了非凡的奇技，到了"达人"境界的平凡百姓。
12:30 AM	The King Of Adventure (R) (Info/Education)	Viewers turn into armchair travellers as our programme host Ah Bu takes you to all the interesting places around the world.
	<冒险王> (资讯节目)(重)	居家也可以旅行—让节目主持阿布，带你周游世界，增广见闻。
1:30 AM	Food Old Days (R) (Local Info-Ed)	Singapore is heralded as the Food Paradise and Singaporeans' favourite pastime includes searching out for the best hawker and local cuisines in every corner on the island. However, many traditional food fares are now on the brink of vanishing. Many of these stall owners are either old or retiring and found no ones to succeed their businesses- even though they may be thriving.
	<寻找原之味> (本地资讯节目)(重)	新加坡号称美食天堂，新加坡人最喜爱的休闲活动之一就是全岛搜寻最好吃的熟食档、到全岛各角落品尝本地美食。然而，随着时代进步、空间变迁，许多传统美食因为后继无人而渐渐消失，许多传统做法因为科技而渐渐失传... ...
2:00 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
Mon, 12 Mar 2012 (Channel U)		
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	Money Week (R) (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)(重)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。
3:30 PM	Funtastic (R) (Last Episode) (Local Variety)	Let your hair down and hop on to Channel U's Funtastic ride to the Land of Smiles! Hosts Lee Teng, Julian Hee, Fiona Xie and Ling Lee will show you the true way of fun and adventure as they uncover the exciting hidden gems in Thailand.

	<太自游 (最后一集)> (本地综艺节目)(重)	非一般的旅行，绝对刺激的新体验！李腾，许立桦，谢宛谕和李玲带你探索泰国鲜为人知的旅游宝地，教你如何尽情享受自由旅行之乐，成为一个真正的泰国自游达人！
4:00 PM	Food Apprentice With Ben Yeo (R) (Last Episode) (Local Variety)	Let's join celebrity Ben Yeo's tour to Asia to enjoy the delicacies and learn cooking skills and immerse in the region's culture.
	<我的食习日记 (最后一集)> (本地综艺节目)(重)	跟随着杨志龙到亚洲各地品尝当地出名的小吃，并有机会学习烹煮，了解每道食品背后蕴含的故事和精神。
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
6:00 PM	Love Exchange (R) (Ep 5) (English/Chinese Subtitles) (Hongkong Drama)	Cast: Michael Miu as Rao Li Tian, Anita Yuen as Zita Xue Ziyao, Power Chan as Anson Xu, Crystal Tin as Jackie Cheng
	<疑情别恋> (港剧)(重) (中英文字幕)	演出有： 袁咏仪饰薛子瑶，苗侨伟饰饶立天，陈国邦饰徐若愚，田蕊妮饰程傲儿
7:00 PM	Iron Daughters In Law (Ep 26) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Shiling belittles Huiyuan on purpose so as to lead Zhenyu to feel more pity for Huiyuan.
	<不屈的儿媳妇 (PG)> (韩剧)(双声道 - 华韩语) (中英文字幕)	世玲故意让振宇看见惠苑服侍她，令振宇更觉得惠苑可怜。
8:00 PM	Guess (Variety)	Tune in as funny man Jacky Wu and pretty host Patty Hou pair up to entertain you. Be prepared to laugh till you drop!
	<你猜你猜你猜猜猜> (综艺节目)	搞笑天王吴宗宪搭配美女主播侯佩岑将连一连串的好节目带给大家。惹笑的内容保证令您笑破肚皮！

9:30 PM	Artistic Journeys (Info/Education)	A meaningful arts program show casing the arts that is in the region. Let's track down eight traditional art forms surrounding us from its influence to how it has evolved to what it is today in Singapore.
	<艺术无国界> (资讯节目)	这是一部揭晓本区域与艺术相关的节目。我们时常以为对艺术的了解很深厚，希望通过此片，我们会发觉我们对文化艺术的认识是有限，尽量学习和交流，使艺术发展更上一层楼。
10:00 PM	Show Hand (Ep 6) (PG)(English Subtitles) (Local Drama)	
	<注定 (PG)> (本地连续剧) (英文字幕)	
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
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	<艺术无国界> (资讯节目)(重)	这是一部揭晓本区域与艺术相关的节目。我们时常以为对艺术的了解很深厚，希望通过此片，我们会发觉我们对文化艺术的认识是有限，尽量学习和交流，使艺术发展更上一层楼。
1:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飚歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
2:30 AM	End of Transmission	

TIME	EVENT	SYNOPSIS
	Tue, 13 Mar 2012 (Channel U)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	GIFTS (R) (Info/Education)	GIFTS, invites outstanding figures well-known to Singaporeans to share about their treasured gifts. Physical objects, or even something as intangible as a piece of earnest instruction, a golden opportunity or a certain personal influence might have played an important part in their lives too.
	<礼物> (资讯节目)(重)	每集邀请一位或两位本地名人，和观众分享他所得到的最好的礼物。礼物可以是有形或无形的；数量以3件为限。
3:30 PM	Guess (R) (Variety)	A refreshing combination of hosts -Harlem Yu and Selina will entertain viewers in this rip-roaring Taiwanese variety show with all-new amusing segments guaranteed to tickle your funny bone.
	<我猜我猜我猜猜猜> (综艺节目)(重)	由哈林庾澄庆和Selina接棒主持，全新改版之后的内容继续秉承"猜"的主题，新增设的单元包括备有"魔鬼道具"惩罚的"假面猜猜猜"，以及陈汉典、纳豆等参与演出的搞笑短剧"没问题剧场"，绝对更加精彩。
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飚歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
6:00 PM	Love Exchange (R) (Ep 6) (English/Chinese Subtitles) (Hongkong Drama)	Cast: Michael Miu as Rao Li Tian, Anita Yuen as Zita Xue Ziyao, Power Chan as Anson Xu, Crystal Tin as Jackie Cheng
	<疑情别恋> (港剧)(重) (中英文字幕)	演出有： 袁咏仪饰薛子瑶，苗侨伟饰饶立天，陈国邦饰徐若愚，田蕊妮饰程傲儿
7:00 PM	Iron Daughters In Law (Ep 27) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Zhenyu is shocked to realize that Yingxin is Xinyu's girlfriend. He advises Xinyu to end his relationship with Yingxin.
	<不屈的儿媳们 (PG)> (韩剧)(双声道 - 华韩语) (中英文字幕)	信宇向振宇介绍英心为他的女友。振宇吃惊，觉得不妥，要信宇放弃英心。

8:00 PM	The Banquet (Info/Education)	This 8-episode series feature eight different events; eight big feasts all lined up for eight big celebrations!
	<大飨宴> (资讯节目)	《大飨宴》共8集，每一集呈现不一样的节庆或食会 -- 全部8个海外地点的8大飨宴。节目将从整个设宴地点和宴会背景说起，进而聚焦各个人物以及宴会上的特别菜肴。
8:30 PM	Dietary Errors (Info/Education)	A healthy diet is increasingly sought after by the general public that is pursuing a continuous improvement in the standard of living. Find out the dietary misconceptions celebrities hold and how it can be corrected.
	<饮食误区> (资讯节目)	节目在每期里锁定一个健康饮食主题，采用轻松有趣的提问访谈与互动，运用综艺娱乐化的包装为各个年龄阶层的观众，传送丰富实用的饮食信息。
9:00 PM	Extraordinary Asian (Info/Education)	Tune in to this programme that showcases the spirit of Asians who fight for their dreams and who put in immense amount of effort for the better good of others.
	<梦捕手> (资讯节目)	本节目将焦点放在一群为梦想而奋斗的亚洲人的身上。且看这些令人敬佩的亚洲人如何将使命而努力。
10:00 PM	Show Hand (Ep 7) (PG)(English Subtitles) (Local Drama)	
	<注定 (PG)> (本地连续剧) (英文字幕)	
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	The Banquet (R) (Info/Education)	This 8-episode series feature eight different events; eight big feasts all lined up for eight big celebrations!
	<大飨宴> (资讯节目)(重)	《大飨宴》共8集，每一集呈现不一样的节庆或食会 -- 全部8个海外地点的8大飨宴。节目将从整个设宴地点和宴会背景说起，进而聚焦各个人物以及宴会上的特别菜肴。

12:00 AM	Dietary Errors (R) (Info/Education)	A healthy diet is increasingly sought after by the general public that is pursuing a continuous improvement in the standard of living. Find out the dietary misconceptions celebrities hold and how it can be corrected.
	<饮食误区> (资讯节目)(重)	节目在每期里锁定一个健康饮食主题，采用轻松有趣的提问访谈与互动，运用综艺娱乐化的包装为各个年龄阶层的观众，传送丰富实用的饮食信息。
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1:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
2:30 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
Wed, 14 Mar 2012 (Channel U)		
11:00 AM	Home Shopping (Commercial)	
	<购物乐> ()	
3:00 PM	World This Week (R) (Local Info-Ed)	Every week all around the world, there are lots of queer and amusing happenings. Check them out on World This Week and be amazed without leaving your comfortable couch!
	<世界一周> (本地资讯节目)(重)	每一个星期在世界的不同角落都会发生不同有趣或惊奇的事物。《世界一周》带你去探个究竟，让你不出家门也可以增广见闻。
3:30 PM	Variety Big Brother (R) (Variety)	Jointly hosted by Zhang Fei, Huang Pinyuan and Hong Du La Si, this highly popular Taiwan variety show brings you excellent home entertainment provided by top-notch artistes from all over the world.
	<综艺大哥大> (综艺节目)(重)	由张菲,黄品源与洪都拉斯联合主持，“综艺大哥大”带给您来自世界各地一流艺人所呈献的最佳家庭娱乐。

5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
6:00 PM	Love Exchange (R) (Ep 7) (English/Chinese Subtitles) (Hongkong Drama)	Cast: Michael Miu as Rao Li Tian, Anita Yuen as Zita Xue Ziyao, Power Chan as Anson Xu, Crystal Tin as Jackie Cheng
	<疑情别恋> (港剧)(重) (中英文字幕)	演出有： 袁咏仪饰薛子瑶，苗侨伟饰饶立天，陈国邦饰徐若愚，田蕊妮饰程傲儿
7:00 PM	Iron Daughters In Law (Ep 28) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Xinyu goes to the Jin family home to ask for the elders' consent to pursue Yingxin, but the Jin family wants to match-make him with Yanting instead.
	<不屈的儿媳们 (PG)> (韩剧)(双声道 - 华韩语) (中英文字幕)	信宇带着礼物上金家，本想征求长辈们的同意追求英心，金家大小却想要撮合他和妍婷。
8:00 PM	Super IQ (English Subtitles) (Variety)	Host Lee Teng challenges contestants, viewers and even celebrities including Jeremy Chan, Jeffrey Xu, Sora Ma, Kate Pang, Julie Tan and Rachel Chua with mind-boggling questions in this Channel U's first IQ game show.
	<IQ超人> (综艺节目) (英文字幕)	U频道首创全新智力游戏节目，考验参赛者及观众的空间概念、逻辑推理、算术以及记忆力。除了节目主持人“IQ先生”李腾，每集也将有6到8名年轻艺人参与，包括田铭耀、徐鸣杰、马艺暄、庞蕾馨、陈欣淇、蔡艾珈等等，一起解答IQ难题。
9:00 PM	Approaching Science (Info/Education)	Hosted by Zhang Tengyue, this documentary expounds on a wide range of topics such as the mysterious cave, prehistoric creature, eight-legged hunter.
	<走近科学> (资讯节目)	在这部纪录片中，主持人张腾岳，试图以科学的方法来探讨和解释，一些稀奇古怪的事物与现象。譬如洞穴疑影，深山角怪，八爪猎手之谜等等。

9:30 PM	Untamed and Uncut (PG-Some Disturbing Scenes)(Dual Sound - 2nd track in English)(Chinese Subtitles) (Documentary)	Untamed and Uncut brings you the most incredible animal attack encounters ever caught on tape wild, uncensored, raw! Groundbreaking computer graphics will show you exactly what happened.
	<野生动物惊险攻击 (观看指引-本节目些许画面令人不安)> (纪录片)(双声道 - 华英语) (中文字幕)	野性不剪的镜头前纪录了惊人的动物攻击意外。并透过电脑绘图技术，分解事发的引爆点，还原每个意外的原貌。
9:55 PM	Style Report (Last Episode) (Variety)	In this new series we will review the 2012 Spring/Summer collections from all the major fashion brands in the world. Check out what will be the hottest trends in fashion for 2012 and how fashionable Singaporeans can apply it to their daily style.
	<时尚风 (最后一集)> (综艺节目)	在这新系列中，我们将会呈现给你2012年世界著名品牌的春夏时装。跟进最热门的时尚趋势。看看时髦的新加坡人如何把这时尚趋势融入自己的个人风格和品味。
10:00 PM	Show Hand (Ep 8) (PG)(English Subtitles) (Local Drama)	
	<注定 (PG)> (本地连续剧) (英文字幕)	
11:00 PM	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
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	<IQ超人> (综艺节目)(重) (英文字幕)	U频道首创全新智力游戏节目，考验参赛者及观众的空间概念、逻辑推理、算术以及记忆力。除了节目主持人“IQ先生”李腾，每集也将有6到8名年轻艺人参与，包括田铭耀、徐鸣杰、马艺暄、庞蕾馨、陈欣淇、蔡艾珈等等，一起解答IQ难题。
12:30 AM	Approaching Science (R) (Info/Education)	Hosted by Zhang Tengyue, this documentary expounds on a wide range of topics such as the mysterious cave, prehistoric creature, eight-legged hunter.
	<走近科学> (资讯节目)(重)	在这部纪录片中，主持人张腾岳，试图以科学的方法来探讨和解释，一些稀奇古怪的事物与现象。譬如洞穴疑影，深山角怪，八爪猎手之谜等等。

