

TIME	EVENT	SYNOPSIS
	<b>Fri, 01 Nov 2013 (Channel U)</b>	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	Jumong: (PG))(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (R) (Eps 65 & 66) (Korean Drama)	Zhao Xinu attacks Song Rang's camp as Song Rang holds a welcome feast for the Xuantu army. She successfully destroys Song Rang's combat supplies, but ends up with serious injuries.
	<朱蒙> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	(PG)召西奴趁松让在款待玄菟军的当儿袭击松让阵营，虽成功烧毁松让的军粮，但也同时受重伤。
5:00 PM	A Story of Lala's Promotion (R) (Ep 6) (English/Chinese Subtitles) (Drama)	Lala discovers that Helen is secretly seeing someone in the company but decides not to probe Helen further. Daisy is upset when she learns that Wang Wei fails to approve her promotion.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	拉拉无意中发现海伦偷偷地与公司某位男士交往但不敢过问此事。王伟始终不批准黛西升职，令黛西不满。
6:00 PM	Superhero At Home (R) (Ep 12) (PG) (Drama)	After being hit by lightning in a storm, a young man recovers to find himself being able to foresee the future. With this extraordinary ability, he strives to change the course of event to prevent terrible things from happening.
	<家有超男> (连续剧)(重)	(PG)青年德培在雨中行走突遭电击，醒来后却发现自己有了预知的超能力。此后，每当他有任何不详的预感时，他都会试图去防止坏事的发生。
7:00 PM	Moon and Stars for You (Ep 55) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Hanying launches a new type of wholemeal bread. Hanmidang decides to launch Caiyuans wholemeal bread in retaliation. Zhenyu suspects that Qingzhu and Yingze are plotting something when he sees them meeting in a carpark sneakily.
	<愿为你摘星揽月> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)韩英推出国产全麦面包。韩味堂为了反击，决定提前推出彩妍研发的国产全麦面包。振宇看见庆珠和英泽偷偷摸摸地在停车场面谈，觉得他们很可疑。
8:00 PM	Yes Sir. Sorry Sir! (Ep 5) (English/Chinese Subtitles) (Hongkong Drama)	LAW YIU-WAH (Moses Chan), who comes from a long line of disciplined workers, is a teacher of a notorious school. One day, he was urged to resign after being vilified by his students as a peeping Tom. At present, the triads have expanded their drug network within the schools. WAH, who has become a cop, is told to go undercover at the school where he used to teach.
	<点解阿Sir係阿Sir> (港剧) (中英文字幕)	罗耀华由教书阿Sir转职为警察阿Sir，但竟被派回原校当卧底，调查黑帮校园毒网！耀华积极讨好校内四大恶人“K4”，但新来的老师何妙雪却轻易赢得学生信任，耀华亦被其善良吸引。此时，外表冷酷的保龄球教练古嘉岚，被揭发是社团头目姨仔。为破案，耀华只好假意追求嘉岚，而年青有为的督察程文力亦对妙雪展开追求。破案在望，耀华的身份却被识穿。
9:00 PM	IWalker - The King of Adventure (Infotainment)	In today's programme, Hero will bring us to Busan, Korea, to visit a hostel and the largest department stores in the world. In addition, he will also savour special seafood, seaweed and premium Korean beef.

	<爱玩客之冒险王> (娱乐资讯节目)	在今天的节目中，Hero将带大家遨游韩国釜山。他访问了当地一间民宿和世界最大的百货公司，也顺道品尝了异型海鲜，海苔和顶级韩牛等。
<b>10:00 PM</b>	Beyond The Realm of Conscience (Ep 24) (PG)(English/Chinese Subtitles) (Hongkong Drama)	Zhong Xuexia misused her power to make life difficult for Ruan Cuiyun. Gao Xianyang finally outwitted Eunuch Ma and saved his father from the shackles of the prison.
	<宫心计> (港剧) (中英文字幕)	(PG)鍾雪霞有太后撑腰，故意刁难阮翠云来报复心中之恨。高显扬克服马元贇的万般阻拦，终于从牢房中救出了父亲。
<b>11:00 PM</b>	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
<b>11:30 PM</b>	Rainbow Sweetheart (Ep 32) (PG)(Chinese Subtitles) (Drama)	Shao Feng began his new life with Xiao Qian. He worked as a construction worker to make ends meet but lied to Xiao Qian that he was a general manager for another hotel. Xiao Qian promised Shao Fengs grandfather to leave him as she couldnt bear to see him toiling away at the construction site.
	<彩虹甜心> (连续剧) (中文字幕)	(PG)邵峰离开了邵家和小千一同生活。，为了生活沦落到做建筑工人，却骗小千说去当一家酒店的总经理。小千答应少峰的爷爷离开邵峰。邵峰赔了夫人又折兵，只好回到邵家。
<b>12:30 AM</b>	Rainbow Sweetheart (Ep 33) (PG)(Chinese Subtitles) (Drama)	Shao Fengs grandfather threatened to sever all ties with him if he chose to see Xiao Qian again. Shao Feng met with an accident on the way to meet Xiao Qian. Xiao Qian spent weeks to take care of him while he remained unconscious at the hospital.
	<彩虹甜心> (连续剧) (中文字幕)	(PG)爷爷警告邵峰如果他去找小千便与他脱离关系。邵峰获知小千的下落后准备把她接过来，但在半途中却遇上车祸。邵峰在昏迷期间小千都在医院照料他。
<b>1:30 AM</b>	A Story of Lala's Promotion (R) (Ep 6) (English/Chinese Subtitles) (Drama)	Lala discovers that Helen is secretly seeing someone in the company but decides not to probe Helen further. Daisy is upset when she learns that Wang Wei fails to approve her promotion.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	拉拉无意中发现海伦偷偷地与公司某位男士交往但不敢过问此事。王伟始终不批准黛西升职，令黛西不满。
<b>2:30 AM</b>	End of Transmission	
<b>TIME</b>	<b>EVENT</b>	<b>SYNOPSIS</b>
<b>Sat, 02 Nov 2013 (Channel U)</b>		
<b>6:00 AM</b>	Home Shopping (Commercial)	
	<购物乐>	
<b>10:00 AM</b>	Diamond Club (R) (Chinese Subtitles) (Variety)	The highest-rated Taiwan variety programme, hosted by the famous Regine, is now on Channel U! Judged by a panel of "Shrewd tongue" guest artistes, the programme showcase unique talents from all walks of life - magic show, street dance, dog talent performance.

	<钻石夜总会> (综艺节目)(重) (中文字幕)	由台湾名嘴利菁主持, 《钻石夜总会》汇集了全台最独特、最叫人惊喜连连的表演节目。从魔术, 杂耍, 舞蹈至狗狗特技表演等, 样样让观众看得目不暇给!
12:00 PM	Style: Check-in (R) (Infotainment)	Style: Check-in is a brand new stylish infotainment that introduces the trendiest lifestyle and news bites between Singapore and Shanghai! These topics formed are based on these main themes: FUN, FOOD, TRENDS, ENTERTAINMENT and LIFESTYLE.
	<潮人攻略> (娱乐资讯节目)(重)	《潮人攻略》是一个全新的资讯节目介绍新加坡与上海两地流行生活与资讯。这个节目希望以一种更接近现代潮人都市生活的形式, 打破一般资讯节目的格局, 以FUN、FOOD、TRENDS、ENTERTAINMENT、LIFESTYLE五大主题, 联整集节目。
1:00 PM	The Stories In China (Chinese Subtitles) (Infotainment)	Hosted by Cai Li Qun and Ken, "Stories of China" is a fun and adventurous travelogue that takes its viewers to the different parts of China. From cultural to traditional activities, each episode features the most authentic aspects of China ever as Li Qun shares with the viewers stories about the place visited and its people.
	<在中国的故事> (娱乐资讯节目) (中文字幕)	最真实的中国, 最动人的故事! 让节目主持人蔡立群与阿Ken, 带大家去见识中国各地多姿多彩的文化与习俗, 品尝各种风味不同的地方美食, 以及与观众分享一些鲜为人知的民间轶事。
2:00 PM	The King Of Adventure (R) (Chinese Subtitles) (Infotainment)	Viewers turn into armchair travellers as our programme host Ah Bu takes you to all the interesting places around the world.
	<冒险王> (娱乐资讯节目)(重) (中文字幕)	居家也可以旅行—让节目主持阿布, 带你周游世界, 增广见闻。
3:00 PM	Iron Daughters In Law (R) (Eps 16 & 17) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Vivianna takes a bus ride to the hotel by herself to look for Huiyuan. The frightened child cries when she sees Zhenyu at the hotel.
	<不屈的儿媳妇> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	(PG)薇薇安娜在家无聊, 于是独自搭车到饭店找惠苑。薇薇安娜一路上觉得害怕又委屈, 一见到振宇便号啕大哭。
5:00 PM	Material Queen (R) (Eps 31 & 32) (English/Chinese Subtitles) (Taiwan Drama)	Chuman has a good chat with her biological mother. They acknowledge their mother-daughter relationship afterwards. Meanwhile, Deji finally proposes to Chuman and agrees to give her all his property. Chuman accepts Dejis proposal. Jiahao is upset.
	<拜金女王> (台湾剧)(重) (中英文字幕)	楚曼与生母详谈往事, 终于母女相认。其间, 德基正式向楚曼求婚, 并同意把全部财产送交楚曼。楚曼点头答应, 家豪非常失落。

<b>7:00 PM</b>	Battle Of Voices (Chinese Subtitles) (Variety)	"Battle Of Voices" is currently one of the top variety shows in Taiwan. Hosted by Harlem Yu, the show pits aspiring singers against famous singers. The winning contestant can choose to either walk away with the prize money or continue with his/her challenge for a chance to win a recording contract.
	<超级歌喉赞> (综艺节目) (中文字幕)	<超级歌喉赞>是目前台湾最新最热门的综艺节目。主持人庾澄庆每期都会邀请歌坛唱将级大咖与参赛的新人来场歌艺PK大赛，并邀请30位电台DJ为比赛当评委，如果挑战者成功连闯六关，即可得到发行单曲机会。
<b>8:30 PM</b>	Neighborhood Gourmet (Chinese Subtitles) (Infotainment)	The comical Kitty Yuen and King Kong will introduce viewers to delicious food all over Hong Kong. They will also learn the secret recipes of various chefs' signature dishes and hold a PK contest in every episode.
	<街坊厨神> (娱乐资讯节目) (中文字幕)	小仪与金刚这两位「街坊厨神」将带观众朋友穿街过巷到处扫匀香港、九龙、新界各个地区的街坊美食。此外，两人还会向大厨们拜师学艺，请教他们的独门厨艺秘技，并且即场以所学的制作该店招牌菜，再由众街坊食客试吃评分。
<b>9:00 PM</b>	In Time With You (Ep 12) (PG)(English/Chinese Subtitles) (Taiwan Drama)	Daren agrees to be transferred to Singapore so as to keep a distance from Youqing. Maggie reveals to Youqing that Daren is leaving because of her.
	<我可能不会爱你> (台湾剧) (中英文字幕)	(PG)大仁为了与又青保持距离，毅然同意调任新加坡工作。Maggie透露给又青大仁离开的理由。
<b>10:30 PM</b>	Money Week (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。
<b>11:00 PM</b>	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
<b>11:30 PM</b>	ePuff (Debut) (Variety)	MediaCorp heartthrob Desmond Tan is the special guest in this debut episode of ePuff. He will share his passion and love for music, and his latest projects, in addition to promoting his latest debut single. Desmond also answered some of the questions posted by fans on the Channel 8 Facebook page. Join host Chen Ning in this episode not to be missed.

	<娱乐泡芙> (综艺节目)	(首播)娱乐泡芙请来了当红新传媒艺人陈炯江上节目，与主持人陈宁畅谈他对音乐的兴趣， 和最新的作品，更没忘了宣传他的最新单曲《关怀方式》。炯江还在节目里回答了粉丝的问题。趣味性超强，您绝对不能错过。
12:00 AM	Taiwan Delicacies III (R) (Infotainment)	This entertaining variety serial features delicious cuisine from Taiwan. In this episode, CoCo introduces local delicacies of Shi Men to the audience.
	<台湾好味道> (娱乐资讯节目)(重)	"台湾好味道"带你到台湾品尝美食。这一集,主持人蒋怡将介绍石门的美食给观众。
12:30 AM	Injustice (R) (Eps 24 & 25) (PG)(Last Episode) (Drama)	Starring Tiffany Leong, Chris Tong, Emily Lim, Zzen Zhang, William San and Alan Yun, this 25-part drama serial depicts how a young woman from a poor family seeks revenge for her father's tragic death on a wealthy family.
	<血蝴蝶> (连续剧)(重)	(PG)(大结局) 由梁丽芳，童冰玉，林佩琦，张缜翔，辛伟康与袁锦伦主演，这套二十五集的连续剧，叙述一个立志为她惨死的父亲报仇的少女，如何向一户富有人家进行报复。
2:30 AM	End of Transmission	
TIME	EVENT	SYNOPSIS
<b>Sun, 03 Nov 2013 (Channel U)</b>		
6:00 AM	Home Shopping (Commercial)	
	<购物乐>	
10:00 AM	Million Singer (R) (Chinese Subtitles) (Variety)	"Million Singer" is currently one of the top variety shows in Taiwan. Hosted by Harlem Yu, the programme invites famous singers to take part in "Remember the Song Lyrics Contest" every week. Winners stand to win the grand prize of NT\$1,000,000.
	<百万大歌星> (综艺节目)(重) (中文字幕)	<百万大歌星>是目前台湾最新最热门的综艺节目。主持人庾澄庆每期都会邀请许多艺人来参加歌唱游戏， 考验他们背记歌词的功利。如果他们一路过关斩将， 就可赢取一百万元奖金。
11:30 AM	Running Man (R) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Variety)	Hosted by Yu Jae-suk, this Korean variety show is categorized as an "Urban action variety show". The star guests take part in a series of difficult missions to become the winner at the end of the race.
	<Running Man> (综艺节目)(重)(双声道 - 华韩语) (中英文字幕)	这部充满动感的游戏节目由刘在锡主持。受邀的明星嘉宾要完成一连串的任务，努力争取成为赛事的优胜者。
12:30 PM	Web Rumour Go Go Go (Chinese Subtitles) (Infotainment)	In this brand new series of Web Rumour Go Go Go, the hosts continue to interview experts and use scientific methods to verify the authenticity of the latest rumours on the Internet.
	<流言追追追> (娱乐资讯节目) (中文字幕)	小兵（薛纪网）和翁滋蔓再次搜索网上最新的流言，并以科学的方式进行试验，为您揭开流言的真假。

<b>12:55 PM</b>	The After Dinner Mysteries (R) (Eps 1 & 2) (PG)Original with Chinese Subtitles)(English/Chinese Subtitles) (Japanese Drama)	The drama is based on a popular novel of the same name in Japan which tells a story about Hosho Reiko, a rookie detective, and the daughter of a plutocrat, who solves various cases by receiving the help of her butler, Kageyama, who has a wicked tongue.
	<推理要在晚餐后> (日剧)(重) (中英文字幕)	(日语附中文字幕) 影山是世界知名企业一宝生集团社长的独生女丽子的管家兼司机。隐藏了"大小姐"身份的国立署新人刑警丽子，每逢疑难案件，就会回到自家豪宅，一边休息一边将全部案情告诉侍奉她用晚餐的影山，同时流畅地推理案情，找出真相。
<b>3:00 PM</b>	Iron Daughters In Law (R) (Eps 18 & 19) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Yanting wants Shangyu to take responsibility when she finds out that Shunting is pregnant. Shunting wants Yanting to stay out of the issue.
	<不屈的儿媳们> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	(PG)妍婷发现顺婷怀孕，于是去找尚宇，要他对顺婷负责，顺婷却要妍婷别多管闲事。
<b>5:00 PM</b>	Okinawa Blues (Chinese Subtitles) (Infotainment)	Join hosts Ella Gou Yunhui and Christine Guan Enna as they bring viewers around Okinawa, an island south of Japan, where many locals and tourists head to for a fun-filled and relaxing, sunny holiday. Viewers will get to enjoy the scenic views of Okinawa and be introduced to the various local delicacies.
	<恋恋冲绳> (娱乐资讯节目) (中文字幕)	一连五集的节目，官恩娜，苟芸慧会带观众游冲绳，投入当地的海洋世界，寻找自愈放松的活动，品尝特产美食，环岛游感受小岛风情，以及体验冲绳与别不同的音乐文化。
<b>5:30 PM</b>	Tao's Talkshow (R) (Ep 9) (Chinese Subtitles) (Variety)	Big-scale stage performances used to wow the masses in Taiwan during the 80s. Indulge in to todays programme as we bring you performances like magic show, robotic dance, clown act and acrobatic displays. Relive the great 80s!
	<陶子艺言堂> (综艺节目)(重) (中文字幕)	台湾秀场曾经风靡一时，许多人对当时的歌舞表演仍念念不忘。今天的节目将为您带来魔术、机械舞、小丑秀、杂技表演等多项精彩演出，让台湾的秀场传奇重现你我眼前！
<b>7:00 PM</b>	Chinese Dream III (Last Episode)(Chinese Subtitles) (Variety)	The lion dance champions were back again to mesmerize you, but this time, they aimed to break a lion-dancing world record to win themselves an all-expenses paid trip to compete in Malaysia. Next, Li Gen and his cousin appeared on stage again with the support of famous actress, Zhang Zi Yi.
	<中国梦想秀 Sr 3> (综艺节目) (中文字幕)	(最后一集)舞狮兄弟再度回到梦想舞台。这次，他们要打破跳桩纪录，希望得到赞助商的青睐。接下来，战胜病魔的李根和表妹也再度回到梦想舞台，张子怡也出现在大银幕支持他们。

<b>8:30 PM</b>	Approaching Science (Info/Education)	Hosted by Zhang Tengyue, this documentary expounds on a wide range of topics such as the mysterious cave, prehistoric creature, eight-legged hunter.
	<走近科学> (资讯节目)	在这部纪录片中, 主持人张腾岳, 试图以科学的方法来探讨和解释, 一些稀奇古怪的事物与现象。譬如洞穴疑影, 深山角怪, 八爪猎手之谜等等。
<b>9:00 PM</b>	My Princess (Ep 9) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Haiying finds Li Xue at a restaurant and brings her to the place she stayed during her childhood. Li Xue eventually recalls some special occasions in the past. Meanwhile, Dongzai faints when Li Xue states that she refuses to reclaim the title of princess.
	<我的公主> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)海英终于在一间餐厅内找到了李雪, 并把她带到儿时的居所, 李雪也因此寻回童年的一些重要记忆。其间, 李雪声言不再当公主, 东载不堪刺激, 当场昏倒。
<b>11:00 PM</b>	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》, 在半小时里除深入报道本地与国际要闻, 还有详尽的财经新闻和体坛动态。世界局势与经济动脉, 让大家轻松掌握。
<b>11:30 PM</b>	Money Week (R) (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)(重)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态, 让观众能更好地掌握市场走势和投资情报。
<b>12:00 AM</b>	VS Arashi (R) (Dual Sound - 2nd track in Japanese) (Variety)	VS Arashi is a variety game show hosted by the idol group Arashi, with them opposing a different team of actors or comedians every week.
	<VS Arashi> (综艺节目)(重)(双声道 - 华日语)	VS Arashi 由日本偶像组合"岚"主持的游戏节目, 游戏规则是"岚"5人加上1~2名嘉宾组成岚队, 与由5~7人组成的嘉宾队进行5场游戏对决, 节目完结时得分较高的一队的嘉宾可获得希望的奖品。
<b>1:00 AM</b>	The Village H.E.L.P. - Land For The People (R) (Dual Sound - 2nd track in English) (Documentary)	
	<乡村H.E.L.P.-人民的土地> (纪录片)(重)(双声道 - 华英语)	
<b>2:00 AM</b>	Vocals of Arts (R) (Local Info-Ed)	
	<艺术大声说> (本地资讯节目)(重)	

<b>2:30 AM</b>	End of Transmission	
<b>TIME</b>	<b>EVENT</b>	<b>SYNOPSIS</b>
	<b>Mon, 04 Nov 2013 (Channel U)</b>	
<b>11:00 AM</b>	Home Shopping (Commercial)	
	<购物乐>	
<b>3:00 PM</b>	Money Week (R) (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)(重)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。
<b>3:30 PM</b>	P.R.D. Walker (R) (Chinese Subtitles) (Infotainment)	In this series of travelogues, host Leung Ka Ki and Karman Cheng takes us through the many interesting places throughout China's Pearl River Delta.
	<潮游珠三角> (娱乐资讯节目)(重) (中文字幕)	在这系列旅游记事里，让主持人梁嘉琪与郑嘉雯带我们潮游珠三角。
<b>4:00 PM</b>	Nothing is bigger than eat II (R) (Chinese Subtitles) (Infotainment)	An infotainment programme hosted by Liang Hequn in which two artistes display their culinary skills in front of a panel of judges. In addition, there is a segment where an experienced chef cooks the desired dish upon audience request.
	<吃饭皇帝大> (娱乐资讯节目)(重) (中文字幕)	由梁赫群主持的美食节目。幸福料理铁人蒋伟文与阳光热血主厨陈德烈在一组评判面前展出他们烹饪才艺。另外，台湾名厨刘仁华会在"你点菜我上菜"单元里教大家煮观众想要学的菜肴。
<b>5:00 PM</b>	A Story of Lala's Promotion (R) (Ep 7) (English/Chinese Subtitles) (Drama)	Rose takes three months leave and hands over the renovation job to her team. Lala volunteers to be in charge of the renovation work. Helen gets Lala to go to a speed-dating event and Lala is approached by a man who is younger than her by six years.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	玫瑰因身体不适，请假三个月，并将公司的装修工程交给属下执行。拉拉挺身而出，自愿成为此项目的负责人。海伦带拉拉去参加相亲活动，拉拉竟被小她六岁的男人看中。
<b>6:00 PM</b>	Superhero At Home (Ep 13) (PG) (Drama)	After being hit by lightning in a storm, a young man recovers to find himself being able to foresee the future. With this extraordinary ability, he strives to change the course of event to prevent terrible things from happening.
	<家有超男> (连续剧)	(PG)青年德培在雨中行走突遭电击，醒来后却发现自己有了预知的超能力。此后，每当他有任何不详的预感时，他都会试图去防止坏事的发生。

<b>7:00 PM</b>	Moon and Stars for You (Ep 56) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Minhe and Caiyuan suspects Yingze of sabotaging Minhe when they realize that Minhes staff pass has gone missing. Yingze tells Zhengxun that Minhe has collaborated with Daoxun and shows Zhengxun photographs of Minhe and Daoxun meeting in a pub.
	<愿为你摘星揽月> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)敏赫发现自己的职员卡被偷，彩媛和敏赫均怀疑是英泽所为。政勋要察看调查结果。英泽抢先说自己怀疑敏赫出卖公司，还出示敏赫与道勋见面的照片，政勋看到照片后大怒。
<b>8:00 PM</b>	Smart @ Work 2 (English Subtitles) (Infotainment)	How much do you understand about the employment contract that you signed when you enter a company? What are the details to take note of in the contract?
	<上班不留白2> (娱乐资讯节目) (英文字幕)	把职场“合约”形容为“卖身契”一点都不为过，当新鲜人进入一间新公司，第一件事就是“签合约”，很多人都认为“合约”每个人都要签，看不看都一样，其实里面的学问可大了。
<b>9:00 PM</b>	Note to My Teenage Self (Last Episode) (Local Info-Ed)	Nick Vujicic is the man without limbs. This has made him the subject of bullying in school. Then, he attempted to commit suicide but it was thankfully unsuccessful. A newspaper article he read at 13 changed his life. He was motivated to live life normally and has never looked back since then.
	<致昨日的我> (本地资讯节目)	(最后一集)一出世就少了四肢，Nick从小就得面对种种的困难和不便。上小学时，他更是受到同学们的排挤、嘲笑和欺负，自信心全然受挫。这使他陷入忧郁，甚至尝试过在家里的浴缸自杀。浸泡在水里的那瞬间，父母伤心的脸终于让他打消了自杀的念头。
<b>9:30 PM</b>	World This Week (Local Info-Ed)	Every week all around the world, there are lots of queer and amusing happenings. Check them out on World This Week and be amazed without leaving your comfortable couch!
	<世界一周> (本地资讯节目)	每一个星期在世界的不同角落都会发生不同有趣或惊奇的事物。《世界一周》带你去探个究竟，让你不出家门也可以增广见闻。
<b>10:00 PM</b>	Beyond The Realm of Conscience (Ep 25) (PG)(English/Chinese Subtitles) (Hongkong Drama)	Both fathers of Liu Sanhao and Gao Xianyang fell prey to the despicable Eunuch Ma. Liu Sanhao suggested to tie the nuptial knot with Gao Xianyang before his father passed on.
	<宫心计> (港剧) (中英文字幕)	(PG)刘三好和高显扬的爹一同被奸人马元贇下毒。高耀安临终前心愿未了，刘三好为了让高显扬尽孝道，提议马上和他成亲。
<b>11:00 PM</b>	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。

<b>11:30 PM</b>	Note to My Teenage Self (R) (Last Episode) (Local Info-Ed)	Nick Vujicic is the man without limbs. This has made him the subject of bullying in school. Then, he attempted to commit suicide but it was thankfully unsuccessful. A newspaper article he read at 13 changed his life. He was motivated to live life normally and has never looked back since then.
	<致昨日的我> (本地资讯节目)(重)	(最后一集)一出世就少了四肢, Nick从小就得面对种种的困难和不便。上小学时, 他更是受到同学们的排挤、嘲笑和欺负, 自信心全然受挫。这使他陷入忧郁, 甚至尝试过在家里的浴缸自杀。浸泡在水里的那瞬间, 父母伤心的脸终于让他打消了自杀的念头。
<b>12:00 AM</b>	Smart @ Work 2 (R) (English Subtitles) (Infotainment)	How much do you understand about the employment contract that you signed when you enter a company? What are the details to take note of in the contract?
	<上班不留白2> (娱乐资讯节目)(重) (英文字幕)	把职场“合约”形容为“卖身契”一点都不为过, 当新鲜人进入一间新公司, 第一件事就是“签合约”, 很多人都认为“合约”每个人都要签, 看不看都一样, 其实里面的学问可大了。
<b>1:00 AM</b>	World This Week (R) (Local Info-Ed)	Every week all around the world, there are lots of queer and amusing happenings. Check them out on World This Week and be amazed without leaving your comfortable couch!
	<世界一周> (本地资讯节目)(重)	每一个星期在世界的不同角落都会发生不同有趣或惊奇的事物。《世界一周》带你去探个究竟, 让你不出家门也可以增广见闻。
<b>1:30 AM</b>	A Story of Lala's Promotion (R) (Ep 7) (English/Chinese Subtitles) (Drama)	Rose takes three months leave and hands over the renovation job to her team. Lala volunteers to be in charge of the renovation work. Helen gets Lala to go to a speed-dating event and Lala is approached by a man who is younger than her by six years.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	玫瑰因身体不适, 请假三个月, 并将公司的装修工程交给属下执行。拉拉挺身而出, 自愿成为此项目的负责人。海伦带拉拉去参加相亲活动, 拉拉竟被小她六岁的男人看中。
<b>2:30 AM</b>	End of Transmission	
<b>TIME</b>	<b>EVENT</b>	<b>SYNOPSIS</b>
<b>Tue, 05 Nov 2013 (Channel U)</b>		
<b>11:00 AM</b>	Home Shopping (Commercial)	
	<购物乐>	
<b>3:00 PM</b>	Diamond Club (R) (Chinese Subtitles) (Variety)	The highest-rated Taiwan variety programme, hosted by the famous Regine, is now on Channel U! Judged by a panel of "Shrewd tongue" guest artistes, the programme showcase unique talents from all walks of life - magic show, street dance, dog talent performance.
	<钻石夜总会> (综艺节目)(重) (中文字幕)	由台湾名嘴利菁主持, 《钻石夜总会》汇集了全台最独特、最叫人惊喜连连的表演节目。从魔术, 杂耍, 舞蹈至狗狗特技表演等, 样样让观众看得目不暇给!