1:00 AM	Untamed and Uncut (R) (PG-Some Disturbing Scenes)(Dual Sound - 2nd track in English)(Chinese Subtitles) (Documentary)	Untamed and Uncut brings you the most incredible animal attack encounters ever caught on tape wild, uncensored, raw! Groundbreaking computer graphics will show you exactly what happened.
	<野生动物惊险攻击 (观看指引-本节目些许画面令人不安)> (纪录片)(重)(双声道 - 华英语)(中文字幕)	野性不剪的镜头前纪录了惊人的动物攻击意外。并透过电脑绘图技术，分解事发的引爆点，还原每个意外的原貌。
1:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
2:30 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Thu, 15 Mar 2012 (Channel U)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	Cruel Temptation (R) (Eps 61 & 62) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	When the kind-hearted Encai realizes that she has been betrayed by her most trusted husband and best friend, she is determined to seek revenge by assuming a new identity of another woman.
	<妻子的诱惑> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	具恩才是一个善良和孝顺的家庭主妇。当她被最信任的丈夫和像亲姐妹一般的好朋友背叛之后，就下定决心要复仇。重生的恩才，会以另一个女人的身份，成功地诱惑她的丈夫，和让那些曾经深深伤害过她的人自食其果吗？
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。

6:00 PM	Love Exchange (R) (Ep 8) (English/Chinese Subtitles) (Hongkong Drama)	Cast: Michael Miu as Rao Li Tian, Anita Yuen as Zita Xue Ziyao, Power Chan as Anson Xu, Crystal Tin as Jackie Cheng
	<疑情别恋> (港剧)(重) (中英文字幕)	演出有： 袁咏仪饰薛子瑶，苗侨伟饰饶立天，陈国邦饰徐若愚，田蕊妮饰程傲儿
7:00 PM	Iron Daughters In Law (Ep 29) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Shiling wants to accuse Zhenyu of committing adultery so that she can ask for more alimony in future. She lures Huiyuan to go to Zhenyu's hotel room and arranges for a photographer to take photos of the pair in the room.
	<不屈的儿媳妇 (PG)> (韩剧)(双声道 - 华韩语) (中英文字幕)	世玲为了日后可以争取更多赡养费而故意引惠苑到振宇的酒店房间，然后安排私家侦探拍下他们在房内的画面。
8:00 PM	Stars For A Cause 3 (Info/Education)	In this series, we bring 8 artistes from Singapore and around the region to different parts of the world as part of voluntary corps.
	<明星志工队> (资讯节目)	新系列的《明星志工队》将到以下地区服务：菲律宾，中国，台湾，泰国等，服务的对象包括：有视力障碍的儿童，遭受硫酸袭击的受害者，患有自闭症的青年，不幸踩到地雷而前腿被炸残的大象等。
9:00 PM	Super Taste (Infotainment)	Fun and playful duo of 2moro, Anthony Guo and Angus Guo combs through every possible corner of Taiwan to enjoy delicacies with unimaginable fun that gets you craving for more!
	<食尚玩家-就要酱玩> (娱乐资讯节目)	身为一个爱吃、爱旅游的时髦玩家，应该怎么玩才够酷？让两位年轻有活力又爱玩的主持人郭彦均和郭彦甫（2moro）告诉你，就是要“酱”（这样）玩！每一集的节目将带你到台湾各处吃喝玩乐，包你看完之后恨不得飞到台湾去玩！
10:00 PM	Show Hand (Ep 9) (PG)(English Subtitles) (Local Drama)	
	<注定 (PG)> (本地连续剧) (英文字幕)	
11:00 PM	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	Stars For A Cause 3 (R) (Info/Education)	In this series, we bring 8 artistes from Singapore and around the region to different parts of the world as part of voluntary corps.

	<明星志工队> (资讯节目)(重)	新系列的《明星志工队》将到以下地区服务：菲律宾，中国，台湾，泰国等，服务的对象包括：有视力障碍的儿童，遭受硫酸袭击的受害者，患有自闭症的青年，不幸踩到地雷而前腿被炸残的大象等。
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1:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
2:30 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Fri, 16 Mar 2012 (Channel U)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	Cruel Temptation (R) (Eps 63 & 64) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	When the kind-hearted Encai realizes that she has been betrayed by her most trusted husband and best friend, she is determined to seek revenge by assuming a new identity of another woman.
	<妻子的诱惑> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	具恩才是一个善良和孝顺的家庭主妇。当她被最信任的丈夫和像亲姐妹一般的好朋友背叛之后，就下定决心要复仇。重生的恩才，会以另一个女人的身份，成功地诱惑她的丈夫，和让那些曾经深深伤害过她的人自食其果吗？
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.

	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
6:00 PM	Love Exchange (R) (Ep 9) (English/Chinese Subtitles) (Hongkong Drama)	Cast: Michael Miu as Rao Li Tian, Anita Yuen as Zita Xue Ziyao, Power Chan as Anson Xu, Crystal Tin as Jackie Cheng
	<疑情别恋> (港剧)(重) (中英文字幕)	演出有： 袁咏仪饰薛子瑤，苗侨伟饰饶立天，陈国邦饰徐若愚，田蕊妮饰程傲儿
7:00 PM	Iron Daughters In Law (Ep 30) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Xinyu rolls down a flight of stairs in a bid to protect Yingxin. Yingxin is touched by Xinyu and decides to get together with him.
	<不屈的儿媳们 (PG)> (韩剧)(双声道 - 华韩语) (中英文字幕)	信宇为了保护英心而滚下楼梯。英心被信宇打动，决定鼓起勇气与信宇在一起。
8:00 PM	LOHAS (Variety)	Join Paige Chua, Ya Hui, Ng Hui & Candyce Toh in defining the LOHAS way of life (Lifestyle of Health and Sustainable living), through environmental and health & fitness themes to discover unique food finds, crowd-drawing activities, fashionably fabulous grooming tips and bites of entertainment scenes in Shanghai and Singapore.
	<乐活好正点> (综艺节目)	由蔡琦慧、许雅慧、黄慧及杜惠娉联手主持，这个全新生活时尚资讯节目将介绍新加坡及上海两个城市里符合健康与环保概念的潮流新鲜事，包括美食、个性小店、美容时装、娱乐艺术等等，展现时下"乐活一族"所崇尚的生活方式。
9:00 PM	Variety Big Brother (Variety)	Jointly hosted by Zhang Fei, Huang Pinyuan and Hong Du La Si, this highly popular Taiwan variety show brings you excellent home entertainment provided by top-notch artistes from all over the world.
	<综艺大哥大> (综艺节目)	由张菲、黄品源与洪都拉斯联合主持，“综艺大哥大”带给您来自世界各地一流艺人所呈献的最佳家庭娱乐。
10:00 PM	Show Hand (Ep 10) (PG)(English Subtitles) (Local Drama)	
	<注定 (PG)> (本地连续剧) (英文字幕)	

11:00 PM	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	BOSS (Ep 7) (PG)(Dual Sound - 2nd track in Japanese)(English Subtitles) (Japanese Drama)	Osawa Eriko is a beautiful career policewoman who has just returned from training in the U.S. and is appointed as the "boss" of the Special Crimes division which is made up of weirdos from different units of the police force. Initially, she encounters difficulties managing her subordinates but soon gains the respect of her colleagues with her intelligence.
	<Boss (PG)> (日剧)(双声道 - 华日语)(英文字幕)	从美国回来的大泽绘里子成为警视厅搜查一课的犯罪对策组的boss，但编派到她手下的组员却形态各异。这样一班乌合之众放在一起，着实让大泽头痛，搜查一课对她的部门从没寄予厚望，只需要她应对媒体公关。但大泽却不愿成为被人摆布的木偶，面对这样一班下属与不断发生的案件，她将以身作则，让部下发挥个人特长破获案件。
12:30 AM	LOHAS (R) (Variety)	Join Paige Chua, Ya Hui, Ng Hui & Candyce Toh in defining the LOHAS way of life (Lifestyle of Health and Sustainable living), through environmental and health & fitness themes to discover unique food finds, crowd-drawing activities, fashionably fabulous grooming tips and bites of entertainment scenes in Shanghai and Singapore.
	<乐活好正点> (综艺节目)(重)	由蔡琦慧、许雅慧、黄慧及杜惠娉联手主持，这个全新生活时尚资讯节目将介绍新加坡及上海两个城市里符合健康与环保概念的潮流新鲜事，包括美食、个性小店、美容时装、娱乐艺术等等，展现时下"乐活一族"所崇尚的生活方式。
1:30 AM	Legend Of The Condor Heroes (R) (Eps 22 & 23) (English/Chinese Subtitles) (Chinese Drama)	Guo Jing and Yang Kang who are destined to shoulder the difficult task of righting the wrongs that have been done to their families.
	<射雕英雄传> (中国剧)(重) (中英文字幕)	郭啸天与杨铁心两家惨遭横祸，家破人亡。全真教道长丘处机与江南七怪互相约定，分头寻找郭杨两家的后代，并授于武功。十八年后，杨康与郭靖长大成人，各自担负起坎坷艰难的复仇
3:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.

	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
4:30 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Sat, 17 Mar 2012 (Channel U)	
6:00 AM	Home Shopping (Commercial)	
	<购物乐>	
10:00 AM	Guess (R) (Variety)	Funnyman Jacky Wu returns to Guess after eight months! Apart from Wu's usual wackiness, you can also look forward to his new co-host, Petty Hou. Don't miss out on the fun and laughter in the revamped Guess!
	<你猜你猜你猜猜猜> (综艺节目)(重)	经过了8个月的等待，综艺天王吴宗宪又再次回到《我猜》的怀抱了！这次，节目改名为《你猜你猜你猜猜猜》，还请来了即将嫁人的美女主播侯佩岑来与吴宗宪搭档。全新的组合，全新的节目内容，您一定要锁定节目！
11:30 AM	Artistic Journeys (R) (Info/Education)	A meaningful arts program show casing the arts that is in the region. Let's track down eight traditional art forms surrounding us from its influence to how it has evolved to what it is today in Singapore.
	<艺术无国界> (资讯节目)(重)	这是一部揭晓本区域与艺术相关的节目。我们时常以为对艺术的了解很深厚，希望通过此片，我们会发觉我们对文化艺术的认识是有限，尽量学习和交流，使艺术发展更上一层楼。
12:00 PM	World's No. 1 (R) (Info/Education)	This travelogue programme takes you to places unlisted on conventional tour itineraries.
	<世界第一等> (资讯节目)(重)	与一般的旅游节目不一样，“世界第一等”带你到不一样的地方，见识非一般的景与物。
1:00 PM	Who is the No. 1 (R) (Variety)	The three esteemed judges will each select 4 contestants to form a team. The 2 unselected contestants will sadly be eliminated from the show.
	<金牌魔术团> (综艺节目)(重)	在本期节目中，三位魔术评审将从14位参赛者中各自选定四名向自己学习。未被选中的两名参赛者将被淘汰。

2:30 PM	Dynamic Chef (R) (Dual Sound - 2nd track in Japanese)(Chinese Subtitles) (Variety)	This cooking programme "Dynamic Chef", hosted by Hisamoto Masami, Jun Tamura and Ryo Tamura invites famous chefs to introduce and cook their famous dishes for the invited artistes to sample.
	<花的料理人> (综艺节目)(重)(双声道 - 华日语) (中文字幕)	在每一集的《花的料理人》里，三位主持人久本雅美，田村淳和田村亮将会邀请艺人上节目，和他们一起品尝不同料理的名厨所烹煮的美食。
3:00 PM	Here Comes Ajuma (R) (Eps 82 & 83) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Luo Wulin is an ajuma who slogs very hard to look after her family. One day, when she found out that her husband is having an affair with his ex-lover, she decides to transform herself into an elegant lady, and make use of her wonderful culinary skills to launch a new career as a TV celebrity chef.
	<欧巴桑，向前冲！> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	"欧巴桑向前冲"是2007年韩国收视表现最亮眼的家庭喜剧。剧情描述一个全心让老公成为大学教授，自己却拚了老命在市场开店赚钱的罗武林，一天发现老公和以前的初恋情人搞外遇之后，便决定参加电视台所举办的烹饪频道女主播比赛，要以成功变身来复仇！
5:00 PM	Going Home (R) (English Subtitles) (Local Variety)	Quite a few Singapore celebrities come from across the globe. They left their native homes, packing along with them their dreams and passion to thrive in our local industries. Some of them have already taken roots and settled in, while others are just getting started. Despite being in Singapore, these celebrities still have their homeland in mind, for that is where their families are and a place of their first aspirations. Hosted by Lin Cuifang, who follows some of our local celebrities and personalities in their voyage of "Going Home". What is the uniqueness of their native land? What sort of local good food and delights did they grow up with? All of these will be unveiled when the show returns.
	<回家走走> (本地综艺节目)(重) (英文字幕)	艺人与名人当中有许多过江龙，他们怀抱理想，离乡背井来到新加坡发展事业，在本地发光发热。他们有的已经在此扎根，有的则刚起步，但他们仍心系故乡，因为那里有他们最亲的人和最初的梦。主持人林翠芳将随艺人和名人“回家走走”，看他们成长的地方，和他们的家人会面，沿着他们的成长轨迹，带着观众窥探他们记忆中的点点滴滴。名人的家乡有什么特色？哪些美食是他们从小吃到大的？这些都将在电视上曝光。
6:00 PM	Mother Earth Speaks (Debut)(Dual Sound - 2nd track in English) (Info/Education)	
	<母亲大地说话了 (首播)> (资讯节目)(双声道 - 华英语)	

7:00 PM	Money Week (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。
7:30 PM	Sweetness In The Salt (Ep 23) (English/Chinese Subtitles) (Hongkong Drama)	Shengxue finds out that Zhiyuan and Tingxuan try to give out their loves for her for the sake of the other party. She is very angry and scolds both of them. Yinglong tries to escape from the arresting using Tingxuan as hostage...
	<碧血盐梟> (港剧) (中英文字幕)	当胜雪发现致远及亭轩俩私下对她互相让爱后,十分生气地责骂他们。为了冲出官兵的包围和缉捕,应龙挟持着亭轩逃走...
8:30 PM	Sweetness In The Salt (Ep 24) (English/Chinese Subtitles) (Hongkong Drama)	Shouzheng and Tingbi find the place where Yinglong hides the golds. Shouzheng sends Dongping to look for constables to arrest Yinglong immediately. Tinghui and Xiaoyuan look for Yingyue and apologize to her. He also proposes to Yingyue.
	<碧血盐梟> (港剧) (中英文字幕)	当守正与亭碧发现应龙藏金之处后,守正立刻派东平去找官兵协助缉捕应龙。亭辉与小沅去见映月,并向她道歉承认自己过去的成熟,更求她嫁给自己。
9:30 PM	He's Beautiful (Ep 14) (Dual Sound - 2nd track in Korean)(English Subtitles) (Korean Drama)	Taiqing is infuriated thinking that it is Gemma who snatches away his mother's love. Gemma leaves for Japan as her brother is back to the band. Taiqing feels guilty after realising it is his mother who breaks up Gemme's family.
	<原来是美男> (韩剧)(双声道 - 华韩语) (英文字幕)	泰庆以为美女夺走他的母爱,对美女发火。看到哥哥已回团队,美女默默离开。泰庆发现是母亲破坏了美女的美满家庭,心感惭愧。
11:00 PM	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》,在半小时里除深入报道本地与国际要闻,还有详尽的财经新闻和体坛动态。世界局势与经济动脉,让大家轻松掌握。
11:30 PM	Million Singer (Variety)	Each episode of Million Singer features different singers challenging for the top prize of NT 300,000. Contestant will have to overcome 10 different categories of songs and be able to complete the missing lyrics for all the songs in order to achieve the top prize.