<b>5:00 PM</b>	A Story of Lala's Promotion (R) (Ep 8) (English/Chinese Subtitles) (Drama)	Lala is mad at Wang Wei who refuses to cooperate with her to pack his stuff for the companys renovation. She decides to do the packing for him but ends up being scolded. Unable to bear the stress, Lala burst into tears.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	拉拉催促市场部按照时间表搬家但不果。王伟也不肯合作，拉拉决定自己动手收拾王伟的办公室但后来被王伟责骂。拉拉无法承受种种的压力，突然在王伟的办公室大哭。
<b>6:00 PM</b>	Superhero At Home (Ep 14) (PG) (Drama)	After being hit by lightning in a storm, a young man recovers to find himself being able to foresee the future. With this extraordinary ability, he strives to change the course of event to prevent terrible things from happening.
	<家有超男> (连续剧)	(PG)青年德培在雨中行走突遭电击，醒来后却发现自己有了预知的超能力。此后，每当他有任何不详的预感时，他都会试图去防止坏事的发生。
<b>7:00 PM</b>	Moon and Stars for You (Ep 57) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Yingshan scolds Minhe for betraying the company. Zhengxun wants Minhe to move out of the house for the time being. Caiyuan falls into a pond when she visits Minhe. Minhe almost drowns when he tries to save Caiyuan. He slips into a coma later on.
	<愿为你摘星揽月> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)英善以为敏赫出卖公司，骂敏赫忘恩负义，政勋要敏赫暂时搬出去。彩媛到别墅找敏赫，不小心跌入池塘。敏赫为了救彩媛结果险些溺水，送入医院后陷入昏迷状态。
<b>8:00 PM</b>	Finding U (Variety)	The locations for this episode are Kranji Reservoir, MFG Floating Fish Farm, Jurong Frog Farm and Bollywood Veggies. The 4 hosts will compete with each other to find the U, Frog Princess. Desmond Tan and Pierre Png will also be appearing in this episode. Who will beat the rest and win the game?
	<寻U 先锋> (综艺节目)	这集的任务地点在克兰芝蓄水池、MFG浮动渔排、裕廊牛蛙场和Bollywood Veggies。4位主持人将踏上克兰芝农场之旅，寻找"U"-阮晓曦，“牛蛙公主”。方展发和陈洞江也会出现在现场。
<b>9:00 PM</b>	MasterChef China (Chinese Subtitles) (Variety)	Contestants from all over China come together to display their culinary skills and showcase their passion for food and cooking. Watch how the contestants challenge one another to realize their dreams of becoming the next Master Chef.
	<顶级厨师> (综艺节目) (中文字幕)	美食才艺综艺节目《顶级厨师》汇集了来自中国各个城市的烹饪爱好者报名参加，而美食观察团也将由国内顶尖明星与资深美食家担任。敬请锁定节目，看所有参赛者们如何施展精湛的厨艺，争夺成为下一届顶级厨师的荣衔!
<b>10:00 PM</b>	Beyond The Realm of Conscience (Ep 26) (PG)(English/Chinese Subtitles) (Hongkong Drama)	Liu Sanhao discovered that Concubine Li was responsible for Lady Wans death. Liu Sanhao was indecisive when Concubine Li begged her not to report the matter to the Empress Dowager.

	<宫心计> (港剧) (中英文字幕)	(PG)刘三好无意间发现到是丽妃嫁祸于万夫人，于是向丽妃追问事实。丽妃向刘三好哀求不要禀报太后。刘三好犹豫不决。
11:00 PM	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
11:30 PM	Finding U (R) (Variety)	The locations for this episode are Kranji Reservoir, MFG Floating Fish Farm, Jurong Frog Farm and Bollywood Veggies. The 4 hosts will compete with each other to find the U, Frog Princess. Desmond Tan and Pierre Png will also be appearing in this episode. Who will beat the rest and win the game?
	<寻U 先锋> (综艺节目)(重)	这集的任务地点在克兰芝蓄水池、MFG浮动渔排、裕廊牛蛙场和Bollywood Veggies。4位主持人将踏上克兰芝农场之旅，寻找"U"-阮晓曦，“牛蛙公主”。方展发和陈河江也会出现在现场。
12:30 AM	MasterChef China (R) (Chinese Subtitles) (Variety)	Contestants from all over China come together to display their culinary skills and showcase their passion for food and cooking. Watch how the contestants challenge one another to realize their dreams of becoming the next Master Chef.
	<顶级厨师> (综艺节目)(重) (中文字幕)	美食才艺综艺节目《顶级厨师》汇集了来自中国各个城市的烹饪爱好者报名参加，而美食观察团也将由国内顶尖明星与资深美食家担任。敬请锁定节目，看所有参赛者们如何施展精湛的厨艺，争夺成为下一届顶级厨师的荣誉!
1:30 AM	A Story of Lala's Promotion (R) (Ep 8) (English/Chinese Subtitles) (Drama)	Lala is mad at Wang Wei who refuses to cooperate with her to pack his stuff for the companys renovation. She decides to do the packing for him but ends up being scolded. Unable to bear the stress, Lala burst into tears.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	拉拉催促市场部按照时间表搬家但不果。王伟也不肯合作，拉拉决定自己动手收拾王伟的办公室但后来被王伟责骂。拉拉无法承受种种的压力，突然在王伟的办公室大哭。
2:30 AM	End of Transmission	
<b>TIME</b>	<b>EVENT</b>	<b>SYNOPSIS</b>
<b>Wed, 06 Nov 2013 (Channel U)</b>		
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	World This Week (R) (Local Info-Ed)	Every week all around the world, there are lots of queer and amusing happenings. Check them out on World This Week and be amazed without leaving your comfortable couch!

	<世界一周> (本地资讯节目)(重)	每一个星期在世界的不同角落都会发生不同有趣或惊奇的事物。《世界一周》带你去探个究竟，让你不出家门也可以增广见闻。
<b>3:30 PM</b>	Extraordinary Asian (R) (Chinese Subtitles) (Info/Education)	
	<梦捕手> (资讯节目)(重) (中文字幕)	
<b>4:30 PM</b>	Wonder Chef 2 - The Grand PK (R) (Local Variety)	In season 2, we put the newly crowned Wonder Chef to the test by inviting the entire nation to come forward and PK the reigning Wonder Chef.
	<我要当食神- PK 版> (本地综艺节目)(重)	16位参赛者和8位艺人将会来踢馆，挑战上个系列的8位食神，食神荣衔会否重新洗牌呢？
<b>5:00 PM</b>	A Story of Lala's Promotion (R) (Ep 9) (English/Chinese Subtitles) (Drama)	Lala realises that Hongming kept Xia Hong in the dark about him giving money to her. Xia Hong finds out that Hongming meets up with Lala secretly and is mad at Lala for not keeping her distance with Hongming.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	拉拉发现鸿明瞒着夏红，偷偷借钱给她。夏红后来得知鸿明与拉拉私自见面，谴责拉拉应该与鸿明保持距离。
<b>6:00 PM</b>	Superhero At Home (Ep 15) (PG) (Drama)	After being hit by lightning in a storm, a young man recovers to find himself being able to foresee the future. With this extraordinary ability, he strives to change the course of event to prevent terrible things from happening.
	<家有超男> (连续剧)	(PG)青年德培在雨中行走突遭电击，醒来后却发现自己有了预知的超能力。此后，每当他有任何不详的预感时，他都会试图去防止坏事的发生。
<b>7:00 PM</b>	Moon and Stars for You (Ep 58) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Minhe recalls his childhood. He leaves the hospital and finds his way to the Xus residence. Then, he tails Wanhu silently to observe what Wanhu does for a living.
	<愿为你摘星揽月> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)敏赫在昏迷时想起儿时的点滴，清醒后凭着记忆走到徐家，然后静静地跟踪万虎，看他施工的情况。
<b>8:00 PM</b>	Yes Sir. Sorry Sir! (Ep 6) (PG)(English/Chinese Subtitles) (Hongkong Drama)	LAW YIU-WAH (Moses Chan), who comes from a long line of disciplined workers, is a teacher of a notorious school. One day, he was urged to resign after being vilified by his students as a peeping Tom. At present, the triads have expanded their drug network within the schools. WAH, who has become a cop, is told to go undercover at the school where he used to teach.
	<点解阿Sir係阿Sir> (港剧) (中英文字幕)	(PG)罗耀华由教书阿Sir转职为警察阿Sir，但竟被派回原校当卧底，调查黑帮校园毒网！耀华积极讨好校内四大恶人“K4”，但新来的老师何妙雪却轻易赢得学生信任，耀华亦被其善良吸引。此时，外表冷酷的保龄球教练古嘉岚，被揭发是社团头目姨仔。为破案，耀华只好假意追求嘉岚，而年青有为的督察程文力亦对妙雪展开追求。破案在望，耀华的身份却被识穿。

<b>9:00 PM</b>	MasterChef China (Chinese Subtitles) (Variety)	Contestants from all over China come together to display their culinary skills and showcase their passion for food and cooking. Watch how the contestants challenge one another to realize their dreams of becoming the next Master Chef.
	<顶级厨师> (综艺节目) (中文字幕)	美食才艺综艺节目《顶级厨师》汇集了来自中国各个城市的烹饪爱好者报名参加，而美食观察团也将由国内顶尖明星与资深美食家担任。敬请锁定节目，看所有参赛者们如何施展精湛的厨艺，争夺成为下一届顶级厨师的荣衔!
<b>10:00 PM</b>	Beyond The Realm of Conscience (Ep 27) (PG)(English/Chinese Subtitles) (Hongkong Drama)	General Wan pledged his allegiance to the Emperor and secretly helped Gao Xianyang when he found out that Eunuch Ma is plotting against the Emperor. Zhong Xuexia finally came to terms with the death of Eunuch Bu and believed Ruan Cuiying of not committing any wrongdoings against Eunuch Bu.
	<宫心计> (港剧) (中英文字幕)	(PG)万将军察觉到马元贽企图要谋反，暗中帮高显扬和皇上实行除掉马元贽的计划。锺雪霞终于相信阮翠云没有杀害布公公。
<b>11:00 PM</b>	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
<b>11:30 PM</b>	MasterChef China (R) (Chinese Subtitles) (Variety)	Contestants from all over China come together to display their culinary skills and showcase their passion for food and cooking. Watch how the contestants challenge one another to realize their dreams of becoming the next Master Chef.
	<顶级厨师> (综艺节目)(重) (中文字幕)	美食才艺综艺节目《顶级厨师》汇集了来自中国各个城市的烹饪爱好者报名参加，而美食观察团也将由国内顶尖明星与资深美食家担任。敬请锁定节目，看所有参赛者们如何施展精湛的厨艺，争夺成为下一届顶级厨师的荣衔!
<b>12:30 AM</b>	Stars For A Cause 3 (R) (Info/Education)	In this series, we bring 8 artistes from Singapore and around the region to different parts of the world as part of voluntary corps.
	<明星志工队> (资讯节目)(重)	新系列的《明星志工队》将到以下地区服务：菲律宾，中国，台湾，泰国等，服务的对象包括：有视力障碍的儿童，遭受硫酸袭击的受害者，患有自闭症的青年，不幸踩到地雷而前腿被炸残的大象等。
<b>1:30 AM</b>	A Story of Lala's Promotion (R) (Ep 9) (English/Chinese Subtitles) (Drama)	Lala realises that Hongming kept Xia Hong in the dark about him giving money to her. Xia Hong finds out that Hongming meets up with Lala secretly and is mad at Lala for not keeping her distance with Hongming.

	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	拉拉发现鸿明瞒着夏红，偷偷借钱给她。夏红后来得知鸿明与拉拉私自见面，谴责拉拉应该与鸿明保持距离。
<b>2:30 AM</b>	End of Transmission	
<b>TIME</b>	<b>EVENT</b>	<b>SYNOPSIS</b>
	<b>Thu, 07 Nov 2013 (Channel U)</b>	
<b>11:00 AM</b>	Home Shopping (Commercial)	
	<购物乐>	
<b>3:00 PM</b>	Jumong (R) (Ep 67) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Liu Hua and Su-er try to flee from Buyeo with Liuli, but they are captured by Luo Lu and his men at the borders.
	<朱蒙> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	(PG)柳花和肃儿带着朱蒙的儿子逃出夫余宫，但在国境被罗路带领的军士捉回夫余宫。
<b>4:00 PM</b>	Jumong (R) (Ep 68) (PG-Some Violence)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	The people of Buyeo go to Guilou in masses when they hear that the Damul Army and Guilou will take care of refugees. Angered by Zhumengs popularity, Jinwa orders for those who want to go to Guilou to be killed.
	<朱蒙> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	(PG-些许暴力画面)饥饿的夫余百姓听说多勿军和桂娄会照顾遗民，于是纷纷涌入桂娄。金蛙见百姓们爱戴朱蒙，于是下令砍杀要投靠朱蒙的百姓们。
<b>5:00 PM</b>	A Story of Lala's Promotion (R) (Ep 10) (English/Chinese Subtitles) (Drama)	Lala gets drunk at the companys function and unwittingly reveals her problems to Wang Wei. Daisy is unhappy when she sees Wang Wei hugging Lala.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	拉拉在公司晚会喝醉酒，无意中向王伟透露心事。黛西见王伟抱着拉拉，心感不快。
<b>6:00 PM</b>	Superhero At Home (Ep 16) (PG) (Drama)	After being hit by lightning in a storm, a young man recovers to find himself being able to foresee the future. With this extraordinary ability, he strives to change the course of event to prevent terrible things from happening.
	<家有超男> (连续剧)	(PG)青年德培在雨中行走突遭电击，醒来后却发现自己有了预知的超能力。此后，每当他有任何不详的预感时，他都会试图去防止坏事的发生。
<b>7:00 PM</b>	Moon and Stars for You (Ep 59) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Hanmidang Food holds an urgent board of directors meeting. Caiyuan brings Daoxun along. Daoxun explains that the wholemeal bread is jointly produced by Hanying and Hanmidang. The board of directors are thus unable to put any blame on Minhe.
	<愿为你摘星揽月> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)韩味堂就新品外流一事召开理事会。彩媛带着道勋出席，道勋向众人说明国产全麦是韩英与韩味堂共同研发的产品，令理事们无法怪罪敏赫。

<b>8:00 PM</b>	Yes Sir. Sorry Sir! (Ep 7) (PG)(English/Chinese Subtitles) (Hongkong Drama)	LAW YIU-WAH (Moses Chan), who comes from a long line of disciplined workers, is a teacher of a notorious school. One day, he was urged to resign after being vilified by his students as a peeping Tom. At present, the triads have expanded their drug network within the schools. WAH, who has become a cop, is told to go undercover at the school where he used to teach.
	<点解阿Sir係阿Sir> (港剧) (中英文字幕)	(PG)罗耀华由教书阿Sir转职为警察阿Sir, 但竟被派回原校当卧底, 调查黑帮校园毒网! 耀华积极讨好校内四大恶人“K4”, 但新来的老师何妙雪却轻易赢得学生信任, 耀华亦被其善良吸引。此时, 外表冷酷的保龄球教练古嘉岚, 被揭发是社团头目姨仔。为破案, 耀华只好假意追求嘉岚, 而年青有为的督察程文力亦对妙雪展开追求。破案在望, 耀华的身份却被识穿。
<b>9:00 PM</b>	Style: Check-in (Infotainment)(Last Episode)	Love to wear flats? Want to try out new hairstyles for work? Stay tune for fashion tips. If you want to experience lifestyle of a cowboy, join the host as they enter a unique themed resort. For coffee lovers, pamper yourself in a cafe where you can enjoy coffee and scrumptious food.
	<潮人攻略> (娱乐资讯节目)	(最后一集)这集节目将教你重新诠释平底时尚, 如何配搭平底鞋。达人也会教你怎么为自己设计简单时髦的发型美美上班。想体验牛仔生活, 节目介绍的好去处你一定会喜欢。非一般的早餐体验, 结合了咖啡与美食。你心动了吗?
<b>10:00 PM</b>	Beyond The Realm of Conscience (Ep 28) (PG)(English/Chinese Subtitles) (Hongkong Drama)	A jealous Concubine Li planned to get rid Liu Sanhao to prevent her from getting further attention from the Emperor. Concubine Xian proposed to the Emperor to take Liu Sanhao as his consort to prevent her from being married off to a foreign land.
	<宫心计> (港剧) (中英文字幕)	(PG)丽妃非常妒嫉皇上处处护着刘三好, 暗中要把她给除掉。为了要阻止刘三好嫁去吐蕃国, 贤妃向皇上提议纳刘三好为妃。
<b>11:00 PM</b>	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》, 在半小时里除深入报道本地与国际要闻, 还有详尽的财经新闻和体坛动态。世界局势与经济动脉, 让大家轻松掌握。
<b>11:30 PM</b>	Style: Check-in (R) (Infotainment)(Last Episode)	Love to wear flats? Want to try out new hairstyles for work? Stay tune for fashion tips. If you want to experience lifestyle of a cowboy, join the host as they enter a unique themed resort. For coffee lovers, pamper yourself in a cafe where you can enjoy coffee and scrumptious food.
	<潮人攻略> (娱乐资讯节目)(重)	(最后一集)这集节目将教你重新诠释平底时尚, 如何配搭平底鞋。达人也会教你怎么为自己设计简单时髦的发型美美上班。想体验牛仔生活, 节目介绍的好去处你一定会喜欢。非一般的早餐体验, 结合了咖啡与美食。你心动了吗?

<b>12:30 AM</b>	Guess Who (R) (Chinese Subtitles) (Infotainment)	In this reality TV series, various artistes will be invited into the homes of ordinary folks for dinner. The mystery guests will only be revealed just before the meal. Watch out for the spontaneous and heart warming interaction between hosts and guests.
	<谁来晚餐> (娱乐资讯节目)(重) (中文字幕)	"谁来晚餐"是个时下颇为流行的实况电视节目. 每集节目都拜访一个家庭,并邀请他们的梦幻嘉宾上门共进晚餐. 内容没有太多刻意的安排,也许是小小梦想的完成,也可能会看到名人卸下包装与身段之后的真情流露.
<b>1:30 AM</b>	A Story of Lala's Promotion (R) (Ep 10) (English/Chinese Subtitles) (Drama)	Lala gets drunk at the companys function and unwittingly reveals her problems to Wang Wei. Daisy is unhappy when she sees Wang Wei hugging Lala.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	拉拉在公司晚会喝醉酒,无意中向王伟透露心事。黛西见王伟抱着拉拉,心感不快。
<b>2:30 AM</b>	End of Transmission	
<b>TIME</b>	<b>EVENT</b>	<b>SYNOPSIS</b>
	<b>Fri, 08 Nov 2013 (Channel U)</b>	
<b>11:00 AM</b>	Home Shopping (Commercial)	
	<购物乐>	
<b>3:00 PM</b>	Jumong: PG-Some Violence)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (R) (Eps 69 & 70) (Korean Drama)	Song Rang is impressed by Zhumengs courage when Zhumeng arrives at Feiliu alone. At the same time, Song Rang is disappointed by Daisu and Liangzheng. He thus pledges allegiance to Zhumeng.
	<朱蒙> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	(PG- 些许暴力画面)松让佩服朱蒙有胆识单独到沸流去见他,也同时对带素和良正失望,于是答应追随朱蒙。
<b>5:00 PM</b>	A Story of Lala's Promotion (R) (Ep 11) (English/Chinese Subtitles) (Drama)	Vivian gives Lala pointers on how to dress well and Lalas new outfit earns the praise of Wang Wei. Lala finally gets her way with Scott and earns her well-deserved promotion.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	薇薇安指点拉拉如何打扮成职业女性。拉拉的新造型让王伟赞赏。拉拉终于如偿所愿,得到应有的升职。
<b>6:00 PM</b>	Superhero At Home (Ep 17) (PG) (Drama)	After being hit by lightning in a storm, a young man recovers to find himself being able to foresee the future. With this extraordinary ability, he strives to change the course of event to prevent terrible things from happening.
	<家有超男> (连续剧)	(PG)青年德培在雨中行走突遭电击,醒来后却发现自己有了预知的超能力。此后,每当他有任何不详的预感时,他都会试图去防止坏事的发生。
<b>7:00 PM</b>	Moon and Stars for You (Ep 60) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Minhe volunteers to represent his parents to send Wanhu a birthday present on his birthday. Minhe is consumed with emotions when he comes face-to-face with Wanhu at the Xus residence.

	<愿为你摘星揽月> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)万虎过生日。敏赫提议由自己代替父母送贺礼到徐家。过后，敏赫百感交集地向万虎行大礼。
<b>8:00 PM</b>	Yes Sir. Sorry Sir! (Ep 8) (PG)(English/Chinese Subtitles) (Hongkong Drama)	LAW YIU-WAH (Moses Chan), who comes from a long line of disciplined workers, is a teacher of a notorious school. One day, he was urged to resign after being vilified by his students as a peeping Tom. At present, the triads have expanded their drug network within the schools. WAH, who has become a cop, is told to go undercover at the school where he used to teach.
	<点解阿Sir係阿Sir> (港剧) (中英文字幕)	(PG)罗耀华由教书阿Sir转职为警察阿Sir，但竟被派回原校当卧底，调查黑帮校园毒网！耀华积极讨好校内四大恶人“K4”，但新来的老师何妙雪却轻易赢得学生信任，耀华亦被其善良吸引。此时，外表冷酷的保龄球教练古嘉岚，被揭发是社团头目姨仔。为破案，耀华只好假意追求嘉岚，而年青有为的督察程文力亦对妙雪展开追求。破案在望，耀华的身份却被识穿。
<b>9:00 PM</b>	IWalker - The King of Adventure (Infotainment)(Chinese Subtitles)	Our host, Hero, brings us to Busan, Korea, to visit Busan Tower and a culture village. In addition, he will also savour sugar cake, cup cake and red bean porridge.
	<爱玩客之冒险王> (娱乐资讯节目) (中文字幕)	来自马来西亚的主持人Hero将在今天的节目中带大家到韩国釜山参观釜山塔和文化村。他也顺道品尝了糖饼，杯子蛋糕和红豆粥等。
<b>10:00 PM</b>	Beyond The Realm of Conscience (Ep 29) (PG)(English/Chinese Subtitles) (Hongkong Drama)	Eunuch Ma and the other ministers wanted the emperor to issue an arrest warrant for Gao Xianyang and Liu Sanhao. Both appeared in the palace when the Emperor was at a loss of what to do.
	<宫心计> (港剧) (中英文字幕)	(PG)高显扬和刘三好同时失踪，马元赞和众臣们上奏要皇上派人缉拿他们。在皇上无计可施之时，高显扬突然出现在大殿。刘三好随后也出现在太后身边。
<b>11:00 PM</b>	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
<b>11:30 PM</b>	Rainbow Sweetheart (Eps 34 & 35) (PG)(Chinese Subtitles) (Drama)	Shao Feng vaguely remembered Xiao Qian only after she left the Shaos residence. He gave chase to the airport but failed to meet her. Shao Feng recalled all his memories after looking at the rainbow at Xiao Qians inn.
	<彩虹甜心> (连续剧) (中文字幕)	(PG)(最后一集)小千离开邵家后邵峰才恢复记忆记得小千。邵峰赶到机场找小千却落了个空。邵峰到小千的民宿找她时看到了彩虹，回忆才完全恢复。
<b>1:30 AM</b>	A Story of Lala's Promotion (R) (Ep 11) (English/Chinese Subtitles) (Last Episode)(Drama)	Vivian gives Lala pointers on how to dress well and Lalas new outfit earns the praise of Wang Wei. Lala finally gets her way with Scott and earns her well-deserved promotion.

	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	(大结局) 薇薇安指点拉拉如何打扮成职业女性。拉拉的新造型让王伟赞赏。拉拉终于如偿所愿，得到应有的升职。
<b>2:30 AM</b>	End of Transmission	
<b>TIME</b>	<b>EVENT</b>	<b>SYNOPSIS</b>
<b>Sat, 09 Nov 2013 (Channel U)</b>		
<b>6:00 AM</b>	Home Shopping (Commercial)	
	<购物乐>	
<b>10:00 AM</b>	Diamond Club (R) (Chinese Subtitles) (Variety)	The highest-rated Taiwan variety programme, hosted by the famous Regine, is now on Channel U! Judged by a panel of "Shrewd tongue" guest artistes, the programme showcase unique talents from all walks of life - magic show, street dance, dog talent performance.
	<钻石夜总会> (综艺节目)(重) (中文字幕)	由台湾名嘴利菁主持，《钻石夜总会》汇集了全台最独特、最叫人惊喜连连的表演节目。从魔术，杂耍，舞蹈至狗狗特技表演等，样样让观众看得目不暇给！
<b>12:00 PM</b>	Style: Check-in (R) (Infotainment)	Style: Check-in is a brand new stylish infotainment that introduces the trendiest lifestyle and news bites between Singapore and Shanghai! These topics formed are based on these main themes: FUN, FOOD, TRENDS, ENTERTAINMENT and LIFESTYLE.
	<潮人攻略> (娱乐资讯节目)(重)	《潮人攻略》是一个全新的资讯节目介绍新加坡与上海两地流行生活与资讯。这个节目希望以一种更接近现代潮人都市生活的形式，打破一般资讯节目的格局，以FUN、FOOD、TRENDS、ENTERTAINMENT、LIFESTYLE五大主题，联整集节目。
<b>1:00 PM</b>	The Stories In China (Chinese Subtitles)(Last Episode) (Infotainment)	Hosted by Cai Li Qun and Ken, "Stories of China" is a fun and adventurous travelogue that takes its viewers to the different parts of China. From cultural to traditional activities, each episode features the most authentic aspects of China ever as Li Qun shares with the viewers stories about the place visited and its people.
	<在中国的故事> (娱乐资讯节目) (中文字幕)	(最后一集)最真实的中国，最动人的故事！ 让节目主持人蔡立群与阿Ken，带大家去见识中国各地多姿多彩的文化与习俗，品尝各种风味不同的地方美食，以及与观众分享一些鲜为人知的民间轶事。
<b>2:00 PM</b>	The King Of Adventure (R) (Chinese Subtitles) (Infotainment)	Viewers turn into armchair travellers as our programme host Ah Bu takes you to all the interesting places around the world.
	<冒险王> (娱乐资讯节目)(重) (中文字幕)	居家也可以旅行—让节目主持阿布，带你周游世界，增广见闻。
<b>3:00 PM</b>	Iron Daughters In Law (Eps 20 & 21) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Shunting lies that she will be going on a two-day trip when she has actually arranged for an abortion. Shunting backs out of the operation eventually. Yanting says she will support Shuntings decision.

	<不屈的儿媳> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)顺婷骗家人说自己要去旅行两天，但其实是安排到医院堕胎。顺婷到了医院后决定不堕胎。妍婷表示支持。
<b>5:00 PM</b>	Material Queen (R) (Ep 33) (English/Chinese Subtitles) (Taiwan Drama)	Chuman has a good chat with her biological mother. They acknowledge their mother-daughter relationship afterwards. Meanwhile, Deji finally proposes to Chuman and agrees to give her all his property. Chuman accepts Dejis proposal. Jiahao is upset.
	<拜金女王> (台湾剧)(重) (中英文字幕)	楚曼与生母详谈往事，终于母女相认。其间，德基正式向楚曼求婚，并同意把全部财产送交楚曼。楚曼点头答应，家豪非常失落。
<b>6:00 PM</b>	While We Were Drunk (R) (Ep 1) (PG - Some Sexual References)(English/Chinese Subtitles) (Taiwan Drama)	Renowned interior designer, Song Jiexiu, proposes to his model girlfriend, Tang Aiwei but his proposal is rejected by Aiwei who puts her career above him. Lin Xiaoru is excited when her pilot boyfriend, Ren Yixiang, hints about proposing to her in Las Vegas. However, her happiness is short-lived when Yixiang fails to show up for their trip and left a letter for Xiaoru instead.
	<醉后决定爱上你> (台湾剧)(重) (中英文字幕)	(PG- 些许性相关语)知名室内设计师宋杰修满怀信心地向名模女友唐艾薇求婚，却因对方无法放弃事业而被拒绝。另一方面，餐厅主管林晓如，满心期盼飞机师男友任以翔在拉斯维加斯向她求婚，但出发当天以翔不见踪影，只留下一封信给晓如。
<b>7:00 PM</b>	Battle Of Voices (Chinese Subtitles) (Variety)	"Battle Of Voices" is currently one of the top variety shows in Taiwan. Hosted by Harlem Yu, the show pits aspiring singers against famous singers. The winning contestant can choose to either walk away with the prize money or continue with his/her challenge for a chance to win a recording contract.
	<超级歌喉赞> (综艺节目) (中文字幕)	<超级歌喉赞>是目前台湾最新最热门的综艺节目。主持人庾澄庆每期都会邀请歌坛唱将级大咖与参赛的新人来场歌艺PK大赛，并邀请30位电台DJ为比赛当评委，如果挑战者成功连闯六关，即可得到发行单曲机会。
<b>8:30 PM</b>	Neighborhood Gourmet (Chinese Subtitles) (Infotainment)	The comical Kitty Yuen and King Kong will introduce viewers to delicious food all over Hong Kong. They will also learn the secret recipes of various chefs' signature dishes and hold a PK contest in every episode.
	<街坊厨神> (娱乐资讯节目) (中文字幕)	小仪与金刚这两位「街坊厨神」将带观众朋友穿街过巷到处扫匀香港、九龙、新界各个地区的街坊美食。此外，两人还会向大厨们拜师学艺，请教他们的独门厨艺秘技，并且即场以所学的制作该店招牌菜，再由众街坊食客试吃评分。
<b>9:00 PM</b>	In Time With You (Ep 13) (PG)(English/Chinese Subtitles) (Taiwan Drama)	Youqing is anxious when she learns that the plane Liwei is in has crashed. She seeks Darens help and is relieved to find out that Liwei is fine. Daren is disheartened when Youqing agrees to marry Liwei.

	<我可能不会爱你> (台湾剧) (中英文字幕)	(PG)又青得知立威飞往新加坡的班机遇害，因此非常紧张，立刻寻大仁帮忙。又青看到立威没事，松了一口气还答应立威的求婚，大仁觉得心酸。
<b>10:30 PM</b>	Money Week (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。
<b>11:00 PM</b>	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
<b>11:30 PM</b>	ePuff (Variety)	Groomed by talented local music guru Li Si Song and Li Wei Song, and Youtube singing sensation, Ling Kai drops in as guest this week on ePuff. She will share her interesting music career with host Chen Ning, and the honour of having Stefanie Sun gracing her press conference. Ling Kai also performs her latest song live in the programme. Singapore Hit Awards is just around the corner, what do the nominated singers have to say about their chances of winning? Stay tuned to ePuff!
	<娱乐泡芙> (综艺节目)	由著名音乐人李偲菘和李伟菘全力打造的本土新人铃凯将与主持陈宁分享她的音乐之路，还有在现场自弹自唱全新作品。新加坡金曲奖造势活动成功举办，歌手们对他们获奖的胜算又有多少呢？记得锁定娱乐泡芙！
<b>12:00 AM</b>	Office Girls (Debut) (Taiwan Drama)(Ep 1)	
	<小资女孩向前冲> (台湾剧)	(首播)
<b>1:30 AM</b>	Unique Discovery (R) (Info/Education)	"Unique Discovery" is a unique delicacies programme that introduces China's top local delights. Through news reporting, it provides the audiences with an accurate and realistic introduction of these local dishes.Host: Li Wenjuan
	<非凡大探索> (资讯节目)(重)	《非凡大探索》这个美食节目利用近似新闻报导的方式去介绍中国各地的美食小吃，让观众们亲身品尝之后少有"报导不实"的感觉。 主持人：李文娟
<b>2:30 AM</b>	End of Transmission	
<b>TIME</b>	<b>EVENT</b>	<b>SYNOPSIS</b>
	<b>Sun, 10 Nov 2013 (Channel U)</b>	
<b>6:00 AM</b>	Home Shopping (Commercial)	
	<购物乐>	

<b>10:00 AM</b>	Million Singer (R) (Chinese Subtitles) (Variety)	Each episode of Million Singer features different singers challenging for the top prize of NT 300,000. Contestant will have to overcome 10 different categories of songs and be able to complete the missing lyrics for all the songs in order to achieve the top prize.
	<百万大歌星> (综艺节目)(重) (中文字幕)	唱歌可换现金! 不比音色, 也不比音准, 而是挑战参赛者的记忆和对歌词的认识。只要唱得出歌词就能轻松赢取高达新台币\$300,000的奖金!
<b>11:30 AM</b>	Running Man (R) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Variety)	Hosted by Yu Jae-suk, this Korean variety show is categorized as an "Urban action variety show". The star guests take part in a series of difficult missions to become the winner at the end of the race.
	<Running Man> (综艺节目)(重)(双声道 - 华韩语) (中英文字幕)	这部充满动感的游戏节目由刘在锡主持。受邀的明星嘉宾要完成一连串的任务, 努力争取成为赛事的优胜者。
<b>12:30 PM</b>	Web Rumour Go Go Go (R) (Chinese Subtitles) (Infotainment)	In this brand new series of Web Rumour Go Go Go, the hosts continue to interview experts and use scientific methods to verify the authenticity of the latest rumours on the Internet.
	<流言追追追> (娱乐资讯节目)(重) (中文字幕)	小兵(薛纪网)和翁滋蔓再次搜索网上最新的流言, 并以科学的方式进行试验, 为您揭开流言的真假。
<b>1:00 PM</b>	The After Dinner Mysteries (R) (English/Chinese Subtitles) (Japanese Drama)(PG)	The drama is based on a popular novel of the same name in Japan which tells a story about Hosho Reiko, a rookie detective, and the daughter of a plutocrat, who solves various cases by receiving the help of her butler, Kageyama, who has a wicked tongue.
	<推理要在晚餐后> (日剧)(重) (中英文字幕)	(PG)(日语附中文字幕) 影山是世界知名企业—宝生集团社长的独生女丽子的管家兼司机。隐藏了"大小姐"身份的国立署新人刑警丽子, 每逢疑难案件, 就会回到自家豪宅, 一边休息一边将全部案情告诉侍奉她用晚餐的影山, 同时流畅地推理案情, 找出真相。
<b>3:00 PM</b>	Iron Daughters In Law (R) (Ep 22 & 23) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Xinyu colleagues plan a farewell outing for him, but cancel it the day before. Xinyu keeps the cancellation from Yingxin so as to get a chance to be with her alone.
	<不屈的儿媳们> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	同事们提议到郊外野游, 为信宇欢送, 却临时取消野游会。信宇为了与英心独处而故意不告诉她野游会被取消的消息。
<b>5:00 PM</b>	Okinawa Blues (Chinese Subtitles) (Infotainment)	Join hosts Ella Gou Yunhui and Christine Guan Enna as they bring viewers around Okinawa, an island south of Japan, where many locals and tourists head to for a fun-filled and relaxing, sunny holiday. Viewers will get to enjoy the scenic views of Okinawa and be introduced to the various local delicacies.

	<恋恋冲绳> (娱乐资讯节目) (中文字幕)	一连五集的节目, 官恩娜, 苟芸慧会带观众游冲绳, 投入当地的海洋世界, 寻找自愈放松的活动, 品尝特产美食, 环岛游感受小岛风情, 以及体验冲绳与别不同的音乐文化。
<b>5:30 PM</b>	Tao's Talkshow (R) (Chinese Subtitles) (Variety)	She used to be an athlete as a child, but an accident robbed her of her legs when she was 9. She was depressed for a long time, but a chance encounter with her current husband when she was 23 changed her life. Dont miss the stories of this and other Taiwanese champions!
	<陶子艺言堂> (综艺节目)(重) (中文字幕)	一名双腿残缺的女士在幼年时曾是田径冠军, 九岁那年她因一场火车意外而痛失双腿。之后, 她自闭了十多年。在23岁那年, 她遇到了同样残缺的老公, 两人携手挑战世界轮椅国际标准舞锦标赛, 并勇夺冠军。千万别错过这对夫妇和其他台湾冠军的故事!
<b>7:00 PM</b>	Chinese Dream (Variety)	The first Taiwanese contestant made his presence felt when he displayed challenging acts of juggling diabolo on stage in the hope to fulfill his dream to compete in America. Next, be moved by a single mothers unconditional love for her intellectually-challenged son through the use of music.
	<中国梦想秀> (综艺节目)	本期梦想舞台迎来了第一位从台湾来的梦想者。年纪最小的他却有一副扯铃的好本领, 梦想能够到美国参加扯铃大赛夺冠。接下来, 看一名伟大的单亲母亲如何以她的毅力用音乐来教导有学习障碍的儿子。
<b>8:30 PM</b>	Approaching Science (Info/Education)	Hosted by Zhang Tengyue, this documentary expounds on a wide range of topics such as the mysterious cave, prehistoric creature, eight-legged hunter.
	<走近科学> (资讯节目)	在这部纪录片中, 主持人张腾岳, 试图以科学的方法来探讨和解释, 一些稀奇古怪的事物与现象。譬如洞穴疑影, 深山角怪, 八爪猎手之谜等等。
<b>9:00 PM</b>	My Princess (Ep 10) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Junzhu is deposed as the president of the Royal Fund in the urgent meeting convened by Tingyu. On the other hand, Dongzai forgives Haiying before he dies. Meanwhile, Li Xue returns to the palace and deposes Yunzhus post as curator. Yunzhu is shocked.
	<我的公主> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)廷宇在紧急会议席上罢免允珠皇室基金会理事长的职务, 即时生效。另一方面, 东载在临终前原谅了海英。其间, 李雪也回返宫中, 并革去允珠历史博物馆馆长的职务。允珠一无所有, 大为震惊。
<b>11:00 PM</b>	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》, 在半小时里除深入报道本地与国际要闻, 还有详尽的财经新闻和体坛动态。世界局势与经济动脉, 让大家轻松掌握。

<b>11:30 PM</b>	Money Week (R) (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)(重)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。
<b>12:00 AM</b>	VS Arashi (R) (Last Episode)(Dual Sound - 2nd track in Japanese) (Variety)	VS Arashi is a variety game show hosted by the idol group Arashi, with them opposing a different team of actors or comedians every week.
	<VS Arashi> (综艺节目)(重)(双声道 - 华日语)	(最后一集)VS Arashi 由日本偶像组合"岚"主持的游戏节目，游戏规则是"岚"5人加上1~2名嘉宾组成岚队，与由5~7人组成的嘉宾队进行5场游戏对决，节目完结时得分较高的一队的嘉宾可获得希望的奖品。
<b>1:00 AM</b>	Dharavi-A Slum City That Says I Can (R) Dual Sound - 2nd track in English)(Info/Education)	
	<贫民窟> (资讯节目)(重)	
<b>2:00 AM</b>	Vocals of Arts (R) (Local Info-Ed)	
	<艺术大声说> (本地资讯节目)(重)	
<b>2:30 AM</b>	End of Transmission	
<b>TIME</b>	<b>EVENT</b>	<b>SYNOPSIS</b>
	<b>Mon, 11 Nov 2013 (CHU)</b>	
<b>11:00 AM</b>	Home Shopping (Commercial)	
	<购物乐>	
<b>3:00 PM</b>	Money Week (R) (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)(重)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。
<b>3:30 PM</b>	P.R.D. Walker (R) (Chinese Subtitles) (Infotainment)	In this series of travelogues, host Leung Ka Ki and Karman Cheng takes us through the many interesting places throughout China's Pearl River Delta.
	<潮游珠三角> (娱乐资讯节目)(重)(中文字幕)	在这系列旅游记事里，让主持人梁嘉琪与郑嘉雯带我们潮游珠三角。
<b>4:00 PM</b>	Nothing is bigger than eat II (R) (Chinese Subtitles) (Infotainment)	An infotainment programme hosted by Liang Hequn in which two artistes display their culinary skills in front of a panel of judges. In addition, there is a segment where an experienced chef cooks the desired dish upon audience request.

	<吃饭皇帝大> (娱乐资讯节目)(重) (中文字幕)	由梁赫群主持的美食节目。幸福料理铁人蒋伟文与阳光热血主厨陈德烈在一组评判面前展出他们烹饪才艺。另外，台湾名厨刘仁华会在"你点菜我上菜"单元里教大家煮观众想要学的菜肴。
5:00 PM	A Story of Lala's Promotion (R) (Ep 12) (English/Chinese Subtitles) (Drama)	Rose learns that Lala is going to be promoted and decides to return to the company to stop Lala's promotion. She is unhappy that Lala seems to have taken over her job of running the administrative department in her absence.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	玫瑰得知拉拉将要升为行政部主管，决定提早返回公司，阻止拉拉升职。玫瑰回到公司后，见拉拉管理行政部井井有条，心感不快。
6:00 PM	Superhero At Home (R) (Ep 18) (PG) (Drama)	After being hit by lightning in a storm, a young man recovers to find himself being able to foresee the future. With this extraordinary ability, he strives to change the course of event to prevent terrible things from happening.
	<家有超男> (连续剧)(重)	(PG)青年德培在雨中行走突遭电击，醒来后却发现自己有了预知的超能力。此后，每当他有任何不详的预感时，他都会试图去防止坏事的发生。
7:00 PM	Moon and Stars for You (Ep 61) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	The DNA report confirms that Wanhu is Minhe's biological father. Minhe is at a loss of what to do as he feels indebted to Zhengxun. Zhenyu suspects that Minhe is his long-lost brother, but he has no means to confirm his suspicion.
	<愿为你摘星揽月> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)敏赫收到检验报告，得知万虎确实是他的亲生父亲，但因感激政勋多年来的养育之恩，因此不知所措。振宇怀疑敏赫就是他的亲哥哥，但由于敏赫要求有关当局将他的资料保密，因此振宇无法确定敏赫的身份。
8:00 PM	Smart @ Work 2 (English Subtitles) (Infotainment)	Are there equality amongst men and women in the workplace? What are the advantages and disadvantages that both gender experiences in the workplace, how can they overcome their disadvantages and expand on their advantages?
	<上班不留白2> (娱乐资讯节目) (英文字幕)	职场上男女平等吗？“男女平等”，这个争论了几百年的话题，如今在职场上依旧存在，本集节目将帮助“新鲜人”发觉和了解不同性别的优势和劣势，取长补短。除此以外，观众也将获得各行各业对男女员工的不同标准。
9:00 PM	Sense of Our Flavours (Debut) (Info/Education)	
	<本土味> (资讯节目)	(首播)
9:30 PM	World This Week (Local Info-Ed)	Every week all around the world, there are lots of queer and amusing happenings. Check them out on World This Week and be amazed without leaving your comfortable couch!

	<世界一周> (本地资讯节目)	每一个星期在世界的不同角落都会发生不同有趣或惊奇的事物。《世界一周》带你去探个究竟，让你不出家门也可以增广见闻。
<b>10:00 PM</b>	Beyond The Realm of Conscience (Ep 30)(PG) (English/Chinese Subtitles) (Hongkong Drama)	Eunuch Ma poisoned General Wan when he found out that General Wan had become disloyal. The Empress Dowager was extremely that Eunuch Ma would rebel on the day Concubine Xian gave birth, and relented to Concubine Li's suggestion to kill the unborn child.
	<宫心计> (港剧) (中英文字幕)	(PG)万将军被马元贇所害，丽妃向太后禀报马元贇要杀皇帝的阴谋。太后为了保住江山，同意让贤妃服下滑胎药。
<b>11:00 PM</b>	News Tonight With Highlights From Parliament (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻包括国会摘要> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
<b>11:50 PM</b>	Smart @ Work 2 (R) (English Subtitles) (Infotainment)	Are there equality amongst men and women in the workplace? What are the advantages and disadvantages that both gender experiences in the workplace, how can they overcome their disadvantages and expand on their advantages?
	<上班不留白2> (娱乐资讯节目)(重) (英文字幕)	职场上男女平等吗?“男女平等”，这个争论了几百年的话题，如今在职场上依旧存在，本集节目将帮助“新鲜人”发觉和了解不同性别的优势和劣势，取长补短。除此以外，观众也将获得各行各业对男女员工的不同标准。
<b>12:50 AM</b>	Sense of Our Flavours (R) (Info/Education)	
	<本土味> (资讯节目)(重)	
<b>1:20 AM</b>	World This Week (R) (Local Info-Ed)	Every week all around the world, there are lots of queer and amusing happenings. Check them out on World This Week and be amazed without leaving your comfortable couch!
	<世界一周> (本地资讯节目)(重)	每一个星期在世界的不同角落都会发生不同有趣或惊奇的事物。《世界一周》带你去探个究竟，让你不出家门也可以增广见闻。
<b>1:50 AM</b>	A Story of Lala's Promotion (R) (Ep 12) (English/Chinese Subtitles) (Drama)	Rose learns that Lala is going to be promoted and decides to return to the company to stop Lala's promotion. She is unhappy that Lala seems to have taken over her job of running the administrative department in her absence.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	玫瑰得知拉拉将要升为行政部主管，决定提早返回公司，阻止拉拉升职。玫瑰回到公司后，见拉拉管理行政部井井有条，心感不快。

<b>2:50 AM</b>	End of Transmission	
<b>TIME</b>	<b>EVENT</b>	<b>SYNOPSIS</b>
	<b>Tue, 12 Nov 2013 (Channel U)</b>	
<b>11:00 AM</b>	Home Shopping (Commercial)	
	<购物乐>	
<b>3:00 PM</b>	Diamond Club (R) (Chinese Subtitles) (Variety)	The highest-rated Taiwan variety programme, hosted by the famous Regine, is now on Channel U! Judged by a panel of "Shrewd tongue" guest artistes, the programme showcase unique talents from all walks of life - magic show, street dance, dog talent performance.
	<钻石夜总会> (综艺节目)(重) (中文字幕)	由台湾名嘴利菁主持, 《钻石夜总会》汇集了全台最独特、最叫人惊喜连连的表演节目。从魔术, 杂耍, 舞蹈至狗狗特技表演等, 样样让观众看得目不暇给!
<b>5:00 PM</b>	A Story of Lala's Promotion (R) (Ep 13) (English/Chinese Subtitles) (Drama)	Rose tells Lala that she wants her out of the company. Lala refuses to give in and is adamant about staying in DB. Rose sends Lala for a training course in Beijing and begins to check on Lala's flaws in the renovation work.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	玫瑰直言希望拉拉离开公司。拉拉坚定自己的立场, 不肯就范。玫瑰将拉拉派去北京受培训, 暗地里开始调查拉拉在装修工程上的疏漏。
<b>6:00 PM</b>	Superhero At Home (Ep 19) (PG) (Drama)	After being hit by lightning in a storm, a young man recovers to find himself being able to foresee the future. With this extraordinary ability, he strives to change the course of event to prevent terrible things from happening.
	<家有超男> (连续剧)	(PG)青年德培在雨中行走突遭电击, 醒来后却发现自己有了预知的超能力。此后, 每当他有任何不详的预感时, 他都会试图去防止坏事的发生。
<b>7:00 PM</b>	Moon and Stars for You (Ep 62) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Zhenyu suspects that Minhe does not want to acknowledge his biological family as he loves his adoptive family too much. Zhenyu asks Minhe out for a drink and tells Minhe of his thoughts for his brother. However, Minhe does not seem touched by Zhenyu's revelations.
	<愿为你摘星揽月> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)振宇怀疑敏赫是因为太爱护现在的家人所以不想与亲生家人相认。振宇约敏赫喝酒然后向敏赫倾诉对哥哥的思念, 敏赫却看似无动于衷。
<b>8:00 PM</b>	Finding U (Variety)	In the episode, the 4 host will undergo Battle of the Sexes. They will be competing with each other at Toa Payoh Central, Sports Museum @ YOG Gallery, Queenstown Swimming Complex, West Coast Park, looking for the U. Which group will emerge as the winner?
	<寻U 先锋> (综艺节目)	四位主持人将进行寻U运动会之(男女大战)。他们会到大巴窑市镇中心、体育博物馆、女皇镇游泳池、西海岸公园等地点寻找提示并完成任务。谁会成功击败对手, 获得胜利呢?