	<百万大歌星> (综艺节目)	唱歌可换现金! 不比音色, 也不比音准, 而是挑战参赛者的记忆和对歌词的认识。只要唱得出歌词就能轻松赢取高达新台币\$300,000的奖金!
1:00 AM	Hooping Dulcinea (R) (Eps 11 & 12) (English/Chinese Subtitles) (Taiwan Drama)	
	<斗牛,要不要> (台湾剧)(重) (中英文字幕)	
3:00 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Sun, 18 Mar 2012 (Channel U)	
6:00 AM	Home Shopping (Commercial)	
	<购物乐>	
10:00 AM	Million Singer (R) (Variety)	Each episode of Million Singer features different singers challenging for the top prize of NT 300,000. Contestant will have to overcome 10 different categories of songs and be able to complete the missing lyrics for all the songs in order to achieve the top prize.
	<百万大歌星> (综艺节目)(重)	唱歌可换现金! 不比音色, 也不比音准, 而是挑战参赛者的记忆和对歌词的认识。只要唱得出歌词就能轻松赢取高达新台币\$300,000的奖金!
11:05 AM	Let's Talk (R) (Infotainment)	Hosted by Lee Teng and Lin Peifen, Let's Talk is back with a new season with more exciting topics! Last season's panel of youths will also visit the campus to check out views from other fellow peers.
	<你在囧什么?! > (娱乐资讯节目)(重)	探讨青少年切身话题的谈话性节目《你在囧什么》再次开班了! 同样由李腾和林佩芬搭档主持, 除了更多精彩的话题, 这次还将有第一系列的囧一班学生担当特派记者, 走入校园收集更多年轻人的心声。
12:00 PM	Wonder Chef 2 - The Grand PK (R) (Local Variety)	In season 2, we put the newly crowned Wonder Chef to the test by inviting the entire nation to come forward and PK the reigning Wonder Chef.
	<我要当食神- PK 版> (本地综艺节目)(重)	16位参赛者和8位艺人将会来踢馆, 挑战上个系列的8位食神, 食神荣衔会否重新洗牌呢?
12:30 PM	On The Beat (R) (Last Episode) (Local Variety)	This entertaining new season sees Vivian Lai, Apple Hong, Lee Teng, Jeremy Chan and Yuan Shuai voyage around Asia cities for more interesting finds! U're The Man winner, Kerson Giam joins the team, scouring the island for many more irresistible hotspots, unique hobbies and interesting lifestyle trends.

	<都是大发现 (最后一集)> (本地综艺节目)(重)	U频道最长寿的综艺节目又回来啦！这一系列除了继续发现都市里的大小新鲜事，也会远征日本、台湾、韩国和中国，发现当地所有好玩、好吃、好看的！主持人包括李腾、田铭耀、赖怡伶、洪乙心、袁帅，还有《花样型男》冠军严铭德！
1:00 PM	The Money-Maker Recipe (R) (Eps 15 & 16) (English/Chinese Subtitles) (Hongkong Drama)	Zhaojing frames Yingshan for illegal possession of drugs, causing her to possibly lose custody of Lele. Zicong overhears Zhaojing and Janet's conversation and learns of their evildoings. Zicong decides to secretly gather evidence of Zhaojing's crimes...
	<师奶股神> (港剧)(重) (中英文字幕)	兆景陷害颖珊服食和窝藏毒品，令司徒联辉有机会争取到乐乐的抚养权。子聪无意偷听到兆景与家珍的谈话，发现两人的恶行，决定偷偷收集兆景的犯罪证据。
3:00 PM	Here Comes Ajuma (R) (Eps 84 & 85) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Luo Wulin is an ajuma who slogs very hard to look after her family. One day, when she found out that her husband is having an affair with his ex-lover, she decides to transform herself into an elegant lady, and make use of her wonderful culinary skills to launch a new career as a TV celebrity chef.
	<欧巴桑，向前冲！> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	"欧巴桑向前冲"是2007年韩国收视表现最亮眼的家庭喜剧。剧情描述一个全心让老公成为大学教授，自己却拚了老命在市场开店赚钱的罗武林，一天发现老公和以前的初恋情人搞外遇之后，便决定参加电视台所举办的烹饪频道女主播比赛，要以成功变身来复仇！
5:00 PM	Diamond Club (R) (Variety)	The highest-rated Taiwan variety programme, hosted by the famous Regine, is now on Channel U! Judged by a panel of "Shrewd tongue" guest artistes, the programme showcase unique talents from all walks of life - magic show, street dance, dog talent performance.
	<钻石夜总会> (综艺节目)(重)	由台湾名嘴利菁主持，《钻石夜总会》汇集了全台最独特、最叫人惊喜连连的表演节目。从魔术，杂耍，舞蹈至狗狗特技表演等，样样让观众看得目不暇给！
7:00 PM	World This Week (Local Info-Ed)	Every week all around the world, there are lots of queer and amusing happenings. Check them out on World This Week and be amazed without leaving your comfortable couch!
	<世界一周> (本地资讯节目)	每一个星期在世界的不同角落都会发生不同有趣或惊奇的事物。《世界一周》带你去探个究竟，让你不出家门也可以增广见闻。

7:30 PM	Sweetness In The Salt (Ep 25) (English/Chinese Subtitles)(Last Episode) (Hongkong Drama)	Yinglong successfully escapes back to Yangzhou. He swears to kill Zhiyuan. Douxiong takes the initiative to help Zhiyuan conceal the secret of the death of Shengxue's parent. Zhiyuan is surprised by this.
	<碧血盐枭 (大结局)> (港剧) (中英文字幕)	应龙成功潜回扬州后，立誓要杀致远。窦雄主动替致远隐瞒胜雪她父母之死的秘密，令致远大感意外。
8:30 PM	The Greatness of a Hero (Ep 1) (Debut)(Chinese Subtitles) (Hongkong Drama)	Wu Zetian finds Lady Qin's corpse floating on the pond. Di Renjie deduces that she was murdered. Prince Wei recommends his son Yanming to investigate on the case, with the intention to prevent Di Renjie from getting credits. Renjie's daughter, Qingluan, volunteers to join in the investigate
	<盛世任杰 (首播)> (港剧) (中文字幕)	武则天在池中发现秦妃的浮尸，狄仁杰凭经验判断其为谋杀，并非意外事件。武则天命他彻查，魏王借机推荐儿子延明将军负责此案，以阻止仁杰立功；仁杰之女青鸾主动请缨帮父亲查案。
9:15 PM	Material Queen (Ep 16) (English/Chinese Subtitles) (Taiwan Drama)	Jiaohao gives Chuman a pair of red shoes as wedding gift. Chuman is touched. In the meantime, Yixian has a chat with Chuman and learns that Chuman deeply loves Jiahao. Chuman finally runs away from her wedding as she does not want to marry Deji after her mother's persuasion.
	<拜金女王> (台湾剧) (中英文字幕)	家豪送楚曼一双红鞋作为结婚礼物，楚曼感动。其间，伊娴约见楚曼，得悉楚曼仍深爱着家豪。后来楚曼经母亲的劝说，在最后一刻决定逃婚，不愿嫁给德基。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	Money Week (R) (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)(重)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。
12:00 AM	Life's Perfectionists (R) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Info/Education)	There will always be an expert even in the simplest form of jobs. Featuring 3 "experts" in every episode, this Korean infotainment programme presents people of different fields who exceed expectations of their profession.

	<生活达人> (资讯节目)(重)(双声道 - 华韩语) (中英文字幕)	这是一个轻松有趣的韩国资讯娱乐节目，每集介绍3个忠于自己的工作，以致练就了非凡的奇技，到了"达人"境界的平凡百姓。
12:30 AM	The King Of Adventure (R) (Info/Education)	Viewers turn into armchair travellers as our programme host Ah Bu takes you to all the interesting places around the world.
	<冒险王> (资讯节目)(重)	居家也可以旅行—让节目主持阿布，带你周游世界，增广见闻。
1:30 AM	Food Old Days (R) (Local Info-Ed)	Singapore is heralded as the Food Paradise and Singaporeans' favourite pastime includes searching out for the best hawker and local cuisines in every corner on the island. However, many traditional food fares are now on the brink of vanishing. Many of these stall owners are either old or retiring and found no ones to succeed their businesses- even though they may be thriving.
	<寻找原之味> (本地资讯节目)(重)	新加坡号称美食天堂，新加坡人最喜爱的休闲活动之一就是全岛搜寻最好吃的熟食档、到全岛各角落品尝本地美食。然而，随着时代进步、空间变迁，许多传统美食因为后继无人而渐渐消失，许多传统做法因为科技而渐渐失传... ...
2:00 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Mon, 19 Mar 2012 (Channel U)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	Money Week (R) (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)(重)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。
3:30 PM	Two On The Road (R) (Travel)	In this series of travelogues, various hosts will be teaming up to share their stories while travelling through different cities around the world.
	<好友移城> (重)	在这系列旅游记事里，每期将有一位艺人明星和好友将与我们分享旅途上的心情写照。
4:00 PM	Isolated, A Story of Survival (R) (Info/Education)	This series of documentaries takes us through nature's way of selecting the strongest species to remain and how species that were isolated millions of years ago due to continental drift had evolved in order to survive.

	<动物之声> (资讯节目)(重)	这部纪录片叙述了动物为了生存所经过的演化过程.
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
6:00 PM	Love Exchange (R) (Ep 10) (English/Chinese Subtitles) (Hongkong Drama)	Cast: Michael Miu as Rao Li Tian, Anita Yuen as Zita Xue Ziyao, Power Chan as Anson Xu, Crystal Tin as Jackie Cheng
	<疑情别恋> (港剧)(重) (中英文字幕)	演出有： 袁咏仪饰薛子瑶，苗侨伟饰饶立天，陈国邦饰徐若愚，田蕊妮饰程傲儿
7:00 PM	Iron Daughters In Law (Ep 31) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Xinyu brings Yingxin to Hongqiu's grave on Hongqiu's birth anniversary to pay their respects. They bump into Shunzi. Xinyu tells Shunzi about his relationship with Yingxin.
	<不屈的儿媳妇 (PG)> (韩剧)(双声道 - 华韩语) (中英文字幕)	弘邱生祭当天，信宇带着英心到弘邱的坟前祭拜，竟碰到顺子。信宇向顺子坦承他与英心正在交往。
8:00 PM	Guess (Variety)	Funnyman Jacky Wu returns to Guess after eight months! Apart from Wu's usual wackiness, you can also look forward to his new co-host, Petty Hou. Don't miss out on the fun and laughter in the revamped Guess!
	<你猜你猜你猜猜猜> (综艺节目)	经过了8个月的等待，综艺天王吴宗宪又再次回到《我猜》的怀抱了！这次，节目改名为《你猜你猜你猜猜猜》，还请来了即将嫁人的美女主播侯佩岑来与吴宗宪搭档。全新的组合，全新的节目内容，您一定要锁定节目！
9:30 PM	Artistic Journeys (Info/Education)	A meaningful arts program show casing the arts that is in the region. Let's track down eight traditional art forms surrounding us from its influence to how it has evolved to what it is today in Singapore.
	<艺术无国界> (资讯节目)	这是一部揭晓本区域与艺术相关的节目。我们时常以为对艺术的了解很深厚，希望通过此片，我们会发觉我们对文化艺术的认识是有限，尽量学习和交流，使艺术发展更上一层楼。

10:00 PM	Show Hand (Ep 11) (PG)(English Subtitles) (Local Drama)	
	<注定 (PG)> (本地连续剧) (英文字幕)	
11:00 PM	News Tonight (News) (Chinese Subtitles)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
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	<你猜你猜你猜猜猜> (综艺节目)(重)	经过了8个月的等待，综艺天王吴宗宪又再次回到《我猜》的怀抱了！这次，节目改名为《你猜你猜你猜猜猜》，还请来了即将嫁人的美女主播侯佩岑来与吴宗宪搭档。全新的组合，全新的节目内容，您一定要锁定节目！
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	<艺术无国界> (资讯节目)(重)	这是一部揭晓本区域与艺术相关的节目。我们时常以为对艺术的了解很深厚，希望通过此片，我们会发觉我们对文化艺术的认识是有限，尽量学习和交流，使艺术发展更上一层楼。
1:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
2:30 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Tue, 20 Mar 2012 (Channel U)	
11:00 AM	Home Shopping (Commercial)	

	<购物乐>	
3:00 PM	GIFTS (R) (Info/Education)	GIFTS, invites outstanding figures well-known to Singaporeans to share about their treasured gifts. Physical objects, or even something as intangible as a piece of earnest instruction, a golden opportunity or a certain personal influence might have played an important part in their lives too.
	<礼物> (资讯节目)(重)	每集邀请一位或两位本地名人，和观众分享他所得到的最好的礼物。礼物可以是有形或无形的；数量以3件为限。
3:30 PM	Guess (R) (Variety)	A refreshing combination of hosts -Harlem Yu and Selina will entertain viewers in this rip-roaring Taiwanese variety show with all-new amusing segments guaranteed to tickle your funny bone.
	<我猜我猜我猜猜猜> (综艺节目)(重)	由哈林庾澄庆和Selina接棒主持，全新改版之后的内容继续秉承"猜"的主题，新增设的单元包括备有"魔鬼道具"惩罚的"假面猜猜猜"，以及陈汉典、纳豆等参与演出的搞笑短剧"没问题剧场"，绝对更加精彩。
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飚歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
6:00 PM	Love Exchange (R) (Ep 11) (English/Chinese Subtitles) (Hongkong Drama)	Cast: Michael Miu as Rao Li Tian, Anita Yuen as Zita Xue Ziyao, Power Chan as Anson Xu, Crystal Tin as Jackie Cheng
	<疑情别恋> (港剧)(重) (中英文字幕)	演出有： 袁咏仪饰薛子瑶，苗侨伟饰饶立天，陈国邦饰徐若愚，田蕊妮饰程傲儿
7:00 PM	Iron Daughters In Law (Ep 32) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Shunzi is worried that Yingxin will not be readily accepted by Xinyu's family. She wants Xinyu to break up with Yingxin before Yingxin is hurt too deeply.
	<不屈的儿媳们 (PG)> (韩剧)(双声道 - 华韩语) (中英文字幕)	顺子担心信宇和英心的关系不会被信宇的家人接受，所以要信宇在英心受伤害之前结束与英心的感情。

8:00 PM	The Banquet (Info/Education)	This 8-episode series feature eight different events; eight big feasts all lined up for eight big celebrations!
	<大飨宴> (资讯节目)	《大飨宴》共8集，每一集呈现不一样的节庆或食会 -- 全部8个海外地点的8大飨宴。节目将从整个设宴地点和宴会背景说起，进而聚焦各个人物以及宴会上的特别菜肴。
8:30 PM	Dietary Errors (R) (Info/Education)	A healthy diet is increasingly sought after by the general public that is pursuing a continuous improvement in the standard of living. Find out the dietary misconceptions celebrities hold and how it can be corrected.
	<饮食误区> (资讯节目)(重)	节目在每期里锁定一个健康饮食主题，采用轻松有趣的提问访谈与互动，运用综艺娱乐化的包装为各个年龄阶层的观众，传送丰富实用的饮食信息。
9:00 PM	Extraordinary Asian (Info/Education)	Tune in to this programme that showcases the spirit of Asians who fight for their dreams and who put in immense amount of effort for the better good of others.
	<梦捕手> (资讯节目)	本节目将焦点放在一群为梦想而奋斗的亚洲人的身上。且看这些令人敬佩的亚洲人如何将使命而努力。
10:00 PM	Show Hand (Ep 12) (PG)(English Subtitles) (Local Drama)	
	<注定 (PG)> (本地连续剧) (英文字幕)	
11:00 PM	News Tonight (News) (Chinese Subtitles)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	The Banquet (R) (Info/Education)	This 8-episode series feature eight different events; eight big feasts all lined up for eight big celebrations!
	<大飨宴> (资讯节目)(重)	《大飨宴》共8集，每一集呈现不一样的节庆或食会 -- 全部8个海外地点的8大飨宴。节目将从整个设宴地点和宴会背景说起，进而聚焦各个人物以及宴会上的特别菜肴。
12:00 AM	Dietary Errors (R) (Info/Education)	A healthy diet is increasingly sought after by the general public that is pursuing a continuous improvement in the standard of living. Find out the dietary misconceptions celebrities hold and how it can be corrected.

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1:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
2:30 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Wed, 21 Mar 2012 (Channel U)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	World This Week (R) (Local Info-Ed)	Every week all around the world, there are lots of queer and amusing happenings. Check them out on World This Week and be amazed without leaving your comfortable couch!
	<世界一周> (本地资讯节目)(重)	每一个星期在世界的不同角落都会发生不同有趣或惊奇的事物。《世界一周》带你去探个究竟，让你不出家门也可以增广见闻。
3:30 PM	Variety Big Brother (R) (Variety)	Jointly hosted by Zhang Fei, Huang Pinyuan and Hong Du La Si, this highly popular Taiwan variety show brings you excellent home entertainment provided by top-notch artistes from all over the world.
	<综艺大哥大> (综艺节目)(重)	由张菲,黄品源与洪都拉斯联合主持，“综艺大哥大”带给您来自世界各地一流艺人所呈献的最佳家庭娱乐。

5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
6:00 PM	Love Exchange (R) (Ep 12) (English/Chinese Subtitles) (Hongkong Drama)	Cast: Michael Miu as Rao Li Tian, Anita Yuen as Zita Xue Ziyao, Power Chan as Anson Xu, Crystal Tin as Jackie Cheng
	<疑情别恋> (港剧)(重) (中英文字幕)	演出有： 袁咏仪饰薛子瑶，苗侨伟饰饶立天，陈国邦饰徐若愚，田蕊妮饰程傲儿
7:00 PM	Iron Daughters In Law (Ep 33) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Zhenyu wants to divorce Shiling as soon as possible. He goes ahead to give away half of his assets to Shiling without his parents' approval.
	<不屈的儿媳们 (PG)> (韩剧)(双声道 - 华韩语) (中英文字幕)	振宇无法忍受世玲对他的无情，于是在未得到父母的同意前，盖章将一半的财产分给世玲，欲迅速离婚。
8:00 PM	Super IQ (English Subtitles) (Variety)	Host Lee Teng challenges contestants, viewers and even celebrities including Jeremy Chan, Jeffrey Xu, Sora Ma, Kate Pang, Julie Tan and Rachel Chua with mind-boggling questions in this Channel U's first IQ game show.
	<IQ超人> (综艺节目) (英文字幕)	U频道首创全新智力游戏节目，考验参赛者及观众的空间概念、逻辑推理、算术以及记忆力。除了节目主持人“IQ先生”李腾，每集也将有6到8名年轻艺人参与，包括田铭耀、徐鸣杰、马艺暄、庞蕾馨、陈欣淇、蔡艾珈等等，一起解答IQ难题。
9:00 PM	The Era of Rising to Fame (Debut) (Documentary)	
	<快红时代 (首播)> (纪录片)	
9:30 PM	Untamed and Uncut (PG-Some Disturbing Scenes)(Dual Sound - 2nd track in English)(Chinese Subtitles) (Documentary)	Untamed and Uncut brings you the most incredible animal attack encounters ever caught on tape wild, uncensored, raw! Groundbreaking computer graphics will show you exactly what happened.
	<野生动物惊险攻击 (观看指引- 本节目些许画面令人不安)> (纪录片)(双声道 - 华英语) (中文字幕)	野性不剪的镜头前纪录了惊人的动物攻击意外。并透过电脑绘图技术，分解事发的引爆点，还原每个意外的原貌。

10:00 PM	Show Hand (Ep 13) (PG)(Last Episode)(English Subtitles) (Local Drama)	
	<注定 (PG) (大结局)> (本地连续剧) (英文字幕)	
11:00 PM	News Tonight (News) (Chinese Subtitles)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	Super IQ (R) (English Subtitles) (Variety)	Host Lee Teng challenges contestants, viewers and even celebrities including Jeremy Chan, Jeffrey Xu, Sora Ma, Kate Pang, Julie Tan and Rachel Chua with mind-boggling questions in this Channel U's first IQ game show.
	<IQ超人> (综艺节目)(重) (英文字幕)	U频道首创全新智力游戏节目，考验参赛者及观众的空间概念、逻辑推理、算术以及记忆力。除了节目主持人“IQ先生”李腾，每集也将有6到8名年轻艺人参与，包括田铭耀、徐鸣杰、马艺暄、庞蕾馨、陈欣淇、蔡艾珈等等，一起解答IQ难题。
12:30 AM	The Era of Rising to Fame (R) (Documentary)	
	<快红时代> (纪录片)(重)	
1:00 AM	Untamed and Uncut (R) (PG-Some Disturbing Scenes)(Dual Sound - 2nd track in English)(Chinese Subtitles) (Documentary)	Untamed and Uncut brings you the most incredible animal attack encounters ever caught on tape wild, uncensored, raw! Groundbreaking computer graphics will show you exactly what happened.
	<野生动物惊险攻击 (观看指引-本节目些许画面令人不安)> (纪录片)(重)(双声道 - 华英语) (中文字幕)	野性不剪的镜头前纪录了惊人的动物攻击意外。并透过电脑绘图技术，分解事发的引爆点，还原每个意外的原貌。
1:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。

2:30 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Thu, 22 Mar 2012 (Channel U)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	Cruel Temptation (R) (Eps 65 & 66) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	When the kind-hearted Encai realizes that she has been betrayed by her most trusted husband and best friend, she is determined to seek revenge by assuming a new identity of another woman.
	<妻子的诱惑> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	具恩才是一个善良和孝顺的家庭主妇。当她被最信任的丈夫和像亲姐妹一般的好朋友背叛之后，就下定决心要复仇。重生的恩才，会以另一个女人的身份，成功地诱惑她的丈夫，和让那些曾经深深伤害过她的人自食其果吗？
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飚歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
6:00 PM	Love Exchange (R) (Ep 13) (English/Chinese Subtitles) (Hongkong Drama)	Cast: Michael Miu as Rao Li Tian, Anita Yuen as Zita Xue Ziyao, Power Chan as Anson Xu, Crystal Tin as Jackie Cheng
	<疑情别恋> (韩剧)(重) (中英文字幕)	演出有： 袁咏仪饰薛子瑶，苗侨伟饰饶立天，陈国邦饰徐若愚，田蕊妮饰程傲儿
7:00 PM	Iron Daughters In Law (Ep 34) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Mingzi passes a sum of money to Shunzi to ask her to get Yingxin to leave Xinyu. Shunzi feels insulted. She wants Xinyu to take the money back. She is taken aback when Xinyu asks her to let him marry Yingxin.
	<不屈的儿媳们> (韩剧)(双声道 - 华韩语) (中英文字幕)	明子拿一笔钱给顺子，要她叫英心离开信宇。顺子觉得被侮辱，要信宇把钱拿回去，并别再出现，信宇却突然开口要顺子让英心嫁给他，顺子错愕。
8:00 PM	Stars For A Cause 3 (Info/Education)	In this series, we bring 8 artistes from Singapore and around the region to different parts of the world as part of voluntary corps.

	<明星志工队> (资讯节目)	新系列的《明星志工队》将到以下地区服务：菲律宾，中国，台湾，泰国等，服务的对象包括：有视力障碍的儿童，遭受硫酸袭击的受害者，患有自闭症的青年，不幸踩到地雷而前腿被炸残的大象等。
9:00 PM	Super Taste (Infotainment)	Fun and playful duo of 2moro, Anthony Guo and Angus Guo combs through every possible corner of Taiwan to enjoy delicacies with unimaginable fun that gets you craving for more!
	<食尚玩家> (娱乐资讯节目)	身为一个爱吃、爱旅游的时髦玩家，应该怎么玩才够酷？让两位年轻有活力又爱玩的主持人郭彦均和郭彦甫（2moro）告诉你，就是要"酱"（这样）玩！每一集的程序将带你到台湾各处吃喝玩乐，包你看完之后恨不得飞到台湾去玩！
10:00 PM	The Shrewd Wife (Ep 1) (Debut)(PG)(English/Chinese Subtitles) (Taiwan Drama)	Basked in the bliss of a happy marriage with a young daughter, Xie An Zen prides herself as a devoted wife who will do anything for her beloved husband, Wen Rui Fan, who works as a senior executive in a big cosmetic firm.
	<犀利人妻 (首播)(PG)> (台湾剧) (中英文字幕)	有个乖巧的小女儿，沉浸于幸福婚姻里的谢安真，愿意为她心爱的丈夫温瑞凡做任何事情。瑞凡事业得意，在一家规模巨大的化妆品公司当高级执行员。
11:00 PM	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	Stars For A Cause 3 (R) (Info/Education)	In this series, we bring 8 artistes from Singapore and around the region to different parts of the world as part of voluntary corps.
	<明星志工队> (资讯节目)(重)	新系列的《明星志工队》将到以下地区服务：菲律宾，中国，台湾，泰国等，服务的对象包括：有视力障碍的儿童，遭受硫酸袭击的受害者，患有自闭症的青年，不幸踩到地雷而前腿被炸残的大象等。
12:30 AM	Super Taste (R) (Infotainment)	Fun and playful duo of 2moro, Anthony Guo and Angus Guo combs through every possible corner of Taiwan to enjoy delicacies with unimaginable fun that gets you craving for more!
	<食尚玩家> (娱乐资讯节目)(重)	身为一个爱吃、爱旅游的时髦玩家，应该怎么玩才够酷？让两位年轻有活力又爱玩的主持人郭彦均和郭彦甫（2moro）告诉你，就是要"酱"（这样）玩！每一集的程序将带你到台湾各处吃喝玩乐，包你看完之后恨不得飞到台湾去玩！

1:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
02:30	End of Transmission	
TIME	EVENT	SYNOPSIS
	Fri, 23 Mar 2012 (Channel U)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	Cruel Temptation (R) (Eps 67 & 68) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	When the kind-hearted Encai realizes that she has been betrayed by her most trusted husband and best friend, she is determined to seek revenge by assuming a new identity of another woman.
	<妻子的诱惑> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	具恩才是一个善良和孝顺的家庭主妇。当她被最信任的丈夫和像亲姐妹一般的好朋友背叛之后，就下定决心要复仇。重生的恩才，会以另一个女人的身份，成功地诱惑她的丈夫，和让那些曾经深深伤害过她的人自食其果吗？
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
6:00 PM	Love Exchange (R) (Ep 14) (English/Chinese Subtitles) (Hongkong Drama)	Cast: Michael Miu as Rao Li Tian, Anita Yuen as Zita Xue Ziyao, Power Chan as Anson Xu, Crystal Tin as Jackie Cheng
	<疑情别恋> (港剧)(重) (中英文字幕)	演出有： 袁咏仪饰薛子瑶，苗侨伟饰饶立天，陈国邦饰徐若愚，田蕊妮饰程傲儿

7:00 PM	Iron Daughters In Law (Ep 35) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Mo-nv wants Yingxin to leave the family house after she found out about Yingxin and Xinyu's relationship. She wants Yingxin to leave the family house. The members of the Jin family vote against Mo-nv throwing Yingxin out of the house.
	<不屈的儿媳妇 (PG)> (韩剧)(双声道 - 华韩语) (中英文字幕)	末女发现英心与信宇的关系后非常激动，觉得英心不孝，要她搬走。金家召开家庭会议，众人反对末女将英心赶出满月堂。
8:00 PM	LOHAS (Variety)	Join Paige Chua, Ya Hui, Ng Hui & Candyce Toh in defining the LOHAS way of life (Lifestyle of Health and Sustainable living), through environmental and health & fitness themes to discover unique food finds, crowd-drawing activities, fashionably fabulous grooming tips and bites of entertainment scenes in Shanghai and Singapore.
	<乐活好正点> (综艺节目)	由蔡琦慧、许雅慧、黄慧及杜惠娉联手主持，这个全新生活时尚资讯节目将介绍新加坡及上海两个城市里符合健康与环保概念的潮流新鲜事，包括美食、个性小店、美容时装、娱乐艺术等等，展现时下"乐活一族"所崇尚的生活方式。
9:00 PM	Variety Big Brother (Variety)	Jointly hosted by Zhang Fei, Huang Pinyuan and Hong Du La Si, this highly popular Taiwan variety show brings you excellent home entertainment provided by top-notch artistes from all over the world.
	<综艺大哥大> (综艺节目)	由张菲,黄品源与洪都拉斯联合主持，“综艺大哥大”带给您来自世界各地一流艺人所呈献的最佳家庭娱乐。
10:00 PM	The Shrewd Wife (Ep 2) (PG)(English/Chinese Subtitles) (Taiwan Drama)	Li Wei En, a distant cousin of An Zen, returns to Taiwan from the States to look for a job. On her mother's request, An Zen reluctantly takes Wei En in as a temporary lodger, not knowing that she is embracing a time-bomb that will blow her up later on.
	<犀利人妻 (PG)> (台湾剧) (中英文字幕)	远房表妹黎薇恩大学毕业，从美国回台湾找工作。虽不是很愿意，在母亲的安排下，薇恩住进了谢安真的家里。一颗计时炸弹，就这样等候在安真的面前引爆。
11:00 PM	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。

11:30 PM	BOSS (Ep 8) (PG)(Dual Sound - 2nd track in Japanese)(English Subtitles) (Japanese Drama)	Osawa Eriko is a beautiful career policewoman who has just returned from training in the U.S. and is appointed as the "boss" of the Special Crimes division which is made up of weirdos from different units of the police force. Initially, she encounters difficulties managing her subordinates but soon gains the respect of her colleagues with her intelligence.
	<Boss (PG)> (日剧)(双声道 - 华日语)(英文字幕)	从美国回来的大泽绘里子成为警视厅搜查一课的犯罪对策组的boss, 但编派到她手下的组员却形态各异。这样一班乌合之众放在一起, 着实让大泽头痛, 搜查一课对她的部门从没寄予厚望, 只需要她应对媒体公关。但大泽却不愿成为被人摆布的木偶, 面对这样一班下属与不断发生的案件, 她将以身作则, 让部下发挥个人特长破获案件。
12:30 AM	LOHAS (R) (Variety)	Join Paige Chua, Ya Hui, Ng Hui & Candyce Toh in defining the LOHAS way of life (Lifestyle of Health and Sustainable living), through environmental and health & fitness themes to discover unique food finds, crowd-drawing activities, fashionably fabulous grooming tips and bites of entertainment scenes in Shanghai and Singapore.
	<乐活好正点> (综艺节目)(重)	由蔡琦慧、许雅慧、黄慧及杜惠娉联手主持, 这个全新生活时尚资讯节目将介绍新加坡及上海两个城市里符合健康与环保概念的潮流新鲜事, 包括美食、个性小店、美容时装、娱乐艺术等等, 展现时下"乐活一族"所崇尚的生活方式。
1:30 AM	Legend Of The Condor Heroes (R) (Eps 24 & 25) (English/Chinese Subtitles) (Chinese Drama)	Guo Jing and Yang Kang who are destined to shoulder the difficult task of righting the wrongs that have been done to their families.
	<射雕英雄传> (中国剧)(重)(中英文字幕)	郭啸天与杨铁心两家惨遭横祸, 家破人亡。全真教道长丘处机与江南七怪互相约定, 分头寻找郭杨两家的后代, 并授于武功。十八年后, 杨康与郭靖长大成人, 各自担负起坎坷艰难的复仇。
3:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息, 掌握偶像歌手最贴身的秘密, 看艺人亲身上阵现场飆歌, 百分百粉听会、艺能发表会等单元, 让你做个百分百的标准粉丝。
04:30	End of Transmission	
TIME	EVENT	SYNOPSIS
	Sat, 24 Mar 2012 (Channel U)	

6:00 AM	Home Shopping (Commercial)	
	<购物乐>	
10:00 AM	Guess (R) (Variety)	Funnyman Jacky Wu returns to Guess after eight months! Apart from Wu's usual wackiness, you can also look forward to his new co-host, Petty Hou. Don't miss out on the fun and laughter in the revamped Guess!
	<你猜你猜你猜猜猜> (综艺节目)(重)	经过了8个月的等待，综艺天王吴宗宪又再次回到《我猜》的怀抱了！这次，节目改名为《你猜你猜你猜猜猜》，还请来了即将嫁人的美女主播侯佩岑来与吴宗宪搭档。全新的组合，全新的节目内容，您一定要锁定节目！
11:30 AM	Artistic Journeys (R) (Info/Education)	A meaningful arts program show casing the arts that is in the region. Let's track down eight traditional art forms surrounding us from its influence to how it has evolved to what it is today in Singapore.
	<艺术无国界> (资讯节目)(重)	这是一部揭晓本区域与艺术相关的节目。我们时常以为对艺术的了解很深厚，希望通过此片，我们会发觉我们对文化艺术的认识是有限，尽量学习和交流，使艺术发展更上一层楼。
12:00 PM	World's No. 1 (R) (Info/Education)	This travelogue programme takes you to places unlisted on conventional tour itineraries.
	<世界第一等> (资讯节目)(重)	与一般的旅游节目不一样，“世界第一等”带你到不一样的地方，见识非一般的景与物。
1:00 PM	Who is the No. 1 (R) (Variety)	The three esteemed judges will each select 4 contestants to form a team. The 2 unselected contestants will sadly be eliminated from the show.
	<金牌魔术团> (综艺节目)(重)	在本期节目中，三位魔术评审将从14位参赛者中各自选定四名向自己学习。未被选中的两名参赛者将被淘汰。
2:30 PM	Dynamic Chef (R) (Dual Sound - 2nd track in Japanese)(Chinese Subtitles) (Variety)	This cooking programme "Dynamic Chef", hosted by Hisamoto Masami, Jun Tamura and Ryo Tamura invites famous chefs to introduce and cook their famous dishes for the invited artistes to sample.
	<花的料理人> (综艺节目)(重)(双声道-华日语)(中文字幕)	在每一集的《花的料理人》里，三位主持人久本雅美，田村淳和田村亮将会邀请艺人上节目，和他们一起品尝不同料理的名厨所烹煮的美食。

3:00 PM	Here Comes Ajuma (R) (Ep 86) (Last Episode)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Luo Wulin is an ajuma who slogs very hard to look after her family. One day, when she found out that her husband is having an affair with his ex-lover, she decides to transform herself into an elegant lady, and make use of her wonderful culinary skills to launch a new career as a TV celebrity chef.
	<欧巴桑, 向前冲! (大结局)> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	"欧巴桑向前冲"是2007年韩国收视表现最亮眼的家庭喜剧。剧情描述一个全心让老公成为大学教授, 自己却拚了老命在市场开店赚钱的罗武林, 一天发现老公和以前的初恋情人搞外遇之后, 便决定参加电视台所举办的烹饪频道女主播比赛, 要以成功变身来复仇!
4:00 PM	Three Brothers (R) (Ep 1) (Dual Sound - 2nd track in Korean)(English Subtitles) (Korean Drama)	What happens when three brothers receive biased love from their parents? A comical sibling rivalry followed by family conflict and love problems, can these odd brothers combat it all and still receive equal love?
	<不像三兄弟> (韩剧)(重)(双声道 - 华韩语) (英文字幕)	当父母厚此薄彼对待三个儿子, 会造成什么样的兄弟之争? 看他们面对亲情和爱情的冲突、互相对付的过程, 绝对轻松惹笑。
5:00 PM	Going Home (R) (Local Variety)	Quite a few Singapore celebrities come from across the globe. They left their native homes, packing along with them their dreams and passion to thrive in our local industries. Some of them have already taken roots and settled in, while others are just getting started. Despite being in Singapore, these celebrities still have their homeland in mind, for that is where their families are and a place of their first aspirations. Hosted by Lin Cuifang, who follows some of our local celebrities and personalities in their voyage of "Going Home". What is the uniqueness of their native land? What sort of local good food and delights did they grow up with? All of these will be unveiled when the show returns.
	<回家走走> (本地综艺节目)(重)	艺人与名人当中有许多过江龙, 他们怀抱理想, 离乡背井来到新加坡发展事业, 在本地发光发热。他们有的已经在此扎根, 有的则刚起步, 但他们仍心系故乡, 因为那里有他们最亲的人和最初的梦。主持人林翠芳将随艺人和名人“回家走走”, 看他们成长的地方, 和他们的家人会面, 沿着他们的成长轨迹, 带着观众窥探他们记忆中的点点滴滴。名人的家乡有什么特色? 哪些美食是他们从小吃到的? 这些都将在电视上曝光。
6:00 PM	26 Hours/ Day (R) (Dual Sound - 2nd track in Japanese)(Chinese Subtitles) (Variety)	
	<超省时生活> (综艺节目)(重)(双声道 - 华日语) (中文字幕)	

7:00 PM	Money Week (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。
7:30 PM	The Greatness of a Hero (Ep 2) (English/Chinese Subtitles) (Hongkong Drama)	Renjie and Yanming interrogate Lady Chu as she is the biggest suspect. She denies agitatedly and chases them away. Yanming knocks Lady Chu off and tries to disguise as she hangs herself to death. Renjie and Qingluan manage to stop him in time.
	<盛世任杰> (港剧) (中英文字幕)	因两妃争宠，秦妃之死楚妃嫌疑最大，仁杰和延明等人前去其寝宫问话，她激动地否认，更赶走众人。夜晚，延明到楚妃寝宫将她打晕，更打算把她扮成上吊畏罪自杀，幸好仁杰与青鸾及时赶到阻止他行凶...
8:30 PM	The Greatness of a Hero (Ep 3) (English/Chinese Subtitles) (Hongkong Drama)	Renjie's mother and wife set up a matchmaking session for Qingluan. Qingluan mistakes Tingyu as the blind date. Tingyu enrolls for imperial martial exam. Su E strongly opposes when she learns about it.
	<盛世任杰> (港剧) (中英文字幕)	狄太夫人和狄夫人带青鸾到庙里相亲;事有凑巧，庭玉与母亲也去祈福，青鸾误会他便是相亲对象。庭玉报考武举，素娥知后,坚决反对。
9:30 PM	He's Beautiful (Ep 15) (Last Episode)(Dual Sound - 2nd track in Korean)(English Subtitles) (Korean Drama)	Gemma attends A N Jell's concert before leaving for Africa. Knowing that Gemma is among the audience, he sings the song that her father composes to stops her from leaving and confesses his love to her.
	<原来是美男 (大结局)> (韩剧)(双声道 - 华韩语) (英文字幕)	美女在另走非洲前，到A.N.JELL的演唱会默默为他们祝福，而泰庆得知美女就在歌迷之中，唱出美女父亲所写的歌呼唤美女，以挽留她，向她示爱。
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	Million Singer (Variety)	Each episode of Million Singer features different singers challenging for the top prize of NT 300,000. Contestant will have to overcome 10 different categories of songs and be able to complete the missing lyrics for all the songs in order to achieve the top prize.