<b>9:00 PM</b>	MasterChef China (Chinese Subtitles) (Variety)	Contestants from all over China come together to display their culinary skills and showcase their passion for food and cooking. Watch how the contestants challenge one another to realize their dreams of becoming the next Master Chef.
	<顶级厨师> (综艺节目) (中文字幕)	美食才艺综艺节目《顶级厨师》汇集了来自中国各个城市的烹饪爱好者报名参加，而美食观察团也将由国内顶尖明星与资深美食家担任。敬请锁定节目，看所有参赛者们如何施展精湛的厨艺，争夺成为下一届顶级厨师的荣衔!
<b>10:00 PM</b>	Beyond The Realm of Conscience (Ep 31) (PG)(English/Chinese Subtitles) (Hongkong Drama)	Both Concubine Xian and the unborn child died after Concubine Li force-fed her with poison. Eunuch Ma wanted to send Liu Sanhao to the gallows for getting pregnant but the Emperor came to her rescue by announcing that the baby was his.
	<宫心计> (港剧) (中英文字幕)	(PG)贤妃被丽妃逼服下滑胎药，结果一尸两命。马元贇发现刘三好身怀六甲，于是要将她斩首。皇上及时赶来搭救，并宣布刘三好是怀了他的龙裔。
<b>11:00 PM</b>	News Tonight With Highlights From Parliament (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻包括国会摘要> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
<b>11:50 PM</b>	Finding U (R) (Variety)	In the episode, the 4 host will undergo Battle of the Sexes. They will be competing with each other at Toa Payoh Central, Sports Museum @ YOG Gallery, Queenstown Swimming Complex, West Coast Park, looking for the U. Which group will emerge as the winner?
	<寻U 先锋> (综艺节目)(重)	四位主持人将进行寻U运动会之(男女大战)。他们会到大巴窑市镇中心、体育博物馆、女皇镇游泳池、西海岸公园等地点寻找提示并完成任务。谁会成功击败对手，获得胜利呢？
<b>12:50 AM</b>	MasterChef China (R) (Chinese Subtitles) (Variety)	Contestants from all over China come together to display their culinary skills and showcase their passion for food and cooking. Watch how the contestants challenge one another to realize their dreams of becoming the next Master Chef.
	<顶级厨师> (综艺节目)(重) (中文字幕)	美食才艺综艺节目《顶级厨师》汇集了来自中国各个城市的烹饪爱好者报名参加，而美食观察团也将由国内顶尖明星与资深美食家担任。敬请锁定节目，看所有参赛者们如何施展精湛的厨艺，争夺成为下一届顶级厨师的荣衔!
<b>1:50 AM</b>	A Story of Lala's Promotion (R) (Ep 13) (English/Chinese Subtitles) (Drama)	Rose tells Lala that she wants her out of the company. Lala refuses to give in and is adamant about staying in DB. Rose sends Lala for a training course in Beijing and begins to check on Lala's flaws in the renovation work.

	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	玫瑰直言希望拉拉离开公司。拉拉坚定自己的立场，不肯就范。玫瑰将拉拉派去北京受培训，暗地里开始调查拉拉在装修工程上的疏漏。
<b>2:50 AM</b>	End of Transmission	
<b>TIME</b>	<b>EVENT</b>	<b>SYNOPSIS</b>
	<b>Wed, 13 Nov 2013 (CHU)</b>	
<b>11:00 AM</b>	Home Shopping (Commercial)	
	<购物乐>	
<b>3:00 PM</b>	World This Week (R) (Local Info-Ed)	Every week all around the world, there are lots of queer and amusing happenings. Check them out on World This Week and be amazed without leaving your comfortable couch!
	<世界一周> (本地资讯节目)(重)	每一个星期在世界的不同角落都会发生不同有趣或惊奇的事物。《世界一周》带你去探个究竟，让你不出家门也可以增广见闻。
<b>3:30 PM</b>	Extraordinary Asian (R) (Chinese Subtitles) (Info/Education)	
	<梦捕手> (资讯节目)(重) (中文字幕)	
<b>4:30 PM</b>	Wonder Chef 2 - The Grand PK (R) (Local Variety)	In season 2, we put the newly crowned Wonder Chef to the test by inviting the entire nation to come forward and PK the reigning Wonder Chef.
	<我要当食神- PK 版> (本地综艺节目)(重)	16位参赛者和8位艺人将会来踢馆，挑战上个系列的8位食神，食神荣衔会否重新洗牌呢？
<b>5:00 PM</b>	A Story of Lala's Promotion (R) (Ep 14) (English/Chinese Subtitles) (Drama)	Rose finds two questionable receipts for the renovation work and proposes to carry out an internal audit on Lala. Lala is suspended from her job.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	玫瑰查出两张可疑的装修单据，向李斯特提议对拉拉展开内部审查。拉拉被迫停职。
<b>6:00 PM</b>	Superhero At Home (Ep 20) (PG) (Drama)	After being hit by lightning in a storm, a young man recovers to find himself being able to foresee the future. With this extraordinary ability, he strives to change the course of event to prevent terrible things from happening.
	<家有超男> (连续剧)	(PG)青年德培在雨中行走突遭电击，醒来后却发现自己有了预知的超能力。此后，每当他有任何不详的预感时，他都会试图去防止坏事的发生。
<b>7:00 PM</b>	Moon and Stars for You (Ep 63) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Caiyuan invites Minhe to the Xus residence for dinner. Minhe is too excited with having to dine with his biological family and ends up with gastric pain. Yingze suspects that Minhe has already found out who his birth parents are and insists that Qingzhu go investigate.

	<愿为你摘星揽月> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)彩媛邀请敏赫到徐家吃面。敏赫因为要与亲生家人共餐而感到非常紧张，结果突然胃痛。英泽怀疑敏赫已经知道自己的亲生父母是谁，于是耍庆珠去调查。
<b>8:00 PM</b>	Yes Sir. Sorry Sir! (Ep 9) (PG - Some Drug References)(English/Chinese Subtitles) (Hongkong Drama)	LAW YIU-WAH (Moses Chan), who comes from a long line of disciplined workers, is a teacher of a notorious school. One day, he was urged to resign after being vilified by his students as a peeping Tom. At present, the triads have expanded their drug network within the schools. WAH, who has become a cop, is told to go undercover at the school where he used to teach.
	<点解阿Sir係阿Sir> (港剧) (中英文字幕)	(PG-些许毒品相关内容)罗耀华由教书阿Sir转职为警察阿Sir，但竟被派回原校当卧底，调查黑帮校园毒网！耀华积极讨好校内四大恶人“K4”，但新来的老师何妙雪却轻易赢得学生信任，耀华亦被其善良吸引。此时，外表冷酷的保龄球教练古嘉岚，被揭发是社团头目姨仔。为破案，耀华只好假意追求嘉岚，而年青有为的督察程文力亦对妙雪展开追求。破案在望，耀华的身份却被识穿。
<b>9:00 PM</b>	MasterChef China (Chinese Subtitles) (Variety)	Contestants from all over China come together to display their culinary skills and showcase their passion for food and cooking. Watch how the contestants challenge one another to realize their dreams of becoming the next Master Chef.
	<顶级厨师> (综艺节目) (中文字幕)	美食才艺综艺节目《顶级厨师》汇集了来自中国各个城市的烹饪爱好者报名参加，而美食观察团也将由国内顶尖明星与资深美食家担任。敬请锁定节目，看所有参赛者们如何施展精湛的厨艺，争夺成为下一届顶级厨师的荣衔！
<b>10:00 PM</b>	Beyond The Realm of Conscience (Ep 32) (PG)(English/Chinese Subtitles) (Hongkong Drama)	The explosives went off in the Emperors hand when Eunuch Ma tried to kill him. Eunuch Ma returned to the palace and took over as Emperor. Concubine Li poisoned the Empress Dowager and made Concubine De take the rap.
	<宫心计> (港剧) (中英文字幕)	(PG)马元赞和皇上对峙，皇上手握火药爆炸。马元赞回宫管理朝政。丽妃把毒药给太后喝，取她性命后再嫁祸于德妃。
<b>11:00 PM</b>	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
<b>11:30 PM</b>	MasterChef China (R) (Chinese Subtitles) (Variety)	Contestants from all over China come together to display their culinary skills and showcase their passion for food and cooking. Watch how the contestants challenge one another to realize their dreams of becoming the next Master Chef.

	<顶级厨师> (综艺节目)(重) (中文字幕)	美食才艺综艺节目《顶级厨师》汇集了来自中国各个城市的烹饪爱好者报名参加，而美食观察团也将由国内顶尖明星与资深美食家担任。敬请锁定节目，看所有参赛者们如何施展精湛的厨艺，争夺成为下一届顶级厨师的荣衔!
<b>12:30 AM</b>	Stars For A Cause 3 (R) (Info/Education)	In this series, we bring 8 artistes from Singapore and around the region to different parts of the world as part of voluntary corps.
	<明星志工队> (资讯节目)(重)	新系列的《明星志工队》将到以下地区服务：菲律宾，中国，台湾，泰国等，服务的对象包括：有视力障碍的儿童，遭受硫酸袭击的受害者，患有自闭症的青年，不幸踩到地雷而前腿被炸残的大象等。
<b>1:30 AM</b>	A Story of Lala's Promotion (R) (Ep 14) (English/Chinese Subtitles) (Drama)	Rose finds two questionable receipts for the renovation work and proposes to carry out an internal audit on Lala. Lala is suspended from her job.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	玫瑰查出两张可疑的装修单据，向李斯特提议对拉拉展开内部审计。拉拉被迫停职。
<b>2:30 AM</b>	End of Transmission	
<b>TIME</b>	<b>EVENT</b>	<b>SYNOPSIS</b>
	<b>Thu, 14 Nov 2013 (Channel U)</b>	
<b>11:00 AM</b>	Home Shopping (Commercial) <购物乐>	
<b>3:00 PM</b>	Jumong (R) (Eps 71 & 72) (PG-Some Violence)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Lingbu bumps into Su-er and Liuli in Xuantu City. He captures them and use them as baits in his negotiation with Zhumeng.
	<朱蒙> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	(PG-些许暴力画面) 领布在玄菟城看见肃儿母子，于是派人捉拿他们，并利用他们与朱蒙做交易。
<b>5:00 PM</b>	A Story of Lala's Promotion (R) (Ep 15) (English/Chinese Subtitles) (Drama)	Rose continues to make life difficult for Lala. Lala decides to fight back and proposes to Scott to carry out internal audit on the administrative departments finances. Rose realises that she is in trouble.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	玫瑰继续在工作上刁难拉拉。拉拉决定反击，向李斯特提议对行政部进行内部审计。玫瑰知道麻烦大了。。。。
<b>6:00 PM</b>	Superhero At Home (Ep 21) (PG) (Drama)	After being hit by lightning in a storm, a young man recovers to find himself being able to foresee the future. With this extraordinary ability, he strives to change the course of event to prevent terrible things from happening.
	<家有超男> (连续剧)	(PG) 青年德培在雨中行走突遭电击，醒来后却发现自己有了预知的超能力。此后，每当他有任何不详的预感时，他都会试图去防止坏事的发生。

<b>7:00 PM</b>	Moon and Stars for You (Ep 64) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Wanhu finds out that the authorities have already found Zhenxiu. Zhenyu explains that he is unable to speak to Zhenxiu as he has kept his particulars confidential. Wanhu is disappointed with the news.
	<愿为你摘星揽月> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)万虎碰到之前帮他找儿子的警员，发现有关当局已经找到振秀。振宇向万虎解释振秀将个人资料保密，因此无法联络他。万虎伤心。
<b>8:00 PM</b>	Yes Sir. Sorry Sir! (Ep 10) (PG)(English/Chinese Subtitles) (Hongkong Drama)	LAW YIU-WAH (Moses Chan), who comes from a long line of disciplined workers, is a teacher of a notorious school. One day, he was urged to resign after being vilified by his students as a peeping Tom. At present, the triads have expanded their drug network within the schools. WAH, who has become a cop, is told to go undercover at the school where he used to teach.
	<点解阿Sir係阿Sir> (港剧) (中英文字幕)	(PG)罗耀华由教书阿Sir转职为警察阿Sir，但竟被派回原校当卧底，调查黑帮校园毒网！耀华积极讨好校内四大恶人“K4”，但新来的老师何妙雪却轻易赢得学生信任，耀华亦被其善良吸引。此时，外表冷酷的保龄球教练古嘉岚，被揭发是社团头目姨仔。为破案，耀华只好假意追求嘉岚，而年青有为的督察程文力亦对妙雪展开追求。破案在望，耀华的身份却被识穿。
<b>9:00 PM</b>	Super Taste (Chinese Subtitles) (Infotainment)	In todays programme, Sha Sha will teach busy working females how to pamper themselves. Follow her as she samples a healthy pumpkin cheese cake, relaxes at a hostel and fly a Kongming lantern with a huge crowd!
	<时尚玩家> (娱乐资讯节目) (中文字幕)	在今天的节目中，莎莎化身小资女叫上班族女生如何好好地宠爱自己！且跟随她一同去品尝超健康的南瓜乳酪蛋糕、到一漂亮的民宿好好地放松，然后再与一大群人开心地放天灯！
<b>10:00 PM</b>	Beyond The Realm of Conscience (Ep 33) (PG)(English/Chinese Subtitles) (Hongkong Drama)(Last Episode)	Concubine De knew that Eunuch Ma and Concubine Li were in cahoots to accuse her of killing the Empress Dowager but she had no means to clear her own name. Feiyan defied Concubine Lis orders to lace Concubine Des porridge with poison.
	<宫心计> (港剧) (中英文字幕)	(大结局)(PG)马元贇和丽妃同谋让德妃背上杀太后的罪名，德妃也无可奈何。飞燕出卖丽妃，德妃才没吃下毒粥，保住了性命。
<b>11:00 PM</b>	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
<b>11:30 PM</b>	Super Taste (R) (Chinese Subtitles) (Infotainment)	In todays programme, Sha Sha will teach busy working females how to pamper themselves. Follow her as she samples a healthy pumpkin cheese cake, relaxes at a hostel and fly a Kongming lantern with a huge crowd!

	<时尚玩家> (娱乐资讯节目)(重) (中文字幕)	在今天的节目中，莎莎化身小资女叫上班族女生如何好好地宠爱自己！且跟随她一同去品尝超健康的南瓜乳酪蛋糕、到一漂亮的民宿好好地放松，然后再与一大群人开心地放天灯！
<b>12:30 AM</b>	Guess Who (R) (Chinese Subtitles) (Infotainment)	In this reality TV series, various artistes will be invited into the homes of ordinary folks for dinner. The mystery guests will only be revealed just before the meal. Watch out for the spontaneous and heart warming interaction between hosts and guests.
	<谁来晚餐> (娱乐资讯节目)(重) (中文字幕)	"谁来晚餐"是个时下颇为流行的实况电视节目。每集节目都拜访一个家庭,并邀请他们的梦幻嘉宾上门共进晚餐。内容没有太多刻意的安排,也许是小小梦想的完成,也可能会看到名人卸下包装与身段之后的真情流露。
<b>1:30 AM</b>	A Story of Lala's Promotion (R) (Ep 15) (English/Chinese Subtitles) (Drama)	Rose continues to make life difficult for Lala. Lala decides to fight back and proposes to Scott to carry out internal audit on the administrative departments finances. Rose realises that she is in trouble.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	玫瑰继续在工作上刁难拉拉。拉拉决定反击，向李斯特提议对行政部进行内部审计。玫瑰知道麻烦大了。。。
<b>2:30 AM</b>	End of Transmission	
<b>TIME</b>	<b>EVENT</b>	<b>SYNOPSIS</b>
	<b>Fri, 15 Nov 2013 (CHU)</b>	
<b>11:00 AM</b>	Home Shopping (Commercial) <购物乐>	
<b>3:00 PM</b>	Jumong (R) (Eps 73 & 74) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	The Jolbon troops conquer Xuantu City successfully. Xuelan is captured when she tries to flee. Zhumeng orders for her to be detained.
	<朱蒙> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	(PG)卒本的别动队成功攻占玄菟城。雪兰企图逃走，但被捉。朱蒙下令将雪兰软禁。
<b>5:00 PM</b>	A Story of Lala's Promotion (R) (Ep 16) (English/Chinese Subtitles) (Drama)	Lala is shocked when Wang Wei reveals that he is a divorcee. Vivian supports Lalas idea of switching off the lights for one hour as the focus of the companys internal event. Lala is taken aback when Vivian pushes the blame to her when things go wrong.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	王伟向拉拉坦言自己离过婚，拉拉对此感到惊讶。薇薇安支持拉拉的提议，举办一小时关灯环保行动。可是拉拉没想到活动出差错时，薇薇安竟把责任推给拉拉。
<b>6:00 PM</b>	Superhero At Home (Ep 22) (PG) (Drama)	After being hit by lightning in a storm, a young man recovers to find himself being able to foresee the future. With this extraordinary ability, he strives to change the course of event to prevent terrible things from happening.

	<家有超男> (连续剧)	(PG)青年德培在雨中行走突遭电击，醒来后却发现自己有了预知的超能力。此后，每当他有任何不详的预感时，他都会试图去防止坏事的发生。
<b>7:00 PM</b>	Moon and Stars for You (Ep 65) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Wanhu pleads with an officer to pass a letter to Minhe. However, Minhe refuses to accept the letter as he claims that he has no memories of his birth father. Meanwhile, Qingzhu is upset when Caiyuan is promoted.
	<愿为你摘星揽月> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)万虎拜托警员将一封信交给敏赫，敏赫却说自己对亲生父亲没有印象，所以拒绝收下信件。彩媛当上本部长，庆珠觉得不公平。
<b>8:00 PM</b>	Yes Sir. Sorry Sir! (Ep 11) ((PG - Some Drug References)(English/Chinese Subtitles) (Hongkong Drama)	LAW YIU-WAH (Moses Chan), who comes from a long line of disciplined workers, is a teacher of a notorious school. One day, he was urged to resign after being vilified by his students as a peeping Tom. At present, the triads have expanded their drug network within the schools. WAH, who has become a cop, is told to go undercover at the school where he used to teach.
	<点解阿Sir係阿Sir> (港剧) (中英文字幕)	(PG- 些许毒品相关内容) 罗耀华由教书阿Sir转职为警察阿Sir，但竟被派回原校当卧底，调查黑帮校园毒网！耀华积极讨好校内四大恶人“K4”，但新来的老师何妙雪却轻易赢得学生信任，耀华亦被其善良吸引。此时，外表冷酷的保龄球教练古嘉岚，被揭发是社团头目姨仔。为破案，耀华只好假意追求嘉岚，而年青有为的督察程文力亦对妙雪展开追求。破案在望，耀华的身份却被识穿。
<b>9:00 PM</b>	IWalker - The King of Adventure (Infotainment)	In todays programme, Hero will bring us to Tahiti to visit a five-star hotel and a famous celebrities restaurant. In addition, he will also savour a special barbecue seafood meal.
	<爱玩客之冒险王> (娱乐资讯节目)	在今天的节目中，Hero将带大家遨游大溪地。他访问了当地一间五星级酒店和名人餐厅，也顺道品尝了著名的烤鱼大餐。
<b>10:00 PM</b>	Listen To My Heart (Ep 1) (PG)(Debut)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Shunqin wasnt pleased that her son is marrying the hearing-impaired Meishu. Meishus daughter trespassed into an empty school to play the piano and met Dongzhu who wandered away from his parents. Dongzhu agreed to teach her to play the piano and both became friends.
	<是否听见我的心> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)(首播)顺琴很不满儿子英奎要和聋哑人士美淑结婚。小美淑偷偷溜进学校学习弹钢琴，遇到了跑去溜达的有钱小少爷东株。小美淑很羡慕东株很会弹钢琴，要求东株教她。两人成了朋友。
<b>11:00 PM</b>	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。

<b>11:30 PM</b>	Office Girls (Ep 2)(PG) (English Subtitles) (Taiwan Drama)	Sheng Xinren was extremely disappointed that fashion designer maestro, Yu Chenfeng, turned down her invitation to set up a counter at Jin Shi Department Store. Sheng Xinren took pity on Qin Zi Qi and invited him to dinner at her house when she found out Qin Ziqi was broke.
	<小资女孩向前冲> (台湾剧) (英文字幕)	(PG)沈杏仁非常失望设计大师余承风不肯答应在京师百货设柜。虽然沈杏仁在公司和秦子奇一直抬竿，但还是因为同情他没钱吃饭而请秦子奇到她家吃饭。
<b>1:00 AM</b>	Taiwan Delicacies (R) (Chinese Subtitles) (Infotainment)	This entertaining variety serial features delicious cuisine from Taiwan. In this episode, CoCo introduces local delicacies of Shi Lin, Da An and Da Tong to the audience.
	<台湾好味道> (娱乐资讯节目)(重) (中文字幕)	"台湾好味道"带你到台湾品尝美食。这一集,主持人蒋怡将介绍士林, 大安和大同的美食给观众。
<b>1:30 AM</b>	A Story of Lala's Promotion (R) (Ep 16) (English/Chinese Subtitles) (Drama)	Lala is shocked when Wang Wei reveals that he is a divorcee. Vivian supports Lala's idea of switching off the lights for one hour as the focus of the company's internal event. Lala is taken aback when Vivian pushes the blame to her when things go wrong.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	王伟向拉拉坦言自己离过婚, 拉拉对此感到惊讶。薇薇安支持拉拉的提议, 举办一小时关灯环保行动。可是拉拉没想到活动出差错时, 薇薇安竟把责任推给拉拉。
<b>2:30 AM</b>	End of Transmission	
<b>TIME</b>	<b>EVENT</b>	<b>SYNOPSIS</b>
	<b>Sat, 16 Nov 2013 (CHU)</b>	
<b>6:00 AM</b>	Home Shopping (Commercial)	
	<购物乐>	
<b>10:00 AM</b>	Diamond Club (R) (Chinese Subtitles) (Variety)	The highest-rated Taiwan variety programme, hosted by the famous Regine, is now on Channel U! Judged by a panel of "Shrewd tongue" guest artistes, the programme showcase unique talents from all walks of life - magic show, street dance, dog talent performance.
	<钻石夜总会> (综艺节目)(重) (中文字幕)	由台湾名嘴利菁主持, 《钻石夜总会》汇集了全台最独特、最叫人惊喜连连的表演节目。从魔术, 杂耍, 舞蹈至狗狗特技表演等, 样样让观众看得目不暇给!
<b>12:00 PM</b>	Style: Check-in (R) (Infotainment)	Style: Check-in is a brand new stylish infotainment that introduces the trendiest lifestyle and news bites between Singapore and Shanghai! These topics formed are based on these main themes: FUN, FOOD, TRENDS, ENTERTAINMENT and LIFESTYLE.
	<潮人攻略> (娱乐资讯节目)(重)	《潮人攻略》是一个全新的资讯节目介绍新加坡与上海两地流行生活与资讯。这个节目希望以一种更接近现代潮人都市生活的形式, 打破一般资讯节目的格局, 以FUN、FOOD、TRENDS、ENTERTAINMENT、LIFESTYLE五大主题, 联整集节目。

<b>1:00 PM</b>	Run For Money (R) (Dual Sound - 2nd track in Japanese) (Variety)	Run For Money is essentially a massive game of tag. The players have to escape from the Hunters, and with each second that they survive in the game, the more money they can potentially get.
	<全员逃走中> (综艺节目)(重)(双声道 - 华日语)	《全员逃走中》为一街头生存游戏，参与游戏的「逃亡者」必须在一定限时内，在製作单位所划定的场地中，躲避「猎人」的追捕。成功躲避追捕可获得奖金，被抓到则奖金归零。
<b>2:00 PM</b>	The King Of Adventure (R) (Chinese Subtitles) (Infotainment)	Viewers turn into armchair travellers as our programme host Ah Bu takes you to all the interesting places around the world.
	<冒险王> (娱乐资讯节目)(重)(中文字幕)	居家也可以旅行—让节目主持阿布，带你周游世界，增广见闻。
<b>3:00 PM</b>	Iron Daughters In Law (R) (Eps 24 & 25)(PG) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Shangyus mother goes to the Jin family home to tell everyone about Shuntings pregnancy. Shunzi is unable to speak due to the sudden blow.
	<不屈的儿媳们> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	(PG)尚宇的母亲冲上金家，当众揭穿顺婷怀孕的事实。顺子承受不了打击，突然不能开口说话。
<b>5:00 PM</b>	While We Were Drunk (R) (Eps 2 & 3) (PG)(English/Chinese Subtitles) (Taiwan Drama)	Xiaoru is devastated when Yixiang leaves her for another woman. Jiexiu and Xiaoru drink to drown their sorrows and end up marrying each other while drunk.
	<醉后决定爱上你> (台湾剧)(重)(中英文字幕)	(PG)以翔为了另一个女人离开晓如，令晓如大受打击。同病相怜的杰修和晓如，在酒吧借酒消愁，二人在喝醉的时候竟决定当下结婚！
<b>7:00 PM</b>	Battle Of Voices (Chinese Subtitles) (Variety)	"Battle Of Voices" is currently one of the top variety shows in Taiwan. Hosted by Harlem Yu, the show pits aspiring singers against famous singers. The winning contestant can choose to either walk away with the prize money or continue with his/her challenge for a chance to win a recording contract.
	<超级歌喉赞> (综艺节目) (中文字幕)	<超级歌喉赞>是目前台湾最新最热门的综艺节目。主持人庾澄庆每期都会邀请歌坛唱将级大咖与参赛的新人来场歌艺PK大赛，并邀请30位电台DJ为比赛当评委，如果挑战者成功连闯六关，即可得到发行单曲机会。
<b>8:30 PM</b>	Neighborhood Gourmet (Chinese Subtitles) (Infotainment)	The comical Kitty Yuen and King Kong will introduce viewers to delicious food all over Hong Kong. They will also learn the secret recipes of various chefs' signature dishes and hold a PK contest in every episode.
	<街坊厨神> (娱乐资讯节目) (中文字幕)	小仪与金刚这两位「街坊厨神」将带观众朋友穿街过巷到处扫匀香港、九龙、新界各个地区的街坊美食。此外，两人还会向大厨们拜师学艺，请教他们的独门厨艺秘技，并且即场以所学的制作该店招牌菜，再由众街坊食客试吃评分。

<b>9:00 PM</b>	In Time With You (Ep 14) (PG)(English/Chinese Subtitles) (Taiwan Drama)	Youqing discovers that Daren is in love with her after reading the song lyrics written by Daren. Youqing is sad when Liwei cheats on her again. She quits her job and goes on a holiday.
	<我可能不会爱你> (台湾剧) (中英文字幕)	(PG)又青读了大仁所写的歌词，发觉大仁一直暗恋她。立威再次欺骗友青，令她感到伤心，她辞了工作，出国散心。
<b>10:30 PM</b>	Money Week (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。
<b>11:00 PM</b>	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
<b>11:30 PM</b>	ePuff (Variety)	
	<娱乐泡芙> (综艺节目)	
<b>12:00 AM</b>	Office Girls (Ep 3) (PG) (English Subtitles) (Taiwan Drama)	
	<小资女孩向前冲> (台湾剧) (英文字幕)	(PG)
<b>1:30 AM</b>	Unique Discovery (R) (Info/Education) (Chinese Subtitles)	"Unique Discovery" is a unique delicacies programme that introduces China's top local delights. Through news reporting, it provides the audiences with an accurate and realistic introduction of these local dishes.Host: Li Wenjuan
	<非凡大探索> (资讯节目)(重) (中文字幕)	《非凡大探索》这个美食节目利用近似新闻报导的方式去介绍中国各地的美食小吃，让观众们亲身品尝之后少有"报导不实"的感觉。 主持人：李文娟
<b>2:30 AM</b>	End of Transmission	
<b>TIME</b>	<b>EVENT</b>	<b>SYNOPSIS</b>
	<b>Sun, 17 Nov 2013 (CHU)</b>	
<b>6:00 AM</b>	Home Shopping (Commercial)	
	<购物乐>	

<b>10:00 AM</b>	Million Singer (R) (Chinese Subtitles) (Variety)	Each episode of Million Singer features different singers challenging for the top prize of NT 300,000. Contestant will have to overcome 10 different categories of songs and be able to complete the missing lyrics for all the songs in order to achieve the top prize.
	<百万大歌星> (综艺节目)(重) (中文字幕)	唱歌可换现金! 不比音色, 也不比音准, 而是挑战参赛者的记忆和对歌词的认识。只要唱得出歌词就能轻松赢取高达新台币\$300,000的奖金!
<b>11:30 AM</b>	Running Man (R) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Variety)	Hosted by Yu Jae-suk, this Korean variety show is categorized as an "Urban action variety show". The star guests take part in a series of difficult missions to become the winner at the end of the race.
	<Running Man> (综艺节目)(重)(双声道 - 华韩语) (中英文字幕)	这部充满动感的游戏节目由刘在锡主持。受邀的明星嘉宾要完成一连串的任务, 努力争取成为赛事的优胜者。
<b>12:30 PM</b>	Web Rumour Go Go Go (R) (Chinese Subtitles) (Infotainment)	In this brand new series of Web Rumour Go Go Go, the hosts continue to interview experts and use scientific methods to verify the authenticity of the latest rumours on the Internet.
	<流言追追追> (娱乐资讯节目)(重) (中文字幕)	小兵(薛纪网)和翁滋蔓再次搜索网上最新的流言, 并以科学的方式进行试验, 为您揭开流言的真假。
<b>1:00 PM</b>	The After Dinner Mysteries (R) (Eps 5 & 6) (PG)(English/Chinese Subtitles)(Original with Chinese Subtitles) (Japanese Drama)	The drama is based on a popular novel of the same name in Japan which tells a story about Hosho Reiko, a rookie detective, and the daughter of a plutocrat, who solves various cases by receiving the help of her butler, Kageyama, who has a wicked tongue.
	<推理要在晚餐后> (日剧)(重) (中英文字幕)	(PG)(日语附中文字幕) 影山是世界知名企业—宝生集团社长的独生女丽子的管家兼司机。隐藏了"大小姐"身份的国立署新人刑警丽子, 每逢疑难案件, 就会回到自家豪宅, 一边休息一边将全部案情告诉侍奉她用晚餐的影山, 同时流畅地推理案情, 找出真相。
<b>3:00 PM</b>	Iron Daughters In Law (Eps 26 & 27) (PG) (R)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Shiling belittles Huiyuan on purpose so as to lead Zhenyu to feel more pity for Huiyuan.
	<不屈的儿媳们> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)世玲故意让振宇看见惠苑服侍她, 令振宇更觉得惠苑可怜。
<b>5:00 PM</b>	Okinawa Blues (Chinese Subtitles) (Infotainment)	Join hosts Ella Gou Yunhui and Christine Guan Enna as they bring viewers around Okinawa, an island south of Japan, where many locals and tourists head to for a fun-filled and relaxing, sunny holiday. Viewers will get to enjoy the scenic views of Okinawa and be introduced to the various local delicacies.
	<恋恋冲绳> (娱乐资讯节目) (中文字幕)	一连五集的节目, 官恩娜, 苟芸慧会带观众游冲绳, 投入当地的海洋世界, 寻找自愈放松的活动, 品尝特产美食, 环岛游感受小岛风情, 以及体验冲绳与别不同的音乐文化。

<b>5:30 PM</b>	Let's Talk 3 (R) (Infotainment)	Hosted by Lee Teng and Lin Pei Fen, the platform for youths to voice their opinions and reveal their hidden emotions on issues they are concerned with is back!
	<你在囧什么?> (娱乐资讯节目)(重)	由李腾和林佩芬搭档主持，新系列的《你在囧什么》将继续探讨更多青少年烦恼与细密的话题！
<b>6:30 PM</b>	Find Me A Singaporean (R) (Local Info-Ed)	Hosted by Belinda Lee, Find me a Singaporean! searches for Singaporeans in the most obscure places on earth that would never exist in your holiday travel plans!
	<稀游记> (本地资讯节目)(重)	有趣、好玩、又窝心。U频道新节目【稀游记】将带你到世界10个最偏远的地方、去体验完全不一样的生活！
<b>7:00 PM</b>	Chinese Dream (Variety)	2 men from the Hmong village brought the house down with their unique vocal prowess, with the hope of fulfilling their dreams to set up a music school for the children living in the mountains. Next, be mesmerised when a husband and wife team performed their original love song in Chinese Dream.
	<中国梦想秀> (综艺节目)	来自苗寨的凤凰兄弟用他们惊人的肺活量与独特的嗓音为本期的节目带来震撼,梦想能够为苗寨家乡设立一间音乐学校。接下来,一对流浪歌唱夫妻用最真诚的歌声来演绎他们最感人的原创歌曲。
<b>8:30 PM</b>	Approaching Science (Last Episode) (Info/Education)	Hosted by Zhang Tengyue, this documentary expounds on a wide range of topics such as the mysterious cave, prehistoric creature, eight-legged hunter.
	<走近科学> (资讯节目)	(最后一集)在这部纪录片中,主持人张腾岳,试图以科学的方法来探讨和解释,一些稀奇古怪的事物与现象。譬如洞穴疑影,深山角怪,八爪猎手之谜等等。
<b>9:00 PM</b>	My Princess (Ep 11) (PG)(Last Episode)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Lixue appoints Yunczhus father as the president of the Royal Fund when Haiying formally gives up the inheritance of Dongzais assests. In the meantime, the President sends Haiying to America for a long-term assignment. Thus Haiying has to leave Lixue again.
	<我的公主> (韩剧)(双声道 - 华韩语)(中英文字幕)	(PG)(大结局)当海英正式放弃承受东载的财产之际,李雪即时委任允珠的父亲为皇室基金会理事长。其间,总统把海英调职,要他长期在美国处理外交事务,海英被迫再与李雪分开。
<b>11:00 PM</b>	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》,在半小时里除深入报道本地与国际要闻,还有详尽的财经新闻和体坛动态。世界局势与经济动脉,让大家轻松掌握。

11:30 PM	Money Week (R) (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)(重)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。
12:00 AM	Going Home 2 (R) (Local Variety)	Quite a few Singapore celebrities come from across the globe. They left their native homes, packing along with them their dreams and passion to thrive in our local industries. Some of them have already taken roots and settled in, while others are just getting started. Despite being in Singapore, these celebrities still have their homeland in mind, for that is where their families are and a place of their first aspirations. Hosted by Lin Cuifang, who follows some of our local celebrities and personalities in their voyage of "Going Home". What is the uniqueness of their native land? What sort of local good food and delights did they grow up with? All of these will be unveiled when the show returns.
	<回家走走> (本地综艺节目)(重)	艺人与名人当中有许多过江龙，他们怀抱理想，离乡背井来到新加坡发展事业，在本地发光发热。他们有的已经在此扎根，有的则刚刚起步，但他们仍心系故乡，因为那里有他们最亲的人和最初的梦。主持人林翠芳将随艺人和名人“回家走走”，看他们成长的地方，和他们的家人会面，沿着他们的成长轨迹，带着观众窥探他们记忆中的点点滴滴。名人的家乡有什么特色？哪些美食是他们从小吃到的？这些都将在电视上曝光。
1:00 AM	Wonders of Horus (R) (Dual Sound - 2nd track in Japanese)(Chinese Subtitles) (Variety)	Tune in to this brand new science programme that aims to impart scientific knowledge in a fun and entertaining manner.
	<科学大不同> (综艺节目)(重)(双声道华日语)(中文字幕)	全新的科学节目，以轻松、惹笑的手法传授科学知识，让科学不再是沉闷的科目！
1:30 AM	Evolution (R) (Local Info-Ed)	Men has taken million of years to evolve to our present state. However, that is not the case for many technological products and even some trades. These products are a necessity now. But not long ago, they are basically unheard of or in the form that young viewers would not recognize. Let "EVOLUTION" reveal how these products have evolved.
	<一起看过去> (本地资讯节目)(重)	物种会依据生存所需,在漫长历史中自然发展出必需的能力及特色。如果此理论套用在我们日常再熟悉不过的用品上,哪会是什么样的进阶过程?让我们"一起看过去",探索我们熟悉之物品发展的全过程。从物品的发明,到物品经过了时代更迭,不断地顺应时代,改良发展及未来将会出现的新类型等等。
2:00 AM	Vocals of Arts (R) (Last Episode) (Local Info-Ed)	

	<艺术大声说> (本地资讯节目)(重)	(最后一集)
<b>2:30 AM</b>	End of Transmission	
<b>TIME</b>	<b>EVENT</b>	<b>SYNOPSIS</b>
	<b>Mon, 18 Nov 2013 (Channel U)</b>	
<b>11:00 AM</b>	Home Shopping (Commercial)	
	<购物乐>	
<b>3:00 PM</b>	Money Week (R) (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)(重)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。
<b>3:30 PM</b>	P.R.D. Walker (R) (Chinese Subtitles) (Infotainment)	In this series of travelogues, host Leung Ka Ki and Karman Cheng takes us through the many interesting places throughout China's Pearl River Delta.
	<潮游珠三角> (娱乐资讯节目)(重) (中文字幕)	在这系列旅游记事里，让主持人梁嘉琪与郑嘉雯带我们潮游珠三角。
<b>4:00 PM</b>	Nothing is bigger than eat (R) (Chinese Subtitles) (Infotainment)	An infotainment programme hosted by Liang Hequn in which two artistes display their culinary skills in front of a panel of judges. In addition, there is a segment where an experienced chef cooks the desired dish upon audience request.
	<吃饭皇帝大> (娱乐资讯节目)(重) (中文字幕)	由梁赫群主持的美食节目。幸福料理铁人蒋伟文与阳光热血主厨陈德烈在一组评判面前展出他们烹饪才艺。另外，台湾名厨刘仁华会在"你点菜我上菜"单元里教大家煮观众想要学的菜肴。
<b>5:00 PM</b>	A Story of Lala's Promotion (R) (Ep 17) (PG)(English/Chinese Subtitles) (Drama)	DBs rival company, HW, implements a marketing campaign, similar to Wang Weis proposal. Lala is furious that Wang Wei suspects her of stealing his proposal to help Hongming. In a fit of anger, Lala suggests breakup. Daisy grabs the opportunity to spend the night with Wang Wei.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	(PG)DB的竞争对手HW公司推出一个类似王伟的计画案的市场活动。王伟怀疑拉拉将计划书的内容告诉了鸿明。拉拉一气之下提出分手。黛西乘机陪王伟过夜。
<b>6:00 PM</b>	Superhero At Home (Ep 23) (PG) (Drama)	After being hit by lightning in a storm, a young man recovers to find himself being able to foresee the future. With this extraordinary ability, he strives to change the course of event to prevent terrible things from happening.
	<家有超男> (连续剧)	(PG)青年德培在雨中行走突遭电击，醒来后却发现自己有了预知的超能力。此后，每当他有任何不详的预感时，他都会试图去防止坏事的发生。

<b>7:00 PM</b>	Moon and Stars for You (Ep 66) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Caiyuan tells Minhe that Qingzhu is the person who leaked the companys product. Minhe wants Qingzhu to resign on her own accord, but she refuses to do so. Minhe thus bar Qingzhu from entering the company.
	<愿为你摘星揽月> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)彩媛终于告诉敏赫庆珠是泄露新品的人。敏赫要庆珠自动辞职,但庆珠不依。敏赫于是禁止庆珠进入公司,庆珠誓言要对敏赫进行报复。
<b>8:00 PM</b>	Smart @ Work 2 (English Subtitles) (Infotainment)	There are some actions in the workplace that although do not violate the law, but do not sit well with personal ethics. How should Young adults avoid such traps?
	<上班不留白2> (娱乐资讯节目) (英文字幕)	"职场道德"在当今的社会变得越来越模糊,有些行为虽没触犯法律,但却违背道德良知,在我们身边有哪些道德陷阱,"新鲜人"要小心噢!
<b>9:00 PM</b>	Sense of Our Flavours (Info/Education)	Tune in to "Sense Of Our Flavours" as we introduce you to our popular local delicacies and the stories behind the dishes.
	<本土味> (资讯节目)	每一集的"本地味"将会为观众介绍名驰遐尔、具有本地风味的美食,并让您了解每道食品背后蕴含的故事和精神。
<b>9:30 PM</b>	World This Week (Local Info-Ed)	Every week all around the world, there are lots of queer and amusing happenings. Check them out on World This Week and be amazed without leaving your comfortable couch!
	<世界一周> (本地资讯节目)	每一个星期在世界的不同角落都会发生不同有趣或惊奇的事物。《世界一周》带你去探个究竟,让你不出家门也可以增广见闻。
<b>10:00 PM</b>	Listen To My Heart (Ep 2) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Yingkui was beaten by a burly man who claimed to be Meishus ex-husband. Malu was elated to receive a call from the wealthy lady who wanted to return him his bursary award by mail. In order to cross path with the wealthy lady again, Malu suggested that he collects the award from her home instead.
	<是否听见我的心> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)自称是美淑前夫的大汉到美淑工作的理发店找麻烦,还殴打了英奎。富裕的夫人打电话给马陆要将他遗漏在车上的奖学证书寄给他,让他喜出望外。为了能够再次碰面,马陆趁这个机会提议自己去她家拿。
<b>11:00 PM</b>	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》,在半小时里除深入报道本地与国际要闻,还有详尽的财经新闻和体坛动态。世界局势与经济动脉,让大家轻松掌握。
<b>11:30 PM</b>	Smart @ Work 2 (R) (English Subtitles) (Infotainment)	There are some actions in the workplace that although do not violate the law, but do not sit well with personal ethics. How should Young adults avoid such traps?

	<上班不留白2> (娱乐资讯节目)(重) (英文字幕)	"职场道德"在当今的社会变得越来越模糊,有些行为虽没触犯法律,但却违背道德良知,在我们身边有哪些道德陷阱,"新鲜人"要小心噢!
<b>12:30 AM</b>	Sense of Our Flavours (R) (Info/Education)	Tune in to "Sense Of Our Flavours" as we introduce you to our popular local delicacies and the stories behind the dishes.
	<本土味> (资讯节目)(重)	每一集的"本地味"将会为观众介绍名驰遐尔、具有本地风味的美食,并让您了解每道食品背后蕴含的故事和精神。
<b>1:00 AM</b>	World This Week (R) (Local Info-Ed)	Every week all around the world, there are lots of queer and amusing happenings. Check them out on World This Week and be amazed without leaving your comfortable couch!
	<世界一周> (本地资讯节目)(重)	每一个星期在世界的不同角落都会发生不同有趣或惊奇的事物。《世界一周》带你去探个究竟,让你不出家门也可以增广见闻。
<b>1:30 AM</b>	A Story of Lala's Promotion (R) (Ep 17) (PG)(English/Chinese Subtitles) (Drama)	DBs rival company, HW, implements a marketing campaign, similar to Wang Weis proposal. Lala is furious that Wang Wei suspects her of stealing his proposal to help Hongming. In a fit of anger, Lala suggests breakup. Daisy grabs the opportunity to spend the night with Wang Wei.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	(PG)DB的竞争对手HW公司推出一个类似王伟的计画案的市场活动。王伟怀疑拉拉将计划书的内容告诉了鸿明。拉拉一气之下提出分手。黛西乘机陪王伟过夜。
<b>2:30 AM</b>	End of Transmission	
<b>TIME</b>	<b>EVENT</b>	<b>SYNOPSIS</b>
	<b>Tue, 19 Nov 2013 (Channel U)</b>	
<b>11:00 AM</b>	Home Shopping (Commercial)	
	<购物乐>	
<b>3:00 PM</b>	Diamond Club (R) (Chinese Subtitles) (Variety)	The highest-rated Taiwan variety programme, hosted by the famous Regine, is now on Channel U! Judged by a panel of "Shrewd tongue" guest artistes, the programme showcase unique talents from all walks of life - magic show, street dance, dog talent performance.
	<钻石夜总会> (综艺节目)(重) (中文字幕)	由台湾名嘴利菁主持,《钻石夜总会》汇集了全台最独特、最叫人惊喜连连的表演节目。从魔术,杂耍,舞蹈至狗狗特技表演等,样样让观众看得目不暇给!
<b>5:00 PM</b>	A Story of Lala's Promotion (R) (Ep 18) (English/Chinese Subtitles) (Drama)	Lalas plan to help Wenhua backfires when Scott acknowledges Lalas efforts for getting the injured employee to drop charges against the company. Hongming and Xiahong quarrel when the latter thinks that Hongming is having an affair. Hongming wants to patch back with Lala who decides to walk away.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	李斯特赞扬拉拉解决工伤诉状之事,拉拉本想帮文华却变成帮倒忙。夏红指责鸿明有外遇,两人大吵起来。鸿明要求拉拉回到他身边但拉拉不理睬他。

<b>6:00 PM</b>	Superhero At Home (Ep 24) (PG) (Drama)	After being hit by lightning in a storm, a young man recovers to find himself being able to foresee the future. With this extraordinary ability, he strives to change the course of event to prevent terrible things from happening.
	<家有超男> (连续剧)	(PG)青年德培在雨中行走突遭电击，醒来后却发现自己有了预知的超能力。此后，每当他有任何不详的预感时，他都会试图去防止坏事的发生。
<b>7:00 PM</b>	Moon and Stars for You (Ep 67) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Wanhu waits at the police station, hoping that he will get to meet his long-lost son. Unable to see Wanhu in such a pitiful state, Zhenyu passes Minhes phone number to Wanhu. Wanhu calls Minhe, but Minhe declines to meet Wanhu.
	<愿为你摘星揽月> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)万虎呆坐在警局，盼望有机会碰到振秀。振宇于心不忍，将敏赫的电话号码给万虎。万虎拨电，电话另一端的敏赫拒绝与万虎见面。
<b>8:00 PM</b>	Finding U (Variety)	The theme for this episode is Childs Play. 4 hosts will be running around HometeamNS Pasir Ris Chalet, Vintage playgrounds in heartlands, Forest Adventure@Bedok Reservoir and Downtown East to look for the mysterious U. After a long fight, who will be the first to find U?
	<寻U 先锋> (综艺节目)	这一集节目的主题是寻U游乐场。四位主持人到了白沙内政团队战备人员协会俱乐部、旧款邻里游乐场、勿洛蓄水池、Downtown East进行游戏，寻找神秘的"U"。谁会先找到他，成为赢家呢？
<b>9:00 PM</b>	MasterChef China (Chinese Subtitles) (Variety)	Contestants from all over China come together to display their culinary skills and showcase their passion for food and cooking. Watch how the contestants challenge one another to realize their dreams of becoming the next Master Chef.
	<顶级厨师> (综艺节目) (中文字幕)	美食才艺综艺节目《顶级厨师》汇集了来自中国各个城市的烹饪爱好者报名参加，而美食观察团也将由国内顶尖明星与资深美食家担任。敬请锁定节目，看所有参赛者们如何施展精湛的厨艺，争夺成为下一届顶级厨师的荣衔!
<b>10:00 PM</b>	Listen To My Heart (Ep 3) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	The company presidents suspicions arose when he began to question his son-in-laws motives on his conglomerate, but it was too late. Not only did Shunqin agree to the marriage of her son and the hearing-impaired Meishu, she surprised everyone by paying off Meishus huge debts.
	<是否听见我的心> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)会长开始对女婿镇植起疑，可是为时太晚。顺琴不再反对英奎和美淑的婚事，还反常的帮美淑还偿欠下的巨款。
<b>11:00 PM</b>	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.