	<百万大歌星> (综艺节目)	唱歌可换现金! 不比音色, 也不比音准, 而是挑战参赛者的记忆和对歌词的认识。只要唱得出歌词就能轻松赢取高达新台币\$300,000的奖金!
1:00 AM	Hooping Dulcinea (R) (Eps 13 & 14) (Chinese Subtitles) (Taiwan Drama)	
	<斗牛,要不要> (台湾剧)(重) (中文字幕)	
3:00 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Sun, 25 Mar 2012 (Channel U)	
6:00 AM	Home Shopping (Commercial)	
	<购物乐>	
10:00 AM	Million Singer (R) (Variety)	Each episode of Million Singer features different singers challenging for the top prize of NT 300,000. Contestant will have to overcome 10 different categories of songs and be able to complete the missing lyrics for all the songs in order to achieve the top prize.
	<百万大歌星> (综艺节目)(重)	唱歌可换现金! 不比音色, 也不比音准, 而是挑战参赛者的记忆和对歌词的认识。只要唱得出歌词就能轻松赢取高达新台币\$300,000的奖金!
11:05 AM	Let's Talk (R) (Infotainment)	Hosted by Lee Teng and Lin Peifen, Let's Talk is back with a new season with more exciting topics! Last season's panel of youths will also visit the campus to check out views from other fellow peers.
	<你在冏什么?! > (娱乐资讯节目)(重)	探讨青少年切身话题的谈话性节目《你在冏什么》再次开班了! 同样由李腾和林佩芬搭档主持, 除了更多精彩的话题, 这次还将有第一系列的冏一班学生担当特派记者, 走入校园收集更多年轻人的心声。
12:00 PM	Wonder Chef 2 - The Grand PK (R) (Local Variety)	In season 2, we put the newly crowned Wonder Chef to the test by inviting the entire nation to come forward and PK the reigning Wonder Chef.
	<我要当食神- PK 版> (本地综艺节目)(重)	16位参赛者和8位艺人将会来踢馆, 挑战上个系列的8位食神, 食神荣衔会否重新洗牌呢?
12:30 PM	Web Rumour Go Go Go (R) (Info/Education)	In this brand new series of Web Rumour Go Go Go, the hosts continue to interview experts and use scientific methods to verify the authenticity of the latest rumours on the Internet.
	<流言追追追> (资讯节目)(重)	小兵(薛纪网)和翁滋蔓再次搜索网上最新的流言, 并以科学的方式进行试验, 为您揭开流言的真假。

1:00 PM	The Money-Maker Recipe (R) (Eps 17 & 18) (English/Chinese Subtitles) (Hongkong Drama)	Ruzhu accidentally uncovers Zhaojing's plan to buy a soy sauce company using illegal money from Zhai who vows to expose Zhaojing's crimes if he fails to repay him. Ruzhu decides to foil Zhaojing's plan to save Zicong. Lele has brain tumour but Yingshan is unable to afford the surgery costs.
	<师奶股神> (港剧)(重) (中英文字幕)	如珠无意间发现兆景向斋哥借黑钱以收购甜甘酱油的股份。斋哥表明如果兆景无法还债，将会揭发兆景的犯罪证据。如珠决定破坏兆景的收购计划。乐乐被诊断有脑肿瘤但颖珊没钱付手术费。。。
3:00 PM	Three Brothers (R) (Eps 2 & 3) (Dual Sound - 2nd track in Korean)(English Subtitles) (Korean Drama)	What happens when three brothers receive biased love from their parents? A comical sibling rivalry followed by family conflict and love problems, can these odd brothers combat it all and still receive equal love?
	<不像三兄弟> (韩剧)(重)(双声道 - 华韩语) (英文字幕)	当父母厚此薄彼对待三个儿子，会造成什么样的兄弟之争？看他们面对亲情和爱情的冲突、互相对付的过程，绝对轻松惹笑。
5:00 PM	Diamond Club (R) (Variety)	The highest-rated Taiwan variety programme, hosted by the famous Regine, is now on Channel U! Judged by a panel of "Shrewd tongue" guest artistes, the programme showcase unique talents from all walks of life - magic show, street dance, dog talent performance.
	<钻石夜总会> (综艺节目)(重)	由台湾名嘴利菁主持，《钻石夜总会》汇集了全台最独特、最叫人惊喜连连的表演节目。从魔术，杂耍，舞蹈至狗狗特技表演等，样样让观众看得目不暇给！
7:00 PM	World This Week (Local Info-Ed)	Every week all around the world, there are lots of queer and amusing happenings. Check them out on World This Week and be amazed without leaving your comfortable couch!
	<世界一周> (本地资讯节目)	每一个星期在世界的不同角落都会发生不同有趣或惊奇的事物。《世界一周》带你去探个究竟，让你不出家门也可以增广见闻。
7:30 PM	The Greatness of a Hero (Ep 4) (Chinese Subtitles) (Hongkong Drama)	Tingyu works as an officer in the Luo Zhou yamen and happens to meet Qingluan. Wu Zetian is furious about the robbery of the imperial tribute golds. She put the escorting officials in jail, pending for sentences. Renjie finds out that his brother-in-law is among the escorting officials. He takes over the case in order to save him.
	<盛世任杰> (港剧) (中文字幕)	亭庭玉到洛州衙门任职校尉时，遇到青鸾，两个欢喜冤家一见面便针锋相对。因贡金失窃一案令武则天大怒，将运送贡金的官兵收押在监牢等候发落；仁杰发现曹月的二弟曹汉也在运送官兵中，为了救妻弟，他接手查此案。

8:30 PM	Material Queen (Ep 17) (Last Episode)(English/Chinese Subtitles) (Taiwan Drama)	Deji exerts his influence to make Jiahao and Chuman suffer many hardships. Actually, he just wants to run a test to see whether there is true love between them. Jiahao and Chuman show their true love when Deji gives them the final test. Chuman has indeed changed her materialistic personality.
	<拜金女王 (大结局)> (台湾剧) (中英文字幕)	德基运用他的影响力令家豪和楚曼饱受煎熬，原来只是想知道二人是否存有真爱。家豪和楚曼没有让德基失望，在最后的考验中也顺利过关，而楚曼更已彻底改变了她的拜金性格
11:00 PM	News Tonight (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	Money Week (R) (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)(重)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。
12:00 AM	Life's Perfectionists (R) (Korean Language)(Chinese Subtitles) (Info/Education)	There will always be an expert even in the simplest form of jobs. Featuring 3 "experts" in every episode, this Korean infotainment programme presents people of different fields who exceed expectations of their profession.
	<生活达人 (韩语)> (资讯节目)(重) (中文字幕)	这是一个轻松有趣的韩国资讯娱乐节目，每集介绍3个忠于自己的工作，以致练就了非凡的奇技，到了"达人"境界的平凡百姓。
12:30 AM	The King Of Adventure (R) (Info/Education)	Viewers turn into armchair travellers as our programme host Ah Bu takes you to all the interesting places around the world.
	<冒险王> (资讯节目)(重)	居家也可以旅行—让节目主持阿布，带你周游世界，增广见闻。
1:30 AM	Food Old Days (R) (Last Episode) (Local Info-Ed)	Singapore is heralded as the Food Paradise and Singaporeans' favourite pastime includes searching out for the best hawker and local cuisines in every corner on the island. However, many traditional food fares are now on the brink of vanishing. Many of these stall owners are either old or retiring and found no ones to succeed their businesses- even though they may be thriving.

	<寻找原之味 (最后一集)> (本地资讯节目)(重)	新加坡号称美食天堂, 新加坡人最喜爱的休闲活动之一就是全岛搜寻最好吃的熟食档、到全岛各角落品尝本地美食。然而, 随着时代进步、空间变迁, 许多传统美食因为后继无人而渐渐消失, 许多传统做法因为科技而渐渐失传... ...
2:00 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
	Mon, 26 Mar 2012 (Channel U)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	Money Week (R) (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)(重)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态, 让观众能更好地掌握市场走势和投资情报。
3:30 PM	Two On The Road (R) (Travel)	In this series of travelogues, various hosts will be teaming up to share their stories while travelling through different cities around the world.
	<好友移城> (重)	在这系列旅游记事里, 每期将有一位艺人明星和好友将与我们分享旅途上的心情写照。
4:00 PM	Isolated, A Story of Survival (R) (Info/Education)	This series of documentaries takes us through nature's way of selecting the strongest species to remain and how species that were isolated millions of years ago due to continental drift had evolved in order to survive.
	<动物之声> (资讯节目)(重)	这部纪录片叙述了动物为了生存所经过的演化过程。
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息, 掌握偶像歌手最贴身的秘密, 看艺人亲身上阵现场飆歌, 百分百粉听会、艺能发表会等单元, 让你做个百分百的标准粉丝。
6:00 PM	Love Exchange (R) (Ep 15) (English/Chinese Subtitles) (Hongkong Drama)	Cast: Michael Miu as Rao Li Tian, Anita Yuen as Zita Xue Ziyao, Power Chan as Anson Xu, Crystal Tin as Jackie Cheng

	<疑情别恋> (港剧)(重) (中英文字幕)	演出有： 袁咏仪饰薛子瑶，苗侨伟饰饶立天，陈国邦饰徐若愚，田蕊妮饰程傲儿
7:00 PM	Iron Daughters In Law (Ep 36) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Zhenyu gives Huiyuan a ring and says that he wants to be her husband and Vivianna's father. Huiyuan accepts his proposal.
	<不屈的儿媳> (PG)> (韩剧)(双声道 - 华韩语) (中英文字幕)	振宇送戒指给惠苑，说要当她的丈夫及薇薇安娜的爸爸。惠苑感动地接受他的求婚。
8:00 PM	Guess (Variety)	Ex-model John Chen and ex-boy band member Joseph Ma face-off in a Korean MV dance challenge. Tune in to support your preferred artiste!
	<你猜你猜你猜猜猜> (综艺节目)	模特儿出生的陈志强将和前红孩儿队员马国贤来一场韩流MV舞对抗。收看节目，看看谁的舞技更胜一筹！
9:30 PM	Artistic Journeys (Last Episode) (Info/Education)	A meaningful arts program show casing the arts that is in the region. Let's track down eight traditional art forms surrounding us from its influence to how it has evolved to what it is today in Singapore.
	<艺术无国界 (最后一集)> (资讯节目)	这是一部揭晓本区域与艺术相关的节目。我们时常以为对艺术的了解很深厚，希望通过此片，我们会发觉我们对文化艺术的认识是有限，尽量学习和交流，使艺术发展更上一层楼。
10:00 PM	The Shrewd Wife (Ep 3) (English/Chinese Subtitles)(PG) (Taiwan Drama)	Rui Fan is elected as one of the most successful marketing executive by the media. With this winning, the probability of him getting promoted to Assistant General Manager seems greater now. Meanwhile Wei En successfully secures a job in the same company.
	<犀利人妻 (PG)> (台湾剧) (中英文字幕)	瑞凡获选入由商业杂志主办的行销名人榜，使他有望升职为公司的副总经理。与此同时，薇恩顺利进入该化妆品公司工作。
11:00 PM	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	Guess (R) (Variety)	Ex-model John Chen and ex-boy band member Joseph Ma face-off in a Korean MV dance challenge. Tune in to support your preferred artiste!

	<你猜你猜你猜猜猜> (综艺节目)(重)	模特儿出生的陈志强将和前红孩儿队员马国贤来一场韩流MV舞对抗。收看节目，看看谁的舞技更胜一筹！
1:00 AM	Artistic Journeys (R) (Last Episode) (Info/Education)	A meaningful arts program show casing the arts that is in the region. Let's track down eight traditional art forms surrounding us from its influence to how it has evolved to what it is today in Singapore.
	<艺术无国界 (最后一集)> (资讯节目)(重)	这是一部揭晓本区域与艺术相关的节目。我们时常以为对艺术的了解很深厚，希望通过此片，我们会发觉我们对文化艺术的认识是有限，尽量学习和交流，使艺术发展更上一层楼。
1:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飚歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
02:30	End of Transmission	
TIME	EVENT	SYNOPSIS
	Tue, 27 Mar 2012 (Channel U)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	GIFTS (R) (Last Episode) (Info/Education)	GIFTS, invites outstanding figures well-known to Singaporeans to share about their treasured gifts. Physical objects, or even something as intangible as a piece of earnest instruction, a golden opportunity or a certain personal influence might have played an important part in their lives too.
	<礼物 (最后一集)> (资讯节目)(重)	每集邀请一位或两位本地名人，和观众分享他所得到的最好的礼物。礼物可以是有形或无形的；数量以3件为限。
3:30 PM	Guess (R) (Variety)	Funnyman Jacky Wu returns to Guess after eight months! Apart from Wu's usual wackiness, you can also look forward to his new co-host, Petty Hou. Don't miss out on the fun and laughter in the revamped Guess!

	<你猜你猜你猜猜猜> (综艺节目)(重)	经过了8个月的等待, 综艺天王吴宗宪又再次回到《我猜》的怀抱了! 这次, 节目改名为《你猜你猜你猜猜猜》, 还请来了即将嫁人的美女主播侯佩岑来与吴宗宪搭档。全新的组合, 全新的节目内容, 您一定要锁定节目!
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息, 掌握偶像歌手最贴身的秘密, 看艺人亲身上阵现场飚歌, 百分百粉听会、艺能发表会等单元, 让你做个百分百的标准粉丝。
6:00 PM	Love Exchange (R) (Ep 16) (English/Chinese Subtitles) (Hongkong Drama)	Cast: Michael Miu as Rao Li Tian, Anita Yuen as Zita Xue Ziyao, Power Chan as Anson Xu, Crystal Tin as Jackie Cheng
	<疑情别恋> (港剧)(重) (中英文字幕)	演出有: 袁咏仪饰薛子瑶, 苗侨伟饰饶立天, 陈国邦饰徐若愚, 田蕊妮饰程傲儿
7:00 PM	Iron Daughters In Law (Ep 37) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Xinyu finds Mo-nv in front of Hongqiu's grave. He keeps her company till Shunzi and Shiqin appear to bring her home. Mo-nv is touched by Xinyu's sincerity and finally approves Xinyu and Yingxin's relationship.
	<不屈的儿媳们 (PG)> (韩剧)(双声道 - 华韩语) (中英文字幕)	信宇在弘邱的坟前找到离家出走的末女, 并一直陪着她, 末女被信宇的诚意打动, 终于赞成信宇和英心结婚。
8:00 PM	The Banquet (Last Episode)(English Subtitles) (Info/Education)	This 8-episode series feature eight different events; eight big feasts all lined up for eight big celebrations!
	<大飨宴 (最后一集)> (资讯节目) (英文字幕)	《大飨宴》共8集, 每一集呈现不一样的节庆或食会 -- 全部8个海外地点的8大飨宴。节目将从整个设宴地点和宴会背景说起, 进而聚焦各个人物以及宴会上的特别菜肴。
8:30 PM	Dietary Errors (Last Episode) (Info/Education)	A healthy diet is increasingly sought after by the general public that is pursuing a continuous improvement in the standard of living. Find out the dietary misconceptions celebrities hold and how it can be corrected.

	<饮食误区 (最后一集)> (资讯节目)	节目在每期里锁定一个健康饮食主题，采用轻松有趣的提问访谈与互动，运用综艺娱乐化的包装为各个年龄阶层的观众，传送丰富实用的饮食信息。
9:00 PM	Extraordinary Asian (Info/Education)	Japanese Kikuo Morimoto has a deep love for Cambodia silk products. He encourages the locals in Siem Reap to produce beautiful silk products and then helps promote the products in Kyoto.
	<梦捕手> (资讯节目)	日本人森本久喜男一向对柬埔寨丝绸情有独钟，于是多年来一直不遗余力地到柬埔寨资助当地人制造丝绸产品，并将产品推广到日本。
10:00 PM	The Shrewd Wife (Ep 4) (PG)(English/Chinese Subtitles) (Taiwan Drama)	Rui Fan advises Wei En against mixing with her male colleagues. Disliked to be controlled by Rui Fan, Wei En gives him a deep bite on his arm when he tells her not to antagonize her boss. The painful teeth marks keep reminding him of her in the following days.
	<犀利人妻 (PG)> (台湾剧) (中英文字幕)	瑞凡劝薇恩别接近那班男同事，也不要跟上司作对。薇恩不但不听教，还狠狠地在瑞凡的手臂上咬了一口。这道鲜红的齿痕，让她的影子，深深地烙印在他的脑海里。
11:00 PM	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	The Banquet (R) (Last Episode)(English Subtitles) (Info/Education)	This 8-episode series feature eight different events; eight big feasts all lined up for eight big celebrations!
	<大飨宴 (最后一集)> (资讯节目)(重) (英文字幕)	《大飨宴》共8集，每一集呈现不一样的节庆或食会 -- 全部8个海外地点的8大飨宴。节目将从整个设宴地点和宴会背景说起，进而聚焦各个人物以及宴会上的特别菜肴。
12:00 AM	Dietary Errors (R) (Info/Education)	A healthy diet is increasingly sought after by the general public that is pursuing a continuous improvement in the standard of living. Find out the dietary misconceptions celebrities hold and how it can be corrected.
	<饮食误区 (最后一集)> (资讯节目)(重)	节目在每期里锁定一个健康饮食主题，采用轻松有趣的提问访谈与互动，运用综艺娱乐化的包装为各个年龄阶层的观众，传送丰富实用的饮食信息。

12:30 AM	Extraordinary Asian (R) (Info/Education)	Japanese Kikuo Morimoto has a deep love for Cambodia silk products. He encourages the locals in Siem Reap to produce beautiful silk products and then helps promote the products in Kyoto.
	<梦捕手> (资讯节目)(重)	日本人森本久喜男一向对柬埔寨丝绸情有独钟，于是多年来一直不遗余力地到柬埔寨资助当地人制造丝绸产品，并将产品推广到日本。
1:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
02:30	End of Transmission	
TIME	EVENT	SYNOPSIS
	Wed, 28 Mar 2012 (Channel U)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	World This Week (R) (Local Info-Ed)	Every week all around the world, there are lots of queer and amusing happenings. Check them out on World This Week and be amazed without leaving your comfortable couch!
	<世界一周> (本地资讯节目)(重)	每一个星期在世界的不同角落都会发生不同有趣或惊奇的事物。《世界一周》带你去探个究竟，让你不出家门也可以增广见闻。
3:30 PM	Variety Big Brother (R) (Variety)	Jointly hosted by Zhang Fei, Huang Pinyuan and Hong Du La Si, this highly popular Taiwan variety show brings you excellent home entertainment provided by top-notch artistes from all over the world.
	<综艺大哥大> (综艺节目)(重)	由张菲,黄品源与洪都拉斯联合主持，“综艺大哥大”带给您来自世界各地一流艺人所呈献的最佳家庭娱乐。
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.

	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
6:00 PM	Love Exchange (R) (Ep 17) (English/Chinese Subtitles) (Hongkong Drama)	Cast: Michael Miu as Rao Li Tian, Anita Yuen as Zita Xue Ziyao, Power Chan as Anson Xu, Crystal Tin as Jackie Cheng
	<疑情别恋> (港剧)(重) (中英文字幕)	演出有： 袁咏仪饰薛子瑶，苗侨伟饰饶立天，陈国邦饰徐若愚，田蕊妮饰程傲儿
7:00 PM	Iron Daughters In Law (Ep 38) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Shiling's father passes away from illness. Shiling is upset with Zhenyu for not visiting her father before his death and thus decides not to divorce Zhenyu so that he cannot get together with Huiyuan.
	<不屈的儿媳们 (PG)> (韩剧)(双声道 - 华韩语) (中英文字幕)	世玲的父亲病逝。世玲气振宇没有赶至见父亲最后一面而决定不跟振宇离婚，故意让他没有办法跟惠苑在一起。
8:00 PM	Super IQ (Last Episode)(English Subtitles) (Variety)	Host Lee Teng challenges contestants, viewers and even celebrities including Jeremy Chan, Jeffrey Xu, Sora Ma, Kate Pang, Julie Tan and Rachel Chua with mind-boggling questions in this Channel U's first IQ game show.
	<IQ超人 (最后一集)> (综艺节目) (英文字幕)	U频道首创全新智力游戏节目，考验参赛者及观众的空间概念、逻辑推理、算术以及记忆力。除了节目主持人“IQ先生”李腾，每集也将有6到8名年轻艺人参与，包括田铭耀、徐鸣杰、马艺暄、庞蕾馨、陈欣淇、蔡艾珈等等，一起解答IQ难题。
9:00 PM	The Era of Rising to Fame (Documentary)	
	<快红时代> (纪录片)	
9:30 PM	Untamed and Uncut (PG-Some Disturbing Scenes)(Dual Sound - 2nd track in English)(Chinese Subtitles) (Documentary)	Untamed and Uncut brings you the most incredible animal attack encounters ever caught on tape wild, uncensored, raw! Groundbreaking computer graphics will show you exactly what happened.
	<野生动物惊险攻击 (观看指引- 本节目些许画面令人不安)> (纪录片)(双声道 - 华英语) (中文字幕)	野性不剪的镜头前纪录了惊人的动物攻击意外。并透过电脑绘图技术，分解事发的引爆点，还原每个意外的原貌。

10:00 PM	The Shrewd Wife (Ep 5) (PG)(English/Chinese Subtitles) (Taiwan Drama)	Without revealing it is an antique, Tian Wei lends An Zen a beautiful vase for placing in the hall during the party. When An Zhen later learns that the vase worths millions of dollars, she is scared out of her wits. On another hand, Rui Fan is disappointed that the company is still undecided on the appointment of Asst. GM.
	<犀利人妻 (PG)> (台湾剧) (中英文字幕)	天蔚借花瓶给安真，让她摆在客厅以增加宴会的气氛，却没有告诉她那是古董。当安真知道它价值上百万时，顿时被吓呆了。另一方面，公司没有宣布副总人选，另瑞凡很失望。
11:00 PM	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	Super IQ (R) (English Subtitles)(Last Episode) (Variety)	Host Lee Teng challenges contestants, viewers and even celebrities including Jeremy Chan, Jeffrey Xu, Sora Ma, Kate Pang, Julie Tan and Rachel Chua with mind-boggling questions in this Channel U's first IQ game show.
	<IQ超人 (最后一集)> (综艺节目)(重) (英文字幕)	U频道首创全新智力游戏节目，考验参赛者及观众的空间概念、逻辑推理、算术以及记忆力。除了节目主持人“IQ先生”李腾，每集也将有6到8名年轻艺人参与，包括田铭耀、徐鸣杰、马艺暄、庞蕾馨、陈欣淇、蔡艾珈等等，一起解答IQ难题。
12:30 AM	The Era of Rising to Fame (R) (Documentary)	
	<快红时代> (纪录片)(重)	
1:00 AM	Untamed and Uncut (R) (PG-Some Disturbing Scenes)(Dual Sound - 2nd track in English)(Chinese Subtitles) (Documentary)	Untamed and Uncut brings you the most incredible animal attack encounters ever caught on tape wild, uncensored, raw! Groundbreaking computer graphics will show you exactly what happened.
	<野生动物惊险攻击 (观看指引-本节目些许画面令人不安)> (纪录片)(重)(双声道 - 华英语) (中文字幕)	野性不剪的镜头前纪录了惊人的动物攻击意外。并透过电脑绘图技术，分解事发的引爆点，还原每个意外的原貌。
1:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.

	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
02:30	End of Transmission	
TIME	EVENT	SYNOPSIS
	Thu, 29 Mar 2012 (Channel U)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	Cruel Temptation (R) (Eps 69 & 70) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	When the kind-hearted Encai realizes that she has been betrayed by her most trusted husband and best friend, she is determined to seek revenge by assuming a new identity of another woman.
	<妻子的诱惑> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	具恩才是一个善良和孝顺的家庭主妇。当她被最信任的丈夫和像亲姐妹一般的好朋友背叛之后，就下定决心要复仇。重生的恩才，会以另一个女人的身份，成功地诱惑她的丈夫，和让那些曾经深深伤害过她的人自食其果吗？
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
6:00 PM	Love Exchange (R) (Ep 18) (English/Chinese Subtitles) (Hongkong Drama)	Cast: Michael Miu as Rao Li Tian, Anita Yuen as Zita Xue Ziyao, Power Chan as Anson Xu, Crystal Tin as Jackie Cheng
	<疑情别恋> (港剧)(重) (中英文字幕)	演出有： 袁咏仪饰薛子瑤，苗侨伟饰饶立天，陈国邦饰徐若愚，田蕊妮饰程傲儿
7:00 PM	Iron Daughters In Law (Ep 39) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Chairman Wen appears to accept Xinyu and Yingxin's relationship, but tells Yingxin in private that he will never accept her into the family.
	<不屈的儿媳们> (韩剧)(双声道 - 华韩语) (中英文字幕)	文会长表面接受信宇和英心的关系，却趁信宇不在时告诉英心他绝对不会接受她。

8:00 PM	Stars For A Cause 3 (Last Episode)(English Subtitles) (Info/Education)	In this series, we bring 8 artistes from Singapore and around the region to different parts of the world as part of voluntary corps.
	<明星志工队 (最后一集)> (资讯节目) (英文字幕)	新系列的《明星志工队》将到以下地区服务：菲律宾，中国，台湾，泰国等，服务的对象包括：有视力障碍的儿童，遭受硫酸袭击的受害者，患有自闭症的青年，不幸踩到地雷而前腿被炸残的大象等。
9:00 PM	Super Taste (Infotainment)	Fun and playful duo of 2moro, Anthony Guo and Angus Guo combs through every possible corner of Taiwan to enjoy delicacies with unimaginable fun that gets you craving for more!
	<食尚玩家> (娱乐资讯节目)	身为一个爱吃、爱旅游的时髦玩家，应该怎么玩才够酷？让两位年轻有活力又爱玩的主持人郭彦均和郭彦甫（2moro）告诉你，就是要"酱"（这样）玩！每一集的节日将带你到台湾各处吃喝玩乐，包你看完之后恨不得飞到台湾去玩！
10:00 PM	The Shrewd Wife (Ep 6) (PG)(English/Chinese Subtitles) (Taiwan Drama)	An Zhen returns the million-dollar vase to Tian Wei and offers to treat him to lunch in appreciation of his kindness. Out of mischief, Tian Wei takes An Zhen to a posh restaurant and orders only the expensive dishes. She is appalled at his extravagant behaviour.
	<犀利人妻 (PG)> (台湾剧) (中英文字幕)	安真把那价值百万元的花瓶送还给天蔚，并坚持要请他吃午饭以表谢意。天蔚存心作弄安真，故意带她到一间豪华的餐厅，而且专点最贵的菜肴以享用，另她差点吓出一身冷汗。
11:00 PM	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	Stars For A Cause 3 (R) (Last Episode)(English Subtitles) (Info/Education)	In this series, we bring 8 artistes from Singapore and around the region to different parts of the world as part of voluntary corps.
	<明星志工队 (最后一集)> (资讯节目)(重) (英文字幕)	新系列的《明星志工队》将到以下地区服务：菲律宾，中国，台湾，泰国等，服务的对象包括：有视力障碍的儿童，遭受硫酸袭击的受害者，患有自闭症的青年，不幸踩到地雷而前腿被炸残的大象等。
12:30 AM	Super Taste (R) (Infotainment)	Fun and playful duo of 2moro, Anthony Guo and Angus Guo combs through every possible corner of Taiwan to enjoy delicacies with unimaginable fun that gets you craving for more!