	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
<b>11:30 PM</b>	Finding U (R) (Variety)	The theme for this episode is Childs Play. 4 hosts will be running around HometeamNS Pasir Ris Chalet, Vintage playgrounds in heartlands, Forest Adventure@Bedok Reservoir and Downtown East to look for the mysterious U. After a long fight, who will be the first to find U?
	<寻U 先锋> (综艺节目)(重)	这一集节目的主题是寻U游乐场。四位主持人到了白沙内政团队战备人员协会俱乐部、旧款邻里游乐场、勿洛蓄水池、Downtown East进行游戏，寻找神秘的"U"。谁会先找到他，成为赢家呢？
<b>12:30 AM</b>	MasterChef China (R) (Chinese Subtitles) (Variety)	Contestants from all over China come together to display their culinary skills and showcase their passion for food and cooking. Watch how the contestants challenge one another to realize their dreams of becoming the next Master Chef.
	<顶级厨师> (综艺节目)(重) (中文字幕)	美食才艺综艺节目《顶级厨师》汇集了来自中国各个城市的烹饪爱好者报名参加，而美食观察团也将由国内顶尖明星与资深美食家担任。敬请锁定节目，看所有参赛者们如何施展精湛的厨艺，争夺成为下一届顶级厨师的荣衔！
<b>1:30 AM</b>	A Story of Lala's Promotion (R) (Ep 18) (English/Chinese Subtitles) (Drama)	Lalas plan to help Wenhua backfires when Scott acknowledges Lalas efforts for getting the injured employee to drop charges against the company. Hongming and Xiahong quarrel when the latter thinks that Hongming is having an affair. Hongming wants to patch back with Lala who decides to walk away.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	李斯特赞扬拉拉解决工伤诉讼之事，拉拉本想帮文华却变成帮倒忙。夏红指责鸿明有外遇，两人大吵起来。鸿明要求拉拉回到他身边但拉拉不理睬他。。。
<b>2:30 AM</b>	End of Transmission	
<b>TIME</b>	<b>EVENT</b>	<b>SYNOPSIS</b>
<b>Wed, 20 Nov 2013 (Channel U)</b>		
<b>11:00 AM</b>	Home Shopping (Commercial)	
	<购物乐>	
<b>3:00 PM</b>	World This Week (R) (Local Info-Ed)	Every week all around the world, there are lots of queer and amusing happenings. Check them out on World This Week and be amazed without leaving your comfortable couch!
	<世界一周> (本地资讯节目)(重)	每一个星期在世界的不同角落都会发生不同有趣或惊奇的事物。《世界一周》带你去探个究竟，让你不出家门也可以增广见闻。
<b>3:30 PM</b>	Extraordinary Asian (R) (Chinese Subtitles) (Info/Education)	

	<梦捕手> (资讯节目)(重) (中文字幕)	
<b>4:30 PM</b>	Wonder Chef 2 - The Grand PK (R) (Local Variety)	In season 2, we put the newly crowned Wonder Chef to the test by inviting the entire nation to come forward and PK the reigning Wonder Chef.
	<我要当食神- PK 版> (本地综艺节目)(重)	16位参赛者和8位艺人将会来踢馆，挑战上个系列的8位食神，食神荣銜会否重新洗牌呢？
<b>5:00 PM</b>	A Story of Lala's Promotion (R) (Ep 19) (English/Chinese Subtitles) (Drama)	Lala is overjoyed when Howard gives his approval for her promotion to administrative manager and conveys his message to Scott. Lala is promoted but she did not expect that her quick succession might cause Wenhua to be unhappy.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	拉拉告诉何好德自己希望升职之事。何好德认同拉拉的能力，令拉拉喜出望外，并将何好德的意见传达给李斯特。拉拉成功成为行政经理但没想到此事可能令文华感到不满。
<b>6:00 PM</b>	Superhero At Home (Ep 25) (PG)(Last Episode) (Drama)	After being hit by lightning in a storm, a young man recovers to find himself being able to foresee the future. With this extraordinary ability, he strives to change the course of event to prevent terrible things from happening.
	<家有超男> (连续剧)	(PG)(大结局)青年德培在雨中行走突遭电击，醒来后却发现自己有了预知的超能力。此后，每当他有任何不详的预感时，他都会试图去防止坏事的发生。
<b>7:00 PM</b>	Moon and Stars for You (Ep 68) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Wanhu realizes that Minhes phone number is the same as Zhenxius phone number. Zhenyu finally tells Wanhu that Minhe is his long-lost son.
	<愿为你摘星揽月> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)万虎要拨电话给敏赫，与他商量振九的工作事宜，这才发现敏赫的电话号码与振秀的相同。振宇终于向万虎承认敏赫就是振秀。
<b>8:00 PM</b>	Yes Sir. Sorry Sir! (Ep 12) (PG)(English/Chinese Subtitles) (Hongkong Drama)	LAW YIU-WAH (Moses Chan), who comes from a long line of disciplined workers, is a teacher of a notorious school. One day, he was urged to resign after being vilified by his students as a peeping Tom. At present, the triads have expanded their drug network within the schools. WAH, who has become a cop, is told to go undercover at the school where he used to teach.
	<点解阿Sir係阿Sir> (港剧) (中英文字幕)	(PG)罗耀华由教书阿Sir转职为警察阿Sir，但竟被派回原校当卧底，调查黑帮校园毒网！耀华积极讨好校内四大恶人“K4”，但新来的老师何妙雪却轻易赢得学生信任，耀华亦被其善良吸引。此时，外表冷酷的保龄球教练古嘉岚，被揭发是社团头目婊仔。为破案，耀华只好假意追求嘉岚，而年青有为的督察程文力亦对妙雪展开追求。破案在望，耀华的身份却被识穿。

<b>9:00 PM</b>	MasterChef China (Chinese Subtitles)(Last Episode) (Variety)	Contestants from all over China come together to display their culinary skills and showcase their passion for food and cooking. Watch how the contestants challenge one another to realize their dreams of becoming the next Master Chef.
	<顶级厨师> (综艺节目) (中文字幕)	(最后一集)美食才艺综艺节目《顶级厨师》汇集了来自中国各个城市的烹饪爱好者报名参加，而美食观察团也将由国内顶尖明星与资深美食家担任。敬请锁定节目，看所有参赛者们如何施展精湛的厨艺，争夺成为下一届顶级厨师的荣衔!
<b>10:00 PM</b>	Listen To My Heart (Ep 4) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Xianshu was shocked when she heard Xingai ranting to Zhenzhi about their past and their illegitimate son. Meishu was trapped in the factory fire while trying to retrieve the new watch she bought for Malu.
	<是否听见我的心> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)贤淑无意听见心爱向镇植说起了私生子和不为人知的秘密后感到非常错愕。美淑为了取回刚买给马陆的手表，没有及时安全地逃离失火的工厂而困在火海中。
<b>11:00 PM</b>	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
<b>11:30 PM</b>	MasterChef China (R) (Chinese Subtitles)(Last Episode) (Variety)	Contestants from all over China come together to display their culinary skills and showcase their passion for food and cooking. Watch how the contestants challenge one another to realize their dreams of becoming the next Master Chef.
	<顶级厨师> (综艺节目)(重) (中文字幕)	(最后一集)美食才艺综艺节目《顶级厨师》汇集了来自中国各个城市的烹饪爱好者报名参加，而美食观察团也将由国内顶尖明星与资深美食家担任。敬请锁定节目，看所有参赛者们如何施展精湛的厨艺，争夺成为下一届顶级厨师的荣衔!
<b>12:30 AM</b>	Stars For A Cause 3 (R) (Info/Education)	In this series, we bring 8 artistes from Singapore and around the region to different parts of the world as part of voluntary corps.
	<明星志工队> (资讯节目)(重)	新系列的《明星志工队》将到以下地区服务：菲律宾，中国，台湾，泰国等，服务的对象包括：有视力障碍的儿童，遭受硫酸袭击的受害者，患有自闭症的青年，不幸踩到地雷而前腿被炸残的大象等。
<b>1:30 AM</b>	A Story of Lala's Promotion (R) (Ep 19) (English/Chinese Subtitles) (Drama)	Lala is overjoyed when Howard gives his approval for her promotion to administrative manager and conveys his message to Scott. Lala is promoted but she did not expect that her quick succession might cause Wenhua to be unhappy.

	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	拉拉告诉何好德自己希望升职之事。何好德认同拉拉的能力，令拉拉喜出望外，并将何好德的意见传达给李斯特。拉拉成功成为行政经理但没想到此事可能令文华感到不满。
<b>2:30 AM</b>	End of Transmission	
<b>TIME</b>	<b>EVENT</b>	<b>SYNOPSIS</b>
	<b>Thu, 21 Nov 2013 (Channel U)</b>	
<b>11:00 AM</b>	Home Shopping (Commercial)	
	<购物乐>	
<b>3:00 PM</b>	Jumong (R) (Eps 75 & 76) (PG-Some Violence)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Su-er brings Liuli to Jolbon with the aim of reuniting with Zhumeng. However, she leaves quietly with her child after receiving news that Zhumeng is about to wed Zhao Xinu.
	<朱蒙> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	(PG-些许暴力画面)肃儿带着儿子到卒本，本来想与朱蒙团聚，却获知朱蒙即将跟召西奴成亲。肃儿决定成全朱蒙和召西奴，于是带着儿子离开。
<b>5:00 PM</b>	A Story of Lala's Promotion (R) (Ep 20) (English/Chinese Subtitles) (Drama)	Lalas parents are overjoyed when they learn that Lala is seeing Wang Wei but are concerned that Wang Wei is a divorcee. Lala tells Wang Wei that her parents wish to see him but Wang Wei is reluctant to do so.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	拉拉的父母得知拉拉有男友，高兴不已但对于王伟离过婚之事有顾虑。拉拉告诉王伟她的父母希望与他见面，但王伟不愿答应。
<b>6:00 PM</b>	In The Eye Of The Beholder (R) (Ep 1) (English/Chinese Subtitles) (Hongkong Drama)	Qiuxiang is happy that Tang Bohu is in Hangzhou but little does she know that he is an imposter.However, the real Tang Bohu uses his famous painting plot to expose him out.
	<秋香怒点唐伯虎> (港剧)(重) (中英文字幕)	华府婢女秋香自小非常崇拜虎，得知唐伯虎要来杭州举办义卖名画慈善大会，大感兴奋，但没发觉来者竟是假冒者。当假冒唐伯虎准备在大会画出真正唐伯虎多年前烧去之名画来敛财时，被唐伯虎设下妙计揭发他。
<b>7:00 PM</b>	Moon and Stars for You (Ep 69) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Caiyuan invites Wanhu to the familys chalet. Wanhu chats with Zhengxun and probes him on how he found Minhe years ago. Wanhu is agitated when Zhengxun shares that he will not return Minhe to his birth parents.
	<愿为你摘星揽月> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)韩家到别墅度假，彩媛邀万虎一起去。万虎与政勋聊天，想了解政勋当年在什么样的情况下找到敏赫，万虎听到政勋说不会将敏赫还给亲生父母，突然非常激动。

<b>8:00 PM</b>	Yes Sir. Sorry Sir! (Ep 13) (PG)(English/Chinese Subtitles) (Hongkong Drama)	LAW YIU-WAH (Moses Chan), who comes from a long line of disciplined workers, is a teacher of a notorious school. One day, he was urged to resign after being vilified by his students as a peeping Tom. At present, the triads have expanded their drug network within the schools. WAH, who has become a cop, is told to go undercover at the school where he used to teach.
	<点解阿Sir係阿Sir> (港剧) (中英文字幕)	(PG)罗耀华由教书阿Sir转职为警察阿Sir, 但竟被派回原校当卧底, 调查黑帮校园毒网! 耀华积极讨好校内四大恶人“K4”, 但新来的老师何妙雪却轻易赢得学生信任, 耀华亦被其善良吸引。此时, 外表冷酷的保龄球教练古嘉岚, 被揭发是社团头目姨仔。为破案, 耀华只好假意追求嘉岚, 而年青有为的督察程文力亦对妙雪展开追求。破案在望, 耀华的身份却被识穿。
<b>9:00 PM</b>	Super Taste (Chinese Subtitles) (Infotainment)	Follow Xie Xinhao and Chen Bingli as they embark on a budget tour around Okinawa! Watch on as they savour delicious seafood and ramen and also swim with sharks!
	<时尚玩家> (娱乐资讯节目) (中文字幕)	今天, 浩角翔起将让大家看看他们如何经济实惠地展开一场四天三夜的冲绳岛之旅! 他们将品尝令人垂涎三尺的海鲜和拉面, 然后与鲸鲨一起游泳!
<b>10:00 PM</b>	Listen To My Heart (Ep 5) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Xianshu took revenge on her husband by bringing away his illegitimate son, Malu, to live in the States so he couldnt be located by his parents. Zhenzhi ordered the fire shutter door to be closed despite the plea to save his employees who were still trapped. Meishu became a victim as a result.
	<是否听见我的心> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)贤淑为了报复丈夫和别的女人有私生子, 故意将马陆带到美国居住, 不让他们找到亲生儿子。镇植为了不让火患蔓延到别的工厂, 不管员工还在里面就下令关上防火门, 结果困在里头的美淑赔上了性命。
<b>11:00 PM</b>	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》, 在半小时里除深入报道本地与国际要闻, 还有详尽的财经新闻和体坛动态。世界局势与经济动脉, 让大家轻松掌握。
<b>11:30 PM</b>	Super Taste (R) (Chinese Subtitles) (Infotainment)	Follow Xie Xinhao and Chen Bingli as they embark on a budget tour around Okinawa! Watch on as they savour delicious seafood and ramen and also swim with sharks!
	<时尚玩家> (娱乐资讯节目)(重) (中文字幕)	今天, 浩角翔起将让大家看看他们如何经济实惠地展开一场四天三夜的冲绳岛之旅! 他们将品尝令人垂涎三尺的海鲜和拉面, 然后与鲸鲨一起游泳!
<b>12:30 AM</b>	Guess Who (R) (Chinese Subtitles) (Infotainment)	In this reality TV series, various artistes will be invited into the homes of ordinary folks for dinner. The mystery guests will only be revealed just before the meal. Watch out for the spontaneous and heart warming interaction between hosts and guests.

	<谁来晚餐> (娱乐资讯节目)(重) (中文字幕)	"谁来晚餐" 是个时下颇为流行的实况电视节目. 每集节目都拜访一个家庭,并邀请他们的梦幻嘉宾上门共进晚餐. 内容没有太多刻意的安排,也许是小小梦想的完成,也可能会看到名人卸下包装与身段之后的真情流露.
<b>1:30 AM</b>	A Story of Lala's Promotion (R) (Ep 20) (English/Chinese Subtitles) (Drama)	Lalas parents are overjoyed when they learn that Lala is seeing Wang Wei but are concerned that Wang Wei is a divorcee. Lala tells Wang Wei that her parents wish to see him but Wang Wei is reluctant to do so.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	拉拉的父母得知拉拉有男友,高兴不已但对于王伟离过婚之事有顾虑。拉拉告诉王伟她的父母希望与他见面,但王伟不愿答应。
<b>2:30 AM</b>	End of Transmission	
<b>TIME</b>	<b>EVENT</b>	<b>SYNOPSIS</b>
	<b>Fri, 22 Nov 2013 (Channel U)</b>	
<b>11:00 AM</b>	Home Shopping (Commercial) <购物乐>	
<b>3:00 PM</b>	Jumong (R) (Ep 77) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Jinwa announces that Daisu will succeed him as king. The officials in Goguryeo are worried that Daisu will start a war once he succeeds as king and thus advises Zhumeng to conquer Buyeo first.
	<朱蒙> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	(PG)金蛙宣布将王位传给带素。高句丽的大臣们担心带素好战,于是劝朱蒙先去征服夫余。
<b>4:00 PM</b>	IWalker - The World is So Big <爱玩客之世界那么大> (娱乐资讯节目)(重) (中文字幕)	Join adventurous host, Yi Qiao, as she brings you to explore different parts of the world! Hosts: Yi Qiao 在每一集的《爱玩客之世界那么大》中,跟随富有冒险精神的主持人苡乔,一起到世界各角探索,了解不同国家的风土人情!
<b>5:00 PM</b>	2013 Mnet Asian Music Award: Red Carpet (Live)(Korean With Mandarin Voice Over) (Variety) <2013Mnet 亚洲音乐盛典(红地毯)> (综艺节目)	(现场直播)(韩语附中文旁述)
<b>7:00 PM</b>	2013 Mnet Asian Music Awards: Main Event (Live)(korean With Mandarin Voice Over) (Variety) <2013Mnet 亚洲音乐盛典> (综艺节目)	(现场直播)(韩语附中文旁述)
<b>11:00 PM</b>	News Tonight (Chinese Subtitles) (News) <晚间新闻> (新闻) (中文字幕)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day. U频道《晚间新闻》,在半小时里除深入报道本地与国际要闻,还有详尽的财经新闻和体坛动态。世界局势与经济动脉,让大家轻松掌握。

<b>11:30 PM</b>	Office Girls (Ep 4) (Chinese Subtitles) (Taiwan Drama)	Sheng Xingren broke a few bottles of expensive red wine that were on loan to the Company. She broke more bottles of red wine when Qin Ziqi got into a tussle with her.
	<小资女孩向前冲> (台湾剧) (中文字幕)	史经理吩咐沈杏仁去取名贵红酒，可是杏仁在回公司途中却将红酒打破了，因此一时不知所措。沈杏仁准备把名贵红酒送回物主时和秦子奇拉扯又再次砸碎了红酒。
<b>1:00 AM</b>	Taiwan Delicacies (R) (Infotainment)	This entertaining variety serial features delicious cuisine from Taiwan. In this episode, CoCo introduces local delicacies of Peng Hu to the audience.
	<台湾好味道> (娱乐资讯节目)(重)	"台湾好味道"带你到台湾品尝美食。这一集, 主持人蒋怡将介绍澎湖的美食给观众。
<b>1:30 AM</b>	Street Food Culture: The Soy Story (R) (Dual Sound - 2nd track in English) (Info/Education)	
	<街头小吃文化:黄豆的故事> (资讯节目)(重)(双声道 - 华英语)	
<b>2:30 AM</b>	End of Transmission	
<b>TIME</b>	<b>EVENT</b>	<b>SYNOPSIS</b>
<b>Sat, 23 Nov 2013 (Channel U)</b>		
<b>6:00 AM</b>	Home Shopping (Commercial)	
	<购物乐>	
<b>10:00 AM</b>	Diamond Club (R) (Chinese Subtitles) (Variety)	The highest-rated Taiwan variety programme, hosted by the famous Regine, is now on Channel U! Judged by a panel of "Shrewd tongue" guest artistes, the programme showcase unique talents from all walks of life - magic show, street dance, dog talent performance.
	<钻石夜总会> (综艺节目)(重) (中文字幕)	由台湾名嘴利菁主持, 《钻石夜总会》汇集了全台最独特、最叫人惊喜连连的表演节目。从魔术, 杂耍, 舞蹈至狗狗特技表演等, 样样让观众看得目不暇给!
<b>12:00 PM</b>	Style: Check-in (R) (Infotainment)	Style: Check-in is a brand new stylish infotainment that introduces the trendiest lifestyle and news bites between Singapore and Shanghai! These topics formed are based on these main themes: FUN, FOOD, TRENDS, ENTERTAINMENT and LIFESTYLE.
	<潮人攻略> (娱乐资讯节目)(重)	《潮人攻略》是一个全新的资讯节目介绍新加坡与上海两地流行生活与资讯。这个节目希望以一种更接近现代潮人都市生活的形式, 打破一般资讯节目的格局, 以FUN、FOOD、TRENDS、ENTERTAINMENT、LIFESTYLE五大主题, 联整集节目。
<b>1:00 PM</b>	Run For Money (R) (Dual Sound - 2nd track in Japanese) (Variety)	Run For Money is essentially a massive game of tag. The players have to escape from the Hunters, and with each second that they survive in the game, the more money they can potentially get.

	<全员逃走中> (综艺节目)(重)(双声道 华日语)	《全员逃走中》为一街头生存游戏，参与游戏的「逃亡者」必须在一定限时内，在製作单位所划定的场地中，躲避「猎人」的追捕。成功躲避追捕可获得奖金，被抓到则奖金归零。
<b>2:00 PM</b>	Super Taste (R) (Chinese Subtitles) (Infotainment)	
	<食尚玩家> (娱乐资讯节目)(重) (中文字幕)	
<b>3:00 PM</b>	Iron Daughters In Law (Eps 28 & 29) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Xinyu goes to the Jin family home to ask for the elders consent to pursue Yingxin, but the Jin family wants to match-make him with Yanting instead.
	<不屈的儿媳妇> (韩剧)(双声道 - 华韩语) (中英文字幕)	信宇带着礼物上金家，本想征求长辈们的同意追求英心，金家大小却想要撮合他和妍婷。
<b>5:00 PM</b>	While We Were Drunk (R) (Eps 4 & 5) (PG)(English/Chinese Subtitles) (Taiwan Drama)	Xiaoru decides to accept Jiexius proposal to continue their marriage for three months in exchange for one million dollars. The duo thus begins their newly-wed lives.
	<醉后决定爱上你> (台湾剧)(重) (中英文字幕)	(PG)晓如决定接受杰修的条件，以一百万的酬劳与杰修做三个月的假夫妻，两人开始了"新婚"生活。。。
<b>7:00 PM</b>	Battle Of Voices (Chinese Subtitles) (Variety)	"Battle Of Voices" is currently one of the top variety shows in Taiwan. Hosted by Harlem Yu, the show pits aspiring singers against famous singers. The winning contestant can choose to either walk away with the prize money or continue with his/her challenge for a chance to win a recording contract.
	<超级歌喉赞> (综艺节目) (中文字幕)	<超级歌喉赞>是目前台湾最新最热门的综艺节目。主持人庾澄庆每期都会邀请歌坛唱将级大咖与参赛的新人来场歌艺PK大赛，并邀请30位电台DJ为比赛当评委，如果挑战者成功连闯六关，即可得到发行单曲机会。
<b>8:30 PM</b>	Neighborhood Gourmet (Last Episode)(Chinese Subtitles) (Infotainment)	The comical Kitty Yuen and King Kong will introduce viewers to delicious food all over Hong Kong. They will also learn the secret recipes of various chefs' signature dishes and hold a PK contest in every episode.
	<街坊厨神> (娱乐资讯节目) (中文字幕)	(最后一集)小仪与金刚这两位「街坊厨神」将带观众朋友穿街过巷到处扫匀香港、九龙、新界各个地区的街坊美食。此外，两人还会向大厨们拜师学艺，请教他们的独门厨艺秘技，并且当场以所学的制作该店招牌菜，再由众街坊食客试吃评分。
<b>9:00 PM</b>	In Time With You (Ep 15) (PG)(Last Episode)(English/Chinese Subtitles) (Taiwan Drama)	Youqing bumps into Daren when she returns from holiday. Both seize the opportunity to express their feelings to each other and get married.
	<我可能不会爱你> (台湾剧) (中英文字幕)	(PG)(大结局)又青在生日前夕回国，并与阔别已久的大仁再度见面.这一次他们都不再逃避，正面迎战了长久存在於两人间那"我可能不会爱你"的难解习题。

<b>10:30 PM</b>	Money Week (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。
<b>11:00 PM</b>	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
<b>11:30 PM</b>	ePuff (Variety)	Homegrown singing beauty Olivia Ong shares her music journey and her aspirations with guest host Ivy Tan. She shares her thoughts on her new album, and answered questions posted by her Facebook fans. Do you have what it takes to be Olivias dream man? Find out on this episode of ePuff.
	<娱乐泡芙> (综艺节目)	第四集娱乐泡芙请来了气质美女 - 本地歌手 Olivia Ong! Olivia与代班主持陈艾薇畅谈她的音乐之路，同时也在节目里回答粉丝的问题。想知道Olivia的择偶条件吗？那就一定要锁定娱乐泡芙！
<b>12:00 AM</b>	Office Girls (Ep 5) (Chinese Subtitles) (Taiwan Drama)	
	<小资女孩向前冲> (台湾剧) (中文字幕)	
<b>1:30 AM</b>	Unique Discovery (R) (Info/Education)	"Unique Discovery" is a unique delicacies programme that introduces China's top local delights. Through news reporting, it provides the audiences with an accurate and realistic introduction of these local dishes.Host: Li Wenjuan
	<非凡大探索> (资讯节目)(重)	《非凡大探索》这个美食节目利用近似新闻报导的方式去介绍中国各地的美食小吃，让观众们亲身品尝之后少有"报导不实"的感觉。 主持人：李文娟
<b>2:30 AM</b>	End of Transmission	
<b>TIME</b>	<b>EVENT</b>	<b>SYNOPSIS</b>
<b>Sun, 24 Nov 2013 (Channel U)</b>		
<b>6:00 AM</b>	Home Shopping (Commercial)	
	<购物乐>	
<b>10:00 AM</b>	Million Singer (R) (Chinese Subtitles) (Variety)	Each episode of Million Singer features different singers challenging for the top prize of NT 300,000. Contestant will have to overcome 10 different categories of songs and be able to complete the missing lyrics for all the songs in order to achieve the top prize.