	<时尚玩家> (娱乐资讯节目)(重)	身为一个爱吃、爱旅游的时髦玩家，应该怎么玩才够酷？让两位年轻有活力又爱玩的主持人郭彦均和郭彦甫（2moro）告诉你，就是要"酱"（这样）玩！每一集的节目将带你到台湾各处吃喝玩乐，包你看完之后恨不得飞到台湾去玩！
1:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
02:30	End of Transmission	
TIME	EVENT	SYNOPSIS
	Fri, 30 Mar 2012 (Channel U)	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	Cruel Temptation (R) (Eps 71 & 72) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	When the kind-hearted Encai realizes that she has been betrayed by her most trusted husband and best friend, she is determined to seek revenge by assuming a new identity of another woman.
	<妻子的诱惑> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	具恩才是一个善良和孝顺的家庭主妇。当她被最信任的丈夫和像亲姐妹一般的好朋友背叛之后，就下定决心要复仇。重生的恩才，会以另一个女人的身份，成功地诱惑她的丈夫，和让那些曾经深深伤害过她的人自食其果吗？
5:00 PM	100% Entertainment (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息，掌握偶像歌手最贴身的秘密，看艺人亲身上阵现场飆歌，百分百粉听会、艺能发表会等单元，让你做个百分百的标准粉丝。
6:00 PM	Love Exchange (R) (Ep 19) (English/Chinese Subtitles) (Hongkong Drama)	Cast: Michael Miu as Rao Li Tian, Anita Yuen as Zita Xue Ziyao, Power Chan as Anson Xu, Crystal Tin as Jackie Cheng

	<疑情别恋> (港剧)(重) (中英文字幕)	演出有： 袁咏仪饰薛子瑶，苗侨伟饰饶立天，陈国邦饰徐若愚，田蕊妮饰程傲儿
7:00 PM	Iron Daughters In Law (Ep 40) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Chairman Wen transfers Yingxin to a logistics center in Busan and also bars her from taking part in a hosting practice. Yingxin protests outside the office.
	<不屈的儿媳们> (韩剧)(双声道 - 华韩语) (中英文字幕)	文会长不但下令把英心调到釜山物流中心，还不让她参加主播模拟会。英心于是举牌在大厦外抗议。
8:00 PM	LOHAS (Last Episode) (Variety)	Join Paige Chua, Ya Hui, Ng Hui & Candyce Toh in defining the LOHAS way of life (Lifestyle of Health and Sustainable living), through environmental and health & fitness themes to discover unique food finds, crowd-drawing activities, fashionably fabulous grooming tips and bites of entertainment scenes in Shanghai and Singapore.
	<乐活好正点(最后一集)> (综艺节目)	由蔡琦慧、许雅慧、黄慧及杜惠娉联手主持，这个全新生活时尚资讯节目将介绍新加坡及上海两个城市里符合健康与环保概念的潮流新鲜事，包括美食、个性小店、美容时装、娱乐艺术等等，展现时下"乐活一族"所崇尚的生活方式。
9:00 PM	Variety Big Brother (Variety)	Jointly hosted by Zhang Fei, Huang Pinyuan and Hong Du La Si, this highly popular Taiwan variety show brings you excellent home entertainment provided by top-notch artistes from all over the world.
	<综艺大哥大> (综艺节目)	由张菲,黄品源与洪都拉斯联合主持，“综艺大哥大”带给您来自世界各地一流艺人所呈献的最佳家庭娱乐。
10:00 PM	The Shrewd Wife (Ep 7) (PG)(English/Chinese Subtitles) (Taiwan Drama)	Deeply touched, Rui Fan takes Wei En in his arms when he realizes that she has been trying very hard to help him in his battle against the office rival Ai Lin. After this incident, the passion between Rui Fan and Wei En begins to burn like wild fire.
	<犀利人妻 (PG)> (台湾剧) (中英文字幕)	薇恩彻夜不眠，为瑞凡寻找不利于死对头爱琳的资料。瑞凡极为感动，情不自禁伸出双臂，一把将薇恩揽入怀里。自此以后，两人的感情，有如野火一样凶猛燃烧。
11:00 PM	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。

11:30 PM	BOSS (Ep 9) (PG)(Dual Sound - 2nd track in Japanese)(English Subtitles) (Japanese Drama)	Osawa Eriko is a beautiful career policewoman who has just returned from training in the U.S. and is appointed as the "boss" of the Special Crimes division which is made up of weirdos from different units of the police force. Initially, she encounters difficulties managing her subordinates but soon gains the respect of her colleagues with her intelligence.
	<Boss (PG)> (日剧)(双声道 - 华日语)(英文字幕)	从美国回来的大泽绘里子成为警视厅搜查一课的犯罪对策组的boss, 但编派到她手下的组员却形态各异。这样一班乌合之众放在一起, 着实让大泽头痛, 搜查一课对她的部门从没寄予厚望, 只需要她应对媒体公关。但大泽却不愿成为被人摆布的木偶, 面对这样一班下属与不断发生的案件, 她将以身作则, 让部下发挥个人特长破获案件。
12:30 AM	LOHAS (R) (Last Episode) (Variety)	Join Paige Chua, Ya Hui, Ng Hui & Candyce Toh in defining the LOHAS way of life (Lifestyle of Health and Sustainable living), through environmental and health & fitness themes to discover unique food finds, crowd-drawing activities, fashionably fabulous grooming tips and bites of entertainment scenes in Shanghai and Singapore.
	<乐活好正点 (最后一集)> (综艺节目)(重)	由蔡琦慧、许雅慧、黄慧及杜惠娉联手主持, 这个全新生活时尚资讯节目将介绍新加坡及上海两个城市里符合健康与环保概念的潮流新鲜事, 包括美食、个性小店、美容时装、娱乐艺术等等, 展现时下"乐活一族"所崇尚的生活方式。
1:30 AM	Legend Of The Condor Heroes (R) (Eps 26 & 27) (English/Chinese Subtitles) (Chinese Drama)	Guo Jing and Yang Kang who are destined to shoulder the difficult task of righting the wrongs that have been done to their families.
	<射雕英雄传> (中国剧)(重)(中英文字幕)	郭啸天与杨铁心两家惨遭横祸, 家破人亡。全真教道长丘处机与江南七怪互相约定, 分头寻找郭杨两家的后代, 并授于武功。十八年后, 杨康与郭靖长大成人, 各自担负起坎坷艰难的复仇。
3:30 AM	100% Entertainment (R) (Variety)	Hosts Xiao Zhu and Xiao Gui bring you the latest entertainment fodder in this popular entertainment news programme. From the juiciest celebrity gossip to the latest album releases, this is a one stop entertainment centre for all interested in television, fashion and music.
	<娱乐百分百> (综艺节目)(重)	古灵精怪、鬼马搞笑的小猪罗志祥和小鬼每天送上你不可缺少的娱乐粮食。追踪最新最热辣的娱乐消息, 掌握偶像歌手最贴身的秘密, 看艺人亲身上阵现场飆歌, 百分百粉听会、艺能发表会等单元, 让你做个百分百的标准粉丝。
04:30	End of Transmission	
TIME	EVENT	SYNOPSIS
	Sat, 31 Mar 2012 (Channel U)	

6:00 AM	Home Shopping (Commercial)	
	<购物乐>	
10:00 AM	Guess (R) (Variety)	Funnyman Jacky Wu returns to Guess after eight months! Apart from Wu's usual wackiness, you can also look forward to his new co-host, Petty Hou. Don't miss out on the fun and laughter in the revamped Guess!
	<你猜你猜你猜猜猜> (综艺节目)(重)	经过了8个月的等待，综艺天王吴宗宪又再次回到《我猜》的怀抱了！这次，节目改名为《你猜你猜你猜猜猜》，还请来了即将嫁人的美女主播侯佩岑来与吴宗宪搭档。全新的组合，全新的节目内容，您一定要锁定节目！
11:30 AM	Artistic Journeys (R) (Last Episode) (Info/Education)	A meaningful arts program show casing the arts that is in the region. Let's track down eight traditional art forms surrounding us from its influence to how it has evolved to what it is today in Singapore.
	<艺术无国界(最后一集)> (资讯节目)(重)	这是一部揭晓本区域与艺术相关的节目。我们时常以为对艺术的了解很深厚，希望通过此片，我们会发觉我们对文化艺术的认识是有限，尽量学习和交流，使艺术发展更上一层楼。
12:00 PM	World's No. 1 (R) (Info/Education)	This travelogue programme takes you to places unlisted on conventional tour itineraries.
	<世界第一等> (资讯节目)(重)	与一般的旅游节目不一样，“世界第一等”带你到不一样的地方，见识非一般的景与物。
1:00 PM	Who is the No. 1 (R) (Variety)	The three esteemed judges will each select 4 contestants to form a team. The 2 unselected contestants will sadly be eliminated from the show.
	<金牌魔术团> (综艺节目)(重)	在本期节目中，三位魔术评审将从14位参赛者中各自选定四名向自己学习。未被选中的两名参赛者将被淘汰。
2:30 PM	Dynamic Chef (R) (Last Episode)(Dual Sound - 2nd track in Japanese)(Chinese Subtitles) (Variety)	This cooking programme "Dynamic Chef", hosted by Hisamoto Masami, Jun Tamura and Ryo Tamura invites famous chefs to introduce and cook their famous dishes for the invited artistes to sample.
	<花的料理人(最后一集)> (综艺节目)(重)(双声道 - 华日语)(中文字幕)	在每一集的《花的料理人》里，三位主持人久本雅美，田村淳和田村亮将会邀请艺人上节目，和他们一起品尝不同料理的名厨所烹煮的美食。

3:00 PM	Three Brothers (R) (Eps 4 & 5) (Dual Sound - 2nd track in Korean)(English Subtitles) (Korean Drama)	What happens when three brothers receive biased love from their parents? A comical sibling rivalry followed by family conflict and love problems, can these odd brothers combat it all and still receive equal love?
	<不像三兄弟> (韩剧)(重)(双声道 - 华韩语) (英文字幕)	当父母厚此薄彼对待三个儿子，会造成什么样的兄弟之争？看他们面对亲情和爱情的冲突、互相对付的过程，绝对轻松惹笑。
5:00 PM	Going Home (R) (English Subtitles) (Local Variety)	Quite a few Singapore celebrities come from across the globe. They left their native homes, packing along with them their dreams and passion to thrive in our local industries. Some of them have already taken roots and settled in, while others are just getting started. Despite being in Singapore, these celebrities still have their homeland in mind, for that is where their families are and a place of their first aspirations. Hosted by Lin Cuifang, who follows some of our local celebrities and personalities in their voyage of "Going Home". What is the uniqueness of their native land? What sort of local good food and delights did they grow up with? All of these will be unveiled when the show returns.
	<回家走走> (本地综艺节目)(重) (英文字幕)	艺人与名人当中有许多过江龙，他们怀抱理想，离乡背井来到新加坡发展事业，在本地发光发热。他们有的已经在此扎根，有的则刚起步，但他们仍心系故乡，因为那里有他们最亲的人和最初的梦。主持人林翠芳将随艺人和名人“回家走走”，看他们成长的地方，和他们的家人会面，沿着他们的成长轨迹，带着观众窥探他们记忆中的点点滴滴。名人的家乡有什么特色？哪些美食是他们从小吃到的？这些都将在电视上曝光。
6:00 PM	26 Hours/ Day (R) (Dual Sound - 2nd track in Japanese)(Chinese Subtitles) (Variety)	
	<超省时生活> (综艺节目)(重)(双声道 - 华日语) (中文字幕)	
7:00 PM	Money Week (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。

7:30 PM	The Greatness of a Hero (Ep 5) (English/Chinese Subtitles)(PG) (Hongkong Drama)	Renjie finds the golds base on clues. He manages to stop Prince Wei from executing the escorting officials and requests for a re-trial. Tingyu takes an opportunity to confess to Waner his love but she turns him down. Wu Zetian asks Qingluan to teach the court ladies martial art. Waner resists it due to childhood shadow.
	<盛世任杰 (PG)> (港剧) (中英文字幕)	仁杰凭着蛛丝马迹找到贡金所在,及时赶至刑场阻止了魏王行刑,并要求翻案,令魏王暗气。庭玉以保护韦妃为由留在净土寺,借机向婉儿表白爱慕之意,反遭她教训了一顿。武则天因深感官廷的宫女不会武功而不能防患于未然,便叫青鸾教宫中女眷练武,但婉儿因童年阴影心生抗拒。
8:30 PM	The Greatness of a Hero (Ep 6) (English/Chinese Subtitles) (Hongkong Drama)	Renjie leads his subjects to do a street cleaning. Su E purposely creates trouble for him but ends up with hash scolding from his subjects. Waner tells Tingyu that she likes Yande in order to deter him from expressing his love again. Yande and Qingluan happen to overhear this...
	<盛世任杰> (港剧) (中英文字幕)	狄仁杰带领百姓一起清扫大街,素娥因怨恨他破坏她的生意和让她与儿子庭玉争吵不和,所以百般刁难,结果让百姓给痛骂了一顿。婉儿为了拒绝庭玉再向她表爱意,连忙说自己喜欢的是延德,恰巧被路过的延德和青鸾听到...
9:30 PM	21st Seoul Music Awards (Variety)	This annual music extravaganza held at the Seoul Olympics Stadium honours the elite performers in the music industry in South Korea. Be sure to catch stunning performances by your favourite Korean idols including Super Junior, SNSD, Kara, BEAST, Lee Seung-ki and many more!
	<第21届首尔音乐颁奖典礼> (综艺节目)	「第21届首尔音乐颁奖盛典」于韩国的首尔奥林匹克体育场举行,汇集了众韩国著名歌手和团体,包括Super Junior、SNSD、Kara、BEAST、李昇基等,令场面星光熠熠。敬请锁定节目,支持您心仪的偶像!
11:00 PM	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》,在半小时里除深入报道本地与国际要闻,还有详尽的财经新闻和体坛动态。世界局势与经济动脉,让大家轻松掌握。
11:30 PM	Million Singer (Variety)	Each episode of Million Singer features different singers challenging for the top prize of NT 300,000. Contestant will have to overcome 10 different categories of songs and be able to complete the missing lyrics for all the songs in order to achieve the top prize.

	<百万大歌星> (综艺节目)	唱歌可换现金! 不比音色, 也不比音准, 而是挑战参赛者的记忆和对歌词的认识。只要唱得出歌词就能轻松赢取高达新台币\$300,000的奖金!
1:00 AM	Hooping Dulcinea (R) (Eps 15 & 16) (Chinese Subtitles) (Taiwan Drama)	
	<斗牛,要不要> (台湾剧)(重) (中文字幕)	
3:00 AM	End of Transmission	