	<百万大歌星> (综艺节目)(重) (中文字幕)	唱歌可换现金! 不比音色, 也不比音准, 而是挑战参赛者的记忆和对歌词的认识。只要唱得出歌词就能轻松赢取高达新台币\$300,000的奖金!
<b>11:30 AM</b>	Running Man (R) (Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Variety)	Hosted by Yu Jae-suk, this Korean variety show is categorized as an "Urban action variety show". The star guests take part in a series of difficult missions to become the winner at the end of the race.
	<Running Man> (综艺节目)(重)(双声道 - 华韩语) (中英文字幕)	这部充满动感的游戏节目由刘在锡主持。受邀的明星嘉宾要完成一连串的任务, 努力争取成为赛事的优胜者。
<b>12:30 PM</b>	Web Rumour Go Go Go (R) (Chinese Subtitles) (Infotainment)	In this brand new series of Web Rumour Go Go Go, the hosts continue to interview experts and use scientific methods to verify the authenticity of the latest rumours on the Internet.
	<流言追追追> (娱乐资讯节目)(重) (中文字幕)	小兵(薛纪网)和翁滋蔓再次搜索网上最新的流言, 并以科学的方式进行试验, 为您揭开流言的真假。
<b>1:00 PM</b>	The After Dinner Mysteries (R) (Eps 7 & 8) (English/Chinese Subtitles)(Original With Chinese Subtitles) (Japanese Drama)(PG)	The drama is based on a popular novel of the same name in Japan which tells a story about Hosho Reiko, a rookie detective, and the daughter of a plutocrat, who solves various cases by receiving the help of her butler, Kageyama, who has a wicked tongue.
	<推理要在晚餐后> (日剧)(重) (中英文字幕)	(PG)(日语附中文字幕) 影山是世界知名企业—宝生集团社长的独生女丽子的管家兼司机。隐藏了"大小姐"身份的国立署新人刑警丽子, 每逢疑难案件, 就会回到自家豪宅, 一边休息一边将全部案情告诉侍奉她用晚餐的影山, 同时流畅地推理案情, 找出真相。
<b>3:00 PM</b>	Iron Daughters In Law (Eps 30 & 31) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Xinyu rolls down a flight of stairs in a bid to protect Yingxin. Yingxin is touched by Xinyu and decides to get together with him.
	<不屈的儿媳们> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)信宇为了保护英心而滚下楼梯。英心被信宇打动, 决定鼓起勇气与信宇在一起。
<b>5:00 PM</b>	Okinawa Blues (Last Episode)(Chinese Subtitles) (Infotainment)	Join hosts Ella Gou Yunhui and Christine Guan Enna as they bring viewers around Okinawa, an island south of Japan, where many locals and tourists head to for a fun-filled and relaxing, sunny holiday. Viewers will get to enjoy the scenic views of Okinawa and be introduced to the various local delicacies.
	<恋恋冲绳> (娱乐资讯节目) (中文字幕)	(最后一集)一连五集的节目, 官恩娜, 苟芸慧会带观众游冲绳, 投入当地的海洋世界, 寻找自愈放松的活动, 品尝特产美食, 环岛游感受小岛风情, 以及体验冲绳与别不同的音乐文化。
<b>5:30 PM</b>	Let's Talk 3 (R) (Infotainment)	Hosted by Lee Teng and Lin Pei Fen, the platform for youths to voice their opinions and reveal their hidden emotions on issues they are concerned with is back!

	<你在囧什么？> (娱乐资讯节目)(重)	由李腾和林佩芬搭档主持，新系列的《你在囧什么》将继续探讨更多青少年烦恼与细密的话题！
<b>6:30 PM</b>	Find Me A Singaporean (R) (Local Info-Ed)	Hosted by Belinda Lee, Find me a Singaporean! searches for Singaporeans in the most obscure places on earth that would never exist in your holiday travel plans!
	<稀游记> (本地资讯节目)(重)	有趣、好玩、又窝心。U频道新节目【稀游记】将带你到世界100个最偏远的地方、去体验完全不一样的生活！
<b>7:00 PM</b>	Chinese Dream (Variety)	A well-known free-style basketball player displayed his professional skills in Chinese Dream this week. Next, an ex-cycling young champion performed a song in dedication to his sickly mother and pledged his gold medals in exchange for cash to cure his mothers illness.
	<中国梦想秀> (综艺节目)	曾经在中国花式篮球叱咤风云的大男孩到中国梦想秀舞台表演绝活，迎来了热烈的掌声。接下来，一位孝顺的男孩想用他生命中最重要的东西-自行车比赛金牌作为抵押，换取为妈妈治病的钱。
<b>8:30 PM</b>	18th Singapore Hit Awards (Variety)	The 18th Singapore Hit Awards, the longest running Chinese music awards in Singapore, returns after a one-year hiatus! Artistes like Grasshopper, Julian Cheung, Wilber Pan, Karen Mok, Alien Huang, Penny Tai, Denise Ho, Magic Power, Zhou Hui, Olivia Ong, Hu Xia, Zoe Tay and many more will be attending this star-studded event.
	<第18届新加坡金曲奖> (综艺节目)	《新加坡金曲奖》阔别一年再度闪亮登场，势必轰动！第十八届《新加坡金曲奖》颁奖典礼出席艺人包括：香港的草蜢、莫文蔚、张智霖、何韵诗；台湾的潘玮柏、黄鸿升、周蕙、MP魔幻力量、白安、韦礼安；中国内地的胡夏；马来西亚的戴佩妮以及新加坡的蔡淳佳、Olivia、何维健、龚芝怡、插班生、MICappella、邱意淋和魏妙如。
<b>11:00 PM</b>	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
<b>11:30 PM</b>	Money Week (R) (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)(重)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。

12:00 AM	Going Home 2 (R) (Local Variety)	Quite a few Singapore celebrities come from across the globe. They left their native homes, packing along with them their dreams and passion to thrive in our local industries. Some of them have already taken roots and settled in, while others are just getting started. Despite being in Singapore, these celebrities still have their homeland in mind, for that is where their families are and a place of their first aspirations. Hosted by Lin Cuifang, who follows some of our local celebrities and personalities in their voyage of "Going Home". What is the uniqueness of their native land? What sort of local good food and delights did they grow up with? All of these will be unveiled when the show returns.
	<回家走走> (本地综艺节目)(重)	艺人与名人当中有许多过江龙，他们怀抱理想，离乡背井来到新加坡发展事业，在本地发光发热。他们有的已经在此扎根，有的则刚起步，但他们仍心系故乡，因为那里有他们最亲的人和最初的梦。主持人林翠芳将随艺人和名人“回家走走”，看他们成长的地方，和他们的家人会面，沿着他们的成长轨迹，带着观众窥探他们记忆中的点点滴滴。名人的家乡有什么特色？哪些美食是他们从小吃到的？这些都将在电视上曝光。
1:00 AM	Wonders of Horus (R) (Dual Sound - 2nd track in Japanese)(Chinese Subtitles) (Variety)	Tune in to this brand new science programme that aims to impart scientific knowledge in a fun and entertaining manner.
	<科学大不同> (综艺节目)(重)(双声道华日语)(中文字幕)	全新的科学节目，以轻松、惹笑的手法传授科学知识，让科学不再是沉闷的科目！
1:30 AM	Evolution (R) (Local Info-Ed)	Men has taken million of years to evolve to our present state. However, that is not the case for many technological products and even some trades. These products are a necessity now. But not long ago, they are basically unheard of or in the form that young viewers would not recognize. Let "EVOLUTION" reveal how these products have evolved.
	<一起看过去> (本地资讯节目)(重)	物种会依据生存所需,在漫长历史中自然发展出必需的能力及特色。如果此理论套用在我们日常再熟悉不过的用品上,哪会是什么样的晋阶过程?让我们"一起看过去",探索我们熟悉之物品发展的全过程。从物品的发明,到物品经过了时代更迭,不断地顺应时代,改良发展及未来将会出现的新类型等等。
2:00 AM	Hands Of Love (R) (Local Info-Ed)	Hosted by Mark Lee through a lively panel of discussion, Hands of Love debunks the misconceptions of parenthood to enlighten young couples how raising a child can bring unparallel happiness to a family.
	<大手牵小手> (本地资讯节目)(重)	结婚真的会影响事业吗?生小孩就没有私人空间?由李国煌主持,这个节目透过谈话性的方式,势必要让大家知道孩子的出现,如何为二人世界打开另一扇通往幸福的大道。
2:30 AM	End of Transmission	

TIME	EVENT	SYNOPSIS
	<b>Mon, 25 Nov 2013 (Channel U)</b>	
11:00 AM	Home Shopping (Commercial)	
	<购物乐>	
3:00 PM	Money Week (R) (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)(重)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态，让观众能更好地掌握市场走势和投资情报。
3:30 PM	P.R.D. Walker (R) (Chinese Subtitles)(Last Episode) (Infotainment)	In this series of travelogues, host Leung Ka Ki and Karman Cheng takes us through the many interesting places throughout China's Pearl River Delta.
	<潮游珠三角> (娱乐资讯节目)(重) (中文字幕)	(最后一集)在这系列旅游记事里，让主持人梁嘉琪与郑嘉雯带我们潮游珠三角。
4:00 PM	Nothing is bigger than eat (R) (Chinese Subtitles) (Infotainment)	An infotainment programme hosted by Liang Hequn in which two artistes display their culinary skills in front of a panel of judges. In addition, there is a segment where an experienced chef cooks the desired dish upon audience request.
	<吃饭皇帝大> (娱乐资讯节目)(重) (中文字幕)	由梁赫群主持的美食节目。幸福料理铁人蒋伟文与阳光热血主厨陈德烈在一组评判面前展出他们烹饪才艺。另外，台湾名厨刘仁华会在"你点菜我上菜"单元里教大家煮观众想要学的菜肴。
5:00 PM	A Story of Lala's Promotion (R) (Ep 21) (English/Chinese Subtitles) (Drama)	Lala senses that Wang Wei is troubled but the latter keeps mum about Daisys aunts visit to Shanghai. Daisys aunt advises Daisy to grab hold of chances to win Wang Wei back.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	拉拉感觉王伟有心事但王伟不愿透露黛西的姨妈来访上海之事。黛西的姨妈劝黛西要抓紧机会抢回王伟。
6:00 PM	In The Eye Of The Beholder (R) (Ep 2) (English/Chinese Subtitles) (Hongkong Drama)	Tang Bohu is mesmerised by Qiuxiangs beauty and martial agility and falls for her. He disguises as a servant in Wahs residence in order to get close to her.
	<秋香怒点唐伯虎> (港剧)(重) (中英文字幕)	唐伯虎被秋香的美色与武功所吸引，对她一见钟情。为了能够多接近她，伯虎在华府担任家丁的工作。
7:00 PM	Moon and Stars for You (Ep 70) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Wanhu asks for his eldest son the moment he regains consciousness from the operation. Minhe visits Wanhu late at night and confesses that he knows Wanhu is his biological father. However, he will not acknowledge Wanhu at the moment in consideration of Zhengxuns feelings.
	<愿为你摘星揽月> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)万虎做完手术苏醒后，一开口就叫着振秀的名字。敏赫深夜去探望万虎，对万虎说他其实知道他就是他的生父，但因觉得养父比较重要，所以暂时不会认万虎。

<b>8:00 PM</b>	Smart @ Work 2 (English Subtitles) (Infotainment)	Are young adults safe from retrenchment? Or are they more likely to be retrenched. This episode discusses issues related to retrenchment.
	<上班不留白2> (娱乐资讯节目) (英文字幕)	职场上最让人害怕的一件事莫过于遭遇"炒鱿鱼", 涉世未深的"新鲜人"面对裁员潮时, 更安全还是更危险? 本集节目将探讨和"裁员"有关的各类话题, 为职场新鲜人提供有利讯息, 防范于未然。
<b>9:00 PM</b>	Sense of Our Flavours (Info/Education)	Tune in to "Sense Of Our Flavours" as we introduce you to our popular local delicacies and the stories behind the dishes.
	<本土味> (资讯节目)	每一集的"本地味"将会为观众介绍名驰遐尔、具有本地风味的美食, 并让您了解每道食品背后蕴含的故事和精神。
<b>9:30 PM</b>	World This Week (Local Info-Ed)	Every week all around the world, there are lots of queer and amusing happenings. Check them out on World This Week and be amazed without leaving your comfortable couch!
	<世界一周> (本地资讯节目)	每一个星期在世界的不同角落都会发生不同有趣或惊奇的事物。《世界一周》带你去探个究竟, 让你不出家门也可以增广见闻。
<b>10:00 PM</b>	Listen To My Heart (Ep 6) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Xingai pounced on the chance to get close to Zhenzhi during Xianshus absence. Dongzhu couldnt accept the fact that he had become deaf and often threw tantrums to vent his deep-seated frustrations. Xianshu threatened to kill herself and Dongzhu when she had enough of Dongzhu.
	<是否听见我的心> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)心爱趁贤淑已在美国居住, 趁机威胁镇植而并提出要跟着他。东株不能接受自己已经失聪, 一直不肯开口说话偶尔还闹情绪。贤淑终于忍无可忍, 一气之下把他拉到悬崖, 要两人一同自尽。
<b>11:00 PM</b>	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》, 在半小时里除深入报道本地与国际要闻, 还有详尽的财经新闻和体坛动态。世界局势与经济动脉, 让大家轻松掌握。
<b>11:30 PM</b>	Smart @ Work 2 (R) (English Subtitles) (Infotainment)	Are young adults safe from retrenchment? Or are they more likely to be retrenched. This episode discusses issues related to retrenchment.
	<上班不留白2> (娱乐资讯节目)(重) (英文字幕)	职场上最让人害怕的一件事莫过于遭遇"炒鱿鱼", 涉世未深的"新鲜人"面对裁员潮时, 更安全还是更危险? 本集节目将探讨和"裁员"有关的各类话题, 为职场新鲜人提供有利讯息, 防范于未然。

<b>12:30 AM</b>	Sense of Our Flavours (R) (Info/Education)	Tune in to "Sense Of Our Flavours" as we introduce you to our popular local delicacies and the stories behind the dishes.
	<本土味> (资讯节目)(重)	每一集的"本地味"将会为观众介绍名驰遐尔、具有本地风味的美食,并让您了解每道食品背后蕴含的故事和精神。
<b>1:00 AM</b>	World This Week (R) (Local Info-Ed)	Every week all around the world, there are lots of queer and amusing happenings. Check them out on World This Week and be amazed without leaving your comfortable couch!
	<世界一周> (本地资讯节目)(重)	每一个星期在世界的不同角落都会发生不同有趣或惊奇的事物。《世界一周》带你去探个究竟,让你不出家门也可以增广见闻。
<b>1:30 AM</b>	A Story of Lala's Promotion (R) (Ep 21) (English/Chinese Subtitles) (Drama)	Lala senses that Wang Wei is troubled but the latter keeps mum about Daisys aunts visit to Shanghai. Daisys aunt advises Daisy to grab hold of chances to win Wang Wei back.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	拉拉感觉王伟有心事但王伟不愿透露黛西的姨妈来访上海之事。黛西的姨妈劝黛西要抓紧机会抢回王伟。
<b>2:30 AM</b>	End of Transmission	
<b>TIME</b>	<b>EVENT</b>	<b>SYNOPSIS</b>
	<b>Tue, 26 Nov 2013 (Channel U)</b>	
<b>11:00 AM</b>	Home Shopping (Commercial)	
	<购物乐>	
<b>3:00 PM</b>	Diamond Club (R) (Chinese Subtitles) (Variety)	The highest-rated Taiwan variety programme, hosted by the famous Regine, is now on Channel U! Judged by a panel of "Shrewd tongue" guest artistes, the programme showcase unique talents from all walks of life - magic show, street dance, dog talent performance.
	<钻石夜总会> (综艺节目)(重) (中文字幕)	由台湾名嘴利菁主持,《钻石夜总会》汇集了全台最独特、最叫人惊喜连连的表演节目。从魔术,杂耍,舞蹈至狗狗特技表演等,样样让观众看得目不暇给!
<b>5:00 PM</b>	A Story of Lala's Promotion (R) (Ep 22) (English/Chinese Subtitles) (Drama)	Lala bumps into Zhou Liang in an interview and remembers that he was the one who asked for her contact number at the speed-dating event. Lala is put in a tight spot when she is assigned to be Zhou Liangs mentor.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	拉拉发现其中一名DB应聘者就是相亲活动遇见过的周亮。李斯特决定聘用周亮,并要求拉拉指导他,令拉拉感到尴尬无奈。
<b>6:00 PM</b>	In The Eye Of The Beholder (R) (Ep 3) (English/Chinese Subtitles) (Hongkong Drama)	Master Hua is impressed when his two sons defeat Master Gans son in the mid-Autumn Quiz Festival under Tang Bohu s coaching. However, Master Hua replaces Bohu with a new teacher,Murong. Bohu is jealous when Murong tries to get near to Qiuxiang.

	<秋香怒点唐伯虎> (港剧)(重) (中英文字幕)	唐伯虎的生动教学法，令华老爷两名儿子华文与华武得以在中秋灯会打败甘家儿子，华老爷于是大感骄傲。可是，华老爷聘请慕容克为华文与华武新老师。慕容克觊觎秋香美色，借机亲近，令伯虎大为吃醋。
<b>7:00 PM</b>	Moon and Stars for You (Ep 71) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Zhengxun bumps into Yingze and Daoxun. In a bid to divert Zhengxun's attention on him, Yingze tells Zhengxun that Minhe has found his biological parents. Unexpectedly however, Zhengxun says he knows that already.
	<愿为你摘星揽月> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)政勋撞见英泽和道勋见面。英泽为了转移政勋的注意，告诉政勋敏赫已找到亲生父母，不料，政勋竟说自己早已知道。
<b>8:00 PM</b>	Finding U (Last Episode) (Variety)	The last episode of "Finding U", themed Heartlanders Special, with 4 hosts looking for clues at NEX@Serangoon, Khatib Central and Orchard Road. Their mission is to look for the U of the episode. Who will be the winner for the last episode?
	<寻U 先锋> (综艺节目)	(最后一集)节目将进行寻U完结篇之人气大比拼。主持人到了NEX购物中心、卡迪邻里中心、乌节路完成任务，寻找"U"。经过一场龙争虎斗后，谁会是最后一集的寻U赢家呢？
<b>9:00 PM</b>	Creative Heroes (Debut) (Local Info-Ed)	George Quek is the founder of BreadTalk who redefined not just our taste buds but also the food culture in Singapore. Coined as the King of Bread and King of Food Court, George Quek shares his experience of how aesthetic expression, innovation and creativity helps propel his food empire forward.
	<创意功臣> (本地资讯节目)	(首播)《面包物语》集团主席，郭明忠不但彻底改变新加坡烘焙业的形象，也颠覆了本地的饮食文化。这位对美学要求甚高的"面包大王"和"食阁大王"，坚信成功要"求新，求变，求差异"，并借此将美食王国推向另一高峰。
<b>9:30 PM</b>	Shop Stories (Debut) (Local Info-Ed)	Set up a restaurant to train their autistic daughter and other autistic, mentally retarded children to be independent. Three students open a candies shop, hire staff with hearing disability. Former psychiatric patients hire single mothers and psychiatric patients to sew handicrafts for living.
	<有故事的店> (本地资讯节目)	(首播)父母开设餐馆培训自己自闭的女儿和其他自闭，智钝孩子，让他们在学习过程中，学会独立自主。三位学生开设怀旧糖果店，聘请失聪人士当雇员。前精神病患者聘请单亲，精神病患者妈妈们缝制手工艺品谋生。
<b>10:00 PM</b>	Listen To My Heart (Ep 7) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Everyone had high hopes that Malu could be found when the TV station invited Yingkui and his family to appear in a people-search TV programme. Youli mistook Dongzhu for Malu.

	<是否听见我的心> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)电视台寻人节目邀请英奎一家上节目寻找离家出走的马陆, 大家都兴奋不已, 相信上了节目就能够找到亲人。友莉遇到东株, 却误会他就是离家出走的马陆。
11:00 PM	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》, 在半小时里除深入报道本地与国际要闻, 还有详尽的财经新闻和体坛动态。世界局势与经济动脉, 让大家轻松掌握。
11:30 PM	Finding U (R) (Last Episode) (Variety)	The last episode of "Finding U", themed Heartlanders Special, with 4 hosts looking for clues at NEX@Serangoon, Khatib Central and Orchard Road. Their mission is to look for the U of the episode. Who will be the winner for the last episode?
	<寻U 先锋> (综艺节目)(重)	(最后一集)节目将进行寻U完结篇之人气大比拼。主持人到了NEX购物中心、卡迪邻里中心、乌节路完成任务, 寻找"U"。经过一场龙争虎斗后, 谁会是最后一集的寻U赢家呢?
12:30 AM	Creative Heroes (R) (Local Info-Ed)	George Quek is the founder of BreadTalk who redefined not just our taste buds but also the food culture in Singapore. Coined as the King of Bread and King of Food Court, George Quek shares his experience of how aesthetic expression, innovation and creativity helps propel his food empire forward.
	<创意功臣> (本地资讯节目)(重)	《面包物语》集团主席, 郭明忠不但彻底改变新加坡烘焙业的形象, 也颠覆了本地的饮食文化。这位对美学要求甚高的"面包大王"和"食阁大王", 坚信成功要"求新, 求变, 求差异", 并借此将美食王国推向另一高峰。
1:00 AM	Shop Stories (R) (Local Info-Ed)	Set up a restaurant to train their autistic daughter and other autistic, mentally retarded children to be independent. Three students open a candies shop, hire staff with hearing disability. Former psychiatric patients hire single mothers and psychiatric patients to sew handicrafts for living.
	<有故事的店> (本地资讯节目)(重)	父母开设餐馆培训自己自闭的女儿和其他自闭, 智钝孩子, 让他们在学习过程中, 学会独立自主。三位学生开设怀旧糖果店, 聘请失聪人士当雇员。前精神病患者聘请单亲, 精神病患者妈妈们缝制手工艺品谋生。
1:30 AM	A Story of Lala's Promotion (R) (Ep 22) (English/Chinese Subtitles) (Drama)	Lala bumps into Zhou Liang in an interview and remembers that he was the one who asked for her contact number at the speed-dating event. Lala is put in a tight spot when she is assigned to be Zhou Liangs mentor.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	拉拉发现其中一名DB应聘者就是相亲活动遇见过的周亮。李斯特决定聘用周亮, 并要求拉拉指导他, 令拉拉感到尴尬无奈。

<b>2:30 AM</b>	End of Transmission	
<b>TIME</b>	<b>EVENT</b>	<b>SYNOPSIS</b>
<b>Wed, 27 Nov 2013 (Channel U)</b>		
<b>11:00 AM</b>	Home Shopping (Commercial)	
	<购物乐>	
<b>3:00 PM</b>	World This Week (R) (Local Info-Ed)	Every week all around the world, there are lots of queer and amusing happenings. Check them out on World This Week and be amazed without leaving your comfortable couch!
	<世界一周> (本地资讯节目)(重)	每一个星期在世界的不同角落都会发生不同有趣或惊奇的事物。《世界一周》带你去探个究竟，让你不出家门也可以增广见闻。
<b>3:30 PM</b>	Extraordinary Asian (R) (Chinese Subtitles) (Info/Education)	
	<梦捕手> (资讯节目)(重) (中文字幕)	
<b>4:30 PM</b>	Wonder Chef 2 - The Grand PK (R) (Local Variety)	In season 2, we put the newly crowned Wonder Chef to the test by inviting the entire nation to come forward and PK the reigning Wonder Chef.
	<我要当食神- PK版> (本地综艺节目)(重)	16位参赛者和8位艺人将会来踢馆，挑战上个系列的8位食神，食神荣衔会否重新洗牌呢？
<b>5:00 PM</b>	A Story of Lala's Promotion (R) (Ep 23) (English/Chinese Subtitles) (Drama)	Lala is upset when she realises that Wang Wei has no intention to marry her. Daisy tells Wang Wei that Lala would not be able to accept the truth that she is his ex-wife.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	拉拉发现王伟从没打算与她结婚，感到失望难过。王伟认为拉拉能谅解黛西是她前妻的事实但黛西不以为然，要王伟等着瞧。
<b>6:00 PM</b>	In The Eye Of The Beholder (R) (Ep 4) (English/Chinese Subtitles) (Hongkong Drama)	Qiu Xiang is accused of damaging a private property while attempting to apprehend a sex fiend who has been terrorising the whole town. Tang Bo Hu tries to help her fight the case.
	<秋香怒点唐伯虎> (港剧)(重) (中英文字幕)	因为在抓采花贼时踩坏了民房，秋香被控上衙门，罪可坐牢。唐伯虎在公堂之上，绞尽脑汁为她申辩。
<b>7:00 PM</b>	Moon and Stars for You (Ep 72) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Qingzhu represents K Company to liaise with Hanmidang with regards to the purchase of a factory that belongs to Hanmidang. Caiyuan, Minhe and Zhengxun all suspect that Yingze is connected to K Company.
	<愿为你摘星揽月> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)庆珠代表K公司与韩味堂洽谈收购抱川工厂的事宜。彩媛、敏赫和政勋皆怀疑英泽与K公司有关。

<b>8:00 PM</b>	Yes Sir. Sorry Sir! (Ep 14) (PG)(English/Chinese Subtitles) (Hongkong Drama)	LAW YIU-WAH (Moses Chan), who comes from a long line of disciplined workers, is a teacher of a notorious school. One day, he was urged to resign after being vilified by his students as a peeping Tom. At present, the triads have expanded their drug network within the schools. WAH, who has become a cop, is told to go undercover at the school where he used to teach.
	<点解阿Sir係阿Sir> (港剧) (中英文字幕)	(PG)罗耀华由教书阿Sir转职为警察阿Sir, 但竟被派回原校当卧底, 调查黑帮校园毒网! 耀华积极讨好校内四大恶人“K4”, 但新来的老师何妙雪却轻易赢得学生信任, 耀华亦被其善良吸引。此时, 外表冷酷的保龄球教练古嘉岚, 被揭发是社团头目姨仔。为破案, 耀华只好假意追求嘉岚, 而年青有为的督察程文力亦对妙雪展开追求。破案在望, 耀华的身份却被识穿。
<b>9:00 PM</b>	Pilgrimage of Hope (Debut) (Info/Education)	Hosted by Tong Hung, this 10-episode documentary features war-torn countries, like Syria, Lebanon, Iraq and Iran etc. It also mentions massacre and terrorism. Even the host fears for his life during the filming.
	<走过烽火大地> (资讯节目)	(首播)这部长达十集的纪录片走遍中东国家的烽火大地, 包括叙利亚, 黎巴嫩, 伊拉克和伊朗等地, 以了解当地人民的生活。片集中也提及屠杀事件和恐怖主义, 连主持人洪永城也害怕会在拍摄中被杀害。
<b>9:30 PM</b>	Home (Debut) (Info/Education)	The Japanese Gassho-style Home - HOME looks at traditional dwellings in Singapore, China, India, Japan, Korea and other South Asian countries. It delves into three aspects - how do architecture and furnishings reflect each countrys geography, climate and customs?
	<家> (资讯节目)	(首播)这部长达十集的纪录片走访新加坡, 中国, 印度尼西亚, 日本, 韩国和其他东南亚国家, 对各地传统居民进行探索, 从三个角度发掘有关“家”的种种, 其建筑及家具置放特点如何与地域, 气候和习俗相呼应?
<b>10:00 PM</b>	Listen To My Heart (Ep 8) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Youli brought her grandmother to the hospital and couldnt recognise her long-lost stepbrother who was now a doctor. Malu had since changed his name to Junhe and did not want to identify himself despite recognising his family whom he had walked away from.
	<是否听见我的心> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)友莉带奶奶去医院做检查时遇到了十多年前离家出走的马陆, 却不认得他。已经改名为俊河并当了医生的马陆知道病人和家人就是奶奶和小美淑却不肯相认。
<b>11:00 PM</b>	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》, 在半小时里除深入报道本地与国际要闻, 还有详尽的财经新闻和体坛动态。世界局势与经济动脉, 让大家轻松掌握。

<b>11:30 PM</b>	Pilgrimage of Hope (R) (Info/Education)	Hosted by Tong Hung, this 10-episode documentary features war-torn countries, like Syria, Lebanon, Iraq and Iran etc. It also mentions massacre and terrorism. Even the host fears for his life during the filming.
	<走过烽火大地> (资讯节目)(重)	这部长达十集的纪录片走遍中东国家的烽火大地，包括叙利亚，黎巴嫩，伊拉克和伊朗等地，以了解当地人民的生活。片集中也提及屠杀事件和恐怖主义，连主持人洪永城也害怕会在拍摄中被杀害。
<b>12:00 AM</b>	Home (R) (Info/Education)	The Japanese Gassho-style Home - HOME looks at traditional dwellings in Singapore, China, India, Japan, Korea and other South Asian countries. It delves into three aspects - how do architecture and furnishings reflect each countrys geography, climate and customs?
	<家> (资讯节目)(重)	这部长达十集的纪录片走访新加坡，中国，印度尼西亚，日本，韩国和其他东南亚国家，对各地传统居民进行探索，从三个角度发掘有关"家"的种种，其建筑及家具置放特点如何与地域，气候和习俗相呼应？
<b>12:30 AM</b>	Stars For A Cause 3 (R) (Info/Education)	In this series, we bring 8 artistes from Singapore and around the region to different parts of the world as part of voluntary corps.
	<明星志工队> (资讯节目)(重)	新系列的《明星志工队》将到以下地区服务：菲律宾，中国，台湾，泰国等，服务的对象包括：有视力障碍的儿童，遭受硫酸袭击的受害者，患有自闭症的青年，不幸踩到地雷而前腿被炸残的大象等。
<b>1:30 AM</b>	A Story of Lala's Promotion (R) (Ep 23) (English/Chinese Subtitles) (Drama)	Lala is upset when she realises that Wang Wei has no intention to marry her. Daisy tells Wang Wei that Lala would not be able to accept the truth that she is his ex-wife.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	拉拉发现王伟从没打算与她结婚，感到失望难过。王伟认为拉拉能谅解黛西是她前妻的事实但黛西不以为然，要王伟等着瞧。
<b>2:30 AM</b>	End of Transmission	
<b>TIME</b>	<b>EVENT</b>	<b>SYNOPSIS</b>
	<b>Thu, 28 Nov 2013 (Channel U)</b>	
<b>11:00 AM</b>	Home Shopping (Commercial)	
	<购物乐>	
<b>3:00 PM</b>	Jumong (Eps 78 & 79) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Zhumeng and Liuli are finally reunited as father and son. The officials in Goguryeo are worried that Su-er and Liulis presence will create a stir in the palace.
	<朱蒙> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)留璃与朱蒙相认。高句丽的大臣们虽为肃儿和留璃还活着而感到高兴，但也担心接下来可能会发生肃儿名份和王位继承等问题。
<b>5:00 PM</b>	A Story of Lala's Promotion (R) (Ep 24) (PG)(English/Chinese Subtitles) (Drama)	Daisy reveals to Lala that she is Wang Weis ex-wife and lies that they are still seeing each other. Lala confronts Wang Wei who admits that he had spent the night with Daisy while drunk.

	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	(PG)黛西向拉拉透露自己就是王伟的前妻并与王伟藕断丝连，令拉拉震惊。拉拉向王伟问清事实，王伟坦言曾喝醉酒与黛西过夜。
<b>6:00 PM</b>	In The Eye Of The Beholder (R) (Ep 5) (English/Chinese Subtitles) (Hongkong Drama)	Qiu Xiang succeeds in vindicating herself in court with the supportive testimonies provided by Tang Bo Hu. Though grateful to Tang Bo Hu for his help, Qiu Xiang rejects his suggestion of a relationship to avoid offending another maid in the house.
	<秋香怒点唐伯虎> (港剧)(重) (中英文字幕)	唐伯虎找到有利的证据，让秋香得洗冤情而获得无罪释放。秋香对唐伯虎感激在心，却为了不愿夺人所爱而拒接了他。
<b>7:00 PM</b>	Moon and Stars for You (Ep 73) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Caiyuan is worried that Minhe will leave the family when she finds out that Minhe is Zhenxiu. Wanhui finally tells Zhengxun that Minhe is his long-lost son. Zhengxun is at a loss for words.
	<愿为你摘星揽月> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)彩媛发现敏赫就是振秀后担心敏赫会离开韩家。万虎告知政勋敏赫真实的身份，政勋一时不知所措。
<b>8:00 PM</b>	Yes Sir. Sorry Sir! (Ep 15) (PG)(English/Chinese Subtitles) (Hongkong Drama)	LAW YIU-WAH (Moses Chan), who comes from a long line of disciplined workers, is a teacher of a notorious school. One day, he was urged to resign after being vilified by his students as a peeping Tom. At present, the triads have expanded their drug network within the schools. WAH, who has become a cop, is told to go undercover at the school where he used to teach.
	<点解阿Sir係阿Sir> (港剧) (中英文字幕)	(PG)罗耀华由教书阿Sir转职为警察阿Sir，但竟被派回原校当卧底，调查黑帮校园毒网！耀华积极讨好校内四大恶人“K4”，但新来的老师何妙雪却轻易赢得学生信任，耀华亦被其善良吸引。此时，外表冷酷的保龄球教练古嘉岚，被揭发是社团头目姨仔。为破案，耀华只好假意追求嘉岚，而年青有为的督察程文力亦对妙雪展开追求。破案在望，耀华的身份却被识穿。
<b>9:00 PM</b>	Super Taste (Last Episode)(Chinese Subtitles) (Infotainment)	Xinhao and Bingli continue their travels in Okinawa. Be infected with their joy as they sample beer that can only be bought in Okinawa, visit an aquarium to watch interesting performances and savour top-rated beef!
	<时尚玩家> (娱乐资讯节目) (中文字幕)	(最后一集)浩角翔起继续在冲绳岛玩翻天！他们将一口气品尝所有在冲绳岛才买得到的啤酒、到一级棒的水族馆看鲸鲨喂食秀及海豚秀、最后更奢侈地吃起顶级的石垣牛肉！
<b>10:00 PM</b>	Listen To My Heart (Ep 9) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Junhe was worried that Youli would notice Dongzhus disability easily as Youlis mother was also hearing-impaired. Junhe thus advised Dongzhu not to get too close to Youli. Youlis hopes were shattered when Yingkui determined the person she thought was her step-brother was the wrong one.
	<是否听见我的心> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)因为友莉曾经有个聋哑母亲，俊河担心友莉很容易就会发现东株有听力障碍的秘密，于是劝东株不要去找友莉。友莉以为已找到马陆，英奎来确认后才发现是空欢喜一场。

<b>11:00 PM</b>	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
<b>11:30 PM</b>	Super Taste (R) (Last Episode)(Chinese Subtitles) (Infotainment)	Xinhao and Bingli continue their travels in Okinawa. Be infected with their joy as they sample beer that can only be bought in Okinawa, visit an aquarium to watch interesting performances and savour top-rated beef!
	<时尚玩家> (娱乐资讯节目)(重) (中文字幕)	(最后一集)浩角翔起继续在冲绳岛玩翻天！他们将一口气品尝所有在冲绳岛才买得到的啤酒、到一级棒的水族馆看鲸鲨喂食秀及海豚秀、最后更奢侈地吃起顶级的石垣牛肉！
<b>12:30 AM</b>	Guess Who (R) (Chinese Subtitles) (Infotainment)	In this reality TV series, various artistes will be invited into the homes of ordinary folks for dinner. The mystery guests will only be revealed just before the meal. Watch out for the spontaneous and heart warming interaction between hosts and guests.
	<谁来晚餐> (娱乐资讯节目)(重) (中文字幕)	"谁来晚餐"是个时下颇为流行的实况电视节目。每集节目都拜访一个家庭,并邀请他们的梦幻嘉宾上门共进晚餐.内容没有太多刻意的安排,也许是小小梦想的完成,也可能会看到名人卸下包装与身段之后的真情流露.
<b>1:30 AM</b>	A Story of Lala's Promotion (R) (Ep 24) (PG)(English/Chinese Subtitles) (Drama)	Daisy reveals to Lala that she is Wang Weis ex-wife and lies that they are still seeing each other. Lala confronts Wang Wei who admits that he had spent the night with Daisy while drunk.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	(PG)黛西向拉拉透露自己就是王伟的前妻并与王伟藕断丝连,令拉拉震惊。拉拉向王伟问清事实,王伟坦言曾喝醉酒与黛西过夜。
<b>2:30 AM</b>	End of Transmission	
<b>TIME</b>	<b>EVENT</b>	<b>SYNOPSIS</b>
	<b>Fri, 29 Nov 2013 (Channel U)</b>	
<b>11:00 AM</b>	Home Shopping (Commercial)	
	<购物乐>	
<b>3:00 PM</b>	Jumong (Eps 80 & 81) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Zhao Xinu stops Cailing and Liangzhuo when they try to stage a revolt. Cailing and Liangzhuo are thrown out of Goguryeo. Zhao Xinu is deeply saddened to know that Feiliu has a part in the planned revolt.
	<朱蒙> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)采灵和良卓本想举事,最后被召西奴制止。召西奴下令将采灵和良卓逐出高句丽,并对于沸流也参与举事感到心痛不已。

<b>5:00 PM</b>	A Story of Lala's Promotion (R) (Ep 25) (PG)(English/Chinese Subtitles) (Drama)	Lala is unable to forgive Wang Wei and suggests breakup. Wang Wei thinks that this is what Lala wants and respects her decision.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	(PG)拉拉无法原谅王伟，提出分手。王伟尊重拉拉的决定，不再纠缠她。
<b>6:00 PM</b>	In The Eye Of The Beholder (R) (Ep 6) (English/Chinese Subtitles) (Hongkong Drama)	Minister Lu decides to arrange for the Emperor to stay with the Hua Family because he knows that there are many pretty young maids in the household. As the story unfolds, the Emperor takes a liking to Qiu Xiang soon after a few encounters.
	<秋香怒点唐伯虎> (港剧)(重) (中英文字幕)	卢大人知道华府有很多俏丫环，就决定安排皇上住在那里。果然，当皇上见过秋香几回之后，就情不自禁地喜欢上她。
<b>7:00 PM</b>	Moon and Stars for You (Ep 74) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Bishun finally finds out that Minhe is her grandson. She persuades Wanhu to leave things as they are in consideration of the situation that everyone will be forced to face should Wanhu wants to acknowledge Minhe.
	<愿为你摘星揽月> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)必顺听到彩媛与万虎的对话，终于发现敏赫就是振秀。必顺考虑到众人的立场，劝万虎让一切保留现状。
<b>8:00 PM</b>	Yes Sir. Sorry Sir! (Ep 16) (PG)(English/Chinese Subtitles) (Hongkong Drama)	LAW YIU-WAH (Moses Chan), who comes from a long line of disciplined workers, is a teacher of a notorious school. One day, he was urged to resign after being vilified by his students as a peeping Tom. At present, the triads have expanded their drug network within the schools. WAH, who has become a cop, is told to go undercover at the school where he used to teach.
	<点解阿Sir係阿Sir> (港剧) (中英文字幕)	(PG)罗耀华由教书阿Sir转职为警察阿Sir，但竟被派回原校当卧底，调查黑帮校园毒网！耀华积极讨好校内四大恶人“K4”，但新来的老师何妙雪却轻易赢得学生信任，耀华亦被其善良吸引。此时，外表冷酷的保龄球教练古嘉岚，被揭发是社团头目姨仔。为破案，耀华只好假意追求嘉岚，而年青有为的督察程文力亦对妙雪展开追求。破案在望，耀华的身份却被识穿。
<b>9:00 PM</b>	IWalker - The King of Adventure (Infotainment)(Chinese Subtitles)	Our host, Hero, brings us to Palau, to visit a nature spa under a waterfall and a hotel with wood carving. In addition, he will also savour barbecue crabs and a sour sweet fruit.
	<爱玩客之冒险王> (娱乐资讯节目) (中文字幕)	来自马来西亚的主持人Hero将在今天的节目中带大家到帛琉参观大瀑布下的天然温泉和一间木雕饭店。他也顺道品尝了碳烤螃蟹和酸甜果等。
<b>10:00 PM</b>	Listen To My Heart (Ep 10) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Xianshu flared up as she wasn't pleased with Junhe meeting her husband without her knowledge. Youli rejoiced when she earned some money through the sale of Yingkuis drawing to a conglomerate and planned to use part of the proceeds to pay off her grandmothers medical bills.

	<是否听见我的心> (韩剧)(双声道 - 华韩语) (中英文字幕)	(PG)贤淑不满俊河和会长私自见面而大发雷霆。友莉将英奎的设计作品卖给大企业，结果赚了三百万。友莉雀跃万分地赶到医院替奶奶办理身体检查手续。
<b>11:00 PM</b>	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》，在半小时里除深入报道本地与国际要闻，还有详尽的财经新闻和体坛动态。世界局势与经济动脉，让大家轻松掌握。
<b>11:30 PM</b>	Office Girls (Ep 6) (Chinese Subtitles) (Taiwan Drama)	Manager Shi decided to reject Xingrens resignation but Kaier intercepted his document and forged it to prevent Xingren from returning to the company. Shen Xingren's mother was very fond of Qin Ziqi and mistook him to be Shen Xingrens boyfriend.
	<小资女孩向前冲> (台湾剧) (中文字幕)	为了阻止沈杏仁回到公司，凯儿偷偷把史经理挽留沈杏仁的文件给修改。秦子奇到沈杏仁老家登门拜访，结果沈妈妈误把他们当情侣，也非常喜欢他。
<b>1:00 AM</b>	Taiwan Delicacies (R) (Infotainment)	This entertaining variety serial features delicious cuisine from Taiwan. In this episode, CoCo continues her food adventure in Peng Hu.
	<台湾好味道> (娱乐资讯节目)(重)	"台湾好味道"带你到台湾品尝美食。这一集,主持人蒋怡继续将介绍澎湖的美食给观众。
<b>1:30 AM</b>	A Story of Lala's Promotion (R) (Ep 25) (PG)(English/Chinese Subtitles) (Drama)	Lala is unable to forgive Wang Wei and suggests breakup. Wang Wei thinks that this is what Lala wants and respects her decision.
	<杜拉拉升职记> (连续剧)(重) (中英文字幕)	(PG)拉拉无法原谅王伟，提出分手。王伟尊重拉拉的决定，不再纠缠她。
<b>2:30 AM</b>	End of Transmission	
<b>TIME</b>	<b>EVENT</b>	<b>SYNOPSIS</b>
<b>Sat, 30 Nov 2013 (Channel U)</b>		
<b>6:00 AM</b>	Home Shopping (Commercial)	
	<购物乐>	
<b>10:00 AM</b>	Diamond Club (R) (Chinese Subtitles) (Variety)	The highest-rated Taiwan variety programme, hosted by the famous Regine, is now on Channel U! Judged by a panel of "Shrewd tongue" guest artistes, the programme showcase unique talents from all walks of life - magic show, street dance, dog talent performance.
	<钻石夜总会> (综艺节目)(重) (中文字幕)	由台湾名嘴利菁主持，《钻石夜总会》汇集了全台最独特、最叫人惊喜连连的表演节目。从魔术，杂耍，舞蹈至狗狗特技表演等，样样让观众看得目不暇给！

<b>12:00 PM</b>	2013 Mnet Asian Music Awards: Main Event (R) (Korean With Mandarin Voiceover) (Variety)	Now into its 5th year, Asia's premier music festival, MNET Asian Music Award 2013 will be held in Hong Kong with high-energy performing guests such as Big Bang, Trouble Maker, Infinite, 2NE1 and Exo. Foreign acts taking the stage include Aaron Kwok and Youtube sensation Ylvis performing The Fox!
	<2013 Mnet 亚洲音乐盛典> (综艺节目)(重)	(韩语附中文旁述)第5届2013Mnet亚洲音乐盛典将在香港盛大举行。除了邀请了韩国巨星如Big Bang、Trouble Maker、Infinite、2NE1和Exo, 郭富城和疯魔全球的Ylvis也会做现场表演。
<b>4:00 PM</b>	Iron Daughters In Law (R) (Ep 32) (PG)(Dual Sound - 2nd track in Korean)(English/Chinese Subtitles) (Korean Drama)	Shunzi is worried that Yingxin will not be readily accepted by Xinyus family. She wants Xinyu to break up with Yingxin before Yingxin is hurt too deeply.
	<不屈的儿媳们> (韩剧)(重)(双声道 - 华韩语) (中英文字幕)	(PG)顺子担心信宇和英心的关系不会被信宇的家人接受, 所以要信宇在英心受伤害之前结束与英心的感情。
<b>5:00 PM</b>	While We Were Drunk (R) (Eps 6 & 7) (PG)(English/Chinese Subtitles) (Taiwan Drama)	Jiexiu faces the possibility of losing his job when he fails to find workers to finish the work on his residential project. Jiexiu is touched by Xiaoru who spent the night helping him finish the renovation work.
	<醉后决定爱上你> (台湾剧)(重) (中英文字幕)	(PG)杰修无法找到工人完成项目, 面对失业的可能性。晓如为了帮杰修完成工程, 彻夜在工地忙碌, 令杰修感动。
<b>7:00 PM</b>	Battle Of Voices (Chinese Subtitles) (Variety)	"Battle Of Voices" is currently one of the top variety shows in Taiwan. Hosted by Harlem Yu, the show pits aspiring singers against famous singers. The winning contestant can choose to either walk away with the prize money or continue with his/her challenge for a chance to win a recording contract.
	<超级歌喉赞> (综艺节目) (中文字幕)	<超级歌喉赞>是目前台湾最新最热门的综艺节目。主持人庾澄庆每期都会邀请歌坛唱将级大咖与参赛的新人来场歌艺PK大赛, 并邀请30位电台DJ为比赛当评委, 如果挑战者成功连闯六关, 即可得到发行单曲机会。
<b>8:30 PM</b>	Power Office Girls 2013 (Ep 1) (Debut)(Dual Sound - 2nd track in Japanese)(English/Chinese Subtitles) (Japanese Drama)(PG)	...Maruyama Shiori is a potential Olympic pole vault candidate. Manpan recruits her as part of their PR strategy. However, due to severe cost-cutting measures, the track and field club in Manpan is dissolved. Poor Shiori is now an outcast in the company and no one dares to be seen with her at all. Just when she is about to resign, she gets posted to the Shomuni.
	<庶务二课2013> (日剧)(双声道 - 华日语) (中英文字幕)	(PG)(首播)有望参加奥运撑竿跳的圆山诗织原本是公司的宣传卖点。但是, 公司在消减经费后废除了体育部, 让诗织成为被攻击的目标, 同事们也不敢接近她。正当沮丧的诗织要递辞呈时, 竟被调去庶务二课。

<b>9:30 PM</b>	Power Office Girls 2013 (Ep 2) (Dual Sound - 2nd track in Japanese)(English/Chinese Subtitles) (Japanese Drama)(PG)	Everyone is affected by the virus attack on their computers. The Human Resource department therefore invites IT Expert, Mr Sakamaki, to repair the system. When Magoka and her team learn that Mr Sakamaki has asked Madoka out for dinner, they decide to tail them.
	<庶务二课2013> (日剧)(双声道 - 华日语) (中英文字幕)	(PG)公司的电脑遭到成人网站病毒侵略,使到众人大感惊慌,无法工作,人事部于是特地请了电脑专业阪卷先生来维修。当千夏等人知阪卷先生约小圆出去时,都偷偷跟踪。
<b>10:30 PM</b>	Money Week (Local Current Affairs)	Tung Soo Hua hosts Money Week, the Mandarin Business Current Affairs Programme, that provides comprehensive insights and analysis of the business world.
	<财经追击> (本地时事节目)	《财经追击》是新加坡唯一以中文制作的经济时事节目。节目将深入分析最新的经济趋势和商业动态,让观众能更好地掌握市场走势和投资情报。
<b>11:00 PM</b>	News Tonight (Chinese Subtitles) (News)	A comprehensive half-hour news programme, NEWS TONIGHT provides viewers with important local, international and financial developments for the day.
	<晚间新闻> (新闻) (中文字幕)	U频道《晚间新闻》,在半小时里除深入报道本地与国际要闻,还有详尽的财经新闻和体坛动态。世界局势与经济动脉,让大家轻松掌握。
<b>11:30 PM</b>	ePuff (Variety)	
	<娱乐泡芙> (综艺节目)	
<b>12:00 AM</b>	Office Girls (Ep 7) (Chinese Subtitles) (Taiwan Drama)(PG)	Shen Xingren was elated when Yu Chenfeng honoured his promise to set up a counter in Jing Shi Department Store. However, it was a different brand that Yu Chenfeng wanted to bring in. Kai-er sensed that there was love brewing between Qin Ziqi and Shen Xingren.
	<小资女孩向前冲> (台湾剧) (中文字幕)	(PG)余承风回国后答应沈杏仁会在京师百货设柜,让她喜出望外。但是余承风却要以另外一家品牌来设柜,让沈杏仁不知如何向公司交待。凯儿察觉到秦子奇对沈杏仁有暧昧之意。
<b>1:30 AM</b>	Unique Discovery (R) (Info/Education)	"Unique Discovery" is a unique delicacies programme that introduces China's top local delights. Through news reporting, it provides the audiences with an accurate and realistic introduction of these local dishes.Host: Li Wenjuan
	<非凡大探索> (资讯节目)(重)	《非凡大探索》这个美食节目利用近似新闻报导的方式去介绍中国各地的美食小吃,让观众们亲身品尝之后少有"报导不实"的感觉。 主持人:李文娟
<b>2:30 AM</b>	End of Transmission